

# National Antimicrobial Treatment Guidelines 2023



**Government of Nepal**  
**Ministry of Health and Population**  
**Quality Standards and Regulation Division**  
**Ramshahpath, Kathmandu**



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## **Disclaimer**

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## Foreword



Antimicrobial Resistance (AMR) is a pressing Global Public Health issue. Resistance in disease-causing pathogens affects countries worldwide, its impact is particularly significant in countries like Nepal as well. The irrational and widespread use and availability of antimicrobials for human and animal consumption are the primary drivers behind the development of resistance. Rational prescription practices for antibiotics will not only minimize the morbidity and mortality caused by resistant microbial infections but also reduce the financial burden of patient management.

The fight against AMR is gaining momentum worldwide as awareness of the problem grows. Antimicrobial resistance poses a threat to the achievement of Sustainable Development Goals, and decision-makers in policies, business, and civil society are increasingly recognizing the scale of this issue. It is with great pleasure that I acknowledge the Ministry of Health and Population's publication of the National Antimicrobial Treatment Guideline 2023, an updated version of the National Antibiotic Treatment Guideline from 2014. This guideline will pave the way for the rational use of antimicrobials in healthcare settings across the country, thereby reducing and containing AMR.

Under a "One Health" approach, the Ministry of Health and Population (MoHP) serves as the coordinating body for national efforts to combat AMR. This guideline will significantly contribute shaping policies and programs aimed at containment of AMR. I hope that all healthcare providers, both public and private, will prioritize and wholeheartedly support the utilization of this guideline for the benefit of all.

I would like to extend my sincere acknowledgement and congratulate Dr. Roshan Pokhrel, Secretary of Health, the entire team at the MoHP, and all the contributors engaged for their diligent efforts in developing this crucial guideline. Your dedication and commitment are instrumental in addressing the challenges posed by AMR and safeguarding Public Health.

Mohan Bahadur Basnet  
Honorable Minister







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## Preface

The discovery of antibiotics brought about a revolution in the treatment of infections, saving countless lives. However, the inappropriate use of these powerful drugs has led to a concerning increase in the number of microorganisms developing resistance to them, giving rise to the phenomenon of antimicrobial resistance (AMR). This alarming trend, coupled with the time-consuming process of developing new antibiotics, poses extreme consequences as common infections become increasingly difficult to treat effectively. As a result, conditions that were previously manageable with first-line antibiotics now pose greater challenges, leading to severe illness and prolonged treatment.

The launch of the National Antimicrobial Treatment Guideline 2023, by the Ministry of Health and Population (MoHP) is an exciting development. It proudly builds upon the prior National Antibiotic Treatment Guideline from 2014, driven by the urgent need to address the threats posed by AMR. Unlike its predecessor, this updated guideline takes a comprehensive approach by incorporating all antimicrobials based on the latest evidence. It serves as a valuable tool with specific objectives aimed at promoting the rational use of antimicrobials at all levels of healthcare, thereby limiting the further increase in resistance and improving patient outcomes.

I would like to express my heartfelt thanks to the Dr. Madan Kumar Upadhyaya, Chief of the Quality Standards and Regulation Division, for providing overall leadership in this endeavor, and to all the contributors for their valuable inputs in preparing the guideline. My gratitude also extends to the Therapeutic Guideline Development Committee and expert invitees for their technical inputs and guidance throughout the entire process. I am sincerely appreciative of the core team members who dedicated their time and efforts to bring forth this invaluable document.

It is my firm belief that this guideline will greatly assist clinicians and healthcare professionals in both public and private healthcare services, empowering them to rationalize the use of antimicrobials in their daily practice. By adhering to this guideline, we can collectively combat AMR and ensure the optimal use of these crucial medications for the benefit of all patients.

**Dr. Roshan Pokhrel**  
Secretary







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## Acknowledgement

The Ministry of Health and Population (MoHP) has taken a significant step in healthcare by revising the National Antibiotic Treatment Guideline from 2014 and introducing the revised and updated National Antimicrobial Treatment Guideline in 2023. This comprehensive document provides invaluable information to healthcare professionals regarding the rational use of antibiotics for empirical or definitive treatment and various prophylaxes. While the guideline does not cover infections and disease conditions with well-established national treatment protocols, it has been meticulously developed based on national surveillance data on Antimicrobial Resistance (AMR), antimicrobial availability, and international guidelines. To cater to different patient populations, the guideline has been divided into adult and pediatric sections.

One of the key aspects emphasized in the guideline is the prioritization of the use of Access group antibiotics, as per the WHO AWaRe classification, as the first-line therapy. This approach aims to contain the development of AMR. It is anticipated that this guideline will greatly support the implementation of Antimicrobial Stewardship Programs in both public and private healthcare settings. By minimizing the irrational use of antimicrobials, it is expected to improve patient outcomes, reduce adverse effects, and optimize resource utilization across the continuum of care.

We would like to express our utmost appreciation for the invaluable technical and financial support provided by FHI 360/Fleming Fund Country Grant Nepal in the production of this essential document. Furthermore, we extend our deepest gratitude to the Therapeutic Guideline Development Committee, as well as all the individuals and organizations involved in the development process. It is through your dedication, expertise, and collaborative efforts that this guideline has become a reality, bringing immense benefits to healthcare professionals and patients alike.

**Dr. Madan Kumar Upadhyaya**

Chief, Quality Standards and Regulation Division





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# LIST OF ABBREVIATIONS

|           |                                                                                                |
|-----------|------------------------------------------------------------------------------------------------|
| AAD       | Antibiotic Associated Diarrhea                                                                 |
| ABLCL     | Amphotericin B Lipid Complex                                                                   |
| ABRS      | Acute Bacterial Rhinosinusitis                                                                 |
| ABU       | Asymptomatic Bacteriuria                                                                       |
| ADR       | Adverse Drug Reaction                                                                          |
| AIDS      | Acquired Immunodeficiency Syndrome                                                             |
| AMR       | Antimicrobial Resistance                                                                       |
| AMS       | Antimicrobial Stewardship                                                                      |
| AMSP      | Antimicrobial Stewardship Programmes                                                           |
| AOM       | Acute Otitis Media                                                                             |
| ARDS      | Acute Respiratory Distress Syndrome                                                            |
| ARF       | Acute Rheumatic Fever                                                                          |
| ARHAI     | Antimicrobial Resistance and Healthcare Associated Infection                                   |
| ART       | Antiretroviral Therapy                                                                         |
| ARV       | Antiretroviral                                                                                 |
| ASHP      | American Society of Hospital Pharmacists                                                       |
| BPM       | Beats per Minute                                                                               |
| BSI       | Blood Stream Infection                                                                         |
| BUN       | Blood Urea Nitrogen                                                                            |
| CA        | Community Acquired                                                                             |
| CS        | Culture Sensitivity                                                                            |
| CA-MRSA   | (Community Acquired-) Methicillin-resistant <i>Staphylococcus aureus</i>                       |
| CAP       | Community Acquired Pneumonia                                                                   |
| CBA       | Colistin Base Activity                                                                         |
| CBC       | Complete Blood Count                                                                           |
| CDAD, CDI | <i>Clostridioides difficile</i> Associated Diarrhea, <i>Clostridioides difficile</i> Infection |
| CDC       | Centers for Disease Control and Prevention                                                     |
| CGA       | Corrected Gestational Age                                                                      |
| CHD       | Congenital Heart Disease                                                                       |
| CISNE     | Clinical Index of Stable Febrile Neutropenia                                                   |
| CMV       | Cytomegalovirus                                                                                |
| CNE       | Culture-negative Endocarditis                                                                  |
| CNS       | Central Nervous System                                                                         |
| CoNS      | Coagulase- negative Staphylococci                                                              |
| COPD      | Chronic Obstructive Pulmonary Disease                                                          |
| COVID-19  | Coronavirus Disease 2019                                                                       |
| CPT       | Cotrimoxazole Prevention Therapy                                                               |
| CRAB      | Carbapenem-Resistant <i>Acinetobacter baumannii</i>                                            |
| CSF       | Cerebrospinal Fluid                                                                            |
| CT        | <i>Chlamydia trachomatis</i>                                                                   |
| DAT       | Diphtheria Antitoxin                                                                           |
| DFA       | Direct Fluorescence Antibody                                                                   |



|       |                                                        |
|-------|--------------------------------------------------------|
| DILI  | Drug-Induced Liver Injury                              |
| DITP  | Drug-Induced Immune Thrombocytopenia                   |
| DOTS  | Directly Observed Treatment Short-course               |
| DRESS | Drug Reaction with Eosinophilia and Systemic Symptoms  |
| DRSP  | Drug-Resistant <i>Streptococcus pneumoniae</i>         |
| DRTB  | Drug Resistant Tuberculosis                            |
| DST   | Drug Sensitivity Test                                  |
| DTG   | Dolutegravir                                           |
| ECOG  | Eastern Cooperative Oncology Group                     |
| EML   | Essential Medicine List                                |
| ESBL  | Extended Spectrum Beta-Lactamase                       |
| ESC   | European Society of Cardiology                         |
| FDC   | Fixed Dose Combination                                 |
| FFA   | Fundus Fluorescein Angiography                         |
| FQ    | Fluoroquinolone                                        |
| GABHS | Group B Beta Hemolytic Streptococcus                   |
| GBS   | Group B Streptococcus                                  |
| GFR   | Glomerular Filtration Rate                             |
| GI    | Gastrointestinal                                       |
| GNR   | Gram-negative Bacilli/rod                              |
| GOLD  | Global Initiative for Chronic Obstructive Lung Disease |
| HAP   | Hospital Acquired Pneumonia                            |
| HDU   | High Dependency Unit                                   |
| HFMD  | Hand Foot and Mouth Disease                            |
| HIV   | Human Immunodeficiency Virus                           |
| HLAR  | High Level Aminoglycoside-Resistant                    |
| HSV   | Herpes Simplex Virus                                   |
| HSV-1 | Herpes Simplex Virus Type 1                            |
| HSV-2 | Herpes Simplex Virus Type 2                            |
| HZV   | Herpes Zoster Virus                                    |
| IAI   | Intra Abdominal Infections                             |
| IAP   | Intra-partum Antibiotic Prophylaxis                    |
| ICU   | Intensive Care Unit                                    |
| ID    | Infectious Diseases                                    |
| IDSA  | Infectious Diseases Society of America                 |
| IE    | Infective Endocarditis                                 |
| IPT   | Isoniazid Preventive Therapy                           |
| IV    | Intra Venous                                           |
| IVDU  | Intra Venous Drug User                                 |
| IVIG  | Intravenous Immunoglobulin                             |
| LP    | Lumbar Puncture                                        |
| LSCS  | Lower Segment Caesarean Section                        |
| MAC   | Mycobacterium Avium Complex                            |
| MASCC | Multinational Association of Supportive Care in Cancer |
| MCUG  | Micturating Cystourethrogram                           |

|         |                                                                  |
|---------|------------------------------------------------------------------|
| MDR     | Multi-Drug Resistant                                             |
| MDRO    | Multidrug Resistant Organisms                                    |
| MIC     | Minimum Inhibitory Concentration                                 |
| MU      | Million International Units                                      |
| MoHP    | Ministry of Health and Population                                |
| MRSA    | Methicillin-Resistant <i>Staphylococcus aureus</i>               |
| MSM     | Men Who Have Sex with Men                                        |
| MSSA    | Methicillin-Sensitive <i>Staphylococcus aureus</i>               |
| NEC     | Necrotizing Enterocolitis                                        |
| NG      | <i>Neisseria gonorrhoeae</i>                                     |
| NHS     | National Health Services                                         |
| NICE    | National Institute for Health and Care Excellence                |
| NIH     | National Institutes of Health                                    |
| NLEM    | National List of Essential Medicines                             |
| NVE     | Native Valve Endocarditis                                        |
| OI      | Opportunistic Infections                                         |
| OM      | Osteomyelitis                                                    |
| PAS     | Periodic Acid Schiff                                             |
| PCNL    | Percutaneous Nephrolithotomy                                     |
| PJP/PCP | Pneumocystis jirovecii pneumonia/ Pneumocystis carinii pneumonia |
| PCR     | Polymerase Chain Reaction                                        |
| PDR     | Pretreatment Drug Resistance                                     |
| PEG     | Percutaneous Endoscopic Gastrostomy                              |
| PEJ     | Percutaneous Endoscopic Jejunostomy                              |
| PEP     | Post Exposure Prophylaxis                                        |
| PI      | Protease Inhibitor                                               |
| PLHIV   | People Living with HIV                                           |
| PML     | Progressive Multifocal Leukoencephalopathy                       |
| PNA     | Postnatal Age                                                    |
| PO      | Per os (Orally)                                                  |
| PPI     | Proton Pump Inhibitors                                           |
| PPROM   | Preterm Premature Rupture of Membranes                           |
| RADT    | Rapid Antigen Detection test                                     |
| RIRS    | Retrograde Intrarenal Surgery                                    |
| SA      | Septic Arthritis                                                 |
| SEM     | Skin Eye and Mouth                                               |
| SHEA    | Society of Healthcare Epidemiology of America                    |
| SIRS    | Systemic Inflammatory Response Syndrome                          |
| SJS     | Stevens-Johnson Syndrome                                         |
| SSI     | Surgical Site Infections                                         |
| SSSS    | Staphylococcal Scalded Skin Syndrome                             |
| SSTI    | Skin and Soft Tissue Infections                                  |
| STSS    | Streptococcal Toxic Shock Syndrome                               |
| TaP     | Tetanus acellular Pertussis                                      |

|      |                                                      |
|------|------------------------------------------------------|
| TEN  | Toxic Epidermal Necrolysis                           |
| TG   | Transgender                                          |
| TMP  | Trimethoprim                                         |
| TURP | Transurethral Resection of the Prostate              |
| UTI  | Urinary Tract Infection                              |
| URS  | Ureteroscopy                                         |
| VAP  | Ventilator-Associated Pneumonia                      |
| VISA | Vancomycin Intermediate <i>Staphylococcus aureus</i> |
| VRE  | Vancomycin-Resistant Enterococcus                    |
| VRSA | Vancomycin-Resistant <i>Staphylococcus aureus</i>    |
| VZIG | Varicella Zoster Immune Globulin                     |
| VZV  | Varicella-Zoster Virus                               |
| WHO  | World Health Organization                            |

# INTRODUCTION

The National Antibiotic Treatment Guidelines were initially released by the Ministry of Health and Population in 2014 to align with the regional strategy of preventing and containing Antimicrobial Resistance (AMR) developed by the World Health Organization's South-East Asia Regional Office. These guidelines aimed to address the emergence and spread of resistance, optimize the use of available antimicrobial agents, reduce selection pressure through appropriate control measures, change the behavior of prescribers and communities to ensure rational use, and combat AMR through nationally coordinated efforts.

Since the circulation of the first guideline in 2014, significant changes have occurred in Nepal's health sector. The focus has shifted towards healthcare, and diagnostic and therapeutic services, once limited to a few cities, are now accessible in the periphery. The establishment of Intensive Care Units (ICUs) and the deployment of trained personnel to remote areas will increase the demand and use of antimicrobials. This updated version of the National Antimicrobial Treatment Guidelines aims to provide prescribers with the necessary guidance on selecting the right drug, dose, and duration for commonly encountered infectious conditions in Nepal.

The document incorporates the cumulative antibiogram from national AMR surveillance data, considers the availability and affordability of drugs in Nepal, references the National List of Essential Medicines (NLEM), and consults other national and international protocols and guidelines. Efforts have been made to prioritize antibiotics from the "Access" group (as per the WHO AWaRe Classification of antibiotics) as the first-line therapy whenever possible. It should be noted that this document adopts the WHO's AWaRe classification.

This update introduces additional topics, such as infections of the Central Nervous System (CNS) and infections caused by multi-drug resistant organisms often associated with healthcare settings. Furthermore, the guideline provides expanded information on infections in the pediatric and neonatal populations.

The primary objective of this guideline is to promote Antimicrobial Stewardship Programmes (AMSP). However, it is essential for each institution to develop its own antimicrobial guideline based on their local antibiogram.

## Scope of the document

- This document provides information to healthcare workers on the rational use of antibiotics for empirical or definitive treatment of commonly encountered infections in Nepal, as well as various prophylactic measures. However, it is not exhaustive and excludes infections for which national treatment protocols already exist.
- This document will be regularly updated as new data becomes available.

## Objectives

- To offer guidance for the optimal use of antimicrobials in various infectious conditions and for prophylactic purposes, taking into account the cumulative antibiogram from National AMR surveillance.
- To promote the preferential use of antimicrobials from the "Access" group, while ensuring judicious use of those from the "Watch" and "Reserve" groups.

# GENERAL PRINCIPLES

Empirical Therapy – Antibiotic treatment is considered empirical when it is administered in the absence of microbiological confirmation or while awaiting pending reports. Reevaluation of empirical antibiotics must be conducted after 48-72 hours and once the reports become available.

## Important considerations

Determine if antibiotic therapy is necessary. Discontinue if the cause is determined to be non-infectious. Seek assistance from the Antimicrobial Stewardship (AMS) team within the institution, if available.

Evaluate the possibility of using a narrow-spectrum antibiotic based on the reports. Consider de-escalating the antibiotics based on the clinical condition and available reports.

- Assess if **switching to monotherapy** is appropriate (if initially using a combination).
- Evaluate the feasibility of changing the **route of administration** to oral.
- Adjust the **dosage** based on renal and hepatic functions, if necessary.
- Check for potential **drug interactions** with other medications being used.
- Determine if any **laboratory parameters** need monitoring during therapy.

These recommendations serve as a treatment guide and do not replace the clinical judgment of the responsible physician after a comprehensive assessment of each individual case.

## Prescriptions should clearly include

- **Indication** for antibiotic use.
- **Formulation**; Capsule/Tablet or Injection.
- **Route of administration** (e.g., IM or IV), infusion rate for IV, and dosing.
- **Start date, review date, stop date**, or duration.

Consider implementing transmission-based precautions and isolation for patients with infectious diseases and drug-resistant organisms such as methicillin-resistant *Staphylococcus aureus* (MRSA), vancomycin-resistant enterococci (VRE), drug-resistant tuberculosis (DRTB), *Clostridioides difficile*, etc.

## Precautions to observe

**Standard precautions:** Practice proper hand hygiene, respiratory hygiene, sharps safety, safe injection practices, use sterile instruments and devices, maintain clean and disinfected environmental surfaces, and use gloves and protective clothing. Use mouth, nose, and eye protection during procedures.

**Contact precautions:** Ensure appropriate patient placement, limit patient transport, use disposable or dedicated equipment, perform cleaning and disinfection of the room, and use gloves gown.

**Droplet precautions:** Have patients wear masks for source control, ensure appropriate patient placement, limit patient transport, and provide masks for healthcare personnel.

**Airborne precautions:** Ensure patients wear masks for source control, place them in isolation rooms, limit patient transport, restrict susceptible healthcare personnel from entering the room, and have healthcare personnel wear N-95 masks or higher level respirators.

Please note that these precautions are subject to local guidelines and protocols and may require additional measures based on the specific circumstances.



# ADMINISTRATION OF ANTIBIOTICS

## Loading dose

The loading dose (LD) of a drug is calculated from the volume of distribution (V) and the required plasma concentration (Cp) where  $LD = V \times C_p$ . The loading dose is different for hydrophilic antimicrobials and lipophilic antimicrobials because of the difference in volume of distribution. The V of hydrophilic antimicrobials is increased due to expansion of extracellular water volume due to increased permeability of vascular endothelium in infection, particularly sepsis and septic shock. The V of lipophilic antimicrobials is higher in obese individuals. The required Cp depends on the MICs of different antimicrobials and varies greatly.

For concentration-dependent antibiotics (e.g. aminoglycosides, fluoroquinolones and polymyxins), a high initial dose is essential for maximum bactericidal effect and a large initial dose is often chosen for time-dependent antibiotics to ensure good tissue penetration. Also, renal function plays no role in the calculation of the LD. Thus, a high initial dose of antibiotic is a standard practice. However, adverse effects of high doses of the drugs should be taken into consideration (e.g. CNS toxicity and seizures with high-dose penicillin particularly in those with renal failure).

## Interval between dosing

For concentration-dependent antibiotics with strong post-antibiotic effects (e.g. aminoglycosides), high doses at longer intervals are better than lower doses at shorter intervals. This also reduces the toxicity (especially nephrotoxicity).

### Extended-interval dosing of Aminoglycosides

Parenteral aminoglycosides at higher doses administered at an extended interval (once-daily dosing) has efficacy comparable with traditional intermittent administration but has potential advantages of decreased nephrotoxicity, ease of administration and reduction of administration and monitoring-related costs. Examples: For Gram-negative microorganisms

- Amikacin
  - Conventional dosing – 5mg/kg q8h or 7.5mg/kg q12h
  - High-dose extended-interval dosing – 15-20 mg/kg once daily over 60 mins
- Gentamicin
  - Conventional dosing – 3-5 mg/kg/day in divided doses q8h
  - High-dose extended-interval dosing – 5-7mg/kg once daily over 120 mins

For time-dependent antibiotics like beta-lactams, the duration of the antibiotic level above the minimum inhibitory concentration (MIC) level is an important determinant of bacterial eradication and clinical response. Hence, they are given in prolonged infusions and at shorter intervals. Prolonged administration strategies for these beta-lactam antibiotics may include either a continuous IV infusion (over the entire dosing interval) or an extended IV infusion (over 2 to 4 hours) compared to traditional IV infusions over 30 to 60 minutes. Example:

### Extended infusion of Piperacillin-tazobactam

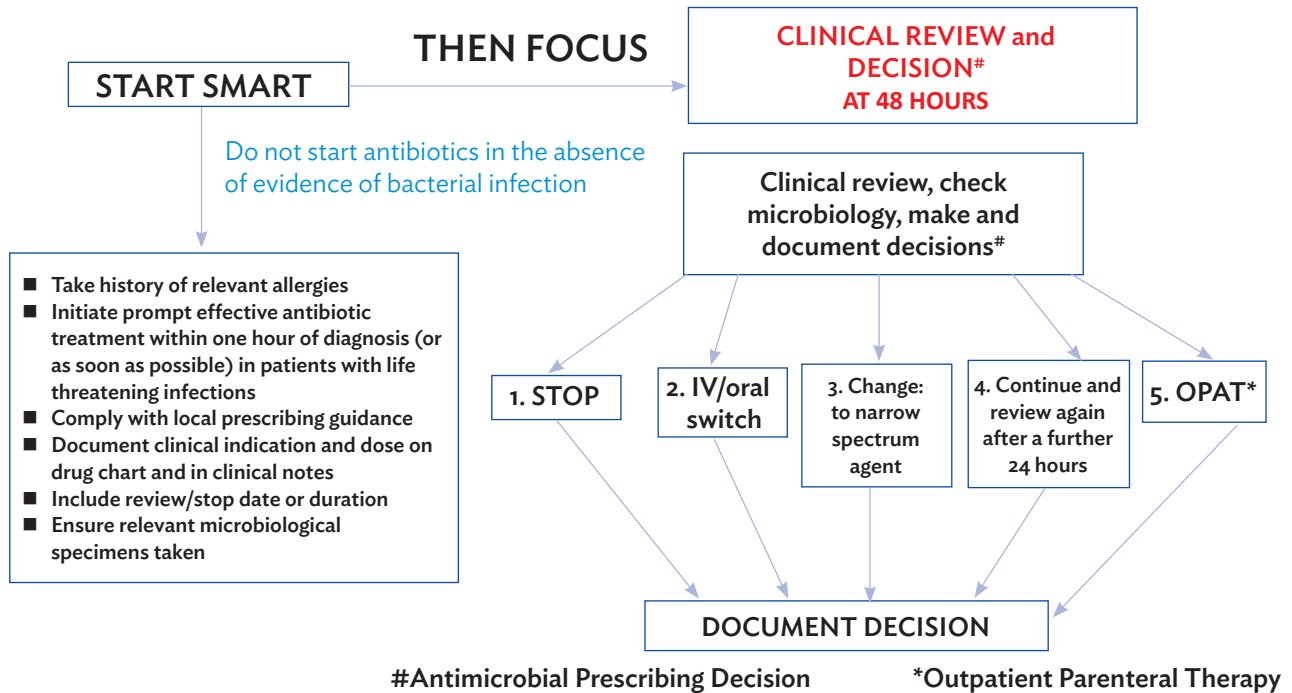
- Piperacillin-tazobactam
  - Traditional infusion method (over 30 mins) – every 6 to 8 hours
  - Extended infusion method (over 4 hours) – preferred when used every 8 hours

However for extended infusions, the beta-lactam drugs must be stable over that time and the stability can be influenced by the type of intravenous fluid used to reconstitute the drug, the concentration of the final solution, and the storage temperature.

# ANTIMICROBIAL STEWARDSHIP

## Antimicrobial stewardship

Right Drug, Right Dose, Right Time, Right Duration..  
.....Every patient.



Source: Advisory Committee on Antimicrobial Resistance and Healthcare Associated Infection (ARHAI), Department of Health, UK

# APPROACH TO MULTIDRUG RESISTANT ORGANISMS

## Overview

Colonization and infection with Multidrug resistant organisms (MDRO) are on the rise with increased morbidity, mortality and costs. With increased use of antibiotics and hence, enhanced selective antimicrobial pressure multi- and extensively drug-resistant pathogens (e.g. methicillin-resistant *Staphylococcus aureus* (MRSA), vancomycin-resistant Enterococci (VRE), extended spectrum beta-lactamase (ESBL) producing Enterobacteriaceae, and carbapenem-resistant Enterobacteriaceae, *Pseudomonas aeruginosa*, *Acinetobacter baumannii*, etc.) are increasing in prevalence.

Restricted and judicious antibiotics use, usually implemented as part of AMSP (Antimicrobial stewardship programme) and guided by local antibiogram, along with infection control measures prevent the emergence and spread of MDRO.

## Antibiogram use

Monitoring of clinical microbiology isolates resulting from tests done as a part of routine clinical care helps to understand the common pathogens in various specimens as well as to generate an overall profile of antimicrobial susceptibility of a specific microorganism. The development of such antibiograms can help to detect the emergence of new MDROs not previously detected and also prepare facility-specific summary antimicrobial susceptibility reports which provide clinicians with information to guide antimicrobial prescribing practices. Antibiograms, the simplest form of MDRO surveillance, are the easiest method to prepare facility-specific antimicrobial guidelines and thus an essential tool to fight against MDROs.

## Fluoroquinolones and linezolid use

Because of the high prevalence of Tuberculosis and increasing prevalence of MDR-TB in Nepal, it's advisable to reserve Fluoroquinolones and Linezolid and limit their use for other indications.

## Combination Antibiotics with Polymyxins

When a polymyxin (Polymyxin B or Colistin) is being used to treat MDRO, it should be used in combination with a second active agent. The second active agent could be Meropenem (especially if MIC to meropenem is  $\leq 8$  mcg/mL) or Tigecycline (especially for GI tract and pulmonary infections) or an aminoglycoside. The rationale for using two or more agents when a polymyxin-based regimen is being used includes reduced mortality with combination therapy and the concern for emergence of resistance during monotherapy.

## Approach

- Good hand hygiene compliance.
- Contact precautions for patients who harbor epidemiologically relevant drug-resistant organisms.
- Minimizing unnecessary hospitalization and interventions.
- Adequate and standardized approaches to environmental cleaning and disinfection.
- Intensive infection control interventions to reduce colonization pressure – e.g. cohorting with dedicated staff, chlorhexidine bathing, selective decontamination, active surveillance for specific pathogens, reduction of catheterization utilization, etc.
- Restricted and judicious antimicrobial utilization – e.g. institutional AMSP, Infection Prevention and Control (IPC)



# INFECTIONS IN ADULTS

# RESPIRATORY TRACT INFECTIONS

| Infection/Condition and Likely Organism                                                                                                                                                    | Suggested treatment                                                                                                                                                                         |                                                                                                                                                                                                                                                                                 | Comments                                                                                                                                                                                                                                                       |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                            | Preferred                                                                                                                                                                                   | Alternative                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                |
| <b>Lower Respiratory Tract Infections</b>                                                                                                                                                  |                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                |
| <b>Community Acquired Pneumonia (CAP)</b>                                                                                                                                                  |                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                |
| Pneumonia of low severity<br>With CURB-65 score 0-1<br><br><u>Causative organism</u><br><i>Streptococcus pneumoniae</i><br><i>Haemophilus influenzae</i><br><i>Mycoplasma pneumoniae</i>   | <b>Amoxicillin</b> 500mg PO q8h for 5-7 days                                                                                                                                                | <u>Penicillin allergy or if atypical pathogens suspected</u><br><b>Doxycycline</b> 200mg on first day, then 100mg PO q24h for 4 days (total 5 days course)<br>OR<br><b>Clarithromycin</b> 500mg q12h for 5 days<br>OR<br><b>Erythromycin</b> (in pregnant) 500mg q6h for 5 days | CURB-65 is a clinical prediction rule that has been validated for grading severity and predicting mortality in CAP.<br><br>One point each is given for Confusion, BUN > 7 mmol/l, Respiratory rate of ≥ 30 breaths/min, Blood pressure ≤ 90/60 mmHg, Age ≥ 65. |
| Pneumonia of moderate severity<br>With CURB-65 score 2<br><br><u>Causative organism</u><br><i>Streptococcus pneumoniae</i><br><i>Haemophilus influenzae</i><br><i>Chlamydia pneumoniae</i> | <b>Amoxicillin</b> 500mg PO q8h for 5-7 days<br>PLUS<br><b>Clarithromycin</b> 500mg PO q12h for 5 days<br>OR<br><b>Erythromycin</b> (in pregnant) 500mg PO q6h for 5 days                   | <u>Penicillin allergy</u><br><b>Doxycycline</b> 200mg on first day, then 100mg PO q24h for 4 days (total 5 days course)<br>OR<br><b>Clarithromycin</b> 500mg q12h for 5 days                                                                                                    |                                                                                                                                                                                                                                                                |
| Pneumonia of high severity<br>With CURB-65 score 3-5<br><br><u>Causative organism</u><br><i>Streptococcus pneumoniae</i><br><i>Staphylococcus aureus</i><br><i>Legionella</i> spp.         | <b>Amoxicillin-clavulanate</b> 1.2gm IV q8h for 5-7 days<br>PLUS<br><b>Clarithromycin</b> 500mg PO or IV q12h for 5 days<br>OR<br><b>Erythromycin</b> (in pregnant) 500mg PO q6h for 5 days | <b>Levofloxacin</b> 500-750mg PO or IV q24h for 5 days                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                |
| <b>Viral Pneumonia</b>                                                                                                                                                                     |                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                |
| COVID-19                                                                                                                                                                                   | Remdesivir 200mg IV once then 100mg IV once a day for 4 days or until hospital discharge (may extend to 10 days)                                                                            |                                                                                                                                                                                                                                                                                 | For symptomatic patients with hypoxemia in early viremic phase.                                                                                                                                                                                                |
| Influenza                                                                                                                                                                                  | Oseltamivir 75mg PO q12h for 5 days                                                                                                                                                         |                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                |



| Infection/Condition and Likely Organism                                                                                                                         | Suggested treatment                                                                                        |                                                                                                                                                                                   | Comments                                                                                                                                                                                                                                                      |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                 | Preferred                                                                                                  | Alternative                                                                                                                                                                       |                                                                                                                                                                                                                                                               |
| <i>Varicella zoster</i>                                                                                                                                         | Acyclovir 10mg/kg IV q8h for 7 days                                                                        |                                                                                                                                                                                   |                                                                                                                                                                                                                                                               |
| <b>Hospital Acquired Pneumonia (HAP/VAP)</b>                                                                                                                    |                                                                                                            |                                                                                                                                                                                   |                                                                                                                                                                                                                                                               |
| ***If MRSA is common nosocomial pathogen in the institution (>10-20% local prevalence) – empirically cover for MRSA in VAP                                      |                                                                                                            |                                                                                                                                                                                   |                                                                                                                                                                                                                                                               |
| Early Onset HAP/VAP AND<br>No associated risk for MDR (5 days of admission/intubation)                                                                          | <b>Amoxicillin-clavulanate</b><br>1.2 gm IV q8h for 5-7 days                                               | <b>Ceftriaxone</b> 2gm IV q24h for 5-7 days                                                                                                                                       | Risk factors for multi-drug resistant (MDR) organisms:<br>1. Prior IV antibiotic use within 90 days.<br>2. > 5 days of hospitalization in ICU/HDU.<br>3. Previous colonization with MDR pathogens<br>Risk of MDR organisms is lower with early onset HAP/VAP. |
| Late Onset HAP/VAP (5 days or more of admission/intubation)                                                                                                     | <b>Piperacillin-tazobactam</b><br>4.5gm IV q6-8h for 7 days<br>OR<br><b>Cefepime</b> 2gm IV q8h for 7 days | <b>Imipenem-cilastatin</b><br>500mg IV q6h for 7 days<br>OR<br><b>Meropenem</b> 1gm IV q8h for 7 days                                                                             | Duration - 7 days.                                                                                                                                                                                                                                            |
| <b>Aspiration Pneumonia</b>                                                                                                                                     |                                                                                                            |                                                                                                                                                                                   |                                                                                                                                                                                                                                                               |
| <u>Causative organisms</u><br><i>Streptococcus pneumoniae</i><br><i>Staphylococcus aureus</i><br><i>Haemophilus influenzae</i><br><i>Pseudomonas aeruginosa</i> | <b>Amoxicillin-clavulanate</b><br>1.2gm IV q8h                                                             | <b>Ceftriaxone</b> 2gm IV q24h PLUS<br><b>*Metronidazole</b> 500mg IV q8h<br>OR<br><b>Azithromycin</b> 500mg q24h for 5 days<br>OR<br><b>Clarithromycin</b> 500mg q12h for 5 days | Duration: 7-10 days<br>*In those with poor dental hygiene<br>Antibiotics - not indicated for chemical pneumonitis.                                                                                                                                            |
| <b>Infective Exacerbation Of Chronic Obstructive Pulmonary Disease (COPD)</b>                                                                                   |                                                                                                            |                                                                                                                                                                                   |                                                                                                                                                                                                                                                               |
| Outpatient<br><u>Causative organism</u><br><i>Streptococcus pneumoniae</i>                                                                                      | <b>Amoxicillin-clavulanate</b><br>625mg PO q8h for 5-7 days                                                | <b>Doxycycline</b> 100mg PO q12h for 5-7 days<br>OR<br><b>Cefuroxime</b> 500mg PO q12h for 5-7 days                                                                               |                                                                                                                                                                                                                                                               |

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                                                           | Suggested treatment                                                                                                                                                                                |                                                                                                                                               | Comments                                                                                                                                                                                                                                                    |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                                   | Preferred                                                                                                                                                                                          | Alternative                                                                                                                                   |                                                                                                                                                                                                                                                             |
| Inpatient<br><u>Causative organisms</u><br><i>Streptococcus pneumoniae</i><br><i>Pseudomonas aeruginosa</i><br>**Suspect <i>Pseudomonas</i> infection if: <ul style="list-style-type: none"> <li>• Frequent exacerbation</li> <li>• Severe airflow limitation</li> <li>• Exacerbation requiring mechanical ventilation</li> </ul> | <b>Amoxicillin-clavulanate</b><br>1.2gm IV q8h for 5-7 days<br>PLUS*                                                                                                                               | <b>Ceftriaxone</b> 2gm IV q24h for 5-7days<br>PLUS*                                                                                           | *If atypical pneumonia                                                                                                                                                                                                                                      |
|                                                                                                                                                                                                                                                                                                                                   | <b>Azithromycin</b> 500mg IV/ PO for 3-5 days<br><br><b>Piperacillin-tazobactam</b><br>4.5gm IV q6-8h<br>OR<br><b>Cefepime</b> 2gm IV q8h<br>PLUS<br><b>Azithromycin</b> 500mg IV/ PO for 3-5 days | <b>Azithromycin</b> 500mg IV/ PO for 3-5 days<br><br><b>Ceftazidime</b> 2gm IV q8h<br>PLUS<br><b>Azithromycin</b> 500mg IV/ PO for 3-5 days   |                                                                                                                                                                                                                                                             |
| <b>Lung Abscess And Empyema</b>                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                    |                                                                                                                                               |                                                                                                                                                                                                                                                             |
| Empirical                                                                                                                                                                                                                                                                                                                         | <b>Amoxicillin-clavulanate</b><br>1.2gm IV q6-8h                                                                                                                                                   | <b>Ceftriaxone</b> 2gm IV q24h<br>PLUS<br><b>*Metronidazole</b> 500mg IV q8h<br><br>Penicillin allergy<br><b>Clindamycin</b> 600mg IV/ PO q6h | In empyema drain the collection wherever feasible.<br><br>Duration of treatment:<br>After drainage : 2-4 weeks<br>Undrained : 4-6 weeks<br><br><b>*Metronidazole:</b> in cases of lung abscess when aspiration is suspected.                                |
| <u>Causative organism</u><br><i>Staphylococcus aureus</i>                                                                                                                                                                                                                                                                         | <b>Cloxacillin</b> 2gm IV q4-6h                                                                                                                                                                    | <b>Cefazolin</b> 2gm IV q8h                                                                                                                   | Duration 4-6 weeks, depending on clinical response. In case of slow response, may have to be prolonged.<br><br>May change to oral therapy (e.g. <b>Amoxicillin-clavulanate</b> 625mg PO q8h) to complete the duration once patient stabilized and improved. |

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# CARDIOVASCULAR SYSTEM INFECTIONS

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                                                                                                                   | Suggested Treatment                                                                                                                                                                                                                                                                                                         |                                                                                        | Comment                                                                                                                                                                                                                                                                                                  |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                                                                                           | Preferred                                                                                                                                                                                                                                                                                                                   | Alternative                                                                            |                                                                                                                                                                                                                                                                                                          |
| <b>Acute Rheumatic Fever</b><br><b>Group A Streptococcus</b>                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                             |                                                                                        |                                                                                                                                                                                                                                                                                                          |
| <p>All patients with ARF should receive antibiotic to treat precipitating Group A Streptococcus infection. Primary Prevention of ARF means timely and complete treatment of Group A Streptococcus sore throat with antibiotics. If commenced within 8 days of sore throat onset, a course of penicillin will prevent almost all the cases of ARF that would otherwise have developed.</p> |                                                                                                                                                                                                                                                                                                                             |                                                                                        |                                                                                                                                                                                                                                                                                                          |
| Primary prophylaxis                                                                                                                                                                                                                                                                                                                                                                       | <b>Benzathine penicillin G</b> 1.2 MU IM<br>OR<br><b>Phenoxymethylpenicillin</b> 500mg orally q12h for 10 days<br>OR<br><u>Penicillin hypersensitivity (non-severe)</u><br><b>Cephalexin</b> 1 gm PO q12h for 10 days<br>OR<br><u>Penicillin immediate hypersensitivity</u><br><b>Azithromycin</b> 500mg PO q24h for 5 days |                                                                                        | Streptococcal infection may not be evident by the time ARF manifests (e.g. cultures often negative) but eradication therapy for possible persisting streptococci is recommended nonetheless. Intramuscular penicillin is preferred due to better adherence and its ongoing use in secondary prophylaxis. |
| Secondary prophylaxis                                                                                                                                                                                                                                                                                                                                                                     | Parenteral Prophylaxis:<br><b>Benzathine penicillin G</b> 1.2MU IM every 3 to 4 weeks<br><br>Oral Prophylaxis:<br><b>Phenoxymethylpenicillin (Penicillin V)</b> 250mg PO q12h daily                                                                                                                                         | Penicillin allergy:<br><b>Erythromycin ethylsuccinate</b> 800mg PO q12h                |                                                                                                                                                                                                                                                                                                          |
|                                                                                                                                                                                                                                                                                                                                                                                           | Type of infection                                                                                                                                                                                                                                                                                                           | Duration of Prophylaxis                                                                |                                                                                                                                                                                                                                                                                                          |
|                                                                                                                                                                                                                                                                                                                                                                                           | Rheumatic fever with carditis and residual heart disease (persistent valvular disease)                                                                                                                                                                                                                                      | 10 years or until 40 years of age, whichever is longer; sometimes lifelong prophylaxis |                                                                                                                                                                                                                                                                                                          |
|                                                                                                                                                                                                                                                                                                                                                                                           | Rheumatic fever with carditis but no residual heart disease (no valvular disease)                                                                                                                                                                                                                                           | 10 years or until 21 years of age, whichever is longer                                 |                                                                                                                                                                                                                                                                                                          |
|                                                                                                                                                                                                                                                                                                                                                                                           | Rheumatic fever without carditis                                                                                                                                                                                                                                                                                            | 5 years or until 21 years of age whichever is longer                                   |                                                                                                                                                                                                                                                                                                          |

| Infection/Condition and Likely Organism                                                                                  | Suggested Treatment                                                                                                                                                                                        |                                                                                                                                              | Comment                                                                                                                                                         |
|--------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                          | Preferred                                                                                                                                                                                                  | Alternative                                                                                                                                  |                                                                                                                                                                 |
| <b>Infective Endocarditis</b>                                                                                            |                                                                                                                                                                                                            |                                                                                                                                              |                                                                                                                                                                 |
| <b>Empirical Treatment for native valve / late prosthetic valve (&gt;1 year post surgery) endocarditis</b>               |                                                                                                                                                                                                            |                                                                                                                                              |                                                                                                                                                                 |
|                                                                                                                          | <p><b>Ampicillin</b> 12 gm/day IV in 4-6 doses<br/>PLUS<br/><b>Gentamicin</b> 3mg/kg IV q24h<br/>PLUS*<br/><b>(Flu)Cloxacillin</b> 12 gm/day IV in 4-6 doses</p>                                           | <p><u>Penicillin allergy:</u><br/><b>Vancomycin</b> 30-60mg/kg/day IV in 2-3 doses<br/>PLUS<br/><b>Gentamicin</b> 3mg/kg IV q24h</p>         | <p>*For suspected <i>Staphylococcus aureus</i> infection (e.g. IVDU, prosthesis)<br/>Duration and regimen decided after confirmation of organism.</p>           |
| <b>Empirical Treatment for early prosthetic valve (&lt;12 months post-surgery) or healthcare associated endocarditis</b> |                                                                                                                                                                                                            |                                                                                                                                              |                                                                                                                                                                 |
|                                                                                                                          | <p><b>Vancomycin</b> 30-60mg/kg/day IV in 2 doses<br/>PLUS<br/><b>Gentamicin</b> 3mg/kg IV q24h<br/>PLUS<br/><b>Rifampicin</b> 900-1200mg PO in 2-3 divided doses</p>                                      |                                                                                                                                              | <p><b>Rifampicin</b> is only recommended for prosthetic valve endocarditis and it should be started 3-5 days after <b>Vancomycin</b> and <b>Gentamicin</b>.</p> |
| <b>Viridans Streptococci and <i>Streptococcus bovis</i></b>                                                              |                                                                                                                                                                                                            |                                                                                                                                              |                                                                                                                                                                 |
| Native and Prosthetic Valves<br>Penicillin- Susceptible                                                                  | <p><b>Penicillin G</b> 12-18 MU/day IV either in 4-6 doses or continuously<br/>OR<br/><b>Ampicillin</b> 2gm IV q4h<br/>OR<br/><b>Ceftriaxone</b> 2gm/day IV</p>                                            | <p><u>For Beta-lactam allergic patient</u><br/><b>Vancomycin</b> 30mg/kg/day IV in 2 doses</p>                                               | Duration – 4 weeks (native valve) or 6 weeks (prosthetic valve).                                                                                                |
| Native and Prosthetic Valves<br>Penicillin- Resistant                                                                    | <p><b>Penicillin G</b> 24 MU/day IV either in 4-6 doses or continuously<br/>OR<br/><b>Ampicillin</b> 2gm IV q4h<br/>OR<br/><b>Ceftriaxone</b> 2gm/day IV<br/>PLUS<br/><b>Gentamicin</b> 3mg/kg IV q24h</p> | <p><u>For Beta-lactam allergic patient</u><br/><b>Vancomycin</b> 30mg/kg/day IV in 2 doses<br/>PLUS<br/><b>Gentamicin</b> 3mg/kg IV q24h</p> |                                                                                                                                                                 |



| Infection/Condition and Likely Organism                                    | Suggested Treatment                                                                                                        |                                                                                                                                                                                                                                                     | Comment                                                                                                                                                                                                                                                                                                                                                                                                                   |
|----------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                            | Preferred                                                                                                                  | Alternative                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Enterococcus - Test for high level aminoglycoside resistance (HLAR)</b> |                                                                                                                            |                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Beta lactam and HLA-susceptible strain                                     | <b>Ampicillin</b> 2gm IV q4h for 4 - 6 weeks (prosthetic valve)<br>PLUS<br>* <b>Gentamicin</b> 1mg/kg IV q8h for 4-6 weeks | <b>Ampicillin</b> 2gm IV q4h for 4-6 weeks<br>PLUS<br>** <b>Ceftriaxone</b> 2gm IV q12h for 4-6 weeks<br><br>(for renal impairment, elderly patients or those with resistance to <b>Gentamicin</b> )                                                | This is active against <i>Enterococcus faecalis</i> strain with and without HLAR, being the combination of choice in patient with HLAR <i>E. faecalis</i> endocarditis.<br>** <b>Ceftriaxone</b> should not be used alone due to intrinsic resistance of <i>Enterococcus</i> .<br><br>* In order to maximize synergistic effect, administer <b>Gentamicin</b> at the same time or temporally close to <b>Ampicillin</b> . |
|                                                                            |                                                                                                                            | <u>If resistant to Penicillin and susceptible to Vancomycin and aminoglycoside</u><br><br><b>Vancomycin</b> 30mg/kg/day IV in 2 doses for 6 weeks<br>PLUS<br><b>Gentamicin</b> 1mg/kg IV q8h for 6 weeks                                            |                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Staphylococcus spp</b>                                                  |                                                                                                                            |                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Native valve Methicillin - Susceptible Staphylococci (MSSA)                | (Flu) <b>Cloxacillin</b> 12gm/day IV in 4-6 doses for 4-6 weeks                                                            | <u>For Penicillin allergic patient</u><br><br><u>Non-immediate type hypersensitivity</u><br><b>Cefazolin</b> 2gm IVq8h for 4-6 weeks<br><br><u>For immediate type hypersensitivity</u><br><b>Vancomycin</b> 30mg/kg/day IV in 2 doses for 4-6 weeks |                                                                                                                                                                                                                                                                                                                                                                                                                           |

| Infection/Condition and Likely Organism                                                                                                                                                                                                           | Suggested Treatment                                                                                                                                                                            |                                                                                                                                                                                                                                                                  | Comment                                                                                                                              |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                   | Preferred                                                                                                                                                                                      | Alternative                                                                                                                                                                                                                                                      |                                                                                                                                      |
| Prosthetic valves<br>Methicillin – Susceptible<br>Staphylococci                                                                                                                                                                                   | (Flu)Cloxacillin 12 gm/<br>day IV in 4-6 doses for >6<br>weeks<br>PLUS<br>Rifampicin 900-1200mg PO<br>in 2-3 divided doses for >6<br>weeks<br>PLUS<br>Gentamicin 1mg/kg IV q8h<br>for 2 weeks  | For Penicillin allergic<br>patient replace (Flu)<br>Cloxacillin with<br>I. Non-immediate type<br>hypersensitivity<br>Cefazolin 2gm IVq8h for<br>4-6 weeks<br>II. For immediate type<br>hypersensitivity<br>Vancomycin 30mg/kg/day<br>IV in 2 doses for 4-6 weeks | Rifampicin: start after 3-5<br>days of effective initial<br>Cloxacillin therapy and /<br>or once the bacteremia<br>has been cleared. |
| Native valves<br>Methicillin – Resistant<br>Staphylococci                                                                                                                                                                                         | Vancomycin 30-60mg/kg/<br>day IV in 2 doses for 4-6<br>weeks                                                                                                                                   |                                                                                                                                                                                                                                                                  |                                                                                                                                      |
| Prosthetic valves<br>Methicillin – Resistant<br>Staphylococci                                                                                                                                                                                     | Vancomycin 30-60mg/kg/<br>day IV in 2 -3 doses for > 6<br>weeks<br>PLUS<br>Rifampicin 900-1200mg PO<br>in 2-3 divided doses for >6<br>weeks<br>PLUS<br>Gentamicin 1mg/kg IV q8h<br>for 2 weeks |                                                                                                                                                                                                                                                                  | Rifampicin: start after 3-5<br>days of effective initial<br>Cloxacillin therapy and /<br>or once the bacteremia<br>has been cleared. |
| <b>HACEK group of microorganism</b> ( <i>Haemophilus parainfluenzae</i> , <i>Haemophilus aphrophilus</i> , <i>Actinobacillus actinomycetemcomitans</i> , <i>Cardiobacterium hominis</i> , <i>Eikenella corrodens</i> and <i>Kingella kingae</i> ) |                                                                                                                                                                                                |                                                                                                                                                                                                                                                                  |                                                                                                                                      |
| Native and Prosthetic valves                                                                                                                                                                                                                      | Ceftriaxone 2 gm IV q24h<br>for 4 weeks (native valve)<br>or 6 weeks (prosthetic<br>valve)                                                                                                     | Ampicillin-sulbactam<br>3gm IV q6h for 4-6 weeks<br>OR<br>*Ciprofloxacin 400mg IV<br>q12h for 4-6 weeks                                                                                                                                                          | *Ciprofloxacin can be<br>changed to oral 500mg<br>q12h for remaining<br>duration once clinically<br>stable.                          |
| <b>Therapy for Culture Negative Endocarditis</b>                                                                                                                                                                                                  |                                                                                                                                                                                                |                                                                                                                                                                                                                                                                  |                                                                                                                                      |
| <i>Brucella</i> spp.                                                                                                                                                                                                                              | Gentamicin 5mg/kg IV<br>q24h (for first 2-4 weeks)<br>PLUS<br>Doxycycline 100mg IV/PO<br>q12h<br>PLUS<br>Rifampicin 300-600mg PO<br>q24h                                                       |                                                                                                                                                                                                                                                                  | Duration of treatment<br>3-6 months depending<br>on clinical response                                                                |

| Infection/Condition and Likely Organism                               | Suggested Treatment                                                                                                                                                                                                                                                                                                          |             | Comment                                                                                                                                                                                                                                                                                                                                                                                                                                |
|-----------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                       | Preferred                                                                                                                                                                                                                                                                                                                    | Alternative |                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <i>Legionella</i> spp.                                                | Levofloxacin 500mg/12h/<br>IV or PO ≥ 6weeks<br>OR<br>Clarithromycin 500mg/12h<br>IV for 2 weeks then PO for<br>4 weeks                                                                                                                                                                                                      |             |                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <i>Mycoplasma</i> spp.                                                | Levofloxacin 500mg/12h/<br>IV or PO ≥ 6weeks                                                                                                                                                                                                                                                                                 |             |                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Therapy for Candida Endocarditis (Native and Prosthetic valve)</b> |                                                                                                                                                                                                                                                                                                                              |             |                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Candida Endocarditis<br>(Native and prosthetic<br>valve)              | <u>Initial therapy</u><br>Amphotericin B<br>deoxycholate 0.5-1mg/kg<br>IV q12h for at least 6 weeks<br>after surgery<br>OR<br>Lipid formulation<br>Amphotericin B 3-5mg/<br>kg IV q24 h for at least 6<br>weeks after surgery<br>PLUS*<br>Flucytosine 25mg/kg PO<br>q6h for at least 6 weeks<br>after surgery (if available) |             | Surgery is mandatory.<br>Continue therapy<br>for 6 weeks after the<br>surgical replacement or<br>longer in patient with<br>perivalvular abscess. If<br>prosthetic valve cannot<br>be replaced, lifelong<br>suppressive therapy<br>with Fluconazole<br>400mg (6mg/kg) daily is<br>recommended.<br>*Flucytosine: for<br>synergistic effect. Causes<br>dose related marrow<br>toxicity. Avoid using<br>in patients with renal<br>failure. |
|                                                                       | <u>Step down therapy:</u><br>Fluconazole 400-800mg<br>(6-12mg/kg) PO q24h after<br>negative blood cultures                                                                                                                                                                                                                   |             |                                                                                                                                                                                                                                                                                                                                                                                                                                        |

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# CENTRAL NERVOUS SYSTEM INFECTIONS

| Infection/Condition and Likely Organism                                                                                                                                                                                  | Suggested Treatment                                                                                                                                                                                                                                                    |                                                                                                           | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
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|                                                                                                                                                                                                                          | Preferred Treatment                                                                                                                                                                                                                                                    | Alternative Treatment                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Meningitis (Acute)</b>                                                                                                                                                                                                |                                                                                                                                                                                                                                                                        |                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <p>Empirical treatment</p> <p><u>Common organisms:</u><br/><i>Streptococcus pneumoniae</i><br/><i>Neisseria meningitidis</i><br/><i>Haemophilus influenzae</i></p> <p><u>Other organisms:</u><br/>Gram-negative rods</p> | <p><b>Ceftriaxone</b> 2gm IV q12h<br/>OR<br/><b>Cefotaxime</b> 2gm IV q6h</p> <p>PLUS*<br/>*<b>Ampicillin</b> 2gm IV q4h</p>                                                                                                                                           | <p>Alternative for immunocompromised:<br/><b>Meropenem</b> 2gm IV q8h</p>                                 | <p>Antibiotic should not be delayed awaiting investigations.</p> <p>Duration: 10-14 days<br/>Dexamethasone 0.4mg/kg/dose 15 to 20 minutes before or at the same time as first dose of antibiotics. Continue q12h for 4 days if the Gram stain and/or cultures are consistent with <i>Streptococcus pneumoniae</i>.</p> <p>*Consider empirical coverage with <b>Ampicillin</b> for Listeriosis in people &gt;60 years of age, alcoholic, immunosuppressed and pregnant.</p> |
| <b>Causative Organism isolated:</b>                                                                                                                                                                                      |                                                                                                                                                                                                                                                                        |                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <i>Streptococcus pneumoniae</i>                                                                                                                                                                                          | <p>Penicillin-susceptible strains<br/><b>Benzylpenicillin</b> 4MU IV q4h</p>                                                                                                                                                                                           |                                                                                                           | <p><b>Ceftriaxone</b> or <b>Cefotaxime</b> should be de-escalated to <b>Benzylpenicillin</b> once the MIC result has been confirmed.</p> <p>Duration: 10-14 days</p>                                                                                                                                                                                                                                                                                                       |
|                                                                                                                                                                                                                          | <p>Penicillin resistant strains<br/><b>Ceftriaxone</b> 2gm IV q12h<br/>OR<br/><b>Cefotaxime</b> 2gm IV q6h</p>                                                                                                                                                         | <p>Penicillin resistant strains<br/><b>Cefepime</b> 2gm IV q8h<br/>OR<br/><b>Meropenem</b> 2gm IV q8h</p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|                                                                                                                                                                                                                          | <p>Cephalosporin resistant strains <b>Vancomycin</b> 25-30mg/kg loading dose then 15-20mg/kg IV q8-12h; not to exceed 2gm per dose<br/>OR<br/><b>Rifampicin</b> 600mg IPO q12h<br/>PLUS<br/><b>Ceftriaxone</b> 2gm IV q12h<br/>OR<br/><b>Cefotaxime</b> 2gm IV q6h</p> |                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

| Infection/Condition and Likely Organism                                        | Suggested Treatment                                                                                                                                                                                               |                                                                                                                                                                                                       | Comments                                                                                                                                                                                        |
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|                                                                                | Preferred Treatment                                                                                                                                                                                               | Alternative Treatment                                                                                                                                                                                 |                                                                                                                                                                                                 |
| <i>Neisseria meningitidis</i>                                                  | Benzylpenicillin 4MU IV q4h                                                                                                                                                                                       | If resistant to Penicillin<br>Ceftriaxone 2gm IV q12h<br>OR<br>Cefotaxime 2gm IV q6h                                                                                                                  | Duration 5-7 days<br>If treated with Benzylpenicillin, chemoprophylaxis given at discharge to eliminate nasopharyngeal carriage.                                                                |
| <i>Neisseria meningitidis</i><br>Prophylaxis for household and close contacts* | Age > 15 years:<br>Ciprofloxacin 500mg PO as single dose<br>OR<br>Rifampicin 600mg PO q12h for 2 days (4 doses) [not recommended in pregnancy]                                                                    | Ceftriaxone 250mg IM as single dose (especially in pregnancy and lactating mothers)<br>OR<br>Azithromycin 500mg PO as single dose                                                                     | *Contact for > 8 hours and within 1 meter of the index case and contact with oropharyngeal secretions in the last 7 days before onset of symptoms up to 24 hours after appropriate antibiotics. |
| Listeriosis                                                                    | Ampicillin 2gm IV q4h<br>OR<br>Benzylpenicillin 4MU IV q4h<br>PLUS*<br>Gentamicin 5mg/kg/day IV in 3 divided doses                                                                                                | Trimethoprim-sulfamethoxazole 10 to 20mg/kg/day (TMP component) IV q6-12h<br>OR<br>Meropenem 2gm IV q8h                                                                                               | Duration - 3 weeks or longer (in immunocompromised host) depending on clinical response.<br>Gentamicin is given until symptoms improve (minimum of 1 week).                                     |
| <i>Haemophilus influenzae</i>                                                  | Ceftriaxone 2gm IV q12h<br>OR<br>Cefotaxime 2gm IV q6h                                                                                                                                                            | Cefepime 2gm IV q8h<br><br>If organism is susceptible and patient is allergic to cephalosporins:<br>Ciprofloxacin 400mg IV q8h                                                                        | Duration: 7-10 days.                                                                                                                                                                            |
| <b>Meningitis (Chronic)</b>                                                    |                                                                                                                                                                                                                   |                                                                                                                                                                                                       |                                                                                                                                                                                                 |
| Tuberculous meningitis<br><i>Mycobacterium tuberculosis</i>                    | 2HRZE + (7-10)HRE<br><br>Isoniazid (H)-5mg/kg<br>Rifampicin (R)- 10mg/kg<br>Ethambutol (E)- 15mg/kg<br>Pyrazinamide (Z)- 25mg/kg<br><br>Pyridoxine 10-50mg PO q24h needs to be prescribed together with Isoniazid | <u>Infection in HIV patients:</u><br>Similar to HIV-uninfected adults.<br>Consider drug interactions<br><br>Daily dosing is recommended as per DOTS.<br><br>(Follow National Tuberculosis Guidelines) | Add dexamethasone 0.3-0.4mg/kg/day for 2 weeks, then 0.2mg/kg/day for week 3, then 0.1mg/kg/day for week 4 and taper gradually and stop by 8 weeks.<br><br>Duration - usually 12 months.        |

| Infection/Condition and Likely Organism                                                                                                             | Suggested Treatment                                                                                                                                                                                                                                                                |                                                                                                   | Comments                                                                                                                                                                                                                  |
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|                                                                                                                                                     | Preferred Treatment                                                                                                                                                                                                                                                                | Alternative Treatment                                                                             |                                                                                                                                                                                                                           |
| Cryptococcal meningitis<br><i>Cryptococcus neoformans</i><br><br>(In immunocompetent)                                                               | Induction Therapy:<br>Amphotericin B 0.7-1.0mg/kg/day IV q24h<br>PLUS<br>5-Flucytosine 100-150mg/kg/day PO q6h<br>OR<br>Fluconazole 800-1200mg PO q24h                                                                                                                             | Induction Therapy:<br>Fluconazole 1200mg PO q24h<br>PLUS<br>5-Flucytosine 100-150mg/kg/day PO q6h | Duration of induction therapy: 4-6 weeks<br><br>Duration of consolidation therapy: 8 weeks<br><br>Duration of maintenance therapy: up to 12 months                                                                        |
|                                                                                                                                                     | Consolidation Therapy:<br>Fluconazole 400-800mg PO q24h                                                                                                                                                                                                                            |                                                                                                   |                                                                                                                                                                                                                           |
|                                                                                                                                                     | Maintenance Therapy:<br>Fluconazole 200mg PO q24h                                                                                                                                                                                                                                  |                                                                                                   |                                                                                                                                                                                                                           |
| Viral Encephalitis<br><i>Herpes simplex</i><br><i>Varicella zoster</i>                                                                              | Acyclovir 10mg/kg* IV q8h                                                                                                                                                                                                                                                          |                                                                                                   | *dosing based on ideal body weight and not measured weight in obese.<br>Duration: 14-21 days                                                                                                                              |
| Brain Abscess/Subdural Empyema<br><br><u>Common organisms:</u><br><i>Streptococci</i><br><i>Staphylococci</i><br>Gram-negative bacilli<br>Anaerobes | Brain abscess/subdural empyema suspected arising from an oral source:<br>Ampicillin 2g q4-6h<br>OR<br>Ceftriaxone 2g IV q12h<br>PLUS<br>Metronidazole 500mg IV q8h                                                                                                                 |                                                                                                   | Duration - 4-8 weeks (IV 2 weeks minimum)<br><br>*Add Cloxacillin if suspected hematogenous spread, post-neurosurgery or post penetrating injury. In post-neurosurgery or trauma, consider cover for <i>Pseudomonas</i> . |
|                                                                                                                                                     | Brain abscess/subdural empyema suspected arising from sinus or otogenic source:<br>Ceftriaxone 2gm IV q12h<br>OR<br>Cefotaxime 2gm IV q4-6h<br>PLUS<br>Metronidazole 500mg IV q8h                                                                                                  |                                                                                                   |                                                                                                                                                                                                                           |
|                                                                                                                                                     | Brain abscess/subdural empyema arising from hematogenous spread or penetrating trauma (community acquired):<br>Ceftriaxone 2gm IV q12h<br>OR<br>Cefotaxime 2gm IV q4-6h<br>PLUS*<br>Cloxacillin 2gm IV q4h<br>PLUS<br>Metronidazole 500mg IV q8h                                   |                                                                                                   |                                                                                                                                                                                                                           |
|                                                                                                                                                     | Brain abscess arising from hematogenous spread (hospital acquired) or post- neurosurgery:<br>Vancomycin 25-30mg/kg loading dose then 15-20mg/kg IV q8-12h; not to exceed 2gm per dose<br>PLUS<br>Ceftazidime 2gm IV q8h<br>OR<br>Cefepime 2gm IV q8h<br>OR<br>Meropenem 2 g IV q8h |                                                                                                   |                                                                                                                                                                                                                           |

| Infection/Condition and Likely Organism                                                                                         | Suggested Treatment                                                                                                                                                                                                                                                                        |                                                                                                                                         | Comments                                                                                                                                                                                                 |
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|                                                                                                                                 | Preferred Treatment                                                                                                                                                                                                                                                                        | Alternative Treatment                                                                                                                   |                                                                                                                                                                                                          |
| Spinal Epidural Abscess<br><br><u>Common organisms:</u><br><i>Streptococci</i><br><i>Staphylococci</i><br>Gram-negative bacilli | <b>Cloxacillin</b> 2gm IV q4h<br>OR*<br><b>Vancomycin</b> 25-30mg/kg loading dose then 15mg/kg IV q8-12h; not to exceed 2gm per dose<br>PLUS<br><b>Gentamicin</b> 4-7mg/kg/day IV in 3 divided doses<br>OR<br>** <b>Ceftriaxone</b> 2gm IV q12h<br>OR<br>** <b>Cefotaxime</b> 2gm IV q4-6h |                                                                                                                                         | Duration: 2-6 weeks (IV 2 weeks minimum)<br><br>* <b>Vancomycin</b> if suspecting MRSA or allergy to <b>Cloxacillin</b> .<br><br>**3rd Generation Cephalosporin if <b>Gentamicin</b> is contraindicated. |
| Healthcare-associated ventriculitis and Meningitis                                                                              | If C&S is not available:<br><b>Ceftazidime</b> 2gm IV q8h<br>PLUS*<br><b>Vancomycin</b> 25-30mg/kg loading dose then 15-20mg/kg IV q8-12h; not to exceed 2gm per dose                                                                                                                      | <b>Meropenem</b> 2gm IV q8h<br>PLUS*<br><b>Vancomycin</b> 25-30mg/kg loading dose then 15-20mg/kg IV q8-12h; not to exceed 2gm per dose | *Vancomycin if MRSA suspected.                                                                                                                                                                           |
| Cranial Trauma<br>Open fracture and Penetrating injuries                                                                        | <b>Amoxicillin-clavulanate</b> 1.2gm IV q8h                                                                                                                                                                                                                                                | <b>Cefuroxime</b> 1.5gm IV q8H<br>PLUS<br><b>Metronidazole</b> 500mg IV q8H                                                             | Duration: 5-7 days                                                                                                                                                                                       |
| Penetrating craniocerebral injuries                                                                                             | <b>Ceftriaxone</b> 2gm IV q12h<br>PLUS<br><b>Metronidazole</b> 400mg PO q8h                                                                                                                                                                                                                |                                                                                                                                         | Duration: For 2 weeks initially and then review with microbiology                                                                                                                                        |

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# ORAL/DENTAL INFECTIONS

| Infection/Condition and Likely Organism                                                                                                                                                                             | Suggested Treatment                                                                                                                                                    |                                                                                                                                                   | Comments                                                                                                                                                                                                                        |
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|                                                                                                                                                                                                                     | Preferred Treatment                                                                                                                                                    | Alternative Treatment                                                                                                                             |                                                                                                                                                                                                                                 |
| <b>Infections of the Teeth and Supporting Structures</b>                                                                                                                                                            |                                                                                                                                                                        |                                                                                                                                                   |                                                                                                                                                                                                                                 |
| Reversible / Irreversible Pulpitis                                                                                                                                                                                  | Systemic antibiotic use not recommended                                                                                                                                |                                                                                                                                                   |                                                                                                                                                                                                                                 |
| Localised Dentoalveolar Abscess                                                                                                                                                                                     | Superficial<br>Systemic antibiotic use not recommended (unless medically compromised)                                                                                  |                                                                                                                                                   |                                                                                                                                                                                                                                 |
|                                                                                                                                                                                                                     | Deep Infection/Medically Compromised<br>Amoxicillin 500mg PO q8h<br>PLUS<br>Metronidazole 400mg PO q8h<br>OR<br>Amoxicillin-clavulanate 625mg PO q8h                   | Penicillin allergy<br>Cephalexin 500mg q12h<br>OR<br>Azithromycin 500mg q24h<br>OR<br>Clarithromycin 500mg q12h                                   |                                                                                                                                                                                                                                 |
| Dry Socket                                                                                                                                                                                                          | Systemic antibiotic use not recommended                                                                                                                                |                                                                                                                                                   | Local treatment with saline irrigation and antiseptic/analgesic dressings and symptomatic relief of pain.                                                                                                                       |
| Localised Pericoronitis                                                                                                                                                                                             | Systemic antibiotic use not recommended in absence of regional or systemic signs and symptoms                                                                          |                                                                                                                                                   | Local treatment with antiseptic irrigation and mouthwash and symptomatic relief of pain.                                                                                                                                        |
| Chronic Gingivitis                                                                                                                                                                                                  | Systemic antibiotic use not recommended                                                                                                                                |                                                                                                                                                   | Mechanical and chemical plaque control.<br>*0.2% Aqueous Chlorhexidine gluconate not be used alone but as an adjunct to mechanical debridement                                                                                  |
| Chronic Periodontitis<br><u>Common organisms:</u><br><i>Aggregatibacter actinomycetemcomitans</i><br><i>Porphyromonas gingivalis</i><br><i>Tannerella forsythia</i><br><i>Prevotella intermedia</i><br>Spirochaetes | Systemic antibiotic use generally not recommended.<br><br>Amoxicillin 500mg PO q8h<br>PLUS<br>Metronidazole 400mg PO q8h<br>OR<br>Amoxicillin-clavulanate 625mg PO q8h | Penicillin allergy<br>Cephalexin 500mg q12h<br>OR<br>Azithromycin 500mg q24h<br>OR<br>Clarithromycin 500mg q12h<br>OR<br>Clindamycin 300mg PO q6h | 1 <sup>st</sup> line treatment - Mechanical plaque control.<br><br>Consider antibiotics if: Unresponsive to conventional mechanical therapy.<br>Acute infection associated with systemic manifestation<br>Medically compromised |



| Infection/Condition and Likely Organism                                                                                                                                                                                                | Suggested Treatment                                                                                                                                                                                                                                                    |                                                                                                                                                                                                             | Comments                                                                                                                                         |
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|                                                                                                                                                                                                                                        | Preferred Treatment                                                                                                                                                                                                                                                    | Alternative Treatment                                                                                                                                                                                       |                                                                                                                                                  |
| Periodontal Abscess                                                                                                                                                                                                                    | Systemic antibiotic use not recommended                                                                                                                                                                                                                                |                                                                                                                                                                                                             | Incision and drainage<br>Management of cause of abscess and symptomatic relief of pain.                                                          |
| <b>Infections of the Jaws</b>                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                             |                                                                                                                                                  |
| Osteomyelitis of the jaws (dental origin)                                                                                                                                                                                              | For acute cases, start with:<br><b>Amoxicillin</b> 500mg PO q8h<br>PLUS<br><b>Metronidazole</b> 400mg PO q8h<br>OR<br><b>Amoxicillin-clavulanate</b> 625mg PO q8h                                                                                                      | <u>Penicillin allergy</u><br><b>Clindamycin</b> 300-450mg PO/IV q6h                                                                                                                                         | For chronic cases, start with surgical treatment first. Use antibiotics only when causative organisms are identified.<br><br>Duration: 4-6 weeks |
| <b>Spreading Infections and Infections of Fascial Spaces (with/without Systemic Signs)</b>                                                                                                                                             |                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                             |                                                                                                                                                  |
| Cellulitis/Abscess of dental origin<br><u>Common organisms:</u><br><i>Viridans Streptococci</i><br><i>Staphylococci</i><br><i>Prevotella</i><br><i>Peptostreptococcus</i><br><i>Fusobacterium nucleatum</i><br><i>Clostridium</i> spp. | <b>Benzylpenicillin</b> 2-4MU IV q4-6h<br>PLUS<br><b>Metronidazole</b> 500mg IV q8h<br>OR<br><b>Amoxicillin-clavulanate</b> 1.2 gm IV q8h<br>PLUS<br><b>Metronidazole</b> 500mg IV q8h                                                                                 | <u>Penicillin allergy</u><br><b>Clindamycin</b> 300-450 IV/ PO q6h<br><br><u>If not responding to preferred treatment:</u><br><b>Ceftriaxone</b> 1-2gm IV q24h<br>PLUS<br><b>Metronidazole</b> 500mg IV q8h | Incision and drainage as required.                                                                                                               |
| Surgical site infection and Traumatic wound infection<br><u>Common organisms:</u><br><i>Viridans Streptococci</i><br><i>Staphylococci</i><br><i>Prevotella</i><br><i>Peptostreptococcus</i><br><i>Fusobacterium nucleatum</i>          | <u>Step Down/Oral Therapy</u><br><b>Amoxicillin</b> 250-750mg PO q8h<br>PLUS<br><b>Metronidazole</b> 400mg PO q8-12h<br>OR<br><b>Amoxicillin-clavulanate</b> 624mg PO q8h<br>OR<br><b>Cefuroxime</b> 250-500mg PO q12h<br>PLUS<br><b>Metronidazole</b> 400mg PO q8-12h | <u>Penicillin allergy</u><br><b>Clindamycin</b> 300-450mg PO q6h                                                                                                                                            |                                                                                                                                                  |

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                                                                                                    | Suggested Treatment                                                                                                                                                                                            |                                                                                                                                                                                                               | Comments                                                                                                                                                                                                              |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                                                                            | Preferred Treatment                                                                                                                                                                                            | Alternative Treatment                                                                                                                                                                                         |                                                                                                                                                                                                                       |
| Infection of skin origin /<br>Wound infection involving skin                                                                                                                                                                                                                                                                                                               | <p><b>Cloxacillin</b> 500-1000mg<br/>IV q6h<br/>OR<br/><b>Clindamycin</b> 300-450mg<br/>IV/PO q6h<br/>OR<br/><b>Amoxicillin</b> 250-750mg<br/>PO q8h<br/>PLUS<br/><b>Metronidazole</b> 400mg PO<br/>q8-12h</p> |                                                                                                                                                                                                               |                                                                                                                                                                                                                       |
| <b>Post Implant Infection (“Periimplantitis”)</b>                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                |                                                                                                                                                                                                               |                                                                                                                                                                                                                       |
| <p><u>Causative Organisms:</u><br/><i>Actinomyces</i> spp.<br/><i>Eubacterium</i> spp.<br/><i>Propionibacterium</i> spp.<br/><i>Lactobacillus</i> spp.<br/><i>Veillonella</i> spp.<br/><i>Porphyromonas gingivalis</i><br/><i>Prevotella intermedia</i><br/><i>Fusobacterium nucleatum</i></p>                                                                             | <p><b>Amoxicillin-clavulanate</b><br/>625mg PO q8h<br/>OR<br/><b>Amoxicillin</b> 500mg PO q8h<br/>PLUS<br/><b>Metronidazole</b> 400mg PO<br/>q8h</p>                                                           | <p>Penicillin allergy<br/><b>Doxycycline</b> 100mg PO<br/>q12h<br/>OR<br/><b>Clindamycin</b> 300mg PO<br/>q6h</p>                                                                                             | <p>Local mechanical and chemical debridement and irrigation with Chlorhexidine and optimal oral hygiene by patient is necessary. Bacteria associated with periimplantitis are extremely resistant to antibiotics.</p> |
| <b>Antimicrobial use for Viral Infections</b>                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                |                                                                                                                                                                                                               |                                                                                                                                                                                                                       |
| <p>Common oral viral infections:<br/>Herpes simplex virus type 1 (HSV-1)<br/>■ Primary herpetic gingivostomatitis<br/>■ Herpes labialis<br/>Herpes simplex virus type 2 (HSV-2)<br/>Epstein-Barr virus<br/>■ Infectious mononucleosis<br/>■ Oral hairy leukoplakia<br/>Varicella-zoster virus<br/>Coxsackie virus*<br/>■ Herpangina<br/>■ Hand, foot and mouth disease</p> | <p>Symptomatic treatment in most cases.<br/><br/>Can also consider:<br/>Topical Acyclovir 5% cream q4h for 5-10 days in prodromal phase for recurrent herpes labialis.</p>                                     | <p>Systemic antiviral<br/>Acyclovir 400-800mg PO 5 times daily for 7-14 days<br/>Acyclovir 400mg 3 times daily for 5 to 10 days in immunocompetent patient with orolabial herpes simplex virus infection.</p> | <p>*Management is mostly supportive. Antivirals don't have direct effect.</p>                                                                                                                                         |

| Infection/Condition and Likely Organism                                   | Suggested Treatment  |                                                                                                                                                                                            | Comments |
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|                                                                           | Preferred Treatment  | Alternative Treatment                                                                                                                                                                      |          |
| <b>Antimicrobial use for Fungal Infections</b>                            |                      |                                                                                                                                                                                            |          |
| Common oral fungal infection<br>Oropharyngeal Candidiasis/<br>Oral Thrush | Topical Clotrimazole | <u>Systemic antifungal agents</u><br>Fluconazole 200mg<br>PO stat dose followed by 100mg PO q24h for at least 2 weeks until negative blood culture result or clinical sign of improvement. |          |

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# OCULAR INFECTIONS

| Infection/Condition and Likely Organism                                                                                                                      | Suggested Treatment                                                                                                                                                   |                                                                                                                                                      | Comments                                                                                                                                                 |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                              | Preferred                                                                                                                                                             | Alternative                                                                                                                                          |                                                                                                                                                          |
| Blepharitis<br><br><u>Common organisms:</u><br><i>Staphylococcus aureus</i><br><i>Staphylococcus epidermidis</i>                                             | Eyelid hygiene, warm compresses, massage and scrubs are the mainstay of therapy.<br><br>Topical antibiotics are not indicated as initial therapy                      | Fusidic acid 1% eye ointment applied q12h to the lid margin<br>OR<br>Oxytetracycline with Polymyxin B eye ointment applied q12h to lid margin        | Chronic or severe blepharitis may need systemic therapy with oral <b>Doxycycline</b> 100mg PO q12h for 1 month then 100mg q24h for 2-3 months.           |
| Meibomian Gland Dysfunction                                                                                                                                  | Warm compresses and massage<br>Tetracycline 1% eye ointment applied q24h at lid margin with gentle massage<br>Systemic therapy is not indicated as an initial therapy | In resistant cases:<br>* <b>Doxycycline</b> 100mg PO q12h for 4-6 weeks<br>OR<br><b>Azithromycin</b> 500mg PO q24h for 3 days                        | * <b>Tetracyclines</b> are contraindicated in children <8 years.                                                                                         |
| Internal Hordeolum with Secondary Infection<br><i>Staphylococcus aureus</i>                                                                                  | Warm compresses<br><b>Cloxacillin</b> 500mg PO q6h                                                                                                                    | <b>Amoxicillin-clavulanate</b> 625mg PO q8h                                                                                                          | Duration: 5 days<br>Systemic antibiotics are indicated in the presence of superficial cellulitis or abscess.                                             |
| External Hordeolum (Stye)<br><i>Staphylococcus aureus</i>                                                                                                    | <b>Cloxacillin</b> 500mg PO q6h                                                                                                                                       | <b>Amoxicillin-clavulanate</b> 625mg PO q8h                                                                                                          | Duration: 5 days<br>Epilation of affected eye lash and warm compresses<br>Antibiotics - In the presence of superficial cellulitis or abscess.            |
| Bacterial Conjunctivitis<br><br><u>Common organisms:</u><br><i>Staphylococcus aureus</i><br><i>Streptococcus pneumoniae</i><br><i>Haemophilus influenzae</i> | Chloramphenicol 0.5% eye drop q6h                                                                                                                                     | Moxifloxacin 0.5% eye drop q6h<br>OR<br>Ciprofloxacin 0.3% eye drop q6h<br>OR<br>Levofloxacin 0.5% eye drop q6h<br>OR<br>Ofloxacin 0.3% eye drop q6h | Chloramphenicol or Ciprofloxacin ointment can be applied at bedtime.                                                                                     |
| Gonococcal Conjunctivitis (including neonates)<br><i>Neisseria gonorrhoeae</i>                                                                               | <b>Ceftriaxone</b> 50mg/kg IM single dose to a maximum of 125mg for neonates<br><b>Ceftriaxone</b> 1g stat IM for adults                                              |                                                                                                                                                      | Copious irrigation with topical saline drops or artificial tears every 30-60 minutes.<br><br>Topical antibiotics may be considered as ancillary therapy. |

| Infection/Condition and Likely Organism                                        | Suggested Treatment                                                                                                   |                                                                                                                                                                                                                                  | Comments                                          |
|--------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|
|                                                                                | Preferred                                                                                                             | Alternative                                                                                                                                                                                                                      |                                                   |
| Chlamydial Conjunctivitis (including neonates)<br><i>Chlamydia trachomatis</i> | Erythromycin 50mg/kg / day q6h for 2 weeks for neonates<br>Doxycycline 100mg PO q12h for 7 days                       | For pregnant<br>Azithromycin 1g stat                                                                                                                                                                                             |                                                   |
| Bacterial Keratitis                                                            | Ciprofloxacin 0.3% eye drop q1-2h<br>OR<br>Moxifloxacin 0.5% eye drop q1-2h<br>OR<br>Levofloxacin 0.5% eye drop q1-2h | *Gentamicin 0.9% or 1.4% eye drop q1-2h<br>PLUS<br>*Cefuroxime 5% eye drop q1-2h                                                                                                                                                 | *Prepared extemporaneously using injectable forms |
| Contact Lens Related Bacterial Keratitis                                       | Ciprofloxacin 0.3% eye drop q1-2h<br>OR<br>Levofloxacin 0.5% eye drop q1-2h                                           | *Gentamicin 0.9% or 1.4% eye drop q1-2h<br>PLUS<br>*Ceftazidime 5% eye drop q1-2h                                                                                                                                                |                                                   |
| Bacterial Keratitis Gram-positive cocci                                        | Moxifloxacin 0.5% eye drop q6h                                                                                        | *Cefuroxime 5% eye drop q1-2h<br>For MRSA:<br>*Vancomycin 5% eye drop q1-2h                                                                                                                                                      |                                                   |
| Bacterial Keratitis Gram-negative rods                                         | Ciprofloxacin 0.3% eye drop q1-2h<br>OR<br>Levofloxacin 0.5% eye drop q1-2h                                           | *Gentamicin 0.9% or 1.4% eye drop q1-2h<br>PLUS<br>*Ceftazidime 5% eye drop q1-2h                                                                                                                                                |                                                   |
| Acanthamoeba Keratitis<br><i>Acanthamoeba</i> spp.                             | *Chlorhexidine 0.02% eye drop q1-2h<br>PLUS<br>Propamidine isethionate 0.1% eye drop q1-2h                            |                                                                                                                                                                                                                                  |                                                   |
| Fungal Keratitis                                                               | Natamycin 5% eye drop q1-2<br>OR<br>*Amphotericin B 0.15%-0.2% eye drop q1-2h                                         | *Voriconazole 1% eye drop q1-2h<br>OR<br>*Fluconazole 0.2% eye drop q1-2h<br><br><u>Oral Therapy:</u><br>May be considered in the absence of contraindications:<br>Fluconazole 200mg PO q24h<br>OR<br>Ketoconazole 200mg PO q24h |                                                   |

| Infection/Condition and Likely Organism                  | Suggested Treatment                                                                                                                                                                          |                                                                                                                                                                                                                                                         | Comments                                                                                                                                                                                                                                                                             |
|----------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                          | Preferred                                                                                                                                                                                    | Alternative                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                      |
| Herpes Simplex Keratitis<br>Herpes Simplex Type 1 and 2  | Acyclovir 3% eye ointment 5 times/day                                                                                                                                                        | In presence of stromal or endothelial disease:<br>Acyclovir 400mg PO 5times/day for 7-14 days                                                                                                                                                           | Prophylaxis for recurrent cases:<br>Acyclovir 400mg PO q12h for 12 months.                                                                                                                                                                                                           |
| Herpes Zoster Ophthalmicus<br><i>Herpes zoster Virus</i> | Immunocompetent<br>Acyclovir 800mg PO 5 times a day for 7days<br>Immunocompromised or sight threatening<br>Acyclovir 10mg/kg IV q8h for 7 days<br>(switch to oral once there is improvement) |                                                                                                                                                                                                                                                         | Systemic antiviral treatment for all immunocompromised patients or for immunocompetent patient with Age > 50y<br>Moderate or severe pain/ rash.                                                                                                                                      |
| Ocular Toxoplasmosis<br><i>Toxoplasma gondii</i>         | <b>Trimethoprim-sulfamethoxazole</b> 160/800mg PO q12h for at least 6 weeks                                                                                                                  | Pyrimethamine 25-50mg PO q24H<br>PLUS<br>*Folinic acid 10-25mg PO q24H<br><br>PLUS<br><b>Sulfadiazine</b> 1gm PO q6H<br>OR<br><b>Clindamycin</b> 300mg PO q6h for 3-4 weeks, then 150mg q6h PO for 3-4 weeks<br>OR<br><b>Azithromycin</b> 500mg PO q24h | Pregnancy: May consider intravitreal <b>Clindamycin</b> 1.0mg/0.1ml.<br><br>Systemic steroids are usually indicated in immunocompetent patients. It is advisable to start glucocorticoids 2-3 days after antimicrobial therapy.<br><br>*DO NOT replace folinic acid with folic acid. |
|                                                          | Prophylaxis for recurrent lesions:<br><b>Trimethoprim-sulfamethoxazole</b> 80/400mg q12h PO for 3 times a week for 3-6 months                                                                |                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                      |
| Acute Retinal Necrosis<br><i>Herpes simplex</i>          | Acyclovir 10mg/kg/dose IV q8h (max. 800mg) for 10-14 days<br><br>Followed by<br>Acyclovir 800mg PO 5 times/day for 6 weeks                                                                   | Valacyclovir 1gm PO q8h for 6 weeks                                                                                                                                                                                                                     | Systemic steroid is indicated depending on location or severity of the infection.                                                                                                                                                                                                    |

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                                              | Suggested Treatment                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                           | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                      | Preferred                                                                                                                                                                                                                                                                                                                            | Alternative                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| CMV Retinitis<br><i>Cytomegalovirus</i>                                                                                                                                                                                                                                                                              | Systemic therapy:<br>Ganciclovir 5mg/kg IV<br>q12h for 2-3 weeks                                                                                                                                                                                                                                                                     | Systemic therapy:<br>Valganciclovir: 900mg<br>PO q12h for 3 weeks<br>(induction) followed<br>by 900mg PO q24h<br>(maintenance)                                                                                            | Systemic therapy is indicated in all cases.<br><br>Maintenance may need to continue until CD4 count is > 150 cells/mm <sup>3</sup> for 3 consecutive months.                                                                                                                                                                                                                                                                                                                                            |
|                                                                                                                                                                                                                                                                                                                      | Intravitreal therapy:<br>Intravitreal Ganciclovir<br>2mg/0.1ml biweekly                                                                                                                                                                                                                                                              | Intravitreal therapy:<br>Intravitreal Foscarnet<br>2.4mg/0.1ml (1-2 weekly)                                                                                                                                               | Intravitreal therapy is indicated in zone 1 and 2 lesions.<br>Intravitreal to be tapered according to clinical response.                                                                                                                                                                                                                                                                                                                                                                                |
| Ocular Syphilis<br><i>Treponema pallidum</i>                                                                                                                                                                                                                                                                         | <b>Benzylpenicillin</b> 2 MU q4h<br>IV for 14 days<br>OR<br><b>Aqueous Procaine penicillin</b> 1.2 MU IM for 10 days<br>PLUS<br>Probenecid 500mg q4h for 10-14 days                                                                                                                                                                  | Penicillin allergy<br><b>Doxycycline</b> 200mg PO<br>q12h for 28 days<br>OR<br><b>Tetracycline</b> 500mg q6h<br>for 14 days<br>OR<br><b>Ceftriaxone</b> 2g IV/IM q24h<br>for 14 days<br>(if no anaphylaxis to penicillin) |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Ocular Tuberculosis<br><i>Mycobacterium tuberculosis</i><br><br>Presents as a unilateral/<br>bilateral infective uveitis<br>characterized by multifocal<br>choroiditis/ granuloma and<br>there may be supportive<br>FFA findings of occlusive<br>vasculitis.<br>Clinical response to anti-TB<br>is often diagnostic. | Needs systematic therapy<br>for Extra pulmonary TB<br>usually for >6 months<br><br>*Ethambutol may cause<br>optic neuropathy and<br>should be avoided<br>depending on the case.<br><br>Anti-tuberculosis<br>Treatment (ATT) is started<br>along with topical steroid<br>eyedrop depending upon<br>the anatomical site of<br>uveitis. |                                                                                                                                                                                                                           | Uveitis can occur<br>secondary to TB<br>Hypersensitivity due to<br>an immune response to<br>acid fast bacilli in the eye.<br><br>Systemic steroids may be<br>indicated but is only for<br>non-active systemic TB<br>Immunocompetent<br>patients<br>Tubercular retinal<br>vasculitis<br>Severe ocular<br>inflammation developing<br>after starting anti-TB<br>treatment and<br>Vision threatening<br>condition.<br><br>Systemic steroids<br>should not be started<br>ALONE without anti-TB<br>treatment. |

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                      | Suggested Treatment                                                                                                                                                                                                                   |                                                                                                                                  | Comments                                                                                                                                                                                                      |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                              | Preferred                                                                                                                                                                                                                             | Alternative                                                                                                                      |                                                                                                                                                                                                               |
| Postoperative Bacterial Endophthalmitis<br><br><u>Common Organisms:</u><br><i>Staphylococcus epidermidis</i><br><i>Staphylococcus aureus</i><br><i>Pseudomonas aeruginosa</i><br><i>Bacteroides</i> species<br><i>Streptococcus pneumoniae</i><br>Alpha-haemolytic <i>Streptococcus</i> spp. | Intravitreal antibiotic injections:<br><b>Vancomycin</b> 1-2mg/0.1ml<br>PLUS<br><b>Ceftazidime</b> 2gm/0.1ml<br><br>PLUS<br>Intravitreal Amphotericin B 0.005mg/0.1ml<br>(If suspicious of fungal endophthalmitis)                    | Intravitreal antibiotic injections:<br><b>Vancomycin</b> 1-2mg/0.1ml<br>PLUS<br><b>Amikacin</b> 0.4/0.1ml                        | Systemic antibiotics are indicated in severe, virulent endophthalmitis. Repeat intravitreal antiviral antibodies after 48 to 72 hours if indicated.<br><br>*Prepared extemporaneously using injectable forms. |
|                                                                                                                                                                                                                                                                                              | Topical treatment-options:<br>*Gentamicin 1.4% eye drop<br>*Ceftazidime 5% eye drop<br>*Vancomycin 5% eye drop<br>Ofloxacin 0.3% eye drop<br>Moxifloxacin 0.5% eye drop<br>Levofloxacin 0.5% eye drop<br>(monotherapy or combination) |                                                                                                                                  |                                                                                                                                                                                                               |
|                                                                                                                                                                                                                                                                                              | Systemic treatment:<br><b>Ciprofloxacin</b> 750mg PO q12h for 10 days<br><br>For culture negative cases:<br>PLUS<br><b>Clarithromycin</b> 250-500mg PO q12h for 7-14 days                                                             | Systemic treatment<br><b>Vancomycin</b> 15-20mg/kg IV q8-12h; not exceed 2gm/dose<br><br>PLUS<br><b>Ceftazidime</b> 1-2gm IV q8h |                                                                                                                                                                                                               |
| Postoperative Fungal Endophthalmitis                                                                                                                                                                                                                                                         | Intravitreal therapy:<br>Intravitreal Amphotericin B 0.005mg/0.1ml                                                                                                                                                                    | Intravitreal therapy:<br>Intravitreal Miconazole 0.01mg/0.1ml                                                                    | Intravitreal and systemic therapy are indicated in all cases.                                                                                                                                                 |
|                                                                                                                                                                                                                                                                                              | Systemic therapy:<br>Fluconazole 200mg PO q24h for 6 weeks (minimum)                                                                                                                                                                  | Systemic therapy:<br>Voriconazole 200mg PO q12h                                                                                  |                                                                                                                                                                                                               |



| Infection/Condition and Likely Organism                                                                                                              | Suggested Treatment                                                                                                                                                                                       |                                                                                                                                    | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                      | Preferred                                                                                                                                                                                                 | Alternative                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Endogenous Endophthalmitis<br>Systemic treatment                                                                                                     | Systemic therapy:<br><b>Ciprofloxacin</b> 750mg PO q12h for 10 days<br><br>PLUS*<br><b>Clarithromycin</b> 250-500mg PO q12h for 7-14 days (*for culture negative cases)                                   | Systemic therapy:<br><b>Vancomycin</b> 15-20mg/kg IV q8-12h; not to exceed 2gm/dose<br><br>PLUS<br><b>Ceftazidime</b> 1-2gm IV q8h | All cases require systemic therapy. Intravitreal injection is indicated in cases with vitreous involvement and sight threatening choroidal lesions.<br><br>Topical therapy may supplement therapy. Not to use systemic steroids in these cases.<br><br>Review antibiotic regimen after microbiology results. Repeat intravitreal antibiotics after 48 to 72 hours if indicated.<br><br>*Prepared extemporaneously using injectable forms |
|                                                                                                                                                      | Topical treatment-options:<br>Gentamicin 0.3% eye drop<br>*Ceftazidime 5% eye drop<br>*Vancomycin 5% eye drop<br>Moxifloxacin 0.5% eye drop<br>Levofloxacin 0.5% eye drop<br>(monotherapy or combination) |                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|                                                                                                                                                      | Intravitreal antibiotic injections:<br><b>Vancomycin</b> 1-2mg/0.1ml PLUS<br><b>Ceftazidime</b> 2mg/0.1ml PLUS<br>Intravitreal Amphotericin B 0.005mg/0.1ml (If suspicious of fungal endophthalmitis)     | Intravitreal antibiotic injections:<br><b>Vancomycin</b> 1-2mg/0.1ml PLUS<br><b>Amikacin</b> 0.4mg/0.1ml                           |                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Dacryocystitis<br><br><u>Common Organisms:</u><br><i>Streptococcus pneumoniae</i><br><i>Staphylococcus aureus</i><br><i>Gram-negative anaerobes</i>  | <b>Amoxicillin-clavulanate</b> 625mg PO q8h                                                                                                                                                               | <b>Cefuroxime</b> 250mg PO q12h                                                                                                    | Consider intravenous antibiotics in severe infections.<br>Duration: 7 days                                                                                                                                                                                                                                                                                                                                                               |
| Preseptal Cellulitis<br><br><u>Common Organisms:</u><br><i>Streptococcus pneumoniae</i><br><i>Staphylococcus aureus</i><br><i>Streptococcus spp.</i> | <b>Cloxacillin</b> 500-1000mg PO q6h for 5 days                                                                                                                                                           | <b>Amoxicillin-clavulanate</b> 625mg PO q8h for 7 days<br>OR<br><b>Ceftriaxone</b> 1-2gm IV q24h                                   | Consider intravenous antibiotics in severe infections.                                                                                                                                                                                                                                                                                                                                                                                   |

| Infection/Condition and Likely Organism                                                                                                                                                      | Suggested Treatment                            |                                                                                                              | Comments            |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|--------------------------------------------------------------------------------------------------------------|---------------------|
|                                                                                                                                                                                              | Preferred                                      | Alternative                                                                                                  |                     |
| Orbital Cellulitis/abscess<br><br><u>Common Organisms:</u><br><i>Streptococcus pneumoniae</i><br><i>Staphylococcus aureus</i><br><i>Streptococcus</i> spp.<br><i>Gram-negative anaerobes</i> | <b>Amoxicillin-clavulanate</b><br>1.2gm IV q8h | <b>Ceftriaxone</b> 1-2gm IV q24h<br><br>If anaerobes suspected:<br>PLUS<br><b>Metronidazole</b> 500mg IV q8h | Duration: 7-10 days |

**References:**

- 1) National Antimicrobial Guideline, Third Edition. Petaling Jaya: Ministry of Health, Malaysia; 2019.
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# OTORHINOLARYNGOLOGICAL INFECTIONS

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Suggested Treatment                                                                                                                 |                                                                                                                                | Comments                                                                                                                                            |          |       |                                                         |   |                                                  |   |                                |   |                                |   |                                                                 |   |             |                |        |                                 |     |                                                                     |    |                       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|----------|-------|---------------------------------------------------------|---|--------------------------------------------------|---|--------------------------------|---|--------------------------------|---|-----------------------------------------------------------------|---|-------------|----------------|--------|---------------------------------|-----|---------------------------------------------------------------------|----|-----------------------|
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Preferred Treatment                                                                                                                 | Alternative Treatment                                                                                                          |                                                                                                                                                     |          |       |                                                         |   |                                                  |   |                                |   |                                |   |                                                                 |   |             |                |        |                                 |     |                                                                     |    |                       |
| <b>Sore Throat</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                     |                                                                                                                                |                                                                                                                                                     |          |       |                                                         |   |                                                  |   |                                |   |                                |   |                                                                 |   |             |                |        |                                 |     |                                                                     |    |                       |
| <p>The modified Centor Criteria (Mclsaac criteria) can be used to help physicians decide which patients need no testing, throat culture/rapid antigen detection testing, or empiric antibiotic therapy.</p> <p>The cumulative score determines the likelihood of streptococcal (GAS – Group A Streptococcus) pharyngitis and the need for antibiotics:</p> <table> <thead> <tr> <th>CRITERIA</th> <th>SCORE</th> </tr> </thead> <tbody> <tr> <td>Absence of cough, rhinorrhea, hoarseness and oral ulcer</td> <td>1</td> </tr> <tr> <td>Swollen and tender anterior cervical lymph nodes</td> <td>1</td> </tr> <tr> <td>Temperature &gt; 100.4° F (38° C)</td> <td>1</td> </tr> <tr> <td>Tonsillar exudates or swelling</td> <td>1</td> </tr> <tr> <td>Age less than 15 years<br/>(1 point is deducted if age &gt;44years)</td> <td>1</td> </tr> </tbody> </table> <p><b>Cumulative Score:</b></p> <table> <thead> <tr> <th>TOTAL SCORE</th> <th>Recommendation</th> </tr> </thead> <tbody> <tr> <td>0 or 1</td> <td>No antibiotic or culture needed</td> </tr> <tr> <td>2-3</td> <td>Antibiotics based on culture or Rapid Antigen Detection Test (RADT)</td> </tr> <tr> <td>&gt;3</td> <td>Empirical antibiotics</td> </tr> </tbody> </table> <p>Treatment – as given below</p> |                                                                                                                                     |                                                                                                                                |                                                                                                                                                     | CRITERIA | SCORE | Absence of cough, rhinorrhea, hoarseness and oral ulcer | 1 | Swollen and tender anterior cervical lymph nodes | 1 | Temperature > 100.4° F (38° C) | 1 | Tonsillar exudates or swelling | 1 | Age less than 15 years<br>(1 point is deducted if age >44years) | 1 | TOTAL SCORE | Recommendation | 0 or 1 | No antibiotic or culture needed | 2-3 | Antibiotics based on culture or Rapid Antigen Detection Test (RADT) | >3 | Empirical antibiotics |
| CRITERIA                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | SCORE                                                                                                                               |                                                                                                                                |                                                                                                                                                     |          |       |                                                         |   |                                                  |   |                                |   |                                |   |                                                                 |   |             |                |        |                                 |     |                                                                     |    |                       |
| Absence of cough, rhinorrhea, hoarseness and oral ulcer                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 1                                                                                                                                   |                                                                                                                                |                                                                                                                                                     |          |       |                                                         |   |                                                  |   |                                |   |                                |   |                                                                 |   |             |                |        |                                 |     |                                                                     |    |                       |
| Swollen and tender anterior cervical lymph nodes                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 1                                                                                                                                   |                                                                                                                                |                                                                                                                                                     |          |       |                                                         |   |                                                  |   |                                |   |                                |   |                                                                 |   |             |                |        |                                 |     |                                                                     |    |                       |
| Temperature > 100.4° F (38° C)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 1                                                                                                                                   |                                                                                                                                |                                                                                                                                                     |          |       |                                                         |   |                                                  |   |                                |   |                                |   |                                                                 |   |             |                |        |                                 |     |                                                                     |    |                       |
| Tonsillar exudates or swelling                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 1                                                                                                                                   |                                                                                                                                |                                                                                                                                                     |          |       |                                                         |   |                                                  |   |                                |   |                                |   |                                                                 |   |             |                |        |                                 |     |                                                                     |    |                       |
| Age less than 15 years<br>(1 point is deducted if age >44years)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 1                                                                                                                                   |                                                                                                                                |                                                                                                                                                     |          |       |                                                         |   |                                                  |   |                                |   |                                |   |                                                                 |   |             |                |        |                                 |     |                                                                     |    |                       |
| TOTAL SCORE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Recommendation                                                                                                                      |                                                                                                                                |                                                                                                                                                     |          |       |                                                         |   |                                                  |   |                                |   |                                |   |                                                                 |   |             |                |        |                                 |     |                                                                     |    |                       |
| 0 or 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | No antibiotic or culture needed                                                                                                     |                                                                                                                                |                                                                                                                                                     |          |       |                                                         |   |                                                  |   |                                |   |                                |   |                                                                 |   |             |                |        |                                 |     |                                                                     |    |                       |
| 2-3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Antibiotics based on culture or Rapid Antigen Detection Test (RADT)                                                                 |                                                                                                                                |                                                                                                                                                     |          |       |                                                         |   |                                                  |   |                                |   |                                |   |                                                                 |   |             |                |        |                                 |     |                                                                     |    |                       |
| >3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Empirical antibiotics                                                                                                               |                                                                                                                                |                                                                                                                                                     |          |       |                                                         |   |                                                  |   |                                |   |                                |   |                                                                 |   |             |                |        |                                 |     |                                                                     |    |                       |
| <b>Throat and Upper Respiratory Tract</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                     |                                                                                                                                |                                                                                                                                                     |          |       |                                                         |   |                                                  |   |                                |   |                                |   |                                                                 |   |             |                |        |                                 |     |                                                                     |    |                       |
| Tonsillitis/Pharyngitis<br><br><u>Common organism:</u><br>Group A Streptococcus                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <b>Phenoxymethylpenicillin (Penicillin V)</b><br>500mg PO q12h for 5-10 days<br>OR<br><b>Amoxicillin</b> 500mg PO q8h for 5-10 days | <b>Benzathine penicillin G</b><br>1.2MU IM, one single dose                                                                    | Antibiotics should be prescribed in suspected (Modified Centor Score ≥3)/proven bacterial infections, as sore throats are commonly viral in origin. |          |       |                                                         |   |                                                  |   |                                |   |                                |   |                                                                 |   |             |                |        |                                 |     |                                                                     |    |                       |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | For Penicillin allergic<br><b>Cephalexin</b> 500mg q12h for 10 days<br>OR<br><b>Cefixime</b> 200-400mg q12h for 7 days              | For Penicillin allergic<br><b>Clindamycin</b> 300mg PO q8h for 10 days<br>OR<br><b>Azithromycin</b> 500mg PO q24h for 3-5 days |                                                                                                                                                     |          |       |                                                         |   |                                                  |   |                                |   |                                |   |                                                                 |   |             |                |        |                                 |     |                                                                     |    |                       |

| Infection/Condition and Likely Organism                                                                                                                                                              | Suggested Treatment                                                                                                                                                                                      |                                                                                                                                                                                                                                             | Comments                                                                                                                                                                                                                                                                                                                                          |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                      | Preferred Treatment                                                                                                                                                                                      | Alternative Treatment                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                   |
| <p>Acute Peritonsillar Abscess</p> <p><u>Common organisms:</u><br/>Group A Streptococcus<br/><i>Staphylococcus aureus</i><br/><i>Haemophilus influenzae</i><br/><i>Fusobacterium necrophorum</i></p> | <p><b>Amoxicillin-clavulanate</b> 625mg PO q8h</p> <p>OR</p> <p><b>Phenoxymethylpenicillin (Penicillin V)</b> 500mg PO q6h<br/>PLUS<br/><b>Metronidazole</b> 500mg PO q6h</p>                            | <p><b>Ceftriaxone</b> 1gm IV q12h for 7 days<br/>PLUS<br/><b>Metronidazole</b> 500mg IV q8h for 5 days</p> <p>OR</p> <p><b>Clindamycin</b> 300-450 PO q6h<br/>For Penicillin allergic<br/><b>Clindamycin</b> 600mg IV q8h for 7-10 days</p> | <p>Abscess to be drained.</p>                                                                                                                                                                                                                                                                                                                     |
| <p>Diphtheria<br/><i>Corynebacterium diphtheriae</i></p>                                                                                                                                             | <p>*Antitoxin<br/>PLUS</p> <p><b>Benzylpenicillin</b> 50,000 units/kg to a maximum of 1.2 MU IV q12h followed by<br/><b>Phenoxymethylpenicillin (Penicillin V)</b> 250mg PO q6h for total of 14 days</p> | <p><b>Erythromycin</b> 500mg IV q6h followed by<br/><b>Erythromycin</b> 800mg PO q12h for total of 14 days</p>                                                                                                                              | <p>*Diphtheria Antitoxin:<br/><br/>Pharyngeal/laryngeal disease of 2 days duration<br/>20,000 – 40,000 units<br/><br/>Nasopharyngeal disease<br/>40,000 – 60,000 units<br/><br/>Systemic disease of ≥3 days or any patient with diffuse neck swelling<br/>80,000 – 120,000 units<br/><br/>Administer over 60 mins to inactivate toxin rapidly</p> |
| <p>Acute Epiglottitis</p> <p><u>Common organisms:</u><br/><i>Haemophilus influenzae type B</i><br/>Viruses<br/><i>Streptococcus pneumoniae</i></p>                                                   | <p><b>Ampicillin-sulbactam</b> 3gm IV q6h<br/>OR<br/><b>Ceftriaxone</b> 2gm IV q24h</p> <p>Oral step down therapy:<br/><b>Amoxicillin-clavulanate</b> 625mg PO q8h for 7-14 days</p>                     | <p>For Penicillin allergic:<br/><b>Clindamycin</b> 600-900mg IV q8h<br/>PLUS<br/><b>Ciprofloxacin</b> 400mg IV q12h</p>                                                                                                                     | <p>Urgent hospitalization. May present with life threatening upper airway obstruction, especially in paediatric population.</p> <p>Consider adding <b>Vancomycin</b> for patients with moderate to severe sepsis, meningitis or previously colonized with MRSA.</p>                                                                               |

| Infection/Condition and Likely Organism                                                                                                                                   | Suggested Treatment                                                                                                                      |                                                                                                                                                                | Comments                                                                                                                                                                                                                                                                                                                       |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                           | Preferred Treatment                                                                                                                      | Alternative Treatment                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                |
| Deep Neck Space Abscess<br><br><u>Common organisms:</u><br><i>Streptococcus pyogenes</i><br><i>Staphylococcus aureus</i><br><i>Fusobacterium necrophorum</i>              | <b>Ampicillin-sulbactam</b> 3gm IV q6h<br><br>OR<br><br><b>Ceftriaxone</b> 2gm IV q24h<br>PLUS<br><b>Metronidazole</b> 500mg IV q6h      |                                                                                                                                                                | Duration 7-14 days                                                                                                                                                                                                                                                                                                             |
| <b>Rhinology</b>                                                                                                                                                          |                                                                                                                                          |                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                |
| Acute Bacterial Rhinosinusitis (ABRS)<br><br><u>Common organisms:</u><br><i>Streptococcus pneumoniae</i><br><i>Haemophilus influenzae</i><br><i>Moraxella catarrhalis</i> | Mild case<br><b>Amoxicillin-clavulanate</b> 1000mg PO q12h for 5-7 days or 625mg q8h 10-14 days                                          | For Penicillin allergic:<br><b>Cefuroxime</b> 500mg PO q12h for 10-14 days<br>OR<br><b>Roxithromycin</b> 150mg PO q12h for 10-14 days                          | Any of the following clinical presentations be used to identify patients with acute bacterial vs. viral rhinosinusitis;<br>-Symptoms and signs persistent and not improving for more than 10 days<br>- Severe symptoms or signs for at least 3-4 days<br>-Worsening symptoms or signs OR becoming worse after initial recovery |
|                                                                                                                                                                           | Severe infection requiring hospitalization<br><b>Amoxicillin-clavulanate</b> 1.2mg IV q8h for 10-14days                                  | For Penicillin allergic:<br><b>Cefuroxime</b> 500mg PO q12h for 10-14 days<br>OR<br><b>Levofloxacin</b> 500mg PO/IV q24 h for 10-14 days                       |                                                                                                                                                                                                                                                                                                                                |
| Chronic Rhinosinusitis                                                                                                                                                    | <b>Doxycycline</b> 100mg PO q12h for 10-14 days                                                                                          | <b>Roxithromycin</b> 150mg q12h for 2-4 weeks                                                                                                                  |                                                                                                                                                                                                                                                                                                                                |
| <b>Otology</b>                                                                                                                                                            |                                                                                                                                          |                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                |
| Acute otitis media (AOM)<br><br><u>Common organisms:</u><br><i>Streptococcus pneumoniae</i><br><i>Haemophilus influenzae</i><br><i>Moraxella catarrhalis</i>              | *For non-severe AOM:<br><b>Amoxicillin</b> 500mg PO q8h for 7-10days<br><br>If symptoms not improved in 48-72 hours, treat as severe AOM | For Penicillin allergic:<br><b>Cefixime</b> 200-400mg q12h for 7-10 days<br>OR<br><b>Azithromycin</b> 500mg PO on day 1, Followed by 250mg PO q24h until day 5 | *Non-severe AOM:<br>Mild otalgia<br>Temp < 39°C<br>May consider 48-72 hours of observation with symptomatic therapy before prescribing antibiotic.<br><br>**Severe AOM:<br>Moderate to severe otalgia<br>Temperature > 39°C                                                                                                    |
|                                                                                                                                                                           | **For severe AOM or perforated tympanic membrane:<br><b>Amoxicillin-clavulanate</b> 625mg PO q8h for 7-10 days                           |                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                |

| Infection/Condition and Likely Organism                                                                                       | Suggested Treatment                                                                                                                                                                                       |                                       | Comments                                                                                        |
|-------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|-------------------------------------------------------------------------------------------------|
|                                                                                                                               | Preferred Treatment                                                                                                                                                                                       | Alternative Treatment                 |                                                                                                 |
| Malignant Otitis Externa/<br>Necrotizing Otitis Externa<br><br><u>Common organism:</u><br><i>Pseudomonas aeruginosa</i>       | <b>Ciprofloxacin</b> 200-400mg<br>IV q8h<br>OR<br><b>Ceftazidime</b> 2gm IV q8h<br><br>Followed by oral therapy<br>(upon clinical response):<br><b>Ciprofloxacin</b> 750mg PO<br>q12h to complete 6 weeks |                                       | <b>Ciprofloxacin</b> 750mg PO<br>q12h for initial 2 weeks<br>then 500mg PO q12h for<br>4 weeks. |
| Acute Localized Otitis Externa                                                                                                | <b>Flucloxacillin/Cloxacillin</b><br>500mg PO q6h for 5-7<br>days                                                                                                                                         | With Neomycin + Steroid ointment pack |                                                                                                 |
| Acute Diffuse Otitis Externa<br><br><u>Common organisms:</u><br><i>Pseudomonas aeruginosa</i><br><i>Staphylococcus aureus</i> | Ofloxacin 0.3% otic<br>solution<br>Instill 3 drops into affected<br>ear(s) q24h for 7 days<br>OR<br><b>(Flu)Cloxacillin</b> 500mg PO<br>q6h for 5-7 days                                                  | With Neomycin + Steroid ointment pack | Aural toileting required in discharging ears.                                                   |
| Chronic Suppurative Otitis<br>Media<br><br><i>Pseudomonas aeruginosa</i><br><i>Staphylococcus aureus</i>                      | Ofloxacin 0.3% otic<br>solution<br>Instill 3 drops into affected<br>ear(s) q12h for 10-14 days<br>PLUS<br><b>Ciprofloxacin</b> 500mg q12h<br>for 5-7 days                                                 |                                       | Aural toileting required in discharging ears.                                                   |
| Otomycosis<br><br><u>Common organisms:</u><br><i>Aspergillus</i> spp.<br><i>Candida</i>                                       | Clotrimazole 1% ear solution, applied q12h for 10-14 days                                                                                                                                                 |                                       | Aural toileting required.                                                                       |
| Acute Mastoiditis                                                                                                             | <b>Amoxicillin-clavulanate</b><br>1.2g IV q12h for 10-14days<br>OR<br><b>Ceftriaxone</b> 2g IV q12h for<br>14days<br>PLUS<br><b>Metronidazole</b> 500mg IV<br>q8h for 5 days                              |                                       |                                                                                                 |

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# GASTROINTESTINAL TRACT INFECTIONS

| Infection/Condition and Likely Organism                                                                                                                                                                                                       | Suggested Treatment                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                       | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                               | Preferred Treatment                                                                                                                                                                                                                                                                                                                                                        | Alternative Treatment                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>Peptic ulcer disease</b>                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <i>Helicobacter pylori</i>                                                                                                                                                                                                                    | <p><u>Triple regimen*</u><br/> <b>Clarithromycin</b> 500mg PO q12h<br/>                     PLUS<br/> <b>Amoxicillin</b> 1 gm PO q12h<br/>                     OR<br/> <b>Metronidazole</b> 400mg PO q12h**</p> <p><u>Levofloxacin based Triple regimen*</u><br/> <b>Levofloxacin</b> 500mg PO q24h<br/>                     PLUS<br/> <b>Amoxicillin</b> 1 gm PO q12h</p> | <p><u>Quadruple therapy*</u><br/> <b>Metronidazole</b> 200mg PO q6h<br/>                     PLUS<br/> <b>Tetracycline</b> 500mg PO q6h<br/>                     PLUS<br/>                     Bismuth subsalicylate 300mg PO q6h</p> | <p>*PLUS<br/>                     Pantoprazole 40mg PO q12h OR<br/>                     Omeprazole 20mg PO q12h OR<br/>                     Esomeprazole 20mg PO 12h OR<br/>                     Rabeprazole 20mg PO q12h OR<br/>                     Lansoprazole 30mg PO q12h</p> <p>Duration of Treatment: 14 days.</p> <p>**Metronidazole is not preferred as first line in triple regimen as its resistance is common in Nepal. Dose can be 400mg q8-12h.</p> |
| Oropharyngeal Candidiasis                                                                                                                                                                                                                     | <p>Clotrimazole Mouth Paint 10-20 drops (about 1ml) apply locally q6h<br/>                     OR<br/>                     Nystatin suspension 4-6 lakh Units (4-6ml) locally q6h</p>                                                                                                                                                                                      | <p><u>Moderate to severe or Unresponsive to topical therapy</u><br/>                     Fluconazole 200mg orally on Day 1 then 100-200mg orally q24h</p>                                                                             | <p>Duration – 7-14 days (can be extended to 28 days for refractory disease).</p>                                                                                                                                                                                                                                                                                                                                                                                   |
| Esophageal Candidiasis                                                                                                                                                                                                                        | <p>Fluconazole 400mg IV/PO on Day 1 then 200-400mg q24h</p>                                                                                                                                                                                                                                                                                                                | <p>Voriconazole 200mg IV/ PO q12h</p>                                                                                                                                                                                                 | <p>Duration – 14-21 days (can be extended to 28 days for refractory disease).</p>                                                                                                                                                                                                                                                                                                                                                                                  |
| Acute Gastroenteritis<br>Viral<br>Entero-toxigenic<br><i>Escherichia coli</i><br>Entero-pathogenic<br><i>Escherichia coli</i><br><br>Food Poisoning<br><i>Staphylococcus aureus</i><br><i>Bacillus cereus</i><br><i>Clostridium botulinum</i> | <p>No antibiotics</p>                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                       | <p>Rehydration (oral or IV based on hydration status and ability to drink).</p>                                                                                                                                                                                                                                                                                                                                                                                    |



| Infection/Condition and Likely Organism                                                                      | Suggested Treatment                                                                                                                   |                                                                                                                            | Comments                                                                                   |
|--------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|
|                                                                                                              | Preferred Treatment                                                                                                                   | Alternative Treatment                                                                                                      |                                                                                            |
| Cholera<br><i>Vibrio cholerae</i>                                                                            | Doxycycline 300mg PO stat                                                                                                             | Azithromycin 1 gm PO stat<br>OR<br>Ciprofloxacin 500mg PO q12h for 3 days                                                  |                                                                                            |
| Bacillary dysentery<br><i>Shigella</i> spp.<br><i>Campylobacter</i> *<br>Non-typhoidal salmonella            | Ceftriaxone 2 gm IV q24h for 5 days<br>OR<br>Cefixime 10-15mg/kg/day PO in divided doses q12h for 5 days                              | Azithromycin 1 gm PO q24h for 3 days                                                                                       | *For <i>Campylobacter</i> , Azithromycin is the drug of choice, if treatment is indicated. |
| Bacillary dysentery<br>Shiga toxin producing<br><i>Escherichia coli</i>                                      | No antibiotics                                                                                                                        |                                                                                                                            | Antibiotic use may be associated with hemolytic uremic syndrome.                           |
| Amoebic dysentery<br><i>Entamoeba histolytica</i>                                                            | Metronidazole 400mg PO q8h for 7-10 days                                                                                              | Tinidazole 2g PO q24h for 3 days                                                                                           | Add Diloxanide furoate 500mg q8h for 10 days                                               |
| Giardiasis<br><i>Giardia lamblia</i>                                                                         | Tinidazole 2g PO stat                                                                                                                 | Metronidazole 400mg PO q8h for 7-10 days                                                                                   |                                                                                            |
| Enteric fever                                                                                                | Cefixime 20mg/kg/day for 7-14 days                                                                                                    | Azithromycin 1g stat on D1 followed by 500mg q24h for total of 5-7 days<br>OR<br>Ceftriaxone 2 gm IV q12-24h for 7-14 days | Further treatment modalities in Tropical Infection section                                 |
| <i>Clostridioides difficile</i><br>Diarrhea                                                                  | Metronidazole 400mg PO q8h for 10 days                                                                                                | For severe disease<br>Vancomycin 250mg PO q6h                                                                              |                                                                                            |
| Spontaneous bacterial peritonitis<br>Enterobacteriaceae<br><i>Escherichia coli</i><br><i>Klebsiella</i> spp. | Cefotaxime 2gm IV q8h                                                                                                                 | Ceftriaxone 2 gm IV q24h<br>OR<br>Piperacillin-tazobactam 4.5gm IV q6-8h<br>OR<br>Meropenem 1 gm IV q8h                    | Duration: 5-7 days.                                                                        |
| Spontaneous bacterial peritonitis Prophylaxis in cirrhosis                                                   | Trimethoprim-sulfamethoxazole 160/800mg PO q24h<br>OR<br>Norfloxacin 400mg PO q24h<br><u>In GI bleed</u><br>Ceftriaxone 1 gm IV q24h* |                                                                                                                            | *Switch to oral once bleeding has been controlled and patient is stable and eating.        |

| Infection/Condition and Likely Organism                                                                                                                                                                                        | Suggested Treatment                                                                                                                                                                                                                                                                       |                                                                                                                                                                                      | Comments                                                                                                                                                                                                                                                                     |
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|                                                                                                                                                                                                                                | Preferred Treatment                                                                                                                                                                                                                                                                       | Alternative Treatment                                                                                                                                                                |                                                                                                                                                                                                                                                                              |
| Secondary peritonitis,<br>Intra-abdominal abscess/<br>GI perforation<br>Causative Organisms<br>Enterobacteriaceae<br><i>Escherichia coli</i><br><i>Klebsiella</i> spp.<br>Bacteroides (in colonic<br>perforation)<br>Anaerobes | <b>Piperacillin-tazobactam</b><br>4.5gm IV q6-8h<br>OR<br><b>Meropenem</b> 1 gm IV q8h                                                                                                                                                                                                    | <u>In very sick patients - PLUS</u><br>Fluconazole 800mg IV on<br>Day 1 then 400mg q24h<br>PLUS<br><b>Vancomycin</b> 15-20mg/kg<br>IV (max 2g)                                       | Source control to reduce<br>bacterial load.<br><br>Duration: 5-7 days if<br>good response and<br>excellent source control.<br>Can be extended to 2-3<br>weeks depending upon<br>response.                                                                                    |
| Biliary tract infections<br>Cholecystitis, Cholangitis                                                                                                                                                                         | <b>Amoxicillin-clavulanate</b><br>1.2gm IV q8h<br>OR<br><b>Ceftriaxone</b> 2 gm IV q24h<br>PLUS*<br><b>Metronidazole</b> 500mg IV<br>q8h                                                                                                                                                  | <b>Piperacillin-tazobactam</b><br>4.5gm IV q6-8h<br>OR<br><b>Meropenem</b> 1 gm IV q8h                                                                                               | Duration: 7-10 days<br>Surgical or endoscopic<br>intervention for biliary<br>obstruction.<br><br>*If biliary enteric<br>anastomosis present.                                                                                                                                 |
| Diverticulitis<br>Gram-negative bacteria<br>Anaerobes                                                                                                                                                                          | <u>Mild</u><br><b>Amoxicillin-clavulanate</b><br>625mg PO q8h for 7 days<br><u>Moderate</u><br><b>Ceftriaxone</b> 2 gm IV q24h<br>PLUS<br><b>Metronidazole</b> 500mg IV<br>q8h<br>OR<br><b>Piperacillin-tazobactam</b><br>4.5gm IV q6-8h<br><u>Severe</u><br><b>Meropenem</b> 1 gm IV q8h | <u>Mild</u><br><b>Ciprofloxacin</b> 500mg PO<br>q12h for 7 days<br>PLUS<br><b>Metronidazole</b> 400mg PO<br>q8h for 7 days                                                           | Duration of treatment<br>for moderate and severe<br>diverticulitis: Based on<br>clinical improvement.                                                                                                                                                                        |
| Liver abscess (Pyogenic)<br><i>Klebsiella</i> spp.<br><i>Escherichia coli</i><br>Polymicrobial                                                                                                                                 | <b>Ampicillin</b> 2gm IV q4h<br>PLUS<br><b>Gentamicin</b> 5mg/kg/day<br>IV q24h<br>PLUS*<br><b>Metronidazole</b> 500mg IV<br>q8h                                                                                                                                                          | <b>Ceftriaxone</b> 2 gm IV q24h<br>OR<br><b>Cefotaxime</b> 2gm IV q8h<br>PLUS*<br><b>Metronidazole</b> 500mg IV<br>q8h<br><br>OR<br><b>Piperacillin-tazobactam</b><br>4.5gm IV q6-8h | Duration: 2-4 weeks (if<br>good response to initial<br>drainage) and 4-6 weeks<br>of parenteral therapy for<br>those with incomplete<br>drainage.<br><br>Consider drainage of<br>abscess if impending<br>rupture or large abscess<br>or no response to<br>medical treatment. |

| Infection/Condition and Likely Organism                 | Suggested Treatment                                                                                                                                                                                                       |                       | Comments                                                                                                                          |
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|                                                         | Preferred Treatment                                                                                                                                                                                                       | Alternative Treatment |                                                                                                                                   |
| Liver abscess (Amoebic)<br><i>Entamoeba histolytica</i> | <p>Metronidazole 500-750mg IV q8h<br/>OR<br/>Tinidazole 2g PO q24h for 5 days<br/>PLUS*</p> <p>Diloxanide furoate 500mg PO q8h for 10 days<br/>OR<br/>Paromomycin 25-30mg/kg/day PO in three divided doses for 7 days</p> |                       | * Luminal agents Diloxanide furoate or paromomycin are used to eliminate intraluminal cysts even if stool microscopy is negative. |

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# SURGICAL INFECTIONS IN ADULT

| Infection/Condition and Likely Organism                                                                                                                                                                                       | Suggested Treatment                                                                                    |                                                                                                                 | Comments                                                                                                                                                              |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                               | Preferred Treatment                                                                                    | Alternative Treatment                                                                                           |                                                                                                                                                                       |
| <b>1. General Surgery</b>                                                                                                                                                                                                     |                                                                                                        |                                                                                                                 |                                                                                                                                                                       |
| <b>Acute Pancreatitis</b>                                                                                                                                                                                                     |                                                                                                        |                                                                                                                 |                                                                                                                                                                       |
| Mild to moderate                                                                                                                                                                                                              | No antibiotics                                                                                         |                                                                                                                 | Antibiotics should be given for an extra-pancreatic infection, such as cholangitis, catheter-acquired infections, bacteremia, urinary tract infections and pneumonia. |
| Severe<br><br><u>Possible causative organisms:</u><br>Enterobacteriaceae, Enterococci, <i>Staphylococcus aureus</i> , <i>Streptococcus</i> spp., <i>Staphylococcus epidermidis</i><br>Anaerobes, <i>Candida</i> spp. (rarely) | <b>Piperacillin-tazobactam</b><br>4.5gm IV q6-8h                                                       | <b>Cefoperazone</b> 1-2gm IV q12h<br>PLUS<br><b>Metronidazole</b> 500mg IV q8h                                  | Antibiotic mainly indicated for infected pancreatic necrosis.<br><br>Carbapenem for resistant pathogens ONLY.                                                         |
| <b>Diverticulitis</b>                                                                                                                                                                                                         |                                                                                                        |                                                                                                                 |                                                                                                                                                                       |
| Diverticulitis (Not undergoing a source control procedure)                                                                                                                                                                    | <b>Amoxicillin-clavulanate</b> 625mg PO q8h for 5 days<br>OR<br><b>Ampicillin-sulbactam</b> IV 3gm q6h | Non-severe Penicillin allergy:<br><b>Cefuroxime</b> 1.5gm IV q8h<br>PLUS<br><b>Metronidazole</b> 500mg IV q8h   | Antibiotics considered for patients with following: Fever, elevated WBC, patients who have failed to respond to conservative management.                              |
| Diverticulitis (Severe infection/life threatening infection)                                                                                                                                                                  | <b>Piperacillin-tazobactam</b> 4.5gm IV q6-8h for 7 days<br>OR<br><b>Meropenem</b> 1 gm IV q8h         | **Severe Penicillin allergy:<br><b>Ciprofloxacin</b> 400mg IV q12h<br>PLUS<br><b>Metronidazole</b> 500mg IV q8h |                                                                                                                                                                       |

| Infection/Condition and Likely Organism                                                          | Suggested Treatment                                                                           |                                                                                                                                                    | Comments                                                                                                                                                                                                                                                                                                                               |
|--------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                  | Preferred Treatment                                                                           | Alternative Treatment                                                                                                                              |                                                                                                                                                                                                                                                                                                                                        |
| Breast abscess/Mastitis<br><br><u>Common organism:</u><br><i>Staphylococcus aureus</i>           | Flucloxacillin 500mg IV q6h<br>OR<br>Cloxacillin 500mg IV q6h<br>OR<br>Cefazolin 1-2gm IV q8h | Amoxicillin-clavulanate 625mg PO q8h<br>OR<br>Ampicillin-sulbactam 750mg PO q12h<br><br><u>Penicillin allergy:</u><br>Clindamycin 600mg IV/ PO q8h | Aspiration/Drainage is required for abscess.<br><br><u>For lactating mastitis:</u><br>Consider sending breast milk for C&S if not responding after 48h of initial antibiotic therapy or recurring mastitis.<br><br>Duration: 10-14 days but shorter course (5 to 7 days) can be used if the response to therapy is rapid and complete. |
| Appendicitis<br><br><u>Common organisms:</u><br>Enterobacteriaceae<br>Enterococci<br>Bacteroides | Ceftriaxone 1 gm IV q12h<br>OR<br>Amoxicillin-clavulanate 1.2gm IV q8h                        | Ampicillin-sulbactam 1.5gm IV q6-8h<br>OR<br>Cefoperazone 1-2 gm IV q12h<br>PLUS<br>Metronidazole 500mg IV q8h<br>OR<br>Ornidazole 500mg IV q12h   | Acute appendicitis without evidence of perforation, abscess, or local peritonitis; undergoing emergency appendectomy, treatment should be discontinued within 24 hours.<br><br>For patients with various forms of appendicitis not undergoing a source control procedure, change to early oral therapy.<br>Duration: 5-7 Days.         |
| Perforated Appendix / Appendicular Lump                                                          | Ceftriaxone 1g IV q12h<br>OR<br>Amoxicillin-clavulanate 1.2gm IV q8h                          | Ampicillin-sulbactam 1.5-3gm IV q6-8h<br>PLUS<br>Metronidazole 500mg IV q8h<br>OR<br>Piperacillin-tazobactam 4.5 gm IV q8h                         | Duration: 5-7 days.                                                                                                                                                                                                                                                                                                                    |

| Infection/Condition and Likely Organism                                                                                           | Suggested Treatment                                                                                                                                                                  |                                                                                                 | Comments                                                                                                                                                                                                                              |
|-----------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                   | Preferred Treatment                                                                                                                                                                  | Alternative Treatment                                                                           |                                                                                                                                                                                                                                       |
| Perforated Viscus Peritonitis                                                                                                     | Ampicillin-sulbactam 1.5-3gm IV q6-8h<br>PLUS<br>Metronidazole 500mg IV q8h<br>OR<br>Ornidazole 500mg IV q12h                                                                        | Amoxicillin-clavulanate 1.2gm IV q8h<br>OR<br>Piperacillin-tazobactam 4.5 gm IV q8h             | Duration: 5-7 days<br>(If adequate source control, no delay in surgical intervention and patient has rapid clinical recovery).                                                                                                        |
| Abdominal trauma<br>Stab Wound<br>Suspected bowel or solid organ injury                                                           | Amoxicillin-clavulanate 1.2gm IV q8h                                                                                                                                                 | Cefuroxime 1.5gm IV q8h<br>PLUS<br>Metronidazole 500mg IV q8h                                   | *Stab wound without bowel injury or solid organ injury – Ceftriaxone 1g IV q12h.                                                                                                                                                      |
| <u>Common organisms:</u><br>Gram negative enteric aerobes and anaerobes                                                           | Severe / Infected wound:<br>Ceftriaxone 1gm IV q12h<br>PLUS<br>Metronidazole 500mg IV q8h (if anaerobic contamination suspected)<br><br>OR<br>Piperacillin-tazobactam 4.5gm IV q6-8h | Severe / Infected wound:<br>Ciprofloxacin 400mg IV q12h<br>PLUS<br>Clindamycin 450-600mg IV q8h | Duration: 5-7 days<br>(If adequate source control, no delay in surgical intervention and patient has rapid clinical recovery).<br><br>*Abdominal trauma with suspected bowel injury – treat as perforated viscus peritonitis.         |
| Perianal abscess                                                                                                                  | Ceftriaxone 1 gm IV q12h<br>OR<br>Ciprofloxacin 500mg IV q12h<br>PLUS<br>Metronidazole 500mg IV q8h                                                                                  | Piperacillin-tazobactam 4.5gm IV q6-8h                                                          | Drainage is required.<br>Duration: 5-7 days<br>(If adequate source control, no delay in surgical intervention and patient has rapid clinical recovery).<br>Routine antibiotic is not recommended in otherwise healthy patients.       |
| <b>Vascular</b>                                                                                                                   |                                                                                                                                                                                      |                                                                                                 |                                                                                                                                                                                                                                       |
| Mycotic aneurysm (Initial Treatment)<br>Vascular prosthesis infection                                                             | Ceftriaxone 2gm IV q24h                                                                                                                                                              | Piperacillin-tazobactam 4.5gm IV q6-8h                                                          | Duration: At least six weeks (IV then oral based on clinical response and cultures).<br>Consider adding Vancomycin if suspecting MRSA/CoNS or Vascular prosthesis infection.<br>* C-reactive protein (CRP) monitoring upon follow-up. |
| <u>Common organisms:</u><br><i>Streptococcus pneumoniae</i><br><i>Staphylococcus aureus</i> (30%)<br><i>Salmonella</i> spp. (50%) | *Step down therapy:<br>Amoxicillin-clavulanate 625mg PO q8h<br>OR<br>Ciprofloxacin 250mg PO q12h                                                                                     |                                                                                                 |                                                                                                                                                                                                                                       |

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                  | Suggested Treatment                                                                                                                           |                                                                                                                                                                | Comments                                                                                                                                                                                                                                           |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                          | Preferred Treatment                                                                                                                           | Alternative Treatment                                                                                                                                          |                                                                                                                                                                                                                                                    |
| Ischemic limb ulcers with infection                                                                                                                                                                                                                                      | Ampicillin-sulbactam 1.5-3gm IV q6-8h for 7 days*<br>OR<br>Cefazolin 1-2 gm IV q12h                                                           | Amoxicillin-clavulanate 1.2 gm IV q8h for 7 days*                                                                                                              | Duration: Depends on the extent of the infection. (longer if bone involved)<br>*Continue until C&S report available.                                                                                                                               |
| <b>Bites (Penetrating Injuries)</b>                                                                                                                                                                                                                                      |                                                                                                                                               |                                                                                                                                                                |                                                                                                                                                                                                                                                    |
| Animal bite<br><br><u>Common organisms:</u><br><i>Staphylococcus aureus</i><br><i>Streptococcus</i><br><i>Gram negative bacilli</i><br><i>Anaerobes</i><br><i>Pasteurella (50% dog bites and 75% cat bites)</i><br><i>Eikenella corrodens</i><br><i>Pseudomonas spp.</i> | Amoxicillin-clavulanate 625mg PO q8h (IV if severe infection)<br><br>If severe/life threatening:<br><br>Ampicillin-sulbactam 1.5-3gm IV q6-8h | Doxycycline 100mg PO q12h<br>PLUS<br>Clindamycin 300mg PO q6h<br><br>If severe/life threatening:<br><br>Piperacillin-tazobactam 4.5gm IV q6-8h                 | Prophylactic duration: 3-5 days.<br>Associated crush injury<br>In the hands or proximity to a joint<br>Associated edema.<br><br>If wound is infected: 10 days or longer is recommended.<br>Note: Vaccination against rabies and/or TT as required. |
| Human bite<br><br><u>Common organisms:</u><br><i>Staphylococcus aureus</i><br><i>Anaerobes</i><br><i>Eikenella corrodens</i><br><i>Streptococcus (esp. viridans)</i>                                                                                                     | Amoxicillin-clavulanate 625mg PO q8h (IV if severe infection)                                                                                 | <u>Penicillin allergy:</u><br>Clindamycin 300mg PO q6h<br>PLUS<br>Ciprofloxacin 500-750mg PO q12h<br><br>OR<br>Trimethoprim-sulfamethoxazole 160/800mg PO q12h |                                                                                                                                                                                                                                                    |

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| Infection/Condition and Likely Organism                                                                                                                                                                                                       | Suggested Treatment                                                                                                                            |                                                                                                                                                                                     | Comments                                                                                                                                                                                                                                                |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                               | Preferred Treatment                                                                                                                            | Alternative Treatment                                                                                                                                                               |                                                                                                                                                                                                                                                         |
| <b>Diabetic Foot Infections</b>                                                                                                                                                                                                               |                                                                                                                                                |                                                                                                                                                                                     |                                                                                                                                                                                                                                                         |
| Antibiotics should not be used unless there are local or systemic symptoms of infection. Local treatment including surgical debridement is important. Antibiotic selection should be based on the most recent culture and sensitivity report. |                                                                                                                                                |                                                                                                                                                                                     |                                                                                                                                                                                                                                                         |
| Mild infections:<br>Local infection involving skin and subcutaneous tissues<br>Erythema, less than 2 cm around the ulcer<br>No systemic signs of infection                                                                                    | <b>Amoxicillin-clavulanate</b> 625mg PO q8h<br>OR<br><b>Ampicillin-sulbactam</b> 375-750mg PO q12h                                             | <b>Cephalexin</b> 500mg PO q6H<br>PLUS<br><b>Metronidazole</b> 400mg PO q8h                                                                                                         | Duration 5-7 days.                                                                                                                                                                                                                                      |
| Moderate infection:<br>a. Deep tissue infection<br>b. Erythema more than 2 cm around ulcer<br>c. No SIRS                                                                                                                                      | <b>Ampicillin-sulbactam</b> 3gm IV q6-8h<br>OR<br><b>Amoxicillin-clavulanate</b> 1.2g IV q12h<br><br>PLUS<br><b>Metronidazole</b> 500mg IV q8h | <b>Cefazolin</b> 2gm IV q8hrly<br>PLUS<br><b>Clindamycin</b> 600mg IV q8h<br>Penicillin allergy:<br><b>Ciprofloxacin</b> 400mg IV q8-12h<br>PLUS<br><b>Clindamycin</b> 600mg IV q8h | Duration: 7-14 days<br>Modify according to clinical response.                                                                                                                                                                                           |
|                                                                                                                                                                                                                                               | If <i>Pseudomonas</i> is suspected:<br><b>Piperacillin-tazobactam</b> 4.5gm IV q6-8h                                                           |                                                                                                                                                                                     |                                                                                                                                                                                                                                                         |
| Severe Infections:<br>● All of the above 2 or more SIRS<br>● History of previous antibiotics exposure<br>● Recurrent admission<br>● Risk of <i>Pseudomonas</i> infection<br>● Immunocompromised                                               | <b>Piperacillin-tazobactam</b> 4.5gm IV q6-8h                                                                                                  | <b>Cefepime</b> 2gm IV q8h<br>PLUS<br><b>Metronidazole</b> 500mg IV q8h                                                                                                             | URGENT Surgical debridement.<br>Duration: 7-14 days (up to 4-6 weeks).<br>Shorter duration can be considered if the osteomyelitis is fully resected.<br>No surrounding soft tissue infection: 5 days.<br>Evidence of soft tissue infection: 10-14 days. |
| <b>Necrotizing Fasciitis</b>                                                                                                                                                                                                                  |                                                                                                                                                |                                                                                                                                                                                     |                                                                                                                                                                                                                                                         |
| Type 1<br>Polymicrobial infection<br><br>Primarily occurs in patients who are immunocompromised or have certain chronic disease such as diabetes                                                                                              | <b>Ampicillin-sulbactam</b> 3 gm IV q6-8h<br>PLUS*<br><b>Clindamycin</b> 600-900mg IV q8h<br>OR<br><b>Metronidazole</b> 500mg IV q8h           | <b>Piperacillin-tazobactam</b> 4.5gm IV q6-8h<br>OR<br><b>Cefepime</b> 2 gm IV q8h<br>PLUS<br><b>Clindamycin</b> 600-900mg IV q8h<br>OR<br><b>Metronidazole</b> 500mg IV q8h        | Source Control<br><br>* <b>Clindamycin</b> :<br>Only necessary if risk of group A streptococcus/ presence of gas crepitus.                                                                                                                              |



| Infection/Condition and Likely Organism                                                                                                                                                             | Suggested Treatment                                                                                                              |                                                                                                                                                                  | Comments                                                                                                                                                                                                            |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                     | Preferred Treatment                                                                                                              | Alternative Treatment                                                                                                                                            |                                                                                                                                                                                                                     |
| Type 2<br>Monomicrobial infection<br>Group A streptococcus<br>(most common)                                                                                                                         | <b>Benzylpenicillin</b> 2-4MU IV q4h<br>PLUS*<br><b>Clindamycin</b> 600-900mg IV q8h                                             |                                                                                                                                                                  | * <b>Clindamycin</b> :<br>Only necessary if risk of group A streptococcus/<br>presence of gas crepitus.                                                                                                             |
| <i>Vibrio vulnificus</i><br><i>Aeromonas hydrophila</i><br><br>Consider in water related injuries and patients with liver cirrhosis and ingestion of raw oysters                                    | <b>Ceftriaxone</b> 1gm IV q12h<br>PLUS<br><b>Doxycycline</b> 100mg PO q12h                                                       | <b>Ciprofloxacin</b> 400mg IV q8h                                                                                                                                | Duration: 7-14 days.                                                                                                                                                                                                |
| Fournier's Gangrene<br><br><u>Common organisms:</u><br><i>Escherichia coli</i><br><i>Klebsiella</i> spp.<br><i>Proteus</i> spp.<br><i>Enterococcus</i> spp.<br><i>Pseudomonas</i> spp.<br>Anaerobes | <b>Piperacillin-tazobactam</b> 4.5gm IV q6-8h<br><br>PLUS<br><b>Metronidazole</b> 500mg IV q8h                                   | <b>Imipenem</b> 1g IV q6-8h<br>PLUS<br><b>Clindamycin</b> 600-900mg IV q8h<br><br>Consider <b>Vancomycin</b> 30mg/kg/day IV in 2 divided doses if MRSA suspected | Aggressive debridement is necessary to remove all necrotic tissue.                                                                                                                                                  |
| <b>Soft Tissue Infection Secondary to Gas Producing Organism</b>                                                                                                                                    |                                                                                                                                  |                                                                                                                                                                  |                                                                                                                                                                                                                     |
| <u>Common organisms:</u><br><i>Clostridium</i> spp.<br>Gram negative organism                                                                                                                       | <b>Benzylpenicillin</b> 4MU IV q4h<br>PLUS<br><b>Clindamycin</b> 600-900mg IV q6h<br>PLUS*<br>* <b>Gentamicin</b> 5mg/kg IV q24h | <b>Piperacillin-tazobactam</b> 4.5gm IV q6-8h<br>PLUS<br><b>Clindamycin</b> 600-900mg IV q6h                                                                     | Duration: 10-28 days<br>Source control is necessary.<br><br>* <b>Gentamicin</b> : If Gram negative infection suspected.                                                                                             |
| <b>Suppurative Wound Infections, Surgical or Traumatic</b>                                                                                                                                          |                                                                                                                                  |                                                                                                                                                                  |                                                                                                                                                                                                                     |
| Suppurative wound infections, surgical or traumatic<br><br>Antibiotics if surrounding cellulitis and/or systemic symptoms                                                                           | <b>Cloxacillin</b> 500mg PO/IV q6h<br>PLUS*<br><b>Gentamicin</b> 5mg/kg IV q24h<br><br>OR<br><b>Cefuroxime</b> 1.5gm IV q8h      | <b>Flucloxacillin</b> 500mg PO q6h                                                                                                                               | Topical antibiotics - NOT recommended<br>Duration : 5-7 days<br>Patient's tetanus immunization status should be assessed in all cases.<br><br>* <b>Gentamicin</b> if gram negative organisms suspected or isolated. |

| Infection/Condition and Likely Organism                                                                                                                                                                   | Suggested Treatment                                                                                                                                                                         |                                                                                                                                                                                                         | Comments                                                                                                                                                                                                                                                                                                                                                                                        |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                           | Preferred Treatment                                                                                                                                                                         | Alternative Treatment                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>2. Bone and Joint Infections</b>                                                                                                                                                                       |                                                                                                                                                                                             |                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Osteomyelitis</b>                                                                                                                                                                                      |                                                                                                                                                                                             |                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                 |
| <p>Acute Osteomyelitis</p> <p><u>Common organisms:</u><br/> <i>Staphylococcus aureus</i> (80%)<br/> <i>Streptococcus pyogenes</i><br/> Rarely gram negative bacilli</p>                                   | Cloxacillin 2gm IV q6h                                                                                                                                                                      | <u>Penicillin allergy:</u><br>Cefazolin 2 gm IV q6-8h<br>OR<br>Clindamycin 600mg IV q6h then PO<br>OR<br>Vancomycin 15-20mg/kg (actual body weight) IV q8-12h; not to exceed 2gm/dose (if risk of MRSA) | Duration: Initial IV therapy for 2-4 weeks followed by oral therapy. Minimum 6 weeks.<br><br>Tailor therapy based on C&S reports. Shorter duration can be considered if the osteomyelitis is fully resected<br>No surrounding soft tissue infection: 5days.<br>Evidence of soft tissue infection: 10-14 days.                                                                                   |
| <p>Chronic Osteomyelitis or Chronic synovitis</p> <p><u>Most common Organism:</u><br/> <i>Staphylococcus aureus</i></p>                                                                                   | No Empirical treatment.                                                                                                                                                                     |                                                                                                                                                                                                         | Duration: 6 weeks but usually > 3 months.<br><br>Treatments until inflammatory parameters are normal.<br>Thorough surgical debridement required                                                                                                                                                                                                                                                 |
| <p>Vertebral Osteomyelitis Epidural Abscess</p> <p><u>Common organisms:</u><br/> <i>Staphylococcus aureus</i> (main)<br/> <i>Brucella</i> spp.<br/> <i>Salmonella</i> spp.<br/> Gram negative bacilli</p> | Cloxacillin 2gm IV q4h<br><br>Empirical therapy only if sepsis or neurologic compromise                                                                                                     | Cefazolin 2gm IV q6-8h                                                                                                                                                                                  | Empiric gram negative should be covered if patient had:<br>Recent spinal hardware inserted or surgery<br>Intra-abdominal infections<br>Coexisting or synchronous genitourinary infection<br>HIV infection.<br><br>Surgical therapy is necessary in:<br>Spinal cord compression/instability<br>Persistence of epidural abscess despite adequate antibiotic<br>Considering TB spine/MDR organisms |
|                                                                                                                                                                                                           | Duration:<br>Minimum 6 weeks.<br>Minimum 8 weeks if undrained paravertebral abscess (es) and/or infection due to drug-resistant organisms.<br>Up to 12 weeks if extensive bone destruction. |                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                 |

| Infection/Condition and Likely Organism                                                                                                            | Suggested Treatment                                                                                                                          |                                                                                                                                                                                                                                                                                                                                        | Comments                                                                                                                                                                                                                                                                                                                  |
|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                    | Preferred Treatment                                                                                                                          | Alternative Treatment                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                           |
| <b>Septic Arthritis</b>                                                                                                                            |                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                           |
| Acute monoarticular<br>No risk factors of STD                                                                                                      | <b>Cloxacillin</b> 2gm IV q4-6h<br><br>Duration:<br>Parenteral therapy 2-4 weeks<br>Oral therapy to complete total 4-6 weeks                 | <b>Penicillin allergy:</b><br><b>Cefazolin</b> 2gm IV q6-8h<br>OR<br><b>Clindamycin</b> 600mg IV q6h, followed by oral therapy (same dose)<br>OR<br><b>**Vancomycin</b> 15-20mg/kg (actual body weight) IV q8-12h; not to exceed 2gm/dose<br><br>Duration:<br>Parenteral therapy 2-4 weeks<br>Oral therapy to complete total 4-6 weeks | Drainage, debridement and washout of infected joint are important to limit further damage.<br><br>Shorter duration possible if adequate surgical drainage.<br><br><b>**Vancomycin:</b><br>If suspected/confirmed MRSA. Consider loading dose 25-30mg/kg for critically ill/septic patient to achieve faster steady state. |
| Acute monoarticular<br>Risk factors of Sexually Transmitted Infection (STI)                                                                        | <b>Ceftriaxone</b> 2gm IV q24h for 1-2 weeks<br>PLUS<br><b>Doxycycline</b> 100mg PO q12h for 7 days<br>OR<br><b>Azithromycin</b> 1gm PO stat | <u>Substitute Ceftriaxone with</u><br><b>Cefotaxime</b> 2gm IV q8h for 1-2 weeks                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                           |
| Polyarticular<br><i>Neisseria gonorrhoeae</i>                                                                                                      | <b>Ceftriaxone</b> 2gm IV q24h for 7 days                                                                                                    |                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                           |
| <b>Prosthetic Joint Infections</b>                                                                                                                 |                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                           |
| Prosthetic Joint Infections (Empirical)                                                                                                            | Empiric therapy ONLY if sepsis or unstable patients                                                                                          |                                                                                                                                                                                                                                                                                                                                        | Treatment is based on C&S.                                                                                                                                                                                                                                                                                                |
| Early: <3 months after surgery<br><i>Staphylococcus aureus</i><br>Gram negative bacilli                                                            | <b>Amoxicillin-clavulanate</b> 625mg PO q8h                                                                                                  |                                                                                                                                                                                                                                                                                                                                        | <b>Rifampicin</b> should never be used alone and should be started only after the clearance of bacteraemia. Treatment strategy and duration of treatment depends on surgical strategy.                                                                                                                                    |
| Delayed onset: from 3-12 months after surgery<br>Less virulent organism:<br>CoNS/ <i>Enterococcus</i> spp./ anaerobes                              |                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                           |
| Late onset:> 12 months after surgery<br><i>Staphylococcus aureus</i><br>Enterobacteriaceae<br>$\beta$ -hemolytic <i>Streptococcus</i><br>Anaerobes |                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                           |

| Infection/Condition and Likely Organism                                                              | Suggested Treatment                                                                                                                        |                                                                                                                                                                          | Comments                                                                                                                                                                                                                                                                                                                                             |
|------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                      | Preferred Treatment                                                                                                                        | Alternative Treatment                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                      |
| Definitive Prosthetic Joint infection<br><br>Methicillin-susceptible<br><i>Staphylococcus aureus</i> | Initial Treatment:<br>Cloxacillin 2gm IV q4-6h<br>OR<br>Cefazolin 2gm IV q6-8h<br><br>PLUS<br>Rifampicin 600mg PO q24h or 450 PO q12h      | Penicillin allergy:<br>Cefazolin 2gm IV q6-8h<br>OR<br>Clindamycin 600mg IV q6h, followed by oral therapy (same dose)<br>PLUS<br>Rifampicin 600mg PO q24h or 450 PO q12h | Duration: 2-6 weeks. (Parenteral 2-4 weeks, oral therapy for the rest of 4-6 weeks).<br><br>Followed by an oral combination therapy according to susceptibility. Rifampicin should be included if implant is in situ.                                                                                                                                |
| Definitive Prosthetic Joint infection<br><br>Methicillin-resistant<br><i>Staphylococcus aureus</i>   | Initial Treatment:<br>Vancomycin 15-20mg/kg (actual body weight) IV q8-12h; not to exceed 2gm/dose<br>PLUS<br>Rifampicin 300-450mg PO q12h | Teicoplanin 400mg IV q12h for 3 doses then 400mg IV q24h                                                                                                                 | Duration: 2-6 weeks.<br><br>Followed by an oral combination therapy according to susceptibility. Rifampicin should be included if implant is in situ.                                                                                                                                                                                                |
| <b>Muscular, Skeletal and Soft Tissue Trauma, Crush Injuries and Stab Wounds</b>                     |                                                                                                                                            |                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                      |
| Muscular, skeletal and soft tissue trauma, crush injuries and stab wounds                            | Cloxacillin/Flucloxacillin 2gm IV q6h<br>PLUS*<br>Metronidazole 500mg IV q8h<br>PLUS**<br>Gentamicin 5mg/kg IV q24h                        | Cefazolin 2gm IV q6-8h<br>OR<br>Cefuroxime 1.5gm as a loading dose, followed by 750mg IV q8h<br><br>PLUS<br>Metronidazole 500mg IV q8h                                   | *Metronidazole: In soil/rust contamination or heavy machinery.<br><br>**Gentamicin: If there's extensive skin and soft tissue involvement.<br><br>Thorough surgical debridement and fracture stabilization.<br><br>For severe penetrating injuries, especially those involving joints and/or tendons, antibiotics must be given for at least 5 days. |

| Infection/Condition and Likely Organism                                                          | Suggested Treatment                                                                                                   |                         | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|--------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                  | Preferred Treatment                                                                                                   | Alternative Treatment   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Compound Fractures/Open Fractures</b>                                                         |                                                                                                                       |                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <u>Compound fractures:</u> Antibiotics are administered as prophylaxis within 3 hours of injury. |                                                                                                                       |                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Gustilo 1 and 2 fractures                                                                        | Cefazolin 1-2gm IV q8h<br>OR<br>Amoxicillin-clavulanate 1.2gm IV q8h                                                  | Cefuroxime 1.5gm IV q8h | Pre-debridement and post debridement cultures are not representative of actual infection.<br><br>Duration of antibiotic for open fractures classification<br>Gustilo type I : stop after 24 hours<br>Gustilo type II: discontinue after 24 hours to 48 hours<br>Gustilo type III: 24 hours after wound closure or up to a maximum of 72 hours (whichever is earlier)<br><br>*Gentamicin: If initial debridement is expected to last more than 2 hours will need higher dose of Gentamicin 5mg/kg IV stat dose.<br><br>**Metronidazole: In soil/ rust contamination or heavy machinery.<br><br>If soft tissue injury is of concern, to follow antibiotic guide for soft tissue injury. |
| Gustilo 3 fractures<br><br>Mostly nosocomial and gram positive                                   | As per Gustilo 1 and 2 fractures<br>PLUS<br>*Gentamicin 3-5mg/kg IV stat dose<br>PLUS<br>**Metronidazole 500mg IV q8h |                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |

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| Infection/Condition and Likely Organism                                                                                                                                                                                  | Suggested Treatment                                                                                                                                                         |                                                                                                                              | Comments                                                                                                                                                                                                                                                                                             |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                          | Preferred Treatment                                                                                                                                                         | Alternative Treatment                                                                                                        |                                                                                                                                                                                                                                                                                                      |
| <b>3. Urology</b>                                                                                                                                                                                                        |                                                                                                                                                                             |                                                                                                                              |                                                                                                                                                                                                                                                                                                      |
| Pyonephrosis/Perinephric Abscess/ Renal Abscess<br><br><u>Common organisms:</u><br>Enterobacteriaceae<br>Enterococci<br><i>Pseudomonas</i> spp.<br><i>Staphylococcus aureus</i>                                          | <b>Amoxicillin-clavulanate</b><br>1.2gm IV q8h<br>OR<br><b>Ampicillin-sulbactam</b> 3gm<br>IV q6-8h<br><br>PLUS<br><b>Gentamicin</b> 5mg/kg IV<br>q24h                      | <b>Ceftriaxone</b> 2gm IV q24h<br>OR<br><b>Cefuroxime</b> 750mg IV q8h<br><br>PLUS<br><b>Gentamicin</b> 5mg/kg IV<br>q24h    | Blood and urine cultures before starting treatment. Pus for C&S.<br><br>Drainage ± definitive surgical therapy.<br><br>Oral antibiotic once afebrile and feeding orally > 48 hours following catheter removal.<br><br>Duration: 2-3 weeks (Longer if difficult to drain abscess or slow resolution). |
| Acute Prostatitis<br><br><u>Common organisms:</u><br>Enterobacteriaceae<br>Enterococci<br><i>Pseudomonas</i> spp.                                                                                                        | Outpatient treatment:<br><b>Trimethoprim-sulfamethoxazole</b><br>160/800mg PO q12h<br>OR<br><b>Ciprofloxacin</b> 500mg PO q12h                                              |                                                                                                                              | Obtain urine culture before starting treatment.<br><br>Duration: 2 -4 weeks.                                                                                                                                                                                                                         |
|                                                                                                                                                                                                                          | Inpatient treatment:<br><b>Amoxicillin-clavulanate</b><br>1.2gm IV q8h<br>OR<br><b>Ampicillin-sulbactam</b> 3gm<br>IV q6-8h<br>PLUS*<br><b>Gentamicin</b> 5mg/kg IV<br>q24h | <b>Ceftriaxone</b> 1-2gm IV q24h<br>OR<br><b>Cefuroxime</b> 750mg IV q8h<br><br>PLUS*<br><b>Gentamicin</b> 5mg/kg IV<br>q24h |                                                                                                                                                                                                                                                                                                      |
| Chronic Bacterial Prostatitis (NIH Type II)<br><br>Chronic or recurrent urogenital symptoms that persist for at least 3 months.<br><br>Relapsing UTI with repeated isolation of same organism from urine is the hallmark | <b>Trimethoprim-sulfamethoxazole</b><br>160/800mg PO q12h                                                                                                                   | <b>Ciprofloxacin</b> 500mg PO q12h                                                                                           | Reassess after 2 weeks of antimicrobial therapy.<br><br>Only continue antibiotics if pre-treatment cultures are positive and/or symptoms improve.<br><br>Duration: 4-6 weeks.                                                                                                                        |

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                     | Suggested Treatment                                                                                                                                                                                |                                                                                      | Comments                                                                                    |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                             | Preferred Treatment                                                                                                                                                                                | Alternative Treatment                                                                |                                                                                             |
| <p>Epididymo-orchitis (non-STD related)</p> <p><u>Common organisms:</u><br/>Enterobacteriaceae<br/>Enterococci<br/><i>Pseudomonas</i> spp.</p> <p>Acute onset, usually unilateral scrotal pain swelling with or without fever, rigors, and lower urinary tract symptoms</p> | <p><b>Ciprofloxacin</b> 500mg PO q12h for minimum of 2 weeks</p>                                                                                                                                   |                                                                                      | <p>For STD related epididymo-orchitis, refer to national STD guidelines.</p>                |
| <p>Testicular Abscess</p> <p><u>Common organisms:</u><br/>Enterobacteriaceae<br/>Enterococci<br/><i>Pseudomonas</i> spp.</p>                                                                                                                                                | <p><b>Amoxicillin-clavulanate</b> 1.2gm IV q8h<br/>OR<br/><b>Ampicillin-sulbactam</b> 3gm IV q6-8h<br/>OR<br/><b>Cefuroxime</b> 750mg IV q8h</p> <p>PLUS*<br/><b>Gentamicin</b> 5mg/kg IV q24h</p> | <p><b>Ceftriaxone</b> 2gm IV q24h<br/>PLUS*<br/><b>Gentamicin</b> 5mg/kg IV q24h</p> | <p>Drainage is the mainstay of treatment.</p> <p>Send pus for culture and sensitivity.</p>  |
| Fournier's Gangrene                                                                                                                                                                                                                                                         | Refer to section <u>Necrotizing fasciitis</u>                                                                                                                                                      |                                                                                      |                                                                                             |
| <b>4. Neurosurgery</b>                                                                                                                                                                                                                                                      |                                                                                                                                                                                                    |                                                                                      |                                                                                             |
| <p>Antibiotic prophylaxis NOT RECOMMENDED for:</p> <ul style="list-style-type: none"> <li>● Basal skull fractures</li> <li>● Traumatic CSF fistula</li> <li>● Post-surgical CSF leak</li> </ul>                                                                             |                                                                                                                                                                                                    |                                                                                      |                                                                                             |
| Depressed skull fractures                                                                                                                                                                                                                                                   | <p><b>Cefuroxime</b> 1.5gm IV q8h<br/>PLUS<br/><b>Metronidazole</b> 500mg IV q8h</p>                                                                                                               |                                                                                      | <p>Duration 5-7 days.</p> <p>Review tetanus status of patient and consider vaccination.</p> |
| Penetrating craniocerebral injuries                                                                                                                                                                                                                                         | <p><b>Ceftriaxone</b> 2gm IV q12h<br/>PLUS<br/><b>Metronidazole</b> 400mg PO q8h</p>                                                                                                               |                                                                                      | <p>Duration: 2 weeks initially and then review with microbiology.</p>                       |

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# URINARY TRACT INFECTIONS

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                                        | Suggested Treatment                                                                                                                                                       |                                                                                                                                                                                              | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                | Preferred Treatment                                                                                                                                                       | Alternative Treatment                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>1. Cystitis</b>                                                                                                                                                                                                                                                                                             |                                                                                                                                                                           |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <p>Acute Uncomplicated Cystitis</p> <p><u>Common organisms:</u><br/><i>Escherichia coli</i><br/><i>Staphylococcus saprophyticus</i> (in sexually active young women)<br/><i>Klebsiella pneumoniae</i></p> <p>In non-pregnant, pre-menopausal women with structurally and functionally normal urinary tract</p> | <p><b>Nitrofurantoin*</b> 100mg PO q12** for 7 days<br/>OR<br/><b>Cotrimoxazole</b> 960mg q12 for 3-5 days<br/>OR<br/><b>Ciprofloxacin</b> 500mg q12h for 3-5 days</p>    | <p><b>Cefuroxime</b> 250mg PO q12h for 3-5 days</p>                                                                                                                                          | <p>*Avoid <b>Nitrofurantoin</b> if GFR &lt; 60ml/min. May be used in GFR &gt;30 but &lt;60 with variable outcome.</p> <p>**Based on composition –<br/>Monohydrate/<br/>macrocrystals<br/>composition : 100mg q12h<br/>Macrocrystals<br/>composition: 50-100mg q6h</p>                                                                                                                                                                                                                     |
| <p>Cystitis in Pregnancy</p>                                                                                                                                                                                                                                                                                   | <p><b>Nitrofurantoin*</b> 100mg PO q12h for 7 days</p> <p>(Monohydrate/<br/>macrocrystals<br/>composition 100mg q12h<br/>Macrocrystals<br/>composition: 50-100mg q6h)</p> | <p><b>Cefuroxime</b> 250mg PO q12h for 5 days<br/>OR<br/><b>Amoxicillin-clavulanate#</b> 625mg PO q8h for 5-7 days<br/>OR<br/><b>Ampicillin-sulbactam</b> 375-750mg PO q12h for 5-7 days</p> | <p>Repeat Urine C&amp;S 1-2 weeks after completion of antibiotics to ensure eradication.<br/>Treat for 7 days if recurrent.</p> <p>*Avoid <b>Nitrofurantoin</b> in third trimester if another option available due to small risk of haemolytic anemia in newborn.</p> <p>#<b>Amoxicillin-clavulanate</b> is generally safe in pregnancy (Category B), but there may be an increased risk of necrotizing enterocolitis associated with use in preterm, premature rupture of membranes.</p> |



| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Suggested Treatment                                                                                                                                                                                                                                                             |                                                                   | Comments                                                                                                                                                                                                                                                                                                                                                     |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Preferred Treatment                                                                                                                                                                                                                                                             | Alternative Treatment                                             |                                                                                                                                                                                                                                                                                                                                                              |
| <b>2. Pyelonephritis</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                 |                                                                   |                                                                                                                                                                                                                                                                                                                                                              |
| Acute Uncomplicated Pyelonephritis<br><br><u>Common organisms:</u><br><i>Escherichia coli</i><br><i>Staphylococcus saprophyticus</i> (in sexually active young women)<br><i>Klebsiella pneumoniae</i><br><i>Proteus mirabilis</i>                                                                                                                                                                                                                                                                                                                                                    | * <b>Amikacin</b> 1 gm IM/IV q24 for 14 days<br>OR<br>* <b>Gentamicin</b> 7mg/kg/day IM/IV q24h for 14 days                                                                                                                                                                     | <b>Piperacillin-tazobactam</b><br>4.5 gm IV q6h for 14 days       | Obtain urine culture before starting treatment.<br><br>Perform ultrasound of the upper urinary tract to exclude obstructive pyelonephritis.<br><br>May step down to oral antibiotic guided by culture and sensitivity result once can tolerate orally and afebrile ≥48 hours.<br>Monitor renal function closely and rationalize according to culture report. |
| <b>3. Other Urinary Tract Infections (UTI)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                 |                                                                   |                                                                                                                                                                                                                                                                                                                                                              |
| Complicated UTIs<br><br><u>Common organisms:</u><br><i>Escherichia coli</i><br><i>Klebsiella pneumoniae</i><br><i>Proteus mirabilis</i><br><i>Pseudomonas aeruginosa</i><br><i>Enterobacteriaceae</i><br><i>Enterococci</i><br><i>Pseudomonas spp.</i><br><br>UTI symptoms in men OR presence of a structural or functional abnormality:<br>Urinary tract obstruction<br>Chronic kidney disease<br>Poorly-controlled type 2 diabetes<br>Immunosuppression<br>Urinary catheter in situ<br>Neurogenic bladder<br>Post-menopausal women<br>History of recurrent UTIs<br>Nephrolithiasis | <b>Ampicillin-sulbactam</b> 1.5-3gm IV q6-8h<br>OR<br><b>Amoxicillin-clavulanate</b> 1.2gm IV q8h<br>OR<br><b>Amikacin</b> 1 gm IM/IV q24 for 14 days<br>OR<br><b>Gentamicin</b> 5mg/kg IM/IV q24 for 14 days<br>OR<br><b>Piperacillin-tazobactam</b> 4.5 gm IV q6h for 14 days | <b>Imipenem</b> 1 gm IV q8h<br>OR<br><b>Meropenem</b> 1 gm IV q8h | Obtain urine culture before starting treatment and treat for 10-14 days in patients with upper tract symptoms, delayed response or sepsis.<br><br>May step down to oral antibiotic guided by C&S result once can tolerate orally and afebrile for ≥48 hours.                                                                                                 |

| Infection/Condition and Likely Organism                                                                                                                                                                                           | Suggested Treatment                                                                                                                                                                                                                   |                                                     | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                   | Preferred Treatment                                                                                                                                                                                                                   | Alternative Treatment                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <p>Asymptomatic Bacteriuria (ABU)</p> <p>Urine bacterial growth <math>\geq 10^5</math>cfu/mL of bacteria of same species in 2 serial samples in women obtained 2-7 days apart or a single sample in men without UTI symptoms.</p> | <p><b>Nitrofurantoin*</b> 100mg PO q12h for 7 days<br/>OR<br/><b>Amoxicillin</b> 500mg PO q12h for 7-10 days</p> <p>Nitrofurantoin Monohydrate/ macrocrystals composition 100mg q12h<br/>Macrocrystals composition – 50-100mg q6h</p> | <p><b>Cefuroxime</b> 250mg PO q12h for 5-7 days</p> | <p>*Avoid <b>Nitrofurantoin</b> in third trimester if another option available due to small risk of haemolytic anemia in newborn.</p> <p>Screening for, and treating asymptomatic bacteriuria is not recommended, except in pregnant women, OR prior to transurethral resection of prostate (TURP) or urological procedures breaching the mucosa<br/>Whenever indicated, treatment should be guided by urine culture and sensitivity result.</p> |

## References:

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# INFECTIONS IN IMMUNOCOMPROMISED PATIENTS

| <b>Neutropenic Fever</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                              |             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Neutropenic fever</p> <p>Fever:</p> <ul style="list-style-type: none"> <li>- Single temperature equivalent to <math>\geq 38.3</math> °C orally OR</li> <li>- Equivalent to <math>\geq 38.0</math> °C orally over 1-hour period</li> </ul> <p>Neutropenia:</p> <ul style="list-style-type: none"> <li>- <math>\leq 500</math> neutrophils/<math>\mu</math>l</li> <li>- <math>\leq 1000</math> neutrophils/<math>\mu</math>l and a predicted decline to <math>\leq 500/\mu</math>l over the next 48 hours</li> </ul>                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                              |             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Suggested Treatment                                                                                                                                                                                          |             | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Preferred                                                                                                                                                                                                    | Alternative |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <p><b>Low risk</b></p> <p>None of the high-risk factor and most of the following</p> <ul style="list-style-type: none"> <li>- Outpatient status at the time of development of fever</li> <li>- No associated acute comorbid illness, independently indicating inpatient treatment or close observation</li> <li>- Anticipated short duration of severe neutropenia (<math>\leq 100</math> cells/<math>\mu</math>l for 7 days)</li> <li>- Good performance status (ECOG 0-1)</li> <li>- No hepatic insufficiency</li> <li>- No renal insufficiency</li> <li>- MASCC Risk-Index Score of <math>\geq 21</math> or CISNE score of <math>&lt; 3</math></li> </ul> <p><b>Site of care</b></p> <ul style="list-style-type: none"> <li>- Home for selected low-risk patients with adequate outpatient infrastructure established or</li> <li>- Ambulatory clinic or</li> <li>- Hospital</li> </ul> |                                                                                                                                                                                                              |             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <p><b>Low Risk</b><br/>(Outpatient)</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <p><b>Amoxicillin-clavulanate</b><br/>625mg PO q8h<br/>PLUS<br/><b>Ciprofloxacin</b> 500mg PO<br/>q12h<br/>OR<br/><b>Levofloxacin</b> 500mg PO<br/>q24h<br/>OR<br/><b>Moxifloxacin</b> 400mg PO<br/>q24h</p> |             | <p>Criteria for oral therapy:<br/>No nausea or vomiting<br/>Patient able to tolerate oral medication<br/>patient not on prior fluoroquinolone prophylaxis<br/>Treat till counts <math>&gt; 0.5 \times 10^9/L</math><br/>Can consider stopping the antibiotic after reassessing the patient following 2 days afebrile at the discretion of the treating hemato-oncologists-<br/>If the patient has stable vital signs, no evidence of ongoing infection, are educated about their condition and stay near to hospital facilities.</p> |

**High risk**

Any factor listed below

- MASCC Risk-Index score <21 or CISNE score ≥3
- Inpatient status at the time of development of fever
- Significant medical comorbidity or clinically unstable
- Allogenic Hematopoietic Cell Transplantation (HCT)
- Anticipated prolonged severe neutropenia: <100 cells/ul and ≥7 days
- Hepatic insufficiency (5 times upper limit of normal for aminotransferases)
- Renal insufficiency (a creatinine clearance of < 30 ml/min)
- Uncontrolled/ progressive cancer
- Pneumonia or other complex infection at clinical presentation
- Use of immune and /or targeted treatments
- Mucositis grade 3-4

**Site of care**

- Hospital

| Infection/Condition and Likely Organism                                                                         | Suggested Treatment                                                                                                             |                                                                                                                                                            | Comments                                                                                                                                                                                                                                                                                                                                                                                                             |
|-----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                 | Preferred                                                                                                                       | Alternative                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                      |
| High risk                                                                                                       | <u>Antipseudomonal beta-lactam like</u><br><b>Piperacillin-tazobactam</b><br>4.5gm IV q6-8h<br>OR<br><b>Cefepime</b> 2gm IV q8h | <u>Carbapenem like</u><br><b>Meropenem</b> 1-2gm IV q8h<br>OR<br><b>Imipenem</b> 500mg IV q6h                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Severe sepsis<br>Or<br>Second line therapy for persistent fever of 4-7 days and deterioration of clinical signs | <b>Meropenem</b> 1-2gm q8h<br>PLUS*<br><b>Vancomycin</b> 15mg/kg IV q12h                                                        | <b>Imipenem</b> 500mg q6h or 1gm q8h (in severe sepsis) IV<br>PLUS*<br><b>Vancomycin</b> 15-20mg/kg (actual body weight) IV q8-12h; not to exceed 2gm/dose | *Consider adding <b>Vancomycin</b> for patients colonized with MRSA, suspected to have catheter-related infection, skin and soft-tissue infection, in septic shock<br>Stop <b>Vancomycin</b> after 48 hours if no evidence of gram-positive cocci.<br><b>Linezolid</b> is an alternative in those patients with no clinical response to <b>Vancomycin</b> and in those with suspected or confirmed VRE, VISA or VRSA |

## Antifungal therapy

It should be initiated earlier in the presence of:

- severe mucositis
- oral thrush
- dysphagia
- suspicious skin infiltrates or pulmonary infiltrates
- fundal exudates
- prolonged steroid use more than 2 weeks

**IV Amphotericin B** remains the empirical therapy of choice for invasive fungal infections. For patients who are intolerant, refractory or those with toxicity to conventional amphotericin B, the lipid formulations of amphotericin B, voriconazole and echinocandins are alternatives empirical therapy based on local availability and costs.

Voriconazole is an alternative to amphotericin B for preemptive and directed therapy for invasive aspergillosis.

In candidiasis, echinocandins, azoles and amphotericin B are antifungals of choice

| <b>ANTIFUNGAL AGENT</b>            | <b>DAILY DOSE</b>                                                    |
|------------------------------------|----------------------------------------------------------------------|
| Amphotericin B deoxycholate        | 0.5-1.5mg/kg q24h                                                    |
| ABL (Amphotericin B Lipid Complex) | 3-5mg/kg q24h                                                        |
| Liposomal amphotericin B           | 3-5mg/kg q24h                                                        |
| Anidulafungin                      | 200mg loading dose, followed by 100mg q24h                           |
| Caspofungin                        | 70mg loading dose, followed by 50mg q24h                             |
| Micafungin                         | 100mg q24h                                                           |
| Fluconazole                        | 400mg IV/PO q24h                                                     |
| Itraconazole                       | 200mg q8h for 3 days, followed by 200mg q12h                         |
| Posaconazole                       | 800mg (syrup), 300mg (tablet) q12h for 1 day, followed by 300mg 124h |
| Voriconazole                       | 6mg/kg q12h for 2 doses, followed by 3-4mg/kg q12h                   |

## **Minimum duration of therapy for documented infection differs in different scenarios**

Skin and soft tissue: 5-14 days

### **Blood-stream infections**

- Gram-negative/ Gram Positive- 7-14 days
- *Staphylococcus aureus*: typically requires 4 weeks after negative blood culture
- Candida: minimum 2 weeks after negative blood culture
- Aspergillus: minimum 12 weeks

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                                                                 | Suggested Treatment                                                                                        |                                                                                                                                                                              | Comments                                                                                                                                                                                                                                                                                                                                                                                                                |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                                         | Preferred                                                                                                  | Alternative                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Hospital Acquired Carbapenem-Resistant <i>Acinetobacter baumannii</i> (CRAB) infection treatment options</b>                                                                                                                                                                                                                         |                                                                                                            |                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Severe infections (HAP/VAP/ BSI with severe sepsis or septic shock)                                                                                                                                                                                                                                                                     | Less severe infections (BSI without severe sepsis or septic shock)                                         | Less severe infections (SSTI/IAI)                                                                                                                                            | Less severe infections (UTI)                                                                                                                                                                                                                                                                                                                                                                                            |
| If two in vitro active agents available, Treatment with combination of two in vitro active agents                                                                                                                                                                                                                                       | Monotherapy with an antibiotic if susceptible. For neutropenic patients, combination of two active agents. | <b>Tigecycline</b> 200mg IV stat and 100mg IV q12h<br>OR<br><b>Minocycline</b> 200mg IV stat and 100mg IV q12h<br>OR<br><b>Ampicillin-sulbactam</b> 8g/4g IV q8h (high dose) | <b>Ampicillin-sulbactam</b> 8g/4g IV q8h (high dose)<br>OR<br><b>Trimethoprim-sulfamethoxazole</b><br>OR<br>An aminoglycoside<br>OR<br><b>Colistin</b> 300mg CBA loading dose followed by 150-180mg CBA q12h as maintenance starting 12 hours after loading dose<br><br><b>(Colistin</b> 9 MIU loading dose followed by 4.5 MIU q12h as maintenance)<br>CBA= Colistin Base Activity<br>MIU= Million International Units |
| <u>For Pan-drug resistance CRAB infection</u><br><b>Ampicillin-sulbactam</b> 8g/4g IV q8h (high dose)<br>PLUS<br><b>Meropenem</b> 2g IV q8h<br>PLUS<br><b>Polymyxin B</b> 2.5mg/kg loading dose over 2 hours then 1.5mg/kg IV over 1 hour q12h<br><b>(Polymyxin B</b> 20,000- 25,000 U/kg loading dose then 12,500-15,000 U/kg IV q12h) | <b>Ampicillin-sulbactam</b> 8g/4g IV q8h (high dose)<br>OR<br>An aminoglycoside<br>OR<br>A polymyxin       |                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                         |

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# CHEMOPROPHYLAXIS : SURGICAL

The goal of antimicrobial prophylaxis is to prevent surgical site infection by reducing the burden of microorganisms at the surgical site during the operative procedure.

Single-dose prophylaxis is usually sufficient. If antimicrobial prophylaxis is continued post-operatively, duration should be less than 24 hours (up to 48 hours for cardiac surgery), regardless of the presence of intravascular catheters or indwelling drains.

If presence of pre-existing infections (known or suspected), use appropriate treatment regimen instead of prophylactic regimen for procedure. However, re-dosing is required just prior to skin incision.

The optimal time for administration of pre-operative antibiotics is 60 minutes prior to surgical incision. Some agents, such as fluoroquinolones and **Vancomycin**, require administration over one to two hours; therefore, the administration of these agents should begin within 120 minutes before surgical incision.

An additional dose of prophylactic antibiotic during operation is indicated if:

- Excessive blood loss (>1500ml)
- Procedures exceed two half-life of the drug
- If there are other factors that may shorten the half-life of the prophylactic agent (e.g. extensive burns)

| Antimicrobial           | Recommended Re-dosing Interval in Adults with Normal Renal Function<br>(From Initiation of Preoperative Dose in hours) |
|-------------------------|------------------------------------------------------------------------------------------------------------------------|
| Cefazolin               | 4                                                                                                                      |
| Cefuroxime              | 4                                                                                                                      |
| Ampicillin-sulbactam    | 2                                                                                                                      |
| Metronidazole           | 4                                                                                                                      |
| Clindamycin             | 6                                                                                                                      |
| Vancomycin              | NA                                                                                                                     |
| Gentamicin              | NA                                                                                                                     |
| Amoxicillin-clavulanate | 3                                                                                                                      |
| Benzympenicillin        | 2                                                                                                                      |

For patients with Penicillin allergy, **Clindamycin** or **Vancomycin** is recommended unless stated otherwise. The dose of **Vancomycin** is according to patient's body weight, as follows:

- <75 kg: 1 gm infused over 60 minutes.
- ≥75 kg: 1.5 gm infused over 90 minutes.

Administration of **Cefazolin** in obese patients:

- 2 gm if body weight <120 kg.
- 3 gm if body weight ≥120 kg.

| Infection/Condition and Likely Organism                                                                             | Suggested Treatment                                                                                                                              |                                    | Comments                                                                                      |
|---------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|-----------------------------------------------------------------------------------------------|
|                                                                                                                     | Preferred                                                                                                                                        | Alternative                        |                                                                                               |
| <b>1. Obstetrics and Gynecology Surgery</b>                                                                         |                                                                                                                                                  |                                    |                                                                                               |
| Cesarean Section<br>Elective<br>Emergency                                                                           | <b>Cefazolin</b> 2gm IV ( 3gm IV for patients weighing ≥120 kg)                                                                                  | <b>Ampicillin-sulbactam</b> 3gm IV |                                                                                               |
| Elective surgery:<br>TAH/BSO<br>Hysterectomy (vaginal or abdominal)<br>Laparoscopy (vaginal and/ or uterus entered) | <b>Cefazolin</b> 2gm IV (3 gm IV for patients weighing ≥120 kg)<br>OR<br><b>Cefuroxime</b> 750mg IV<br><br>PLUS<br><b>Metronidazole</b> 500mg IV | <b>Ampicillin-sulbactam</b> 3gm IV | Consider second or additional dose for prolonged procedures.                                  |
| Laparoscopic surgery (vagina and/or uterus not entered)                                                             | Antibiotic not recommended                                                                                                                       | Antibiotic not recommended         |                                                                                               |
| Repair of perineal tear e.g. third or fourth degree tears                                                           | <b>Cefazolin</b> 2gm IV (3 gm IV for patients weighing ≥120 kg)<br>PLUS<br><b>Metronidazole</b> 500mg IV                                         | <b>Ampicillin-sulbactam</b> 3gm IV | Duration: 5-7 days.                                                                           |
| Surgical termination of pregnancy                                                                                   | <b>Doxycycline</b> 400mg PO as a single dose (1 hour prior to procedure)<br>OR<br><b>Azithromycin</b> 1gm PO (1 hour prior to procedure)         |                                    | No evidence outcomes are improved by including <b>Metronidazole</b> in prophylactic regimens. |
| Emergency laparotomy                                                                                                | As per elective surgery                                                                                                                          |                                    |                                                                                               |



| Infection/Condition and Likely Organism                                                                                                                 | Suggested Treatment                                                                                                 |                                                                                                | Comments                                                                                                                            |
|---------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                         | Preferred                                                                                                           | Alternative                                                                                    |                                                                                                                                     |
| <b>2. Otorhinolaryngologic Surgery</b>                                                                                                                  |                                                                                                                     |                                                                                                |                                                                                                                                     |
| <b>Head and Neck</b>                                                                                                                                    |                                                                                                                     |                                                                                                |                                                                                                                                     |
| Clean                                                                                                                                                   | Antibiotic not required                                                                                             | Antibiotic not required                                                                        |                                                                                                                                     |
| Clean with placement of prosthesis (excludes tympanostomy tubes)                                                                                        | Cefazolin 2gm IV (3gm IV for patients weighing ≥ 120 kg)                                                            |                                                                                                |                                                                                                                                     |
| Clean-contaminated cancer surgery<br>Other clean-contaminated procedures with the exception of tonsillectomy and functional endoscopic sinus procedures | Cefazolin 2gm IV (3gm IV for patients weighing ≥ 120 kg)<br>PLUS<br>Metronidazole 500mg IV                          | Cefuroxime 1.5gm IV<br>PLUS<br>Metronidazole 500mg IV<br><br>OR<br>Ampicillin-sulbactam 3gm IV |                                                                                                                                     |
| <b>3. Oral / Dental Surgery</b>                                                                                                                         |                                                                                                                     |                                                                                                |                                                                                                                                     |
| Clean Surgery (Class 1)<br>Submandibular gland surgery<br>Temporomandibular Joint (TMJ) Surgery<br>Excision of benign tumors / cysts                    | Not indicated for most surgeries<br><br>May be indicated if the duration of the surgery is expected to be very long |                                                                                                | Prophylaxis is recommended for all patients with an increased risk of surgical wound infection- i.e. in immunocompromised patients. |
| Minor Clean-contaminated surgery (Class 2)<br>Soft tissue surgery<br>Dentoalveolar surgery*                                                             | For open reduction and internal fixation of facial bone fractures                                                   |                                                                                                | *In patients with cardiac conditions with increased risk of Infective endocarditis.                                                 |

| Infection/Condition and Likely Organism                                                                                                           | Suggested Treatment                                                                       |                                                                                        | Comments                                                                                                       |
|---------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                   | Preferred                                                                                 | Alternative                                                                            |                                                                                                                |
| Periodontal surgery                                                                                                                               |                                                                                           |                                                                                        | Chemoprophylaxis is indicated. Please refer to Chemoprophylaxis Non-Surgical Section – Infective endocarditis. |
| Minor clean-contaminated surgery (Class 2)<br>Insertion of dental implants and use of graft material<br>High degree of difficulty / long duration | Amoxicillin 1gm PO<br>OR<br>Clindamycin 600-900mg PO/IV<br>OR<br>Benzylpenicillin 2 MU IV | Amoxicillin-clavulanate 1.25gm PO or 1.2gm IV<br>OR<br>Cefuroxime 500mg PO or 1.5gm IV |                                                                                                                |

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                                               | Suggested Treatment                                                                                                                       |                                                                                         | Comments                                                                                                                                                                                |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                       | Preferred                                                                                                                                 | Alternative                                                                             |                                                                                                                                                                                         |
| Major clean-contaminated surgery (Class 3)<br>Orthognathic surgery<br>Excision / enucleation of large benign tumors / cysts<br>All oral cancer surgery<br>Open reduction and internal fixation of facial bone fractures                                                                                               | <b>Benzympenicillin</b> 2MU IV<br>OR<br><b>Clindamycin</b> 600-900mg IV                                                                   | <b>Amoxicillin-clavulanate</b> 1.2gm IV<br>OR<br><b>Cefuroxime</b> 1.5gm IV             | For oral and maxillofacial fractures, antibiotic is recommended for the immediate post trauma period and should be discontinued once open reduction and internal fixation is completed. |
| <b>4. Plastic Surgery</b>                                                                                                                                                                                                                                                                                             |                                                                                                                                           |                                                                                         |                                                                                                                                                                                         |
| Not indicated: for the majority of clean procedures*, unless the patient has risk factors for postoperative infection (e.g. implantation of prosthetic material, prior skin irradiation). The continuation of antibiotics while waiting for non-infected skin grafts or flaps to epithelialize is not evidence-based. |                                                                                                                                           |                                                                                         |                                                                                                                                                                                         |
| For clean-contaminated procedures                                                                                                                                                                                                                                                                                     | <b>Cefazolin</b> 2mg IV (3gm IV for patients weighing ≥120 kg)                                                                            | <b>Amoxicillin-clavulanate</b> 1.2gm IV                                                 |                                                                                                                                                                                         |
| <b>5. Vascular Surgery</b>                                                                                                                                                                                                                                                                                            |                                                                                                                                           |                                                                                         |                                                                                                                                                                                         |
| Amputation of ischemic limb                                                                                                                                                                                                                                                                                           | <b>Ampicillin-sulbactam</b> 3gm IV                                                                                                        | <b>Amoxicillin-clavulanate</b> 1.2gm IV                                                 |                                                                                                                                                                                         |
| Suspected organism:<br>Staphylococcus spp. and anaerobic organism                                                                                                                                                                                                                                                     |                                                                                                                                           |                                                                                         |                                                                                                                                                                                         |
| Open and endovascular repair of abdominal aneurysm                                                                                                                                                                                                                                                                    | <b>Amoxicillin-clavulanate</b> 1.2gm IV                                                                                                   | Penicillin allergy:<br><b>Vancomycin</b> 1gm IV (1.5gm IV for patients weighing ≥75 kg) |                                                                                                                                                                                         |
| Bypass surgery                                                                                                                                                                                                                                                                                                        | <b>Amoxicillin-clavulanate</b> 1.2gm IV                                                                                                   | Penicillin allergy:<br><b>Vancomycin</b> 1gm IV (1.5gm IV for patients weighing ≥75 kg) |                                                                                                                                                                                         |
| Arteriovenous graft                                                                                                                                                                                                                                                                                                   | <b>Amoxicillin-clavulanate</b> 1.2gm IV<br><br>If high risk For MRSA:<br><b>Vancomycin</b> 1gm IV (1.5gm IV for patients weighing ≥75 kg) |                                                                                         | MRSA risk (defined as history of MRSA colonization or infection, or inpatient of high-risk hospital or unit (where MRSA is endemic).                                                    |

| Infection/Condition and Likely Organism                                                                                        | Suggested Treatment                                                                                                                                     |                                                                                                                                                                                 | Comments                                                 |
|--------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
|                                                                                                                                | Preferred                                                                                                                                               | Alternative                                                                                                                                                                     |                                                          |
| <b>6. General Surgery</b>                                                                                                      |                                                                                                                                                         |                                                                                                                                                                                 |                                                          |
| Procedures involving entry into lumen of gastrointestinal tract (bariatric, pancreaticoduodenectomy)                           | <b>Cefazolin</b> 2gm IV (3gm IV for patients weighing ≥120 kg)                                                                                          | <b>Cefuroxime</b> 1.5gm IV                                                                                                                                                      |                                                          |
| Other GI Procedures without entry into gastrointestinal tract (antireflux, highly selective vagotomy) - for high-risk patients | <b>Cefazolin</b> 2gm IV (3gm IV for patients weighing ≥120 kg)                                                                                          | <b>Cefuroxime</b> 1.5gm IV                                                                                                                                                      |                                                          |
| Appendectomy for uncomplicated appendicitis<br>Colorectal                                                                      | <b>Cefazolin</b> 2gm IV (3gm IV for patients weighing ≥120 kg)<br>PLUS<br><b>Metronidazole</b> 500mg IV<br><br>OR<br><b>Ampicillin-sulbactam</b> 3gm IV | <b>Cefuroxime</b> 1.5gm IV<br>PLUS<br><b>Metronidazole</b> 500mg IV<br><br><u>Penicillin allergy:</u><br><b>Clindamycin</b> 600-900mg IV<br>PLUS<br><b>Gentamicin</b> 5mg/kg IV |                                                          |
| Small intestine                                                                                                                | <u>Non-obstructed:</u><br><b>Cefazolin</b> 2gm IV (3gm IV for patients weighing ≥120 kg)                                                                | <b>Cefuroxime</b> 1.5gm IV<br><br><u>Penicillin allergy:</u><br><b>Clindamycin</b> 600-900mg IV<br>PLUS<br><b>Gentamicin</b> 5mg/kg IV                                          |                                                          |
|                                                                                                                                | <u>Obstructed:</u><br><b>Cefazolin</b> 2gm IV (3gm IV for patients weighing ≥120 kg)<br>PLUS<br><b>Metronidazole</b> 500mg IV                           | <b>Cefuroxime</b> 1.5gm IV<br>PLUS<br><b>Metronidazole</b> 500mg IV<br><u>Penicillin allergy:</u><br><b>Clindamycin</b> 600-900mg IV<br>PLUS<br><b>Gentamicin</b> 5mg/kg        |                                                          |
| Hernia repair with mesh                                                                                                        | <b>Cefazolin</b> 2gm IV (3gm IV for patients weighing ≥120 kg)                                                                                          | <b>Amoxicillin-clavulanate</b> 1.2gm IV<br>OR<br><b>Ampicillin-sulbactam</b> 3gm IV                                                                                             | Includes laparoscopic repair<br>Single / stat dose only. |

| Infection/Condition and Likely Organism                                                                                                                        | Suggested Treatment                                                                                                                                      |                                                                                          | Comments                                                                                                                                                                                                                                                                                                                               |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                | Preferred                                                                                                                                                | Alternative                                                                              |                                                                                                                                                                                                                                                                                                                                        |
| Breast cancer surgery                                                                                                                                          | Cefazolin 2gm IV (3gm IV for patients weighing ≥120 kg)                                                                                                  | Amoxicillin-clavulanate 1.2gm IV<br>OR<br>Ampicillin-sulbactam 3gm IV                    | The benefits of routine postoperative antibiotic doses in reconstruction surgery are uncertain; there may be a benefit in obese patients or those treated with radiation therapy. The need for postoperative doses should be considered on an individual patient basis; if used, postoperative prophylaxis should not exceed 24 hours. |
| Breast reshaping procedures                                                                                                                                    | Cefazolin 2gm IV (3gm IV for patients weighing ≥120 kg)                                                                                                  | Amoxicillin-clavulanate 1.2gm IV<br>OR<br>Ampicillin-sulbactam 3gm IV                    |                                                                                                                                                                                                                                                                                                                                        |
| Breast surgery with implant (reconstructive or aesthetic)                                                                                                      | Cefazolin 2gm IV (3gm IV for patients weighing ≥120 kg)                                                                                                  | Amoxicillin-clavulanate 1.2gm IV<br>OR<br>Ampicillin-sulbactam 3gm IV                    |                                                                                                                                                                                                                                                                                                                                        |
| <b>7. Orthopaedic Surgery</b>                                                                                                                                  |                                                                                                                                                          |                                                                                          |                                                                                                                                                                                                                                                                                                                                        |
| Clean operations involving hand, knee, or foot and not involving implantation of foreign materials                                                             | None                                                                                                                                                     | None                                                                                     |                                                                                                                                                                                                                                                                                                                                        |
| Internal fixation of all closed fracture/<br>Total Joint Replacement/<br>Spine surgery (with and without instrumentation)<br>Arthroscopy                       | Cefazolin 2gm IV (3gm IV for patients weighing ≥120 kg)                                                                                                  | Cefuroxime 1.5gm IV<br><br>Penicillin/Cephalosporin Allergy:<br>Clindamycin 600-900mg IV | The benefits of routine postoperative antibiotic are uncertain. If used, postoperative prophylaxis should not exceed 24 hours.                                                                                                                                                                                                         |
| <b>8. Urological Surgery</b>                                                                                                                                   |                                                                                                                                                          |                                                                                          |                                                                                                                                                                                                                                                                                                                                        |
| <b>Diagnostic Procedures</b>                                                                                                                                   |                                                                                                                                                          |                                                                                          |                                                                                                                                                                                                                                                                                                                                        |
| Transrectal ultrasound and prostate biopsy<br><br><u>Common organisms:</u><br><i>Escherichia coli, Klebsiella spp., Proteus spp, Enterococcus, Pseudomonas</i> | Ciprofloxacin 500mg PO q12h for 3 days (start 24 hours before procedure)<br>PLUS*<br>Gentamicin 80mg IV single dose given 30-60 minutes before procedure | Targeted antibiotic therapy based on pre-operative rectal swab result                    | Consider povidone-iodine bowel preparation to further decrease infection risk.                                                                                                                                                                                                                                                         |

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                | Suggested Treatment                                                                                             |                                                                                                                                              | Comments                                                                                                                                                                                                                                                                                                                          |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                        | Preferred                                                                                                       | Alternative                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                   |
| Cystoscopy / Urodynamic study                                                                                                                                                                                                                                          | Antibiotic not recommended                                                                                      | Antibiotic not recommended                                                                                                                   | Prophylaxis only for high risk cases (immunocompromised patients, e.g. debilitated patients on long term catheters, patient with prosthesis/heart valves, diabetes, transplant recipients): <b>Cefuroxime</b> 250mg PO stat.<br><br>If heart valve: Follow recommendation from Subacute Bacterial Endocarditis (SBE) prophylaxis. |
| Retrograde pyelogram/ Ureteric stenting                                                                                                                                                                                                                                | <b>Cefuroxime</b> 250mg PO stat                                                                                 |                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                   |
| <b>Endourology</b>                                                                                                                                                                                                                                                     |                                                                                                                 |                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                   |
| Endourological surgery<br>E.g. PCNL, URS, RIRS, TURP<br><br><u>Common organisms:</u><br><i>Escherichia coli</i> , <i>Klebsiella</i> spp., <i>Proteus</i> spp., <i>Enterococcus</i> spp., <i>Pseudomonas</i> spp.                                                       | <b>Amoxicillin-clavulanate</b> 1.2gm IV<br>OR<br><b>Ampicillin-sulbactam</b> 3gm IV                             | <b>Cefuroxime</b> 1.5gm IV<br>OR<br><b>Ceftazidime</b> 2gm IV (if urine grew <i>Pseudomonas</i> spp.)                                        | Antibiotic selection to be determined based on patient's latest urine culture result.                                                                                                                                                                                                                                             |
| <b>Open Surgery</b>                                                                                                                                                                                                                                                    |                                                                                                                 |                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                   |
| Clean operations<br>e.g. orchidectomy, orchidopexy, varicocelectomy, deroofing renal cysts                                                                                                                                                                             | Antibiotic not required                                                                                         | Antibiotic not required                                                                                                                      |                                                                                                                                                                                                                                                                                                                                   |
| Clean-contaminated (with opening of urinary tract)<br>E.g. nephrectomy, prostatectomy, open stone surgery.<br><br><u>Common organisms:</u><br><i>Escherichia coli</i> , <i>Klebsiella</i> spp., <i>Proteus</i> spp., <i>Enterococcus</i> spp., <i>Pseudomonas</i> spp. | <b>Amoxicillin-clavulanate</b> 1.2gm IV q8h for 1 day<br>OR<br><b>Ampicillin-sulbactam</b> 3gm IV q8h for 1 day | <b>Cefoperazone</b> 1gm IV q12h for 1 day<br>OR<br><b>Ceftazidime</b> 2gm q8h IV for 1day (if <i>Pseudomonas</i> spp is isolated from urine) |                                                                                                                                                                                                                                                                                                                                   |

| Infection/Condition and Likely Organism                                                                                                                                                                                                                      | Suggested Treatment                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                 | Comments                                                                                                                                                                                                                                                                                                                                                                               |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                              | Preferred                                                                                                                                                                                                                                                            | Alternative                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                        |
| <p>Clean-contaminated (with use of bowel segments)<br/>E.g. Cystectomy with urinary diversion, cystoplasty.</p> <p><u>Common organisms:</u><br/><i>Escherichia coli</i>, <i>Klebsiella</i> spp., <i>Proteus</i>, <i>Enterococcus</i>, <i>Pseudomonas</i></p> | <p><b>Cefoperazone</b> 1gm IV q12h<br/>PLUS<br/><b>Metronidazole</b> 500mg IV q8h</p>                                                                                                                                                                                | <p><b>Gentamicin</b> 1.5mg/kg IV q8h<br/>PLUS<br/><b>Metronidazole</b> 500mg IV q8h</p>                                                                                                                         | For duration of catheter present.                                                                                                                                                                                                                                                                                                                                                      |
| <p>Implant of prosthetic devices<br/>e.g. Insertion of penile prosthesis or artificial urinary sphincter, artificial slings</p> <p><u>Common Organism:</u><br/><i>Staphylococcus aureus</i></p>                                                              | <p><b>Amoxicillin-clavulanate</b> 1.2gm IV q8h for 1 week<br/>OR<br/><b>Ampicillin-sulbactam</b> 3gm IV q8h for 1 week</p>                                                                                                                                           | <p><b>Cefuroxime</b> 1.5mg IV q8h for 1 week</p>                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                        |
| Laparoscopic surgery                                                                                                                                                                                                                                         | As for open surgery                                                                                                                                                                                                                                                  | As for open surgery                                                                                                                                                                                             | Depending on type of procedure performed whether clean or clean-contaminated.                                                                                                                                                                                                                                                                                                          |
| <b>9. Neurological Surgery</b>                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                        |
| <p>Clean wounds (Uninfected operative wounds in which no inflammation is encountered and no viscus is entered during the procedures)</p> <p>Elective craniotomy or spinal procedures</p>                                                                     | <p><b>Cefuroxime</b> 1.5gm IV (Given as a single IV dose at induction or within 60 minutes before incision. For prolonged procedures, additional intraoperative doses are given at every 4 hours interval during surgery in patients with normal renal function)</p> | <p><b>Vancomycin</b> 15-20mg/kg IV (max 2g) (Infusion is started within 60-120 min before incision. Additional redoses interval is at every 12 hours during surgery in patients with normal renal function)</p> | <p>Situation where the use of <b>Vancomycin</b> is appropriate: -<br/>In hospitals in which MRSA or <i>Staphylococcus epidermidis</i> are frequent causes of postoperative wound infection.<br/>In patients previously colonized with MRSA, or those who are allergic to penicillins or cephalosporins.</p> <p>Rapid IV administration of <b>Vancomycin</b> may cause hypotension.</p> |

| Infection/Condition and Likely Organism                                                                                                                                          | Suggested Treatment                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                             | Comments                                                                                                                                                                          |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                  | Preferred                                                                                                                                                                                                                                               | Alternative                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                   |
| Clean wounds with Foreign Body or Instrumentation. CSFs hunting procedures, implantation of cranial or spinal implants                                                           | <b>Cefuroxime</b> 1.5gm IV PLUS<br><b>Metronidazole</b> 500mg IV<br>(Given as a single IV dose at induction or within 60 minutes before incision. Additional redose interval is at every 4 hours during surgery in patients with normal renal function) | <b>Vancomycin</b> 15-20mg/kg IV (max 2g) PLUS<br><b>Gentamicin</b> 5mg/kg IV<br>(Given as a single IV dose at induction or within 60 minutes before incision in patients with normal renal function) PLUS<br><b>Metronidazole</b> 500mg IV<br>(Given as a single IV dose at induction or within 60 minutes before incision. Additional redose interval is at 4 hours during surgery in patients with normal renal function) | Addition of another drug such as <b>Metronidazole</b> and aminoglycoside is appropriate for procedures in which anaerobic and enteric gram negative bacilli are common pathogens. |
| Clean-Contaminated wounds<br>(Operative wounds in which a viscus is entered and without unusual contaminations)<br><br>Procedures that breach air cells or nasal or oral cavity. | <b>Cefuroxime</b> 1.5gm IV PLUS<br><b>Metronidazole</b> 500mg IV                                                                                                                                                                                        | <b>Vancomycin</b> 15-20mg/kg IV (max 2g) PLUS<br><b>Gentamicin</b> 5mg/kg IV PLUS<br><b>Metronidazole</b> 500mg IV                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                   |
| Contaminated wounds<br>(Open, fresh accidental wounds, operation with major breaks in sterile technique, or gross spillage from a viscus)                                        | <b>Ceftriaxone</b> 2gm IV<br>(Given as a single IV dose at induction or within 60 minutes before incision. Additional redoses interval is at every 12 hours during surgery in patients with normal renal function)                                      | <b>Vancomycin</b> 15-20mg/kg IV (max 2g) PLUS<br><b>Gentamicin</b> 5mg/kg IV PLUS<br><b>Metronidazole</b> 500mg IV                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                   |

| Infection/Condition and Likely Organism                                                                                                                                             | Suggested Treatment                                                  |                                                                                                                          | Comments                                                                                                                                                                                                                                                                                                                                                                                                        |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                     | Preferred                                                            | Alternative                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Dirty wounds<br>(Infected CSF shunt, old traumatic wounds with retained devitalized tissue, foreign bodies or wounds that involve existing clinical infection or perforated viscus) | <b>Ceftriaxone</b> 2gm IV<br>PLUS<br><b>Metronidazole</b> 500mg IV   | <b>Vancomycin</b> 15-20mg/kg IV (max 2g)<br>PLUS<br><b>Gentamicin</b> 5mg/kg IV<br>PLUS<br><b>Metronidazole</b> 500mg IV | Settings where intraventricular antibiotics ( <b>Vancomycin</b> 10mg or <b>Gentamicin</b> 5mg may be useful)<br>Failure to sterilize the CSF with IV therapy<br>Poor response to IV systemic antibiotics<br>Presence of highly resistant organisms susceptible to only antibiotics with poor CSF penetration.<br>Circumstances in which shunt devices cannot be removed (including infected Ommaya reservoirs). |
| <b>10. Cardiac Surgery</b>                                                                                                                                                          |                                                                      |                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Coronary artery bypass                                                                                                                                                              | <b>Cefazolin</b> 2gm IV (3gm IV for patients weighing $\geq 120$ kg) | <b>Cefuroxime</b> 1.5gm IV                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Cardiac device insertion procedures (e.g. Pacemaker implantation)                                                                                                                   | <b>Cefazolin</b> 2gm IV (3gm IV for patients weighing $\geq 120$ kg) | <b>Cefuroxime</b> 1.5gm IV                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>11. Ophthalmologic Surgery</b>                                                                                                                                                   |                                                                      |                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| The use of povidone iodine 10% to the periorbital skin and 5% to the conjunctival sac as an antiseptic agent for preoperative surgical site preparations are recommended.           |                                                                      |                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Intracameral injection of 1mg <b>Cefuroxime</b> in 0.1ml at the end of cataract surgery is recommended. Careful dilution should be undertaken to prevent potential toxicity.        |                                                                      |                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Topical antibiotics at end of surgery.                                                                                                                                              |                                                                      |                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                 |



| Infection/Condition and Likely Organism                                                                                                            | Suggested Treatment                                                                                                                                                                                                                                                                                                                                                             |             | Comments                                                                                                                                                                                                                                            |
|----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                    | Preferred                                                                                                                                                                                                                                                                                                                                                                       | Alternative |                                                                                                                                                                                                                                                     |
| <b>12. Hepatobiliary Surgery</b>                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                 |             |                                                                                                                                                                                                                                                     |
| Laparoscopic procedures<br>Low risk                                                                                                                | <b>Cefazolin</b> 2 gm (3 gm IV for patients weighing $\geq 120$ kg)                                                                                                                                                                                                                                                                                                             |             | Optimum antibiotic timing is to complete intravenous infusion given 60 min prior to surgery (optimal window 15-45 min) prior to skin incision; to ensure adequate time to reach bactericidal serum and tissue concentration before skin is incised. |
| Laparoscopic procedures<br>High risk:<br>Stent insertion<br>Biliary obstruction (High direct bilirubin)                                            | <b>Cefazolin</b> 2 gm (3 gm IV for patients weighing $\geq 120$ kg)<br>PLUS<br><b>Gentamicin</b> 5mg/kg IV (2mg/kg IV single dose if CrCl<20)                                                                                                                                                                                                                                   |             |                                                                                                                                                                                                                                                     |
| Open surgery<br>(Low risk)                                                                                                                         | <b>Cefazolin</b> 2gm IV (3 gm IV for patients weighing $\geq 120$ kg)                                                                                                                                                                                                                                                                                                           |             | Repeat intraoperative dosing is recommended in:<br>Prolonged surgery > 4 hours.<br>Massive blood loss > 1.5 L<br>Aminoglycosides should not be redosed.                                                                                             |
| Open surgery<br>High Risk<br>Multiple ERCP ( $\geq 2$ ) done with stenting<br>Biliary Obstruction<br>Biliary infection or surgery within < 30 days | <b>Cefazolin</b> 2gm IV (3 gm IV for patients weighing $\geq 120$ kg)<br>PLUS<br><b>Gentamicin</b> 5mg/kg IV (2mg/kg IV single dose if CrCl < 20)<br><br>If high risk ESBL/Multi-resistant organisms, e.g. ESBL in the last 3 months/12 but treated<br><br><b>Piperacillin-tazobactam</b> 4.5 gm IV<br>PLUS<br><b>Gentamicin</b> 5mg/kg IV (2mg/kg IV single dose if CrCl < 20) |             |                                                                                                                                                                                                                                                     |
| Pre-existing infection before surgery, GB empyema, ascending cholangitis                                                                           | Initiate antibiotic according to culture results, or refer to treatment guidelines                                                                                                                                                                                                                                                                                              |             |                                                                                                                                                                                                                                                     |

## References:

1. Antibiotic Expert Groups. Therapeutic guidelines: antibiotic. Version 15. Melbourne: Therapeutic Guidelines Limited; 2014.
2. Bratzler Dw, Dellinger EP, Olsen KM et al. Clinical practice guidelines for antimicrobial prophylaxis in surgery. *Am J Health-Syst Pharm.* 2013; 70: 195-283.
3. *Journal of Obstetric Gynecology Canada*, Volume 39, Issue 9, September 2017, Pages e300-e308.
4. National Antimicrobial Guideline, Third Edition. Petaling Jaya: Ministry of Health, Malaysia; 2019.
5. Salford Royal, NHS. Antibiotic Prophylaxis in Cranial Neurosurgery Antibiotic Guidelines, Unique ID: 144TD(C)25(F4) Issue number: 6, 2018.
6. SIGN 104 Antibiotic prophylaxis in surgery. July 2008, updated April 2014.
7. Simo R, French G. The use of prophylactic antibiotics in head and neck oncological surgery. *Curr Opin Otolaryngol Head Neck Surg.* 2006; 14:55-61 88.
8. Surgical Antimicrobial Prophylaxis Clinical Guideline v2.0. Department for Health and Ageing, Government of South Australia. October 2017.
9. Van Eyk N, van Schalkwyk J, Infectious Diseases Committee. *J Obstet Gynaecol Can.* 2012 Apr; 34(4): 382-391.

# CHEMOPROPHYLAXIS : NON SURGICAL

Patients with cardiac conditions are considered as being at increased risk of developing IE and are indicated for antimicrobial prophylaxis prior to certain procedures.

|    |                                                                                                                                 |
|----|---------------------------------------------------------------------------------------------------------------------------------|
| 1. | Prosthetic cardiac valves or prosthetic material used for cardiac valve repair                                                  |
| 2. | Established rheumatic heart disease                                                                                             |
| 3. | Previous history of infective endocarditis                                                                                      |
| 4. | Unrepaired cyanotic congenital heart disease (CHD), including palliative shunts and conduits                                    |
| 5. | Completely repaired CHD with prosthetic material or device, for first 6 months after the procedure                              |
| 6. | Repaired CHD with residual defects at the site or adjacent to the site of the prosthetic device (which inhibit endothelization) |
| 7. | Cardiac transplantation recipients who develop cardiac valvulopathy                                                             |

## Dental Procedures

For patients considered as high-risk, antimicrobial prophylaxis is recommended for invasive dental procedures which involve manipulation of gingival tissue or the periapical region of teeth or perforation of gingival mucosa.

Even with high cardiac risk of infective endocarditis, antibiotic prophylaxis is not recommended for

- local anaesthetic injections in non-infected tissues
- treatment of superficial caries
- removal of sutures
- dental X-rays
- placement or adjustment of removable prosthodontic or orthodontic appliances or braces
- following the shedding of deciduous teeth
- trauma to the lips and oral mucosa

## Respiratory Tract Procedures:

Antimicrobial prophylaxis is recommended for patients with increased risk of IE who undergo an invasive respiratory tract procedure that involve incision or biopsy of the respiratory mucosa. Patients who undergo an invasive respiratory tract procedure to treat an established infection, e.g. biopsy drainage of an abscess, should receive an antibiotic prophylaxis which contains an anti-staphylococcal agent.

## Gastrointestinal or genitourinary procedures:

Routine pre-procedural antimicrobial prophylaxis is no longer recommended for patients undergoing genitourinary or gastrointestinal tract procedures. However, for high-risk cardiac patients who have an established gastrointestinal or genitourinary infection, or for those who receive antimicrobial therapy for surgical reasons, the antimicrobial regimen should include an agent active against enterococci, such as **Ampicillin** or **Vancomycin**.

## Dermatological or musculoskeletal tissue procedures:

For high risk-patients undergoing surgical procedures involving infected skin (including local abscesses), skin structure or musculoskeletal tissue, it is reasonable that the therapeutic regimen contains an agent active against staphylococci and beta-hemolytic streptococci. **Vancomycin** or **Clindamycin** may be used in patients unable to tolerate a  $\beta$ -lactam antibiotic. If the infection is known or suspected to be caused by MRSA, **Vancomycin** or another suitable agent should be administered.

| Infection/Condition and Likely Organism                                                 | Suggested Treatment                                                                                                                                                                 |                                                                                                                                                                                                  | Comments                                                                                                                   |
|-----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|
|                                                                                         | Preferred                                                                                                                                                                           | Alternative                                                                                                                                                                                      |                                                                                                                            |
| <b>Prophylactic Regimens For High-Risk Dental Procedures In High-Risk Patients</b>      |                                                                                                                                                                                     |                                                                                                                                                                                                  |                                                                                                                            |
| Prophylactic Regimens                                                                   | <b>Amoxicillin</b> 2gm PO single dose 30-60 minutes before procedure<br>OR<br><b>Ampicillin</b> 2gm IV single dose 30-60 minutes before procedure                                   | Penicillin allergy:<br><b>Clindamycin</b> 600mg PO or IV single dose 30 to 60 minutes before procedure<br><br>Alternative:<br><b>Cefazolin</b> 1gm IV single dose 30-60 minutes before procedure | See above for antibiotic prophylaxis in patients undergoing invasive surgical procedure to treat an established infection. |
| <b>Secondary Prevention Of Rheumatic Fever</b>                                          |                                                                                                                                                                                     |                                                                                                                                                                                                  |                                                                                                                            |
| Secondary Prevention of Rheumatic Fever                                                 | Parenteral Prophylaxis:<br><b>Benzathine penicillin G</b> 1.2MU IM every 3 to 4 weeks<br><br>Oral Prophylaxis:<br><b>Phenoxymethylpenicillin (Penicillin V)</b> 250mg PO q12h daily | Penicillin allergy:<br><b>Erythromycin Ethylsuccinate</b> 800mg PO q12h twice daily.                                                                                                             |                                                                                                                            |
| <b>Type Of Infection</b>                                                                |                                                                                                                                                                                     | <b>Duration Of Treatment</b>                                                                                                                                                                     |                                                                                                                            |
| Rheumatic fever with carditis and residual heart disease (persistent valvular disease). |                                                                                                                                                                                     | 10 years or until 40 years of age, whichever is longer; sometimes lifelong prophylaxis.                                                                                                          |                                                                                                                            |
| Rheumatic fever with carditis but no residual heart disease (no valvular disease).      |                                                                                                                                                                                     | 10 years or until 21 years of age, whichever is longer.                                                                                                                                          |                                                                                                                            |
| Rheumatic fever without carditis.                                                       |                                                                                                                                                                                     | 5 years or until 21 years of age whichever is longer.                                                                                                                                            |                                                                                                                            |

**Reference:**

1. ESC Guidelines on Prevention of Infective Endocarditis 2015.
2. The Australian guideline for prevention, diagnosis and management of acute rheumatic fever and rheumatic heart disease (2<sup>nd</sup> edition).

# OBSTETRIC AND GYNAECOLOGICAL INFECTIONS

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                                                                                                          | Suggested Treatment                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                        | Comments                                                                                                                                                                                                                                                                                                                                                                                                  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                                                                                  | Preferred                                                                                                                                                                       | Alternative                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                           |
| <p>Septic Abortion</p> <p><u>Common organisms:</u><br/> <i>Prevotella bivia</i><br/> <i>Streptococcus</i> spp. (Grp A, Grp B)<br/>           Enterobacteriaceae<br/> <i>Chlamydia trachomatis</i><br/> <i>Ureaplasma urealyticum</i></p>                                                                                                                                         | <p><b>Ampicillin</b> 2g stat then 1g IV q4-6h</p> <p>PLUS</p> <p><b>Gentamicin</b> 5mg/kg IV q24h</p> <p>PLUS</p> <p><b>Metronidazole</b> 500mg IV q8h</p>                      | <p><b>Ampicillin-sulbactam</b> 3gm IV q6h</p> <p>PLUS</p> <p><b>Doxycycline</b> 100mg PO q12h</p> <p>OR</p> <p><b>Clindamycin</b> 900mg IV q8h</p> <p>PLUS</p> <p><b>Gentamicin</b> 5mg/kg IV q24h</p>                                                                                                                                                                 | <p>Intravenous antibiotics are administered until the patient has improved and afebrile for 48 hours, then are typically followed by oral antibiotics to complete a 10-14 days course.</p>                                                                                                                                                                                                                |
| <p>Intra-partum antibiotic prophylaxis (IAP) for Group B <i>Streptococcus</i> (GBS) positive mothers</p> <p><u>Indications of IAP:</u><br/>           Previous infant with invasive GBS disease<br/>           Preterm labour<br/>           GBS carriage in previous pregnancy<br/>           PPROM with known GBS carrier<br/>           GBS carriage in current pregnancy</p> | <p><b>Benzylpenicillin</b> 5MU IV initial dose, Then 2.5-3MU IV q4h until delivery</p> <p>OR</p> <p><b>Ampicillin</b> 2gm IV initial dose then 1 gm IV q4-6h until delivery</p> | <p><u>Mild Penicillin allergy</u><br/> <b>Cefazolin</b> 2gm IV initial dose, then 1 gm IV q8h until delivery.</p> <p>OR</p> <p><b>Cefuroxime</b> 1.5 gm IV stat and 750mg IV q8h until delivery</p> <p><u>Severe Penicillin allergy</u><br/> <b>Vancomycin</b> 15-20mg/kg IV q8-12h until delivery</p> <p>OR</p> <p><b>Clindamycin</b> 900mg IV q8h until delivery</p> | <p>Prophylaxis begins at hospital admission for labour or rupture of membrane and is continued every four hours until the infant is delivered.</p> <p>Treatment is NOT INDICATED if Caesarean-section performed before onset of labour with intact membrane (Please use standard surgical prophylaxis).</p> <p>Antenatal treatment is NOT RECOMMENDED for GBS cultured from a vaginal or rectal swab.</p> |

| Infection/Condition and Likely Organism       | Suggested Treatment                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                       | Comments                                                                                                                                                                                                                                          |
|-----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                               | Preferred                                                                                                                                                                                                                                                                                                                                                                                                                                   | Alternative                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                   |
| Preterm Premature Rupture of Membrane (PPROM) | <p>If non-GBS carrier:<br/> <b>Erythromycin</b> 250mg PO q6h for 7-10 days</p> <p>If GBS carrier:<br/> <b>Ampicillin</b> 2gm IV q6h for 48 hours followed by<br/> <b>Amoxicillin</b> 500mg PO q8h for an additional 5-7 days or until delivery whichever comes first</p> <p>PLUS<br/> One dose of <b>Azithromycin</b> 1gm PO upon admission (to cover for <i>Ureaplasma</i> – important cause of chorioamnionitis and <i>Chlamydia</i>)</p> | <p><b>Ampicillin</b> 2g IV stat dose followed by 1g IV q6h</p>                                                                                                                                                                        |                                                                                                                                                                                                                                                   |
| Chorioamnionitis                              | <p><b>Ampicillin</b> 2gm stat then 1g IV q6h</p> <p>PLUS<br/> <b>Gentamicin</b> 5mg/kg IV q24h</p> <p>If the patient is undergoing a caesarean delivery:<br/> PLUS<br/> <b>Metronidazole</b> 500mg IV q8h</p>                                                                                                                                                                                                                               | <p><b>Ampicillin-sulbactam</b> 3gm IV q6h</p> <p>Mild Penicillin allergy:<br/> <b>Cefazolin</b> 2gm IV q8h<br/> PLUS<br/> <b>Gentamicin</b> 5mg/kg IV q24h</p> <p>Severe Penicillin allergy:<br/> <b>Clindamycin</b> 900mg IV q8h</p> | <p>Antibiotic regimen is continued postpartum until patient is afebrile and asymptomatic for AT LEAST 48 HOURS.</p> <p>There is NO evidence that continuation with oral antibiotic is beneficial after discontinuation of parenteral therapy.</p> |

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                                                                                                                      | Suggested Treatment                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                      | Comments                                                                                                                                                                                                                  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                                                                                              | Preferred                                                                                                                                                                                                                                                                                                                            | Alternative                                                                                                                                          |                                                                                                                                                                                                                           |
| Pelvic Inflammatory Disease<br><br><u>Common organisms:</u><br><i>Neisseria gonorrhoeae</i><br><i>Chlamydia trachomatis</i><br><i>Bacteroides</i> spp.<br>Enterobacteriaceae<br><i>Haemophilus influenzae</i><br><i>Streptococcus</i> spp. especially<br><i>Streptococcus agalactiae</i> (GBS)<br><i>Gardnerella vaginalis</i><br><i>Ureaplasma urealyticum</i><br><i>Mycoplasma hominis</i> | <u>Outpatient regimen (Mild-moderate):</u><br><b>Ceftriaxone</b> 500mg IM in a single dose<br>OR<br><b>Cefotaxime</b> 1gm IM in a single dose<br><br>PLUS<br><b>Metronidazole</b> 400mg PO q8h for 14 days<br><br>PLUS<br><b>Doxycycline</b> 100mg PO q12h for 14 days<br>OR<br><b>Azithromycin</b> 1gm PO once per week for 2 weeks | <b>Cefixime</b> 400mg PO stat<br>PLUS<br><b>Tinidazole</b> 2g PO stat<br>PLUS<br><b>Azithromycin</b> 1g PO stat<br>PLUS<br>Fluconazole 150mg PO stat |                                                                                                                                                                                                                           |
|                                                                                                                                                                                                                                                                                                                                                                                              | <u>Inpatient regimen (Moderate-Severe):</u><br><b>Cefuroxime</b> 1.5gm IV q8h<br>OR<br><b>Ceftriaxone</b> 2gm IV q24h<br><br>PLUS<br><b>Doxycycline</b> 100mg PO q12h<br>PLUS<br><b>Metronidazole</b> 500mg IV/PO q8h<br><br>Duration of treatment: 14 days                                                                          | <b>Ampicillin-sulbactam</b> 3gm IV q6h<br><br>PLUS<br><b>Doxycycline</b> 100mg PO q12h                                                               | Tubo ovarian abscess: <ul style="list-style-type: none"> <li>■ Surgical intervention for source control may be required.</li> <li>■ May need to consider tuberculosis if not responding to standard treatment.</li> </ul> |
| Endometritis                                                                                                                                                                                                                                                                                                                                                                                 | <u>Post-partum*</u><br><b>Clindamycin</b> 900mg IV q8h<br>PLUS<br><b>Gentamicin</b> 5mg/kg IV q8h<br>OR<br><b>Metronidazole</b> 500mg IV q8h<br>PLUS<br><b>Gentamicin</b> 5mg/kg IV x 1dose                                                                                                                                          | <b>Amoxicillin-clavulanate</b> 1.2gm IV q8h<br><br>OR<br><b>Ampicillin-sulbactam</b> 3gm IV q6h                                                      | Duration of treatment: 10-14 days<br><br>*For other non-pregnant endometritis – follow regimen for severe PID                                                                                                             |

| Infection/Condition and Likely Organism                                   | Suggested Treatment                                                                                                    |                                                                 | Comments                                                                                                                                                                                          |
|---------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                           | Preferred                                                                                                              | Alternative                                                     |                                                                                                                                                                                                   |
| Vaginitis<br>Bacterial vaginosis                                          | Metronidazole 400mg PO q8h for 7 days                                                                                  | Clindamycin 300mg PO q12h for 7 days                            | Metronidazole can be used in any stage of pregnancy.                                                                                                                                              |
| Vaginal Candidiasis<br><i>Candida albicans</i><br>Uncomplicated infection | Clotrimazole 500mg as a single vaginal pessary (Stat dose)<br>OR<br>Clotrimazole 200mg as vaginal pessary for 3 nights | Fluconazole 150-200mg PO for one dose                           | Pregnancy:<br>If indicated, treat with topical therapy as oral therapy is CONTRAINDICATED.                                                                                                        |
| Vaginal Candidiasis<br><i>Candida albicans</i><br>Complicated infections: | <u>Severe vaginitis symptoms:</u><br><br>Fluconazole 150-200mg PO q72h for 2 or 3 doses                                |                                                                 |                                                                                                                                                                                                   |
|                                                                           | <u>Recurrent vulvovaginal candidiasis:</u><br><br>Fluconazole 150-200mg PO q72h for 3 doses then weekly for 6 months   | Clotrimazole 500mg vaginal suppository once weekly for 6 months |                                                                                                                                                                                                   |
| Trichomoniasis<br><i>Trichomonas vaginalis</i>                            | Metronidazole 400mg PO q8h for 7 days<br>OR<br>Metronidazole 2gm PO as single dose                                     |                                                                 | Metronidazole can be used in any stage of pregnancy.<br>If post-partum and breastfeeding, not advisable to breastfeed during treatment. May resume breastfeeding after 24 hours of the last dose. |
| Cervicitis*                                                               | Azithromycin 1gm single dose                                                                                           | Doxycycline 100mg PO q12h for 7 days                            | *Watch group as preferred regimen due to single dose administration.                                                                                                                              |



| Infection/Condition and Likely Organism                                                                                                                                                                                            | Suggested Treatment                                                                                                                        |                                                                                                         | Comments                                                                                                                      |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                    | Preferred                                                                                                                                  | Alternative                                                                                             |                                                                                                                               |
| Postpartum mastitis<br><br><u>Common organisms:</u><br><i>Staphylococcus aureus</i> (MSSA)<br><i>Streptococcus pyogenes</i> (Group A, B)<br><i>Escherichia coli</i> , <i>Bacteroides</i> spp., <i>Corynebacterium</i> spp.<br>CoNS | <u>Outpatient</u><br><b>Cephalexin</b> 500mg PO q6h for 5-7 days                                                                           |                                                                                                         | Duration: 5-6 days<br>If poor response: 10-14 days.                                                                           |
|                                                                                                                                                                                                                                    | <u>Inpatient</u><br><b>Cloxacillin</b> 2gm IV q6h                                                                                          | <b>Cefazolin</b> 1-2gm IV q8h                                                                           | Less severe infection: Milk culture.<br>Severe infection (hemodynamic instability) blood culture.                             |
| Post episiotomy tear                                                                                                                                                                                                               | 1 <sup>st</sup> and 2 <sup>nd</sup> degree tear:<br>Antibiotics not required                                                               |                                                                                                         |                                                                                                                               |
|                                                                                                                                                                                                                                    | 3 <sup>rd</sup> and 4 <sup>th</sup> degree tear:<br><b>Cefuroxime</b> 1.5gm IV as single dose<br>Plus<br><b>Metronidazole</b> 500mg IV q8h | <u>Penicillin allergy</u><br><br><b>Clindamycin</b> 600mg IV as single dose                             |                                                                                                                               |
| Manual removal of placenta                                                                                                                                                                                                         | <b>Ampicillin</b> 2gm IV as single dose<br>Plus<br><b>Metronidazole</b> 500mg IV q8h                                                       | <b>Cefazolin</b> 2gm IV as single dose<br>Plus<br><b>Metronidazole</b> 500mg IV q8h                     |                                                                                                                               |
| Post Lower Segment Caesarean Section (LSCS) infection                                                                                                                                                                              | In mild Surgical Site Infections (SSI), antibiotic is generally not indicated. Appropriate dressing is the primary treatment               |                                                                                                         |                                                                                                                               |
|                                                                                                                                                                                                                                    | <b>Cloxacillin</b> 1gm q6h<br>OR<br><b>Cefazolin</b> 1-2gm IV q8h                                                                          | Risk of Gram negative anaerobic infection (e.g.: Diabetes):<br><b>Ampicillin-sulbactam</b> 3gm IV q6-8h |                                                                                                                               |
| <b>Viral infections in pregnancy</b>                                                                                                                                                                                               |                                                                                                                                            |                                                                                                         |                                                                                                                               |
| Influenza in pregnancy (seasonal and H1N1)                                                                                                                                                                                         | <b>Oseltamivir</b> 75mg PO q12h for 5 days                                                                                                 | Nebulization with Zanamivir respules (2) 5mg each, q12h for 5 days                                      | Prevention - single dose killed vaccine.                                                                                      |
| Varicella                                                                                                                                                                                                                          | >20 weeks of gestation, presenting within 24 hours of the onset of rash.<br><br>*Acyclovir 800mg PO 5 times a day for 7 days               |                                                                                                         | *IV acyclovir is recommended for severe complications 24 hours from the onset of rash, antivirals are not found to be useful. |

| Infection/Condition and Likely Organism        | Suggested Treatment                                                                                                                                                                                                                                                                                                                                                                                                                                                                |             | Comments                                                                                                                                                                                    |
|------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                | Preferred                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Alternative |                                                                                                                                                                                             |
| <b>Parasitic infestations during pregnancy</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |             |                                                                                                                                                                                             |
| Acute toxoplasmosis in pregnancy               | <p>&lt;18 weeks of gestation<br/>at diagnosis without fetal infection</p> <p>*<b>Spiramycin</b> 1 gm oral q8h (3 weeks on / One week off)</p> <p>&gt;18 weeks gestation and if amniotic fluid PCR is positive indicating fetal infection</p> <p>Pyrimethamine 50mg PO q12h for 2 days then 50mg q24h<br/>PLUS<br/><b>Sulfadiazine</b> 75mg/kg PO q24h then 50mg/kg q12h<br/>PLUS<br/>Folinic Acid (10-20mg oral daily) for minimum of 4 weeks or for the duration of pregnancy</p> |             | *This should be continued till delivery if there is no evidence of fetal infection or till 18 weeks when amniotic fluid PCR can be done.                                                    |
| <b>Genital Tract Infection</b>                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |             |                                                                                                                                                                                             |
| Candidiasis<br><i>Candida</i> species          | <p>Fluconazole 150mg PO stat single dose</p> <p>Intravaginal agent as cream or suppositories<br/>Clotrimazole, Miconazole, Nystatin. Intravaginal azole, single dose for 7-14 days.</p>                                                                                                                                                                                                                                                                                            |             | Non-pregnant- If recurrent candidiasis, (4 or more episodes/year) 6 months suppressive therapy with Fluconazole 150mg PO once a week or Clotrimazole vaginal suppository 500mg once a week. |
| Bacterial vaginosis<br>Polymicrobial           | <p><b>Metronidazole</b> 400mg PO q8h for 7 days<br/>OR<br/><b>Metronidazole</b> vaginal gel 1 HS for 5 days<br/>OR<br/><b>Tinidazole</b> 2 gm PO q24h for 3 days<br/>OR<br/>2 % <b>Clindamycin</b> vaginal cream 5 gm HS for 5 days</p>                                                                                                                                                                                                                                            |             | Treatment of the partner with <b>Metronidazole</b> may be done.                                                                                                                             |

| Infection/Condition and Likely Organism                             | Suggested Treatment                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                            | Comments                                                  |
|---------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|
|                                                                     | Preferred                                                                                                                                                                                                                                                                        | Alternative                                                                                                                                                                                                                                |                                                           |
| Trichomoniasis<br><i>Trichomonas vaginalis</i>                      | <p><b>Metronidazole</b> 400mg PO q8h for 7 days</p> <p>OR</p> <p><b>Tinidazole</b> 2 gm PO single dose</p> <p>For treatment failure</p> <p><b>Metronidazole</b> 400mg PO q8h for 7 days</p> <p>If 2<sup>nd</sup> failure</p> <p><b>Metronidazole</b> 2 gm PO q24h for 3 days</p> |                                                                                                                                                                                                                                            | Treat partner with <b>Metronidazole</b> 2 gm single dose. |
| Cervicitis/ Urethritis/<br>Mucopurulent Gonococcal<br>Polymicrobial | <p><b>Ceftriaxone</b> 250mg IM single dose</p> <p>PLUS</p> <p><b>Azithromycin</b> 1 gm single dose</p> <p>OR</p> <p><b>Doxycycline</b> 100mg q12h for 7 days</p>                                                                                                                 |                                                                                                                                                                                                                                            |                                                           |
| Mastitis without abscess<br><i>Staphylococcus aureus</i>            | <p><b>Cephalexin</b> 500mg q6h</p> <p>OR</p> <p><b>Ceftriaxone</b> 2 gm q24h</p> <p>OR</p> <p><b>Cefuroxime</b> 1g IV q12h</p>                                                                                                                                                   | <p>If MRSA- based on <u>susceptibility pattern</u></p> <p><b>Clindamycin</b> 300 mg IV q6h</p> <p>OR</p> <p><b>Vancomycin</b> 1 gm IV q12h</p> <p>OR</p> <p><b>Teicoplanin</b> 12mg/kg IV q12h for 3 doses then once daily for 6 doses</p> |                                                           |
| Mastitis with abscess                                               | <p><b>Cloxacillin</b> 1g IV q6h</p> <p>PLUS</p> <p><b>Metronidazole</b> 500mg IV q8h</p>                                                                                                                                                                                         | <p>If MRSA suspected</p> <p><b>Clindamycin</b> 300mg q6h</p> <p>OR</p> <p><b>Vancomycin</b> 15mg/kg IV q12h</p> <p>OR</p> <p><b>Teicoplanin</b> 12mg/kg IV q12h for 3 doses then 6mg/kg once daily IV</p>                                  | Drainage is necessary.                                    |

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# SKIN AND SOFT TISSUE INFECTIONS

| Infection/Condition and Likely Organism                                                                             | Suggested Treatment                                                                                                                                            |                                                                                                                                           | Comments                                                                                                              |
|---------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|
|                                                                                                                     | Preferred                                                                                                                                                      | Alternative                                                                                                                               |                                                                                                                       |
| <b>1. Purulent Skin and Soft Tissue Infection</b>                                                                   |                                                                                                                                                                |                                                                                                                                           |                                                                                                                       |
| Localised Impetigo<br><br><u>Common organisms:</u><br><i>Staphylococcus aureus</i><br><i>Streptococcus pyogenes</i> | <b>Cloxacillin</b> 500-1000mg PO q6h for 5-7 days<br>OR<br><b>Cephalexin</b> 250-500mg PO q6h for 5-7 days<br>OR<br><b>Cefadroxil</b> 500mg PO q12h for 7 days | Topical 2% <b>Fusidic acid</b> 18-12h for 5 days (Outpatient use only)                                                                    |                                                                                                                       |
| Generalised Impetigo/<br>Ecthyma                                                                                    | <b>Cephalexin</b> 250-500mg PO q6h<br>OR<br><b>Cefadroxil</b> 500mg PO q12h                                                                                    | <b>Amoxicillin-clavulanate</b> 625mg PO q8h                                                                                               | Duration : 5-7 days.                                                                                                  |
|                                                                                                                     | <u>Penicillin allergy:</u><br><b>Erythromycin ethylsuccinate</b> 800mg PO q12h                                                                                 | Other alternative/ in case of CA-MRSA:<br><b>Clindamycin</b> 600mg PO q8h<br>OR<br><b>Trimethoprim-sulfamethoxazole</b> 160/800mg PO q12h |                                                                                                                       |
| Ecthyma gangrenosum<br><br><i>Pseudomonas</i> spp.                                                                  | <b>Ciprofloxacin</b> 500mg PO q12h<br>OR<br><b>Piperacillin-tazobactam</b> 4.5gm IV q6-8h                                                                      | <b>Ceftazidime</b> 2gm IV q8h<br>OR<br><b>Cefepime</b> 2gm IV q8h                                                                         | Consider adding aminoglycoside in selected cases such as in immunocompromised, neutropenic and septic shock patients. |
| <b>2. Non-Purulent Skin and Soft Tissue Infection</b>                                                               |                                                                                                                                                                |                                                                                                                                           |                                                                                                                       |
| Furuncles                                                                                                           | <b>Cloxacillin</b> 500mg PO q6h for 5-7 days                                                                                                                   | <b>Amoxicillin-clavulanate</b> 625mg PO q8h for 5-6 days                                                                                  |                                                                                                                       |
| Carbuncles<br><br><u>Common organism:</u><br><i>Staphylococcus aureus</i>                                           | <b>Cloxacillin</b> 1-2gm IV q6h                                                                                                                                | <b>Cefazolin</b> 1gm IV q8h<br>OR<br><b>Amoxicillin-clavulanate</b> 1.2gm IV q8h                                                          | Surgical drainage is the mainstay of treatment.<br>Duration : 7-10 days.                                              |

| Infection/Condition and Likely Organism                                    | Suggested Treatment                                                             |                                                                                                                                                                                                                                                    | Comments              |
|----------------------------------------------------------------------------|---------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|
|                                                                            | Preferred                                                                       | Alternative                                                                                                                                                                                                                                        |                       |
| Erysipelas<br><br><u>Common organism:</u><br><i>Streptococcus pyogenes</i> | Phenoxymethylpenicillin<br>500mg PO q6h<br>OR<br>Amoxicillin 500mg PO q8h       | Cephalexin 500mg PO q6h                                                                                                                                                                                                                            | Duration : 7-10 days. |
|                                                                            | If severe:<br>Benzylpenicillin 2-4MU IV<br>q4-6h                                | If severe:<br>Cefazolin 1gm IV q8h<br>OR<br>Cefuroxime 750mg IV q8h                                                                                                                                                                                |                       |
|                                                                            | MRSA:<br>*Vancomycin 15-20mg/<br>kg q8-12h; not to exceed<br>2gm/dose           |                                                                                                                                                                                                                                                    |                       |
| <b>Diabetic Foot Infections</b>                                            | Refer to section Surgical Infection – <a href="#">Diabetic Foot Infections</a>  |                                                                                                                                                                                                                                                    |                       |
| <b>Gas Gangrene / Myonecrosis / Necrotizing Fasciitis</b>                  | Refer to section Surgical Infection – <a href="#">Bone and Joint Infections</a> |                                                                                                                                                                                                                                                    |                       |
| Yaws<br><i>Treponema pertenue</i>                                          | Benzathine penicillin G<br>1.2MU IM single dose                                 | Doxycycline 100mg PO<br>q12h for 15 days<br>OR<br>Azithromycin 30mg/kg<br>(max 2gm) single dose<br><br><u>Penicillin allergy:</u><br>Tetracycline 500mg PO<br>q6h for 15 days<br>OR<br>Erythromycin<br>ethylsuccinate 800mg PO<br>q12h for 15 days |                       |

| Infection/Condition and Likely Organism                                                                             | Suggested Treatment                                                                                                                                            |                                                                                                                                                                     | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|---------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                     | Preferred                                                                                                                                                      | Alternative                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Cellulitis</b>                                                                                                   |                                                                                                                                                                |                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <p>Mild:</p> <p><u>Common organisms:</u><br/><i>Staphylococcus aureus</i><br/><i>Streptococcus pyogenes</i></p>     | Cephalexin 500mg PO q6h                                                                                                                                        | <p>Amoxicillin-clavulanate 625mg PO q8h<br/>OR<br/>Cefuroxime 250-500mg PO q12h</p>                                                                                 | <p>Duration: 5-10 days<br/>Change to oral once condition improves.</p> <p>Gram negative coverage may be necessary in the following circumstances:</p> <ul style="list-style-type: none"> <li>■ Potential relation of the cellulitis to a decubitus ulcer.</li> <li>■ Crepitant cellulitis</li> <li>Prominent skin necrosis/ gangrene.</li> <li>■ Location: Perioral, Perirectal cellulitis.</li> </ul> <p>Clinical Condition:</p> <ul style="list-style-type: none"> <li>■ Septicaemic shock</li> <li>Suspecting necrotizing fasciitis.</li> <li>■ Immunocompromised patients.</li> <li>■ Specific exposures*</li> </ul> |
| <p>Moderate:</p> <p><u>Common organisms:</u><br/><i>Staphylococcus aureus</i><br/><i>Streptococcus pyogenes</i></p> | Cloxacillin 1-2gm IV q6h                                                                                                                                       | Cefazolin 1-2gm IV q8h                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <p>Severe:</p> <p><u>Common organisms:</u><br/><i>Staphylococcus aureus</i><br/><i>Streptococcus pyogenes</i></p>   | <p>Ampicillin-sulbactam 3gm IV q6-8h PLUS*</p> <p>Clindamycin 600mg IV q6h</p> <p>(Deescalate once cultures are available/Necrotizing fasciitis ruled out)</p> | <p>Piperacillin-tazobactam 4.5gm IV q6-8h PLUS*</p> <p>Clindamycin 600mg IV q6h</p> <p>(Deescalate once cultures are available/Necrotizing fasciitis ruled out)</p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |

| Infection/Condition and Likely Organism                                                                                           | Suggested Treatment                                                                            |                                                                   | Comments                                                                          |
|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|-----------------------------------------------------------------------------------|
|                                                                                                                                   | Preferred                                                                                      | Alternative                                                       |                                                                                   |
| Consider alternative organisms in the following circumstances:                                                                    |                                                                                                |                                                                   | *** Consider adding 3 <sup>rd</sup> Generation Cephalosporin in severe infection. |
| Dog/cat bite:<br><br><u>Common organisms:</u><br><i>Pasteurella multocida</i><br><i>Capnocytophaga canimorsus</i>                 | <b>Amoxicillin-clavulanate</b><br>625mg PO q8h                                                 |                                                                   |                                                                                   |
| Cat scratch disease<br><br><i>Bartonella henselae</i>                                                                             | <b>Azithromycin</b> 500mg PO on Day 1, then 250mg PO q24h for 4 days                           |                                                                   |                                                                                   |
| Human bite:<br><br><u>Common organisms:</u><br><i>Eikenella corrodens</i> ,<br><i>anaerobes</i> ,<br><i>Staphylococcus aureus</i> | <b>Amoxicillin-clavulanate</b><br>625mg PO q8h                                                 |                                                                   |                                                                                   |
| Salt water exposure:<br><br><u>Common organism:</u><br><i>Vibrio</i> sp.                                                          | <b>Doxycycline</b> 200mg stat then 100mg PO q12h<br>PLUS<br>*** <b>Ceftriaxone</b> 2gm IV q24h |                                                                   |                                                                                   |
| Fresh or brackish water exposure:<br><br><u>Common organisms:</u><br><i>Aeromonas</i> spp.,<br><i>Plesiomonas</i> spp.            | <b>Ciprofloxacin</b> 400mg IV q12h<br>OR<br><b>Ciprofloxacin</b> 750mg PO q12h                 |                                                                   |                                                                                   |
| Neutropenic patients:<br><br><u>Common organisms:</u><br><i>Pseudomonas aeruginosa</i> ,<br>other Gram negative bacteria          | <b>Piperacillin-tazobactam</b><br>4.5gm IV q6-8h                                               | <b>Ceftazidime</b> 2gm IV q8h<br>OR<br><b>Cefepime</b> 2gm IV q8h |                                                                                   |



| Infection/Condition and Likely Organism                                                                                                    | Suggested Treatment                                                                                                                                                                                                                                                                                                                            |                                          | Comments                                                                                                          |
|--------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|-------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                            | Preferred                                                                                                                                                                                                                                                                                                                                      | Alternative                              |                                                                                                                   |
| MRSA                                                                                                                                       | <p><b>Vancomycin</b> 15-20mg/kg IV q8-12h</p> <p>In severe infections:<br/>To load with <b>Vancomycin</b> 25-30mg/kg IV, followed by 15-20mg/kg (actual body weight) IV q8-12h; not exceeding 2gm /dose</p>                                                                                                                                    | <p><b>Linezolid</b> 600mg IV/PO q12h</p> | <p>****Consider CA-MRSA if: Outbreaks of known CA-MRSA<br/>If non-resolving cellulitis.</p>                       |
| **** If CA-MRSA suspected                                                                                                                  | <p><b>Clindamycin</b> 300-450mg IV/PO q8h<br/>OR<br/><b>Doxycycline</b> 100mg PO q12h<br/>OR<br/><b>Trimethoprim-sulfamethoxazole</b> 160/800mg PO q12h</p>                                                                                                                                                                                    |                                          |                                                                                                                   |
| <b>3. Peripheral Phlebitis/Thrombophlebitis</b>                                                                                            |                                                                                                                                                                                                                                                                                                                                                |                                          |                                                                                                                   |
| <p><u>Common organisms:</u><br/><i>Staphylococcus aureus</i>,<br/>Coagulase negative<br/><i>Staphylococcus</i> sp., Gram negative rods</p> | <p>Early stage phlebitis:<br/>Remove the intravenous cannula</p> <hr/> <p>Medium and advanced stage phlebitis or thrombophlebitis:<br/>Remove the intravenous cannula and take blood culture</p> <p>Can consider empirical treatment if persistent fever:</p> <p><b>Cephalexin</b> 500mg PO q6h<br/>OR<br/><b>Cloxacillin</b> 1-2gm IV q6h</p> |                                          | <p>Peripheral intravenous catheters with associated pain, induration, erythema, or exudate should be removed.</p> |

| Infection/Condition and Likely Organism                                                       | Suggested Treatment                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                      | Comments                     |
|-----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|
|                                                                                               | Preferred                                                                                                                                                                                                                  | Alternative                                                                                                                                                                                                                                                          |                              |
| <b>4. Bed Sore/Pressure Sore/Decubitus Ulcer</b>                                              |                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                      |                              |
|                                                                                               | Local treatment is preferred.<br><br>If there is surrounding cellulitis/signs of bacteremia/ fasciitis/ surrounding intramuscular abscess/ osteomyelitic changes (OM) changes:<br><b>Ampicillin-sulbactam</b> 3gm IV q6-8h |                                                                                                                                                                                                                                                                      |                              |
| <b>5. Mycobacterial Infections: Refer to National Tuberculosis Management Guidelines 2019</b> |                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                      |                              |
| Hansen's Disease (Leprosy) in HIV infected                                                    | Same as in non HIV infected patients                                                                                                                                                                                       |                                                                                                                                                                                                                                                                      |                              |
| <b>Non-Tuberculous Mycobacterial Infections</b>                                               |                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                      |                              |
| <i>Mycobacterium marinum</i>                                                                  | <b>Clarithromycin</b> 500mg PO q12h<br>PLUS<br><b>Minocycline/Doxycycline</b> 100mg PO q12h<br><br>Duration: At least 2 months of treatment until clearance                                                                | <b>Rifampicin</b> 600mg PO q24h<br>PLUS<br>Ethambutol 15mg/kg PO q24h for 4-6 months, and continue for at least 1 month after lesions have been cleared<br><br>OR<br>Monotherapy <b>Doxycycline</b> 100mg PO q12h for 1-2 months after lesion clearance (3-4 months) | Often resistant to Isoniazid |
| <i>Mycobacterium kansasii</i>                                                                 | Isoniazid 300mg PO q24h<br>PLUS<br><b>Rifampicin</b> 600mg PO q24h<br>PLUS<br>Ethambutol 15mg/kg PO q24h for 18 months                                                                                                     |                                                                                                                                                                                                                                                                      |                              |

| Infection/Condition and Likely Organism                    | Suggested Treatment                                                                                                                                                                                                                                         |                                                                                                                                                                             | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                            | Preferred                                                                                                                                                                                                                                                   | Alternative                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <i>Mycobacterium ulcerans</i><br>(Buruli ulcer)            | Rifampicin 10mg/kg PO q24h<br>PLUS<br>Streptomycin 15mg/kg IM q24h for 8 weeks                                                                                                                                                                              | Rifampicin 10mg/kg PO q24h<br>PLUS<br>Streptomycin 15mg/kg IM q24h for 4 weeks<br><br>Followed by:<br>Rifampicin 10mg/kg PO q24h<br>PLUS<br>Clarithromycin 7.5mg/kg PO q12h | Wide surgical excision and debridement are important.<br><br>Duration:<br>For 4-6 months, and continue for at least 1 month after lesions have been cleared.                                                                                                                                                                                                                                                                                                                                                                                             |
| <i>Mycobacterium fortuitum</i>                             | Combination therapy (2 of the following):<br>Clarithromycin 500mg PO q12h<br>OR<br>Doxycycline/Minocycline 100mg PO q12h<br>OR<br>Ciprofloxacin 500-750mg PO q12h<br><br>PLUS*<br>*Amikacin 15mg/kg IV q24h                                                 |                                                                                                                                                                             | *Amikacin: Started for severe infection until clinical improvement (together with 2 oral agents), then continue with just 2 oral agents.                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>6. Fungal Infections</b>                                |                                                                                                                                                                                                                                                             |                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Tinea capitis<br><i>Trichophyton</i><br><i>Microsporum</i> | Griseofulvin 500mg PO q12h for 6 to 12 weeks or longer till fungal cultures are negative<br>OR<br>Terbinafine 250mg PO q24h for 6-8 weeks<br><br>PLUS<br>2.5% Selenium sulphide shampoo<br>OR<br>2% Ketoconazole shampoo,<br>2-3 times per week for 2 weeks | Itraconazole 200mg PO q24h<br><br>Duration is based on mycological agent:<br>Trichophyton sp : 2-4 weeks<br>Microsporum sp : 8-12 weeks                                     | Other recommendations:<br><ul style="list-style-type: none"> <li>■ For kerion, Griseofulvin should be considered as first line unless Trichophyton has been cultured as the pathogen.</li> <li>■ Duration of treatment may be longer. Contacts of patient may be treated with 2% ketoconazole shampoo 2-3 times per week for 2 weeks.</li> <li>■ Surgical excision is to be avoided.</li> <li>■ Topical therapy alone is not recommended for the management of tinea capitis.</li> <li>■ Consider adding oral prednisolone in selected cases.</li> </ul> |

| Infection/Condition and Likely Organism                                                                             | Suggested Treatment                                                                                                                                                                                                                         |             | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
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|                                                                                                                     | Preferred                                                                                                                                                                                                                                   | Alternative |                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Tinea barbae                                                                                                        | Same as treatment of Tinea capitis                                                                                                                                                                                                          |             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Tinea corporis/ Tinea cruris/<br>Tinea faciei<br><i>Trichophyton</i><br><i>Mircosporum</i><br><i>Epidermophyton</i> | <p>Mild infection:</p> <p>Topical imidazoles or allylamines cream/lotion:<br/>e.g.:<br/>Terbinafine/Butenafine/<br/>Sertaconazole/<br/>Luliconazole</p> <p>Duration: till clinical clearance with additional 2 weeks</p>                    |             | <p>Recommendations:</p> <ul style="list-style-type: none"> <li>■ In patients with renal or hepatic impairment, caution should be exercised while prescribing systemic antifungals.</li> <li>■ Terbinafine clearance significantly reduced in patient with renal impairment. Other systemic antifungals are preferred in these patients.</li> <li>■ Topical Nystatin should not be used in dermatophytosis as they are not effective against dermatophytes.</li> </ul> |
|                                                                                                                     | <p>Extensive infections or Tinea incognito (Steroid modified)<br/>Above PLUS</p> <p>Terbinafine 250mg PO q24h for 2 weeks<br/>OR<br/>Itraconazole 200mg PO q24h for 2 weeks<br/>OR<br/>Griseofulvin 500mg PO q12h or q24h for 4-6 weeks</p> |             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |

| Infection/Condition and Likely Organism                                       | Suggested Treatment                                                                                                                                                                                                                                                                                                                                                        |                                                                                                   | Comments                                                                                                                                                                                                                                                                                                                                                                                                                               |
|-------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                               | Preferred                                                                                                                                                                                                                                                                                                                                                                  | Alternative                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Tinea manuum/ Tinea pedis<br><i>Trichophyton, Microsporum, Epidermophyton</i> | Terbinafine 250mg PO q24h for 2-4 weeks<br>OR<br>Itraconazole 200mg PO q24h for 2-4 weeks<br>OR<br>Griseofulvin 500mg PO q12h or q24h for 6-12 weeks<br><br>Along with TOPICAL Antifungals                                                                                                                                                                                 | Fluconazole 150mg/week PO for 4 weeks                                                             | Recommendations:<br>Topical keratolytic agents can be used in conjunction with antifungals for hyperkeratotic type of tinea pedis/manuum. KMnO <sub>4</sub> in 1:10,000 dilution wet dressings, applied for 20 min 2-3 times/day, may be helpful if vesiculation or maceration is present. Systemic antifungals can be prescribed as first line treatment in severe moccasin-type tinea pedis or severe recurrent tinea with blisters. |
| Tinea unguim<br><i>Trichophyton, Microsporum, Epidermophyton</i>              | Amorolfine 5% Nail Lacquer weekly application<br>Duration:<br>For 6 months (fingernails)<br>For 12 months (toenails)<br>OR*<br><br>Pulse Itraconazole 200mg PO q12h for 1 week per month<br>Duration:<br>For 2 months (fingernails)<br>For 3 months (toenails)<br>OR<br><br>Terbinafine 250mg PO q24h<br>Duration:<br>For 6 weeks (fingernails)<br>For 12 weeks (toenails) | Griseofulvin 500mg PO q12h<br>Duration:<br>For 6 months (fingernails)<br>For 12 months (toenails) | Amorolfine 5% Lacquer is not indicated for children less than 12 years old.<br><br>Patients with contraindications to systemic agents may consider topical antifungal agents.<br><br>*Topical can be used in combination with oral therapy.<br><br>Diagnosis of onychomycosis should be confirmed with KOH preparation, culture, or PAS stain. Empirical treatment is not recommended.                                                 |

| Infection/Condition and Likely Organism                                        | Suggested Treatment                                                                                                                                                                                                                                                                                                               |                                                                                        | Comments                                                                                                                                                                                                                             |
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|                                                                                | Preferred                                                                                                                                                                                                                                                                                                                         | Alternative                                                                            |                                                                                                                                                                                                                                      |
| Tinea versicolor<br><i>Malassezia furfur</i><br><i>Pityrosporum orbiculare</i> | <p>First line: Topical treatment only</p> <p>Selenium Sulphide 2% shampoo<br/>Apply to affected areas 5 minutes before bathing<br/>OR<br/>2% Ketoconazole shampoo apply to affected areas 5 minutes before bathing</p> <p><u>For face:</u><br/>Ketoconazole 200mg 2 tabs stat<br/>Or<br/>Itraconazole 200mg q12h for 5-7 days</p> |                                                                                        | <p>Recommendations:<br/>Ketoconazole shampoo or Selenium sulphide shampoo can be used once every two to four weeks for approximately six months in order to try and prevent recurrence.</p>                                          |
| Candidiasis<br><i>Candida albicans</i>                                         | <p>Mild cutaneous candidiasis:<br/>Topical Imidazole q12h till clear e.g.,<br/>Miconazole 2% cream,<br/>Clotrimazole 1% cream,<br/>Sertaconazole 1% cream</p>                                                                                                                                                                     |                                                                                        | <p>Treatment of sexual partner is advisable in case of recurrent infection.</p> <p>*Itraconazole: Absorption depends on gut acidity. Take capsule with food and acidic beverage (e.g.: Cola drinks). Avoid PPIs and H2 blockers.</p> |
|                                                                                | <p>Extensive cutaneous candidiasis:<br/>*Itraconazole 200mg PO q24h for 1 week<br/>Vulvovaginitis/<br/>Balanoposthitis:<br/>Fluconazole 150mg stat dose</p>                                                                                                                                                                       | <p>Fluconazole 100mg PO q24h for 1 week (in severe and immunocompromised patients)</p> |                                                                                                                                                                                                                                      |

| Infection/Condition and Likely Organism                                                                  | Suggested Treatment                                                                                                                                                                    |                                                                                                                      | Comments                                                                                                                                                 |
|----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                          | Preferred                                                                                                                                                                              | Alternative                                                                                                          |                                                                                                                                                          |
| Subcutaneous Fungal infections<br>Lymphocutaneous and Cutaneous Sporotrichosis                           | *Itraconazole 200mg PO q12h until all lesions have resolved (usually for a total of 2-6 months)                                                                                        | For patients not able to tolerate Itraconazole:<br><br>Terbinafine 250mg PO q12h<br>OR<br>Fluconazole 400-800mg q24h | In some immunocompromised condition such as AIDS, longer treatment may be necessary. Refer to <a href="#">Opportunistic Infections in HIV Patients</a> . |
| Systemic sporotrichosis (pulmonary, osteoarticular, meningeal, or disseminated sporotrichosis)           | Amphotericin B deoxycholate 0.7-1mg/kg q24h for 2 weeks<br>Followed by,<br>*Itraconazole 200mg PO q12-24h for 12 months                                                                |                                                                                                                      | *Itraconazole: Absorption depends on gut acidity. Take capsule with food and acidic beverage (e.g.: Cola drinks). Avoid PPIs and H2 blockers.            |
| Sporotrichosis in Pregnancy**                                                                            | Tebinafine 250mg PO q24h                                                                                                                                                               | Amphotericin B deoxycholate 0.7-1mg/kg q24h                                                                          | **Avoid azole in pregnancy.                                                                                                                              |
| Cutaneous fungal infection in immunocompromised patients                                                 | Refer to treatment of disseminated fungal infection in immunocompromised/HIV patients<br><a href="#">Opportunistic Infections in HIV patients</a>                                      |                                                                                                                      | Skin biopsy for histopathologic examination (HPE) and culture are advised before commencing treatment.                                                   |
| <i>Aspergillus</i> spp.,<br><i>Scedosporium</i><br><i>Apiospermum</i> , and <i>Fusarium</i> sp Infection | Voriconazole 6mg/kg IV q12h for 2 doses, followed by 4mg/kg IV q12h                                                                                                                    | Amphotericin B (deoxycholate) 0.7-1mg/kg q24h<br>OR<br>Amphotericin B (lipid formulation) 3-5mg/kg q24h              |                                                                                                                                                          |
| Cryptococcal infections<br>Mild<br>Life threatening                                                      | Fluconazole 100-400mg PO q24h<br><br>Refer to Treatment of disseminated fungal infection in immunocompromised/HIV patients<br><a href="#">Opportunistic Infections in HIV patients</a> |                                                                                                                      |                                                                                                                                                          |
| Penicilliosis and life threatening acute severe disseminated Histoplasmosis                              | Refer to Treatment of disseminated fungal infection in immune compromised/HIV patients<br><a href="#">Opportunistic Infections in HIV patients</a>                                     |                                                                                                                      |                                                                                                                                                          |

| Infection/Condition and Likely Organism | Suggested Treatment                                                                                                          |                          | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|-----------------------------------------|------------------------------------------------------------------------------------------------------------------------------|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                         | Preferred                                                                                                                    | Alternative              |                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>7. Viral Infection</b>               |                                                                                                                              |                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Herpes Simplex Infections               | Mild infection:<br>Acyclovir 400mg PO q8h<br>for 5 days                                                                      | Valacyclovir 1gm PO q12h |                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|                                         | Severe life threatening:<br>Acyclovir 5-10mg/kg IV<br>q8h for 5 days or until able<br>to take orally, then change<br>to oral |                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|                                         | Genitalia:<br>Refer to National STI<br>guidelines                                                                            |                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Chickenpox ( <i>Varicella zoster</i> )  | Immunocompetent<br>Acyclovir 800mg PO 5<br>times daily for 7 days                                                            | Valacyclovir 1gm PO q8h  | Advisable to start<br>treatment early within 48<br>hours.                                                                                                                                                                                                                                                                                                                                                                                                   |
|                                         | Immunocompromised<br>Acyclovir 10mg/kg IV q8h<br>for 7 days<br>(change to oral once there<br>is an improvement)              |                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <i>Herpes zoster</i>                    | Please refer to varicella<br>zoster treatment above                                                                          |                          | <p>Topical antiviral treatment is not recommended for Herpes Zoster.</p> <p>Systemic antiviral treatment is recommended for all immunocompromised patient or for immunocompetent patients with following criteria:<br/>           &gt;50 years of age<br/>           Have moderate or severe pain<br/>           Have moderate or severe rash<br/>           Have non-truncal involvement</p> <p>Advisable to start treatment early within 48-72 hours.</p> |



| Infection/Condition and Likely Organism          | Suggested Treatment                                                                                                                                                                   |                                                                                                                          | Comments |
|--------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|----------|
|                                                  | Preferred                                                                                                                                                                             | Alternative                                                                                                              |          |
| <b>8. Parasitic Infestation</b>                  |                                                                                                                                                                                       |                                                                                                                          |          |
| Scabies<br><i>Sarcoptes scabiei</i>              | Permethrin 5% lotion/<br>cream apply and leave<br>overnight, clean next day,<br>family treatment, wash<br>clothes<br>PLUS<br>Antihistamines<br><br>Repeat application after 1<br>week | Tab. *Ivermectin 6mg<br>2tabs stat, repeat after 1<br>week<br><br>*Not recommended for<br>children <12 years or<br><15kg |          |
|                                                  | In pregnancy/<br>Immunocompromised:<br>Permethrin 5% lotion/<br>cream apply and leave for<br>8 hours<br><br>Repeat application after 1<br>week                                        |                                                                                                                          |          |
| Head Lice<br><i>Pediculus humanus capitis</i>    | Permethrin 1% lotion<br>apply to scalp for 10 min<br>and wash off<br>OR<br>Malathion 1% shampoo<br><br>Repeat application after 1<br>week                                             |                                                                                                                          |          |
| Body Lice/Pubic Lice<br><i>Pediculus humanus</i> | Malathion lotion 0.5% for<br>8-12 hours and wash off<br>OR<br>Permethrin 1% cream<br>apply to affected area for<br>10 min and wash off                                                |                                                                                                                          |          |

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# TROPICAL AND OTHER INFECTIONS

| Infection/Condition and Likely Organism                                  | Suggested Treatment                                                                                                |                                                                                                                                                                                                           | Comments                                                                           |
|--------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
|                                                                          | Preferred Treatment                                                                                                | Alternative Treatment                                                                                                                                                                                     |                                                                                    |
| <b>Typhoid fever</b><br><i>Salmonella Typhi and Salmonella Paratyphi</i> |                                                                                                                    |                                                                                                                                                                                                           |                                                                                    |
| <b>Uncomplicated enteric fever</b>                                       |                                                                                                                    |                                                                                                                                                                                                           |                                                                                    |
| Empirical antibiotic                                                     | <b>Cefixime</b> 20 mg/kg/day PO for 7-14 days                                                                      | <b>Azithromycin</b> 1g PO stat on D1 followed by 500mg q24h for total of 5-7 days                                                                                                                         | Send Blood Culture/ Standard sample 10ml                                           |
| Fully susceptible                                                        | <b>Amoxicillin</b> 1g q8h PO for 7-14 days<br><br>OR<br><b>Trimethoprim-sulfamethoxazole</b> DS q12h for 7-14 days | <b>Chloramphenicol</b> 500mg PO q6h for 14 days<br><br>OR<br><b>Azithromycin</b> 1g PO stat on D1 followed by 500mg q24h for total of 5-7 days<br><br>OR<br><b>Cefixime</b> 20 mg/kg/day PO for 7-14 days | Based on C/S reports.                                                              |
| *Multidrug resistant                                                     | <b>Ciprofloxacin</b> 500mg PO q12h for 7 days (or 400mg IV q12h)                                                   | <b>Cefixime</b> 20 mg/kg/day PO for 7-14 days or<br><br><b>Azithromycin</b> 20 mg/kg/day PO for 7 days                                                                                                    | Resistant to <b>Chloramphenicol, Amoxicillin and Trimethoprim-sulfamethoxazole</b> |
| Quinolones resistant                                                     | <b>Azithromycin</b> 20 mg/kg/day PO for 7 days                                                                     |                                                                                                                                                                                                           |                                                                                    |
| Extensively drug resistant                                               | <b>Azithromycin</b> 20 mg/kg/day PO for 7 days                                                                     |                                                                                                                                                                                                           |                                                                                    |
| Complicated/Severe                                                       |                                                                                                                    |                                                                                                                                                                                                           |                                                                                    |

| Infection/Condition and Likely Organism              | Suggested Treatment                                                        |                                                        | Comments                                                                                                                                                                                                                                                                                                          |
|------------------------------------------------------|----------------------------------------------------------------------------|--------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                      | Preferred Treatment                                                        | Alternative Treatment                                  |                                                                                                                                                                                                                                                                                                                   |
| Empirical antibiotic                                 | <b>Ceftriaxone</b> 50-75 mg/kg/day IV for 10-14 days                       |                                                        | Modify therapy based on C/S data.                                                                                                                                                                                                                                                                                 |
| Fully susceptible                                    | <b>Ciprofloxacin</b> 400mg IV q12 for 10-14 days<br><br>(or 500mg PO q12h) | <b>Ceftriaxone</b> 50-75 mg/kg/day IV for 10-14 days   | *Once improvement – switch to oral.                                                                                                                                                                                                                                                                               |
| Multidrug resistant                                  | <b>Ciprofloxacin</b> 400mg IV q12 for 10-14 days<br><br>(or 500mg PO q12h) | <b>Ceftriaxone</b> 50-75 mg/kg/day IV for 10-14 days   |                                                                                                                                                                                                                                                                                                                   |
| Quinolones resistant                                 | <b>Ceftriaxone</b> 50-75 mg/kg/day IV for 10-14 days                       | <b>Azithromycin</b> 20 mg/kg/day* IV/PO for 10-14 days |                                                                                                                                                                                                                                                                                                                   |
| Extensively drug resistant                           | <b>Meropenem</b> 60 mg/kg/day IV for 10-14 days                            | <b>Azithromycin</b> 20 mg/kg/day* IV/PO for 10-14 days |                                                                                                                                                                                                                                                                                                                   |
| Bowel perforation/ Septic shock/ Mycotic aneurysm    | <b>Meropenem</b> 60mg/kg/day IV in 3 divided doses for 10-14days           |                                                        |                                                                                                                                                                                                                                                                                                                   |
| <b>Cholera</b><br><i>Vibrio cholerae</i>             |                                                                            |                                                        |                                                                                                                                                                                                                                                                                                                   |
| Tetracycline susceptible                             | <b>Doxycycline</b> 300mg PO stat                                           | <b>Ciprofloxacin</b> 1gm PO stat                       | Oral or intravenous hydration is the mainstay of cholera treatment.                                                                                                                                                                                                                                               |
| Tetracycline resistant                               | * <b>Azithromycin</b> 1gm PO stat                                          | <b>Ciprofloxacin</b> 1gm PO stat                       | Antibiotics is recommended for severely ill patients, who are severely or moderately dehydrated and continue to pass a large volume of stool during rehydration treatment, hospitalized patient and moderate to severe cases.<br>* <b>Azithromycin/ Erythromycin:</b> Recommended alternative for pregnant woman. |
| <b>Scrub typhus</b><br><i>Orientia tsutsugamushi</i> |                                                                            |                                                        |                                                                                                                                                                                                                                                                                                                   |
| Uncomplicated                                        | <b>Doxycycline</b> 100mg PO q12h for 7 days                                | * <b>Azithromycin</b> 500mg PO stat                    | * <b>Azithromycin:</b> Recommended for pregnant woman.                                                                                                                                                                                                                                                            |

| Infection/Condition and Likely Organism                                                           | Suggested Treatment                                                                                                                                                                                        |                                                                                                                   | Comments                                                                |
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|                                                                                                   | Preferred Treatment                                                                                                                                                                                        | Alternative Treatment                                                                                             |                                                                         |
| Complicated (ARDS, septic shock, myocarditis, meningoencephalitis, hepatitis, renal failure)      | * <b>Azithromycin</b> 500mg IV q24h for 5 days (500mg IV q12h on D1 then q24h)                                                                                                                             | If not responding to <b>Azithromycin</b> :<br><b>Rifampicin</b> 600mg PO q24h for 5 days                          | *Recommend for early IV to Oral switch once symptoms improve or stable. |
| <b>Brucellosis</b><br><i>Brucella melitensis, Brucella abortus, Brucella suis, Brucella canis</i> |                                                                                                                                                                                                            |                                                                                                                   |                                                                         |
| Non focal disease                                                                                 | <b>Doxycycline</b> 100mg PO q12h for 6 weeks<br>PLUS<br><b>Gentamicin</b> 5mg/kg/24h IV for 7 days                                                                                                         | <b>Doxycycline</b> 100mg PO q12h for 6 weeks<br>PLUS<br><b>Rifampicin</b> 600-900mg (15mg/kg) PO q24h for 6 weeks |                                                                         |
| Spondylitis/Sacroiliitis                                                                          | <b>Doxycycline</b> 100mg PO q12h for ≥ 12 weeks<br>PLUS<br><b>Gentamicin</b> 5mg/kg/24h IV for 7 days<br>PLUS<br><b>Rifampicin</b> 600-900mg (15mg/kg) PO q24h for ≥ 12 weeks                              |                                                                                                                   |                                                                         |
| Neurobrucellosis                                                                                  | <b>Doxycycline</b> 100mg PO q12h*<br>PLUS<br><b>Rifampicin</b> 600-900mg(15mg/kg) PO q24h*<br>PLUS<br><b>Ceftriaxone</b> 2gm IV q12h**                                                                     |                                                                                                                   | *At least 6 weeks.<br>** Until CSF returns to normal.                   |
| Endocarditis                                                                                      | <b>Rifampicin</b> 600-900mg PO q24h<br>PLUS<br><b>Doxycycline</b> 100mg PO q12h<br>PLUS<br><b>Trimethoprim-sulfamethoxazole</b> 160/800mg PO q12h<br>PLUS<br><b>Gentamicin</b> 5mg/kg/24h IV for 2-4 weeks |                                                                                                                   | Duration: 45 days to 6 months.<br>Surgery needed.                       |

| Infection/Condition and Likely Organism                                         | Suggested Treatment                                                                                                                                                                                                    |                                                                                                                                                                                                                                            | Comments                                                                                                                                                                                                                            |
|---------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                 | Preferred Treatment                                                                                                                                                                                                    | Alternative Treatment                                                                                                                                                                                                                      |                                                                                                                                                                                                                                     |
| Pregnancy*                                                                      | Rifampicin 600-900mg (15mg/kg) PO q24h for 6 weeks                                                                                                                                                                     | Rifampicin 600-900mg (15mg/kg) PO q24h for 4 weeks<br>PLUS<br>Trimethoprim-sulfamethoxazole 160/800mg PO q12h for 4 weeks                                                                                                                  | *Not much data.                                                                                                                                                                                                                     |
| <b>Leptospirosis</b><br><i>Leptospira</i> spp.                                  |                                                                                                                                                                                                                        |                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                     |
| Mild to Moderate disease                                                        | Doxycycline 100mg PO q12h for 5-7 days                                                                                                                                                                                 | Azithromycin 500mg PO q24h for 3 days                                                                                                                                                                                                      |                                                                                                                                                                                                                                     |
| Severe disease (Leptospiral pulmonary syndrome, multiorgan involvement, sepsis) | Ceftriaxone 2gm IV q24h for 7 days (to deescalate to Benzylpenicillin once symptoms improve/stable)<br>OR<br>Benzylpenicillin 1.5MU IV q6h for 7 days                                                                  |                                                                                                                                                                                                                                            | May consider Methylprednisolone 500-1000mg IV for 3 days if pulmonary hemorrhage present. However, there is insufficient evidence to support the routine use of corticosteroid.                                                     |
| <b>Tetanus</b>                                                                  |                                                                                                                                                                                                                        |                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                     |
| <u>Causative organism</u><br><i>Clostridium tetani</i>                          | Metronidazole 500mg IV q6-8h for 7-10 days<br><br>PLUS<br>Human Tetanus Immunoglobulin 3000-6000IU IM stat<br><br>PLUS<br>Tetanus toxoid vaccine IM (initiate age appropriate active immunization at a different site) | Benzylpenicillin 100,000-200,000 unit/kg/24h IV q6h for 7-10 days<br><br>PLUS<br>Human Tetanus Immunoglobulin 3000-6000IU IM stat<br><br>PLUS<br>Anti-toxoid vaccine IM (initiate age appropriate active immunization at a different site) | Human Tetanus Immunoglobulin 500IU might be as effective as higher doses of 3,000 to 6,000IU and causes less discomfort.<br><br>All patients with tetanus should undergo wound debridement to eradicate spores and necrotic tissue. |

| Infection/Condition and Likely Organism                                                                                                                    | Suggested Treatment                                                                                                                                                                                                                                           |                                                                                                                                                        | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                            | Preferred Treatment                                                                                                                                                                                                                                           | Alternative Treatment                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Melioidosis</b><br><i>Burkholderia pseudomallei</i>                                                                                                     |                                                                                                                                                                                                                                                               |                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Intensive Therapy (Uncomplicated)                                                                                                                          | <b>Ceftazidime</b> 100-120mg/kg/24h IV q6-8h (in children)<br>Adults: 2gm IV q6h for 10-14 days<br>PLUS<br>* <b>Trimethoprim-sulfamethoxazole</b><br>(Dose as per eradication therapy below)                                                                  |                                                                                                                                                        | *Add on <b>Trimethoprim-sulfamethoxazole</b> in eye, neurologic, testicular, prostatic, pericardium, bone and joint melioidosis.<br><br>Drainage of abscesses should be attempted wherever appropriate such as pericardial and prostatic abscess, and empyema.<br>Duration of intensive therapy:<br><ul style="list-style-type: none"> <li>■ Skin, bacteraemia with no foci, mild pneumonia: 2 weeks</li> <li>■ Complicated pneumonia, prostatic, deep-seated foci, septic arthritis: 4 weeks</li> <li>■ Osteomyelitis: 6 weeks</li> <li>Neurologic/CNS: 8 weeks</li> </ul><br>To use clinical judgement to guide prolongation of intensive phase if improvement is slow/persistent bacteraemia. |
| Intensive Therapy (Complicated)<br><br>(Severe melioidosis or neuromelioidosis)                                                                            | <b>Meropenem</b> 75mg/kg/24h IV q8h (usual dose: 1gm IV q8h; if neurologic, 2gm IV q8h)<br>OR<br><b>Imipenem</b> 50mg/kg/24h IV q6h (usual dose: 500-1000mg q6h)<br>PLUS<br>* <b>Trimethoprim-sulfamethoxazole</b><br>(Dose as per eradication therapy below) |                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Eradication/Maintenance Therapy                                                                                                                            | <b>Trimethoprim-sulfamethoxazole</b><br><40 kg: 160/800mg PO q12h<br>40-60kg: 240/1200mg PO q12h<br>>60kg: 320/1600mg PO q12h                                                                                                                                 | <u>For children &lt; 8 years</u><br><b>Amoxicillin-clavulanate</b><br><60kg: 1250mg (2 tabs of 625mg) PO q8h<br>>60kg: 1875mg (3 tabs of 625mg) PO q8h | Duration of eradication therapy:<br>Osteomyelitis, Neurologic/CNS: 24 weeks<br>Others: minimum 12 weeks                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Malaria : Refer to National Guidelines (National Malaria Treatment Protocol 2019)</b>                                                                   |                                                                                                                                                                                                                                                               |                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>SEXUALLY TRANSMITTED INFECTIONS:</b><br><b>Refer to National Guidelines (National Guidelines on Management of Sexually Transmitted Infections 2022)</b> |                                                                                                                                                                                                                                                               |                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>TUBERCULOSIS IN ADULTS:</b><br><b>Refer to National Guidelines (National Tuberculosis Management Guidelines 2019)</b>                                   |                                                                                                                                                                                                                                                               |                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

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# HIV INFECTION IN ADULTS

## Initiation of Anti-Retroviral Therapy (ART)

As per revised WHO guideline, all People Living with HIV (PLHIV) should be put on ART as soon as they are found positive regardless of CD4 count and clinical stage. This includes all pregnant women irrespective of stage of pregnancy. The basic principle of ART is to use a triple drug fixed dose combination (FDC) from two different classes. In line with the WHO recommendation to use Dolutegravir (DTG) and the findings from the national HIV pretreatment drug resistance (PDR) conducted in 2016 showing more than 10% resistance to NNRTIs, Nepal decided to transition to a DTG-containing regimen as first line ART. Neural tube defects may be associated with use of DTG at conception. Therefore, women of childbearing age or any pregnant woman should receive full information about the risk and benefit of ART and medical guidance that is appropriate to her situation.

## Refer to National Guidelines

### OPPORTUNISTIC INFECTIONS IN HIV INFECTED PATIENTS

Various co-infections, comorbidities and other health conditions are common among PLHIV. Opportunistic infections (OI) are defined as infections that are more frequent or more severe because of immunosuppression in HIV-infected patients. These are the most important cause of morbidity and mortality in this population.

#### Cotrimoxazole Prevention Therapy (CPT):

CPT is a cost-effective intervention effective against following infections in HIV positive patients:

- Common bacterial infections, including bacterial pneumonia, septicaemia.
- Diarrhoea, including that caused by *Cystoisospora belli*.
- Malaria.
- Toxoplasmosis.
- Pneumocystis pneumonia (PCP, primary or recurrent).

CPT for adults should be started for:

- HIV-infected with CD4 count <350 cells/mm<sup>3</sup>.
- All adults with severe and advanced HIV disease (WHO stage 3 or 4).

The regimen is:

- One DS tablets (160 TMP/800 SMX) every day or
- Two SS tablets (80 TMP/400 SMX) every day

CPT must be discontinued in the following situation:

Severe cutaneous reaction, such as Steven-Johnson syndrome, renal and /or hepatic failure and severe hematological toxicity.

Timing of CPT:

- **Cotrimoxazole** and ART should not be started at the same time.
- **Cotrimoxazole** should be started and after 2 weeks ART should be initiated if the individual is stable on Cotrimoxazole and has no rash.

Alternative to **Cotrimoxazole**

In patients intolerant to **Cotrimoxazole**, Dapsone 100mg once daily is the first alternative medicine.

## Tuberculosis

Among PLHIV, TB is the most frequent life-threatening OIs and a leading cause of death accounting for about a third of all mortality. ART should be provided to all PLHIV with active TB disease.

### HIV care setting should implement WHO Three I's strategy:

- Intensified TB case-finding.
- Isoniazid Prevention Therapy (IPT).
- Infection control at all clinical encounters.

### Isoniazid Prevention Therapy (IPT)

Preventive therapy against TB is the use of anti-TB drugs in individuals with latent *Mycobacterium tuberculosis* infection regardless of CD4 cell count or ART status in order to prevent progression to active tuberculosis. IPT should only be used in patients whom active tuberculosis has been excluded, active patient follow-up is possible and high-level adherence can be attained and should be provided for 6 months. **Cotrimoxazole** and ART should not be started at the same time as IPT.

### Regimen:

Isoniazid 300mg daily for 6 months. Vitamin B6 25 mg/day (pyridoxine) should be given together with IPT for 6 months.

### TB management among PLHIV

- All HIV-infected patients with diagnosis of active TB should be put on TB treatment immediately.
- ATT regimen is same for PLHIV as for non-HIV patients.
- ART should be started in all TB patients, including those with drug resistant TB, irrespective of CD4 count.
- Anti-tubercular treatment should be initiated first, followed by ART as soon as possible within the first 8 weeks of treatment (2 weeks, if CD4 <50 cells).
- In all HIV-infected pregnant women with active TB, ART should be started as early as feasible, both for maternal health and for elimination of vertical transmission of HIV.

(For ART drug choice in TB co-infection refer to National HIV Testing and Treatment Guideline 2020)

## Cryptococcal infection

Causative organism

*Cryptococcus neoformans*

The incidence of cryptococcal meningitis increases as the CD4 count falls below 100 cells/ml and most cases occurs when CD4 count falls below 50 cells/ml. Mostly they present as sub-acute meningitis or meningoencephalitis with the following symptoms

- Fever.
- Malaise.
- Headache.
- Neck stiffness and photophobia (i.e. meningeal symptoms in 25-30%).
- Altered mental status/confusion, personality changes, memory loss.
- Impaired consciousness and coma.
- Focal signs, including cranial nerve palsy.

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                         | Treatment                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                           | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                 | Preferred therapy                                                                                                                                                                                                                                                                                                                 | Alternative therapy                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Induction phase                                                                                                                                                                                                                                                                 | <p>Cryptococcal meningitis, non CNS extrapulmonary cryptococcosis and diffuse pulmonary disease</p> <p>Amphotericin B IV (0.7-1mg/kg/day)<br/>PLUS<br/>Flucytosine PO 25mg/kg q6h</p> <p>Non CNS cryptococcosis with mild to moderate symptoms or focal pulmonary cryptococcosis:<br/>Fluconazole: 400mg/day (800mg on day 1)</p> | <p><u>In decreasing order of efficacy</u><br/><u>Preferred alternative:</u><br/>Amphotericin B IV 0.7-1mg/kg/day<br/>PLUS<br/>Fluconazole 800mg/day IV or PO</p> <p><u>Option 2 (less efficient)</u><br/>5FC (Flucytosine)25mg/kg q6h<br/>PLUS<br/>Fluconazole 800mg/day IV or PO</p> <p><u>Option 3 (Least efficient)</u><br/>Fluconazole 1200mg/day</p> | <p>Amphotericin B therapy should be administered in qualified health facilities capable of close clinical and laboratory monitoring. Dosage of Amphotericin B and Flucytosine should be adjusted to creatinine clearance rate. Opening CSF pressure should always be measured at initiation of treatment and when lumbar puncture is performed. Repeat LP are essential to effectively manage raised intra-cranial pressure. Corticosteroids and mannitol are ineffective to decrease intracranial pressure in Cryptococcus meningitis.</p> |
| <p>Consolidation phase<br/>8 week</p> <p>Followed by maintenance phase</p>                                                                                                                                                                                                      | <p>Fluconazole 400mg/day (800mg on day 1)</p>                                                                                                                                                                                                                                                                                     | <p>If induction phase with Fluconazole 1200mg/day:<br/>Consolidation with Fluconazole 800mg/day</p>                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <p>Maintenance Phase</p> <p><u>At least 12 months:</u><br/>Fluconazole can be stopped in patients who have been on ART and have CD4 consistently above 100 cell/mm<sup>3</sup> for at least 6 months. If there is fall in CD4 count, Fluconazole should be restarted again.</p> | <p>Fluconazole 200mg/day</p>                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |

| Infection/Condition and Likely Organism                                   | Treatment                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|---------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                           | Preferred therapy                                                                                        | Alternative therapy                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Pneumocystis jirovecii (carinii*) interstitial pneumonia (PJP/PCP)</b> |                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Treatment                                                                 | <p><b>Trimethoprim-sulfamethoxazole</b> 15-20mg/kg/day (TMP component) IV/PO in 3 to 4 divided doses</p> | <p><u>For mild to moderate cases:</u><br/>(PO<sub>2</sub> 70-80mmHg)<br/><b>Clindamycin</b> 600mg IV/PO q8h<br/>PLUS<br/>Primaquine 30mg (base) PO q24h</p> <p>OR</p> <p>Dapsone 100mg PO q24h<br/>PLUS<br/><b>Trimethoprim</b> 15mg/kg/day PO in 3-4 divided doses</p> <p><u>For severe cases:</u><br/>(PO<sub>2</sub> &lt; 70mmHg)<br/>Pentamidine 4mg/kg/day IV<br/>(in 1 pint 5% dextrose or Normal saline (NS) run over 1-2 hours)</p> <p>OR<br/><b>Clindamycin</b> 600mg IV q6h or 900mg IV q8h<br/>PLUS<br/>Primaquine 30mg (base) PO q24h</p> | <p>Duration 21 days</p> <p>Patients with severe disease should receive corticosteroids as soon as possible (within 72 hours of starting PCP treatment).</p> <p><u>Prednisolone dose:</u><br/>40mg PO q12h for 5 days, then<br/>40mg PO q24h for 5 days, then<br/>20mg PO q24h for 11 days<br/>(Total duration is 21 days)</p> <p><b>Trimethoprim-sulfamethoxazole</b> and <b>Clindamycin</b> has excellent bioavailability, may switch to PO after clinical improvement.</p> <p>Patients given dapsone or primaquine should be tested for G6PD deficiency.</p> |

| Infection/Condition and Likely Organism                                                                                                                     | Treatment                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                     | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                             | Preferred therapy                                                                                   | Alternative therapy                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Prophylaxis<br>(Primary and secondary)<br><br><b>Indications:</b><br>CD4 count <200 cells/μl<br>CD4 count 200-250<br>Cells/μl if ART cannot be<br>initiated | <b>Trimethoprim-sulfamethoxazole</b><br>(80/400mg)                                                  | Dapsone 100mg PO q24h<br>OR<br>Aerosolized Pentamidine<br>300mg monthly via<br>ultrasonic nebulizer                                                                                                                                                                                                                                                                                 | Discontinuation:<br>Can consider when CD4<br>100-200 cells/μL if HIV<br>RNA is suppressed for<br>3-6 months with ART.<br><br>Restarting prophylaxis:<br>CD4 count falls to <200<br>cells/μL or<br>PCP occurs at a CD4 ><br>200 cells/μL (lifelong<br>prophylaxis should be<br>considered).<br><br>Patients receiving<br><b>Sulfadiazine-</b><br><b>Pyrimethamine</b><br>or Sulfadoxine-<br><b>Pyrimethamine</b><br>for treatment or<br>suppression of<br>toxoplasmosis do not<br>require additional<br>prophylaxis for PCP. |
| <b>Toxoplasma gondii Encephalitis</b>                                                                                                                       |                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Acute Infection<br><br>(up to 97% patients are<br>Toxoplasma gondii IgG<br>positive)                                                                        | <b>Trimethoprim-sulfamethoxazole</b> 10mg/<br>kg/day<br>(TMP component) IV/PO<br>in 2 divided doses | *Pyrimethamine 200mg<br>PO loading dose followed<br>by Pyrimethamine:<br><ul style="list-style-type: none"> <li>• 50mg PO q24h (if<br/>               BW≤60kg)</li> <li>• 75mg PO q24h (if<br/>               BW&gt;60kg)</li> </ul> PLUS<br>Folinic acid 10-25mg IV/<br>PO q24h<br>PLUS<br><br><b>Clindamycin</b> 600mg IV/<br>PO q6h<br>OR<br>* <b>Sulfadiazine</b> 1gm PO<br>q6h | Duration: At least 6<br>weeks<br><br>Adjunctive<br>corticosteroids<br>(E.g. dexamethasone)<br>should be administered<br>when clinically indicated<br>to treat mass effect<br>associated with focal<br>lesions or associated<br>oedema but should be<br>discontinued as soon as<br>clinically feasible.<br><br>*Pyrimethamine<br>(Sulfadoxine-<br>Pyrimethamine) can be<br>used interchangeably<br>depending on<br>availability.                                                                                             |

| Infection/Condition and Likely Organism                                                             | Suggested Treatment                                        |                                                                                                                                                                                                                                                                                         | Comments                                                                                                               |
|-----------------------------------------------------------------------------------------------------|------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
|                                                                                                     | Preferred                                                  | Alternative                                                                                                                                                                                                                                                                             |                                                                                                                        |
| Suppressive/<br>Maintenance                                                                         | Trimethoprim-sulfamethoxazole (80/400mg) 2 tablets PO q12h | Dapsone 100mg PO q24h<br>OR<br>Clindamycin 600mg PO q8h<br><br>PLUS<br>Pyrimethamine 50mg PO twice-weekly<br>PLUS<br>Folinic acid 10-25mg PO twice-weekly<br><br>OR<br><br>Sulfadiazine 0.5-1gm PO q6h<br>PLUS<br>Pyrimethamine 25-50mg PO q24h<br>PLUS<br>Folinic acid 10-25mg PO q24h | Discontinuation:<br>Consider when CD4>200 cells/μL if HIV RNA is suppressed for 6 months with ART.                     |
| Primary Prophylaxis<br><br><u>Indications:</u><br>Toxoplasma gondii<br>IgG positive with<br>CD4<100 | Trimethoprim-sulfamethoxazole (80/400mg) 2 tablets PO q24h | Dapsone 50mg PO q24h<br>PLUS<br>Pyrimethamine 50mg PO once weekly<br>PLUS<br>Folinic acid 25mg PO once weekly<br><br>OR<br><br>Dapsone 200mg PO once weekly<br>PLUS<br>Pyrimethamine 75mg PO once weekly<br>PLUS<br>Folinic Acid 25mg PO once weekly                                    | Discontinuation:<br>CD4>200 cells/μL for > 3months<br>CD4>100 cells/μL, if HIV viral load suppressed for 3 to 6 months |

| Infection/Condition and Likely Organism                    | Suggested Treatment                                                                                                                                                                                                       |                                                                                  | Comments                                                                                                                                                                                                                                                                                                                                                    |
|------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                            | Preferred                                                                                                                                                                                                                 | Alternative                                                                      |                                                                                                                                                                                                                                                                                                                                                             |
| <b>Mucocutaneous Candidiasis</b>                           |                                                                                                                                                                                                                           |                                                                                  |                                                                                                                                                                                                                                                                                                                                                             |
| Oropharyngeal (oral thrush)                                | Nystatin suspension 500,000units PO 4-5 times daily<br>OR<br>Fluconazole 100mg PO q24h                                                                                                                                    | *Itraconazole 200mg PO q24h                                                      | Duration: 7-14 days<br><br>Chronic suppressive therapy is usually not recommended.<br><br>*Itraconazole: Absorption depends on gut acidity. Take capsule with food and acidic beverage (e.g.: Cola drinks). Avoid PPIs and H2 blockers.<br><br>Significant drug interaction with p450 enzyme inducers (e.g.: Rifampicin). Consider fluconazole if in doubt. |
| Oesophageal                                                | Fluconazole 200-400mg PO/IV q24h                                                                                                                                                                                          | Itraconazole 200mg PO q24h<br>OR<br>Amphotericin B deoxycholate 0.6mg/kg IV q24h | Duration: 14-21 days<br><br>Candidiasis is the most common cause of oesophagitis with HIV infection, but CMV, HSV and aphthous ulcerations can present with similar complaints.<br><br>Endoscopy required with unusual presentations or lack of response to azole within several days.                                                                      |
| Vulvovaginal                                               | Refer to <u>Obstetrics and Gynaecology Infections</u>                                                                                                                                                                     |                                                                                  |                                                                                                                                                                                                                                                                                                                                                             |
| <b>Histoplasmosis (<i>Histoplasma capsulatum</i>)</b>      |                                                                                                                                                                                                                           |                                                                                  |                                                                                                                                                                                                                                                                                                                                                             |
| Moderate to severe disseminated disease or CNS involvement | Induction therapy<br>*Amphotericin B deoxycholate 0.7-1.0mg/kg IV q24h for at least 2 weeks<br><br>Followed by<br><br>Maintenance therapy<br>Itraconazole 200mg PO q8h for 3 days, then 200mg q12h for at least 12 months |                                                                                  | *The lipid formulations of amphotericin B may be used instead if available.<br><br>All the triazole antifungals have the potential to interact with certain ARV agents and other anti-infective agents.                                                                                                                                                     |

| Infection/Condition and Likely Organism                                                                                                                                                                                   | Suggested Treatment                                                                                                            |                                                                                                                                        | Comments                                                                                                                                                                                                                                                                                                                                                                    |
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|                                                                                                                                                                                                                           | Preferred                                                                                                                      | Alternative                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                             |
| Mild disseminated disease (Blood culture positive but patient is asymptomatic)                                                                                                                                            | Induction and maintenance therapy<br>*Itraconazole 200mg PO q8h for 3 days, then 200mg POq12h                                  | For patients intolerant to Itraconazole:<br>Fluconazole 800mg PO q24h<br>OR<br>Voriconazole 400mg PO q12h on day 1, then 200mg PO q12h | Duration: At least 12 months<br><br>*Itraconazole: Absorption depends on gut acidity. Take capsule with food and acidic beverage (e.g.: Cola drinks). Avoid PPIs and H2 blockers.                                                                                                                                                                                           |
| Chronic Suppressive therapy (Secondary prophylaxis)<br><br><u>Indication:</u><br>Severe disseminated or CNS infection after completion of at least 12 months of treatment<br>Relapsed despite appropriate initial therapy | *Itraconazole 200mg PO q24h                                                                                                    | Fluconazole 400mg PO q24h                                                                                                              | Discontinuation:<br>Received azole for > 1 year,<br>AND<br>Negative fungal blood cultures,<br>AND<br>CD4 count > 150 cells/μL for ≥6 months on ART<br><br>Restarting secondary prophylaxis:<br>CD4 count < 150 cells/μL<br><br>*Itraconazole: Absorption depends on gut acidity. Take capsule with food and acidic beverage (e.g. Cola drinks). Avoid PPIs and H2 blockers. |
| <b>Penicilliosis (<i>Penicillium/Talaromyces marneffeii</i>)</b>                                                                                                                                                          |                                                                                                                                |                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                             |
| Acute infection (Severely-ill patients)                                                                                                                                                                                   | Induction therapy<br>*Amphotericin B deoxycholate 0.6-0.7mg/kg IV for 2 weeks<br><br>Must be followed by consolidation therapy | Voriconazole 6mg/kg IV q12h on day 1, then 200mg PO q12h for at least 3 days<br><br>Must be followed by consolidation therapy.         | *The lipid formulations of amphotericin B may be used instead if available.<br><br>All the triazole antifungals have the potential to interact with certain ARV agents and other anti-infective agents.<br><br>**Itraconazole: Absorption depends on gut acidity: Capsule: Take with food and acidic beverage (e.g.: cola drinks).                                          |
|                                                                                                                                                                                                                           | Consolidation therapy<br>**Itraconazole 200mg PO q12h for 10 weeks<br><br>Must be followed by maintenance therapy              | Fluconazole 400mg PO q12h for 10 weeks<br><br>Must be followed by maintenance therapy                                                  |                                                                                                                                                                                                                                                                                                                                                                             |



| Infection/Condition and Likely Organism                                                            | Suggested Treatment                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|----------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                    | Preferred                                                                                                                                                                                                                                                                                                                       | Alternative                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Acute infection (Mild disease)                                                                     | **Itraconazole 200mg PO q12h for at least 8-12 weeks<br><br>Must be followed by maintenance therapy                                                                                                                                                                                                                             | Fluconazole 400mg PO q12h for at least 8-12 weeks<br><br>Must be followed by maintenance therapy                                                                                                                                                                                                                               | Liquid preparation: Take on empty stomach<br>Avoid PPIs and H2 blockers.                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Maintenance therapy/ Secondary prophylaxis                                                         | **Itraconazole 200mg PO q24h                                                                                                                                                                                                                                                                                                    | Fluconazole 400mg PO q24h                                                                                                                                                                                                                                                                                                      | Discontinuation: CD4 count > 100 cells/μL for ≥ 6 months on ART                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Mycobacterium Avium Complex (MAC) Disease</b>                                                   |                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Treatment                                                                                          | <b>Clarithromycin</b> 500mg PO q12h<br>PLUS<br>Ethambutol 15mg/kg PO q24h<br><br>**PLUS<br><br><u>3<sup>rd</sup>/4<sup>th</sup> drug:</u><br><b>Amikacin</b> 10-15gm/kg IV q24h<br>OR<br><b>Streptomycin</b> 15mg/kg IM q24h<br><br>OR<br><br><b>Levofloxacin</b> 500mg PO q24h<br>OR<br><b>Ciprofloxacin</b> 500-750mg PO q12h | <b>*Azithromycin</b> 500mg PO q24h<br>PLUS<br>Ethambutol 15mg/kg PO q24h<br><br>**PLUS<br><br><u>3<sup>rd</sup>/4<sup>th</sup> drug:</u><br><b>Amikacin</b> 10-15gm/kg IV q24h<br>OR<br><b>Streptomycin</b> 15mg/kg IM q24h<br><br>OR<br><br><b>Levofloxacin</b> 500mg PO q24h<br>OR<br><b>Ciprofloxacin</b> 500-750mg PO q12h | Duration: At least 12 months.<br><br>* <b>Azithromycin</b> : use if drug interaction or intolerance precludes the use of <b>Clarithromycin</b> .<br><br>**Addition of 3 <sup>rd</sup> /4 <sup>th</sup> drug should be considered for patients with disseminated disease, CD4 count < 50 cells/μL or in the absence of effective ART.<br><br>Discontinuation: Consider if patient is on ART and viral load is suppressed, CD4 > 100 cells/μL > 6 months, asymptomatic or MAC, and has completed > 12 months of therapy. |
| Maintenance/ Secondary Prophylaxis                                                                 | Same as the treatment regimen                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                | Restarting secondary prophylaxis: CD4 < 100 cells/μL again.                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Primary Prophylaxis<br><br><u>Indications:</u><br>CD4 < 50 cells/μL<br>Ruled out active MAC and TB | <b>Azithromycin</b> 1250mg PO once weekly                                                                                                                                                                                                                                                                                       | <b>Clarithromycin</b> 500mg PO q12h                                                                                                                                                                                                                                                                                            | Discontinuation: Consider if patient is on ART AND Viral load is suppressed, CD4 > 100 cells/μL ≥ 3 months                                                                                                                                                                                                                                                                                                                                                                                                             |

| Infection/Condition and Likely Organism                                                                     | Suggested Treatment                                                                                                                                                                            |                                                                                                                                                                                              | Comments                                                                                                                                                                                                                                                   |
|-------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                             | Preferred                                                                                                                                                                                      | Alternative                                                                                                                                                                                  |                                                                                                                                                                                                                                                            |
| <b>Cytomegalovirus (CMV) Disease</b>                                                                        |                                                                                                                                                                                                |                                                                                                                                                                                              |                                                                                                                                                                                                                                                            |
| Treatment (CMV Retinitis) Immediate Sight Threatening Lesions (Adjacent to the Optic Nerve or Fovea)        | Intravitreal injections of Ganciclovir (2mg/injection) biweekly until scarring PLUS<br><br>Ganciclovir 5mg/kg IV q12h for<br>OR<br>Valganciclovir 900mg PO q12h<br><br>Followed by maintenance | Intravitreal injections of Foscarnet (2mg/injection) biweekly until scarring PLUS<br><br>Ganciclovir 5mg/kg IV q12h for<br>OR<br>Valganciclovir 900mg PO q12h<br><br>Followed by maintenance | Duration: 14-21 days.<br><br>Immune recovery is essential for successful treatment. Start ART within 2 weeks if possible.                                                                                                                                  |
| Treatment (CMV Retinitis) (For Small Peripheral Lesions)                                                    | Ganciclovir 5mg/kg IV q12h<br><br>Followed by maintenance                                                                                                                                      | Valganciclovir 900mg PO q12h<br><br>Followed by maintenance                                                                                                                                  |                                                                                                                                                                                                                                                            |
| Treatment (Extraocular CMV disease) (Oesophagitis, colitis, interstitial pneumonitis, neurological disease) | Ganciclovir 5mg/kg IV q12h<br><br>Followed by maintenance                                                                                                                                      | May consider switch to Valganciclovir 900mg PO q12h once patient tolerate orally (in CMV oesophagitis and colitis only)<br><br>Followed by maintenance                                       | Duration: 21-42 days or until signs and symptoms have been resolved.<br><br>Immune recovery is essential for successful treatment. Start ART within 2 weeks if possible.                                                                                   |
| Maintenance/ Secondary prophylaxis (CD3 <100 cells/μL)                                                      | Ganciclovir 5mg/kg IV q24h 5-7 times weekly                                                                                                                                                    | Valganciclovir 900mg PO q24h                                                                                                                                                                 | Discontinuation:<br>Consider if patient is on ART and viral load well suppressed, CD4 > 100 cells/μL ≥ 3 months after 3-6 months of CMV treatment.<br><br>Maintenance therapy is generally not necessary; ART offers best hope for prevention of relapses. |

| Infection/Condition and Likely Organism                                                                              | Suggested Treatment                                                                                                                                                               |                                                                                                                | Comments                                                                                                                                                                                                                                                       |
|----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                      | Preferred                                                                                                                                                                         | Alternative                                                                                                    |                                                                                                                                                                                                                                                                |
| <b>Herpes Simplex Virus (HSV) Infections</b>                                                                         |                                                                                                                                                                                   |                                                                                                                |                                                                                                                                                                                                                                                                |
| Refer to other sections - <a href="#">Oral infection</a> , <a href="#">CNS infection</a> and National STI guidelines |                                                                                                                                                                                   |                                                                                                                |                                                                                                                                                                                                                                                                |
| Varicella-Zoster Virus (VZV Diseases)                                                                                |                                                                                                                                                                                   |                                                                                                                |                                                                                                                                                                                                                                                                |
| Refer to <a href="#">Skin and Soft Tissue Infection</a>                                                              |                                                                                                                                                                                   |                                                                                                                |                                                                                                                                                                                                                                                                |
| <b>Bacterial Enteric Infections</b>                                                                                  |                                                                                                                                                                                   |                                                                                                                |                                                                                                                                                                                                                                                                |
| Salmonellosis<br>Salmonella non-typhi                                                                                | Ampicillin 2gm IV q4-6h<br>OR<br>Trimethoprim-sulfamethoxazole (80/400mg) 2 tablets PO or 2 ampoules IV q12h                                                                      | Ciprofloxacin 500-750mg PO or 400mg IV q12h<br>OR<br>Ceftriaxone 2gm IV q24h                                   | Susceptibility profile may help guide final choice.<br><br>Duration:<br>IF CD4 $\geq$ 200: 7-14 days.<br>IF CD4<200 and with bacteraemia: 6 weeks.<br><br>Longer course with debridement and drainage needed for persistent bacteraemia or metastatic disease. |
| <b>PML (Progressive Multifocal Leucoencephalopathy)</b>                                                              |                                                                                                                                                                                   |                                                                                                                |                                                                                                                                                                                                                                                                |
| Polyoma virus JC virus (JCV)                                                                                         | No effective therapy exists                                                                                                                                                       |                                                                                                                | With ART, some patients improve and others stabilize. Few may deteriorate due to immune reconstitution.                                                                                                                                                        |
| <b>Isospora belli Infection</b>                                                                                      |                                                                                                                                                                                   |                                                                                                                |                                                                                                                                                                                                                                                                |
| Initial Therapy                                                                                                      | Trimethoprim-sulfamethoxazole (160/800mg) IV/PO q6h                                                                                                                               | Pyrimethamine 50-75mg PO q24h<br>PLUS<br>Folinic acid 10-25mg PO q24h<br><br>OR<br>Ciprofloxacin 500mg PO q12h | Duration: 10 Days.                                                                                                                                                                                                                                             |
| <b>Cryptosporidiosis</b>                                                                                             |                                                                                                                                                                                   |                                                                                                                |                                                                                                                                                                                                                                                                |
| <i>Cryptosporidium</i> spp.                                                                                          | Symptomatic treatment of diarrhoea<br>For severe or persistent symptoms<br>Nitazoxanide 500mg-1g PO q12h for 2-8 weeks<br>OR<br>Paromomycin 500 mg three times daily for one week |                                                                                                                | Effective ART (to increase CD4 > 100 cells/ $\mu$ L) can result in complete, sustained clinical, microbiological and histologic resolution.                                                                                                                    |

| Infection/Condition and Likely Organism                                      | Suggested Treatment                                                                                                                                                                |                                                                                | Comments                                                                                                                                                                                                     |
|------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                              | Preferred                                                                                                                                                                          | Alternative                                                                    |                                                                                                                                                                                                              |
| <b>Microsporidiosis</b>                                                      |                                                                                                                                                                                    |                                                                                |                                                                                                                                                                                                              |
| <i>Microsporidium</i> spp.                                                   | Albendazole 400mg PO q12h for 2-4 weeks<br>PLUS<br>Symptomatic treatment of diarrhea (The best treatment option is ART and fluid support)                                          |                                                                                | Effective ART (to increase CD4 > 100 cells/μL) can result in complete, sustained clinical, microbiological and histologic resolution.                                                                        |
| <b>Syphilis (<i>Treponema pallidum</i> Infection)</b>                        |                                                                                                                                                                                    |                                                                                |                                                                                                                                                                                                              |
| <b>Refer to National STI guidelines</b>                                      |                                                                                                                                                                                    |                                                                                |                                                                                                                                                                                                              |
| <b>Bartonellosis (<i>Bartonella henselae</i>)</b>                            |                                                                                                                                                                                    |                                                                                |                                                                                                                                                                                                              |
| For Bacillary Angiomatosis, Peliosis hepatis, Bacteraemia, and Osteomyelitis | <b>Doxycycline</b> 100mg PO q12h<br>OR<br><b>Erythromycin</b> 500mg PO/IV q6h                                                                                                      | <b>Azithromycin</b> 500mg PO q24h<br>OR<br><b>Clarithromycin</b> 500mg PO q12h | Duration: At least 3 months.<br><br>If relapse occurs after initial (>3 month) Course of therapy, long-term suppression with <b>Doxycycline</b> or a macrolide is recommended as long as CD4 < 200 cells/μL. |
| Other Severe Infection (or CNS involvement)                                  | <b>Doxycycline</b> 100mg PO/IV q12h<br>PLUS*<br><b>Rifampicin</b> 300mg PO/IV q12h<br><br>OR<br><b>Erythromycin</b> 500mg PO/IV q6h<br>PLUS*<br><b>Rifampicin</b> 300mg PO/IV q12h |                                                                                |                                                                                                                                                                                                              |

**References:**

1. Consolidated guidelines on HIV prevention, testing, treatment, service delivery and monitoring: recommendations for a public health approach. July 2021.
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3. Guidelines for the Prevention and Treatment of Opportunistic Infections in HIV-Infected Adults and Adolescents by panel members of National Institutes of Health (NIH), the Centers for Disease Control and Prevention (CDC) and HIV Medicine Association of the Infectious Disease Society of America (HIVMA/IDSA) 2017.
4. National Antimicrobial Guideline, Third Edition. Petaling Jaya: Ministry of Health, Malaysia; 2019.
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6. The BMJ Best Practices: HIV-related opportunistic infections.
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8. The John Hopkins POC-IT ABX Guide 2000-2017.
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# **INFECTIONS IN PEADIATRIC AGE GROUP**

# RESPIRATORY TRACT INFECTION

| Infection/Condition and Likely Organism                                                                                                                                                                                  | Suggested Treatment                                                                                                                                                                                                     |                                                                                               | Comments |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|----------|
|                                                                                                                                                                                                                          | Preferred                                                                                                                                                                                                               | Alternative                                                                                   |          |
| Pneumonia (for children 2 -59 months)<br>Causative organism<br><i>Streptococcus pneumoniae</i>                                                                                                                           |                                                                                                                                                                                                                         |                                                                                               |          |
| After revision of Integrated Management of Childhood Illness guideline, revised guideline classifies pneumonia in children below 5 years into following category and plans the treatment for each one of them as follows |                                                                                                                                                                                                                         |                                                                                               |          |
| Children aged 2-59 months with cough and or difficulty in breathing                                                                                                                                                      | Cough and cold<br>No pneumonia                                                                                                                                                                                          | Home care                                                                                     |          |
|                                                                                                                                                                                                                          | Fast breathing or chest indrawing<br>Pneumonia                                                                                                                                                                          | Oral <b>Amoxicillin</b> and home care advice                                                  |          |
|                                                                                                                                                                                                                          | General danger signs*<br>Severe or very severe pneumonia                                                                                                                                                                | First dose antibiotic, then refer/<br>admit for injectable antibiotics/<br>Supportive therapy |          |
| *Not able to drink, persistent vomiting, convulsion, lethargic/unconscious, stridor in a calm child, severe malnutrition.                                                                                                |                                                                                                                                                                                                                         |                                                                                               |          |
| Children aged 2-59 months with fast breathing<br>Pneumonia with no chest indrawing or general danger signs                                                                                                               | <b>Amoxicillin</b> 40mg/kg/dose<br>PO q12h for 5 days                                                                                                                                                                   |                                                                                               |          |
| Children aged 2-59 months with Pneumonia with chest indrawing                                                                                                                                                            | <b>Amoxicillin</b> 40mg/kg/dose<br>PO q12h for 5 days                                                                                                                                                                   |                                                                                               |          |
| Children 2-59 months with severe Pneumonia                                                                                                                                                                               | <b>Ampicillin</b> 50mg/kg/dose<br>IV q6h for at least 5 days<br>OR<br><b>Benzyl penicillin</b> 50,000U/<br>kg IM/IV q6h for at least 5<br>days<br>PLUS<br><b>Gentamicin</b> 7.5mg/kg IM/<br>IV q24h for at least 5 days | <b>Ceftriaxone</b> 100mg/kg<br>once then 50mg/kg IV<br>q24h for at least 5 days               |          |

| Infection/Condition and Likely Organism                                                                                                                                                                                                                          | Suggested Treatment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                       | Comments |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|
|                                                                                                                                                                                                                                                                  | Preferred                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Alternative                                                                                                                                                                                                                                                                                                                           |          |
| <b>Pneumonia (for children &gt;5 years)</b>                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                       |          |
| Outpatient<br><u>Causative organism</u><br><i>Streptococcus pneumoniae</i><br><i>Haemophilus influenzae</i> type b<br><br><u>Atypical pneumonia</u><br><i>Mycoplasma pneumoniae</i><br><i>Chlamydia pneumoniae</i>                                               | <b>Amoxicillin</b> 40mg/kg/dose q12h for 5-7 days<br><br><u>If not vaccinated for <i>Streptococcus pneumoniae</i> or <i>Haemophilus influenzae</i></u><br><b>Amoxicillin-clavulanate</b> 30mg/kg/dose PO q8h<br><br>PLUS<br><u>If Atypical pneumonia is considered</u><br><b>Azithromycin</b> 10mg/kg PO once then 5mg/kg q24h for 4 days (or 10mg/kg/day q24h for 3 days)                                                                                                                                                                                                                                                                                                                                            | <u>Penicillin allergic</u><br><br><b>Clindamycin</b> 13mg/kg/dose IV q8h for 5-7 days OR<br><b>Cefuroxime</b> 15mg/kg/dose PO q8h for 5-7 days<br><br><u>If not vaccinated for <i>Streptococcus pneumoniae</i> or <i>Haemophilus influenzae</i> and allergic to penicillin</u><br><b>Levofloxacin</b> 10mg/kg/dose PO q24h for 5 days |          |
| Inpatient (uncomplicated or simple pleural effusion)<br><br><u>Causative organism</u><br><i>Streptococcus pneumoniae</i><br><i>Haemophilus influenzae</i> type b<br><br><u>Atypical pneumonia</u><br><i>Mycoplasma pneumoniae</i><br><i>Chlamydia pneumoniae</i> | <b>Ampicillin</b> 50mg/kg/dose IV q6h (max: 2 g/dose) 5-7 days<br><br><u>Penicillin allergic</u><br><b>Clindamycin</b> 13mg/kg/dose IV q8h (max:900mg/dose)<br><br><u>If not vaccinated for <i>Streptococcus pneumoniae</i> or <i>Haemophilus influenzae</i> or failed high dose</u><br><b>Amoxicillin</b><br><b>Ceftriaxone</b> 100mg/kg once then 50mg/kg/dose IV q24h (max: 2 gm/dose)<br><br><u>Alternative to <b>Ceftriaxone</b> if severe Penicillin/ Cephalosporin allergy</u><br><b>Levofloxacin</b> 10mg/kg/dose daily (max: 750mg/dose)<br><br>PLUS<br><u>If atypical pneumonia is to be considered</u><br><b>Azithromycin</b> 10mg/kg PO once then 5mg/kg q24h for 4 days (or 10mg/kg/day q24h for 3 days) | <b>Ceftriaxone</b> 100mg/kg once then 50mg/kg/dose IV q24h (max: 2gm/dose)                                                                                                                                                                                                                                                            |          |



| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                           | Suggested Treatment                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |             | Comments                                                                                       |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                   | Preferred                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Alternative |                                                                                                |
| Complicated and/or severe pneumonia (empyema, abscess, necrosis, pneumonia requiring ICU care including those with severe sepsis)                                                                                                                                                                 | <p><b>Ceftriaxone</b> 100mg/kg once then 50mg/kg/dose IV q12h (max: 2g/dose)<br/>PLUS<br/><b>Vancomycin</b> 15mg/kg/dose IV q6h</p>                                                                                                                                                                                                                                                                                                                                                            |             | Duration 7 days from afebrile period. Longer duration may be required for empyema and abscess. |
| <p><u>Causative organisms</u><br/><i>Streptococcus pneumoniae</i><br/><i>Staphylococcus aureus</i><br/><i>Streptococcus pyogenes</i><br/>Anaerobes<br/><i>Haemophilus influenzae</i> type b</p> <p><u>Atypical pneumonia</u><br/><i>Mycoplasma pneumoniae</i><br/><i>Chlamydia pneumoniae</i></p> | <p><u>Severe penicillin/cephalosporin allergy</u><br/><b>Levofloxacin</b> 10mg/kg/dose IV/PO q24h (max: 750mg)<br/>PLUS<br/><b>Vancomycin</b> 15mg/kg/dose IV q6h</p> <p>PLUS<br/><u>If abscess or necrotizing pneumonia</u><br/><b>Metronidazole</b> 10mg/kg/dose IV/PO q8h (max: 500mg/dose) to either of the regimen</p> <p>PLUS<br/><u>If Atypical pneumonia is considered</u><br/><b>Azithromycin</b> 10mg/kg PO/IV once then 5mg/kg q24h for 4 days (or 10mg/kg/day q24h for 3 days)</p> |             |                                                                                                |

**References:**

1. Bradley JS et al. The Management of Community-Acquired Pneumonia in infants and children older than 3 months of age: Clinical Practice Guideline by Pediatric Infectious Diseases Society And Infectious Diseases Society of America. Clin Infect Dis. 2011 Oct;53(7):616-30.
2. Revised WHO Classification and treatment of childhood pneumonia at health facilities. WHO 2014.

# CARDIOVASCULAR SYSTEM INFECTIONS

| Infection/Condition and Likely Organism                                                                                                | Suggested Treatment                                                                                                                                                                                   |                                                                                                                                                                                                      | Comments                                                                                                                                                                                                                                                                      |
|----------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                        | Preferred                                                                                                                                                                                             | Alternative                                                                                                                                                                                          |                                                                                                                                                                                                                                                                               |
| <b>Acute Myocarditis</b>                                                                                                               |                                                                                                                                                                                                       |                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                               |
| Viral (Most common cause)<br><br>Enteroviruses (Coxsackie and EV71)<br>Adenovirus<br>Influenza<br>HIV                                  | Treatment mainly supportive.                                                                                                                                                                          |                                                                                                                                                                                                      | For severe HFMD with cardiopulmonary failure stage, IVIG may be considered                                                                                                                                                                                                    |
| <b>Acute pericarditis</b>                                                                                                              |                                                                                                                                                                                                       |                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                               |
| Viral (Most common cause)<br><br>Bacterial:<br><i>Staphylococcus aureus</i><br><i>Haemophilus influenzae</i><br><i>Salmonella</i> spp. | Treatment mainly supportive.<br>Empiric for purulent pericarditis:<br><br><b>Cloxacillin</b> 200mg/kg/day IV in 4-6 divided doses<br>PLUS<br><b>Cefotaxime</b> 200-300mg/kg/day IV in 4 divided doses | <u>Penicillin allergy:</u><br><b>Cefazolin</b> 100mg/kg/day IV in 3 divided doses (max. 6gm/day)<br><br>2 <sup>nd</sup> line<br><b>Vancomycin</b> 60mg/kg/day IV in 2-3 divided doses (max. 2gm/day) | Pericardial fluid Gram Stain (G/S) and C&S.<br>Consider surgical drainage for tamponade, pre-tamponade and ineffective conservative management.<br><br>Duration of therapy: 4 weeks                                                                                           |
| <b>Infective Endocarditis</b>                                                                                                          |                                                                                                                                                                                                       |                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                               |
| <b>Empirical therapy for infective endocarditis</b>                                                                                    |                                                                                                                                                                                                       |                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                               |
| Community-acquired organisms:<br><i>Streptococcus</i> , <i>Enterococcus</i><br>HACEK Gram-negative organisms                           | <b>Ampicillin</b> 200-300mg/kg/day in 4-6 divided doses<br>PLUS<br><b>Gentamicin</b> 3mg/kg q24h                                                                                                      | PLUS*<br>* <b>Cloxacillin</b> 200mg/kg/day IV in 4-6 divided doses                                                                                                                                   | *For acute presentation, need to cover for MSSA since <i>Streptococcus</i> , <i>Enterococcus</i> , HACEK presentations are usually sub-acute.                                                                                                                                 |
| Healthcare-associated organisms:<br>MRSA<br>Non-HACEK Gram-negative organisms<br><i>Enterococcus</i> spp.                              | <b>Vancomycin</b> 60mg/kg/day IV in 2-3 divided doses (max. 2gm/day)<br>PLUS<br><b>Gentamicin</b> 3mg/kg q24h<br>PLUS*<br><b>Rifampicin</b> 20mg/kg/day in 3 divided doses (max. 900mg/day)           |                                                                                                                                                                                                      | * <b>Rifampicin</b> is ONLY for prosthetic valve AND added after 3-5 days after <b>Vancomycin</b> and <b>Gentamicin</b> .<br>If non-HACEK Gram-negative organism like <i>Pseudomonas</i> spp. is suspected, add <b>Cefepime</b> 50mg/kg/dose IV q8h until cultures are known. |

| Infection/Condition and Likely Organism                                                      | Suggested Treatment                                                                                                                                               |                                                                                                                                                                                                                                                                      | Comments                                                                                                                                                                                                                                                                 |
|----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                              | Preferred                                                                                                                                                         | Alternative                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                          |
| <b>Specific Organisms:</b>                                                                   |                                                                                                                                                                   |                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                          |
| <b>Infective Endocarditis (<i>Streptococcus viridans</i>)</b>                                |                                                                                                                                                                   |                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                          |
| Strains fully susceptible to penicillin (MIC<0.125mg/l)                                      | <b>Benzylpenicillin</b> 200,000-300,000 units/kg/day IV in 4-6 divided doses (up to 12-18MU/day)                                                                  | <b>Ampicillin</b> 300mg/kg/day IV in 4-6 divided doses (max. 12gm/day)<br>OR<br><b>Ceftriaxone</b> 100mg/kg/day IV in 1-2 divided doses (max. 4gm/day)<br>OR<br><u>Penicillin allergy</u><br><b>**Vancomycin</b> 40mg/kg/day IV in 2-3 divided doses (max. 2gm/ day) | Duration:<br>4 weeks for native valve<br>6 weeks for prosthetic valve<br><br><b>Vancomycin</b> dose adjusted for trough concentration of 10-15mg/kg.<br><br><b>*Vancomycin</b> therapy is recommended only for patients with immediate type penicillin hypersensitivity. |
| Strains with MIC>0.125 mg/l to 2 mg/l                                                        | PLUS<br><b>Gentamicin</b> 3mg/kg q24h for 2 weeks (add to first line regimen of <b>Penicillin/Ceftriaxone</b> )                                                   |                                                                                                                                                                                                                                                                      | For this (MIC>0.125mg/l):<br>Antibiotic of choice is either penicillin with <b>Gentamicin</b> or <b>Ceftriaxone</b> with <b>Gentamicin</b> .                                                                                                                             |
| <b>Infective Endocarditis (<i>Enterococcus spp.</i>)</b>                                     |                                                                                                                                                                   |                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                          |
| Penicillin-susceptible (MIC≤ 8mg/l)                                                          | <b>Ampicillin</b> 200-300mg/kg/day IV in 4-6 divided doses for *4-6 weeks<br>PLUS<br><b>Gentamicin</b> 3mg/kg q24h for *2-6 weeks                                 | <b>Ampicillin</b> 200-300mg/kg/day IV in 4-6 equally divided doses<br>PLUS<br><b>Ceftriaxone</b> 100mg/kg/day IV in 1-2 divided doses                                                                                                                                | *Duration:<br>If symptoms less than 3 months and native valve:<br><b>Ampicillin</b> for 4 weeks and <b>Gentamicin</b> for 2 weeks.                                                                                                                                       |
| Sensitive to penicillin and Vancomycin but high-level resistance to Gentamicin (MIC>500mg/l) | <b>Ampicillin</b> 300mg/kg/day IV in 4-6 divided doses<br>PLUS<br><b>Ceftriaxone</b> 100mg/kg/day IV in 1-2 divided doses (max. 4gm/day)<br><br>Duration: 6 weeks |                                                                                                                                                                                                                                                                      | If symptoms more than 3 months:<br><b>Ampicillin</b> and <b>Gentamicin</b> for 6 weeks.<br><br><b>Ampicillin</b> plus <b>Ceftriaxone</b> alone since enterococcus is intrinsically resistant to this drug.                                                               |
| Resistant to penicillin but susceptible to Vancomycin and Gentamicin                         | <b>**Vancomycin</b> 40mg/kg/day IV in 2-3 divided doses<br>PLUS<br><b>Gentamicin</b> 3mg/kg q24h<br><br>Duration: 6 weeks                                         |                                                                                                                                                                                                                                                                      | This combination is NOT ACTIVE against <i>Enterococcus faecium</i> .<br><br><b>**Maximum dose of Vancomycin:</b> 2gm/day unless not able to achieve therapeutic range. Aim for serum trough of 10-20mg/l.                                                                |

| Infection/Condition and Likely Organism                        | Suggested Treatment                                                                                                                                                                                          |                                                                                                | Comments                                                                                                                                                                                                                                                                                          |
|----------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                | Preferred                                                                                                                                                                                                    | Alternative                                                                                    |                                                                                                                                                                                                                                                                                                   |
| <b>Infective Endocarditis</b> ( <i>Staphylococcus aureus</i> ) |                                                                                                                                                                                                              |                                                                                                |                                                                                                                                                                                                                                                                                                   |
| MSSA (left-sided)                                              | <b>Cloxacillin</b> 200-300mg/kg/day IV in 4-6 divided doses for 4-6 weeks                                                                                                                                    | <u>Penicillin allergy</u><br><b>Cefazolin</b> 100mg/kg/day IV in 3 divided doses for 4-6 weeks | If allergy to penicillin but not immediate type hypersensitivity, use <b>Cefazolin</b> .<br><br>Methicillin-susceptible (right sided): Can shorten duration to 2 weeks if: good response<br>no metastatic sites<br>no cardiac or extracardiac complications<br>size of vegetation less than 20mm. |
| MSSA (right-sided)                                             | <b>Cloxacillin</b> 200-300mg/kg/day IV in 4-6 divided doses for 4 weeks                                                                                                                                      | OR<br><b>Vancomycin</b> 60mg/kg/day IV in 2-3 divided doses for 4-6 weeks                      |                                                                                                                                                                                                                                                                                                   |
| MRSA (left and right)                                          | <b>Vancomycin</b> 60mg/kg/day IV in 2-3 divided doses (max. 2gm/day) for 4-6 weeks                                                                                                                           | <b>Daptomycin</b> 10mg/kg IV daily for 4-6 weeks                                               | <b>Daptomycin</b> is superior to <b>Vancomycin</b> for MRSA bacteremia with MIC>1mg/l.                                                                                                                                                                                                            |
| MSSA (prosthetic valve)                                        | <b>Cloxacillin</b> 200-300mg/kg/day IV in 4-6 divided doses for ≥6 weeks<br>PLUS<br><b>Gentamicin</b> 3mg/kg q24h for 2 weeks<br>PLUS<br>* <b>Rifampicin</b> 20mg/kg/day PO in 3 divided doses for ≥ 6 weeks |                                                                                                | * <b>Rifampicin</b> has better penetration but to protect against development of resistance, use only after 3-5 days of <b>Cloxacillin</b> and/or bacteremia has been cleared.<br><br>MRSA (prosthetic valve):<br><b>Vancomycin</b> * <b>Rifampicin</b> for 6 weeks or more.                      |
| MRSA (prosthetic valve)                                        | <b>Vancomycin</b> 60mg/kg/day in 2-3 divided doses ≥ 6 weeks<br>PLUS<br><b>Gentamicin</b> 3mg/kg q24h for 2 weeks<br>PLUS<br>* <b>Rifampicin</b> 20mg/kg/day PO in 3 divided doses ≥6 weeks                  |                                                                                                |                                                                                                                                                                                                                                                                                                   |

| Infection/Condition and Likely Organism | Suggested Treatment                                                                                                                                |             | Comments                                                                                                                                                                                                                                                                                                                    |
|-----------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                         | Preferred                                                                                                                                          | Alternative |                                                                                                                                                                                                                                                                                                                             |
| Culture-negative endocarditis           | <p><b>Ampicillin-sulbactam</b><br/>300mg/kg/day IV in 4-6 divided doses for 4-6 weeks<br/>PLUS<br/><b>Gentamicin</b> 3mg/kg q24h for 4-6 weeks</p> |             | <p>Culture-negative endocarditis (CNE) is diagnosed when a child has clinical and echocardiogram evidence of IE but persistent negative cultures.</p> <p>This is in individuals with no prior antimicrobial use.</p> <p>If fungi or fastidious organism is suspected, need to ask microbiologist to prolong incubation.</p> |

**References:**

1. American Academy of Paediatrics. Committee on Infectious Diseases. Red Book: Report of the Committee on Infectious Diseases (2018).
2. National Antimicrobial Guideline, Third Edition. Petaling Jaya: Ministry of Health, Malaysia; 2019.

# CENTRAL NERVOUS SYSTEM INFECTIONS

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                                                                                                              | Suggested Treatment                                                                                                                                                                                                                                                       |                                                                                                                                                                                    | Comments                                                                                                                                                                                                                                                                                                       |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                                                                                      | Preferred                                                                                                                                                                                                                                                                 | Alternative                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                |
| <p>Meningitis empirical treatment</p> <p>Age groups:</p> <p>1-3 months:<br/>Group B streptococcus (GBS), <i>Escherichia coli</i>, <i>Streptococcus pneumoniae</i> and <i>Neisseria meningitidis</i></p> <p>&gt;3 months:<br/><i>Streptococcus pneumoniae</i>, <i>Haemophilus influenzae</i> type b, <i>Escherichia coli</i>, <i>Salmonella</i> and <i>Neisseria meningitidis</i></p> | <p><b>Cefotaxime</b> 200-300mg/kg/day IV in 4 divided doses (max. 2gm/dose)</p> <p>OR</p> <p><b>Ceftriaxone</b> 100mg/kg/day IV in 1-2 divided doses (max. 2gm/dose; 4gm/day)</p> <p>PLUS</p> <p><b>Vancomycin</b> 60mg/kg/day IV in 2-3 divided doses (max. 2gm/day)</p> |                                                                                                                                                                                    | <p>For children below 3 months of age: <b>Cefotaxime</b> is the preferred third generation cephalosporin since less drug-drug interactions (in terms of interaction with calcium-containing infusion and bilirubin displacement).</p> <p>Once organism is known, please refer below to adjust antibiotics.</p> |
| <b>Specific Organisms</b>                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                           |                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                |
| <i>Haemophilus influenzae</i>                                                                                                                                                                                                                                                                                                                                                        | <b>Ampicillin</b> 300mg/kg/day q6h (if MIC <1mcg/ml)                                                                                                                                                                                                                      | <b>Cefotaxime</b> 200-300mg/kg/day IV in 4 divided doses (max. 2gm/dose) OR <b>Ceftriaxone</b> 100mg/kg/day IV in 1-2 divided doses (max. 2gm/dose; 4gm/day)                       | Duration: 10 days.                                                                                                                                                                                                                                                                                             |
| <i>Neisseria meningitidis</i>                                                                                                                                                                                                                                                                                                                                                        | <b>Benzylpenicillin</b> 300,000-400,000 units/kg/day; (max. 12 MU/day) IV in 4-6 divided doses for 7 days                                                                                                                                                                 | <b>Cefotaxime</b> 200-300mg/kg/day IV in 4 divided doses (max. 2gm/dose) for 7 days OR <b>Ceftriaxone</b> 100mg/kg/day IV in 1-2 divided doses (max. 2gm/dose; 4gm/day) for 7 days | Prophylaxis for all household contacts and health care workers involved in unprotected contact during intubation and suctioning of airway/mouth-to-mouth resuscitation.                                                                                                                                        |

| Infection/Condition and Likely Organism                                                                                     | Suggested Treatment                                                                                                                                                |             | Comments                                                                                                                                      |
|-----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                             | Preferred                                                                                                                                                          | Alternative |                                                                                                                                               |
| <b><i>Streptococcus pneumoniae</i></b>                                                                                      |                                                                                                                                                                    |             |                                                                                                                                               |
| Penicillin-susceptible (MIC ≤ 0.06 mcg/ml)                                                                                  | <b>Benzylpenicillin</b> 300,000-400,000 units/kg/day in 4-6 divided doses (max. 24MU/day)                                                                          |             | Duration: 14 days.                                                                                                                            |
| Penicillin-resistant (MIC ≥ 0.12 mcg/ml) and Cefotaxime/ Ceftriaxone-susceptible (MIC ≤ 0.5 mcg/ml)                         | <b>Cefotaxime</b> 200-300mg/kg/day IV in 4 divided doses (max. 2gm/dose)<br>OR<br><b>Ceftriaxone</b> 100mg/kg/day IV in 1-2 divided doses (max. 2gm/dose; 4gm/day) |             |                                                                                                                                               |
| Penicillin and Cefotaxime/ Ceftriaxone resistant (MIC ≥ 2.0 mcg/ml) (drug-resistant <i>Streptococcus pneumoniae</i> , DRSP) | <b>Cefotaxime</b> 300mg/kg/day<br>OR<br><b>Ceftriaxone</b> 100mg/kg/day<br>PLUS<br><b>Vancomycin</b> 60mg/kg/day in 4 divided doses                                |             |                                                                                                                                               |
| Cryptococcal meningitis <i>Cryptococcus neoformans</i>                                                                      | Induction therapy:<br>Amphotericin B 1.0mg/kg/day IV q24h<br>PLUS*<br>5-flucytosine 25mg/kg/dose (max. 2gm/dose) PO q6h for 2-4 weeks                              |             | Duration of induction with 5-flucytosine (5-FU) is at least 2 weeks and until CSF repeat culture is NEGATIVE.                                 |
|                                                                                                                             | Consolidation Therapy:<br><br>Fluconazole 6mg/kg/dose (max. 400mg/dose) IV/PO q12h for 8 weeks                                                                     |             |                                                                                                                                               |
| Herpes simplex encephalitis                                                                                                 | 4 months to 12 years old:<br>Acyclovir 30-45mg/kg/day slow IV infusion in 3 divided doses                                                                          |             | Duration: 14-21 days.<br><br>Doses of 60mg/kg/day OR dosing exceeding 15mg/kg or 500mg/m <sup>2</sup> is associated with acute kidney injury. |

| Infection/Condition and Likely Organism | Suggested Treatment                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                 | Comments                                                                                                                                                        |
|-----------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                         | Preferred                                                                                                                                                                                                                                                                                              | Alternative                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                 |
| Brain abscess                           | <p>(Flu)Cloxacillin 200mg/kg/day IV in 4-6 divided doses<br/>PLUS<br/>Cefotaxime 200-300mg/kg/day IV in 4 divided doses (max. 2gm/dose)<br/>OR<br/>Ceftriaxone 100mg/kg/day IV in 1-2 divided doses (max. 2gm/dose; 4 gm/day)<br/><br/>PLUS<br/>Metronidazole 15mg/kg IV stat then 7.5mg/kg IV q8h</p> | <p>If secondary to head trauma or post-neurosurgical procedure:<br/><br/>Vancomycin 60mg/kg/day IV in 2-3 divided doses (max. 2gm/day)<br/>PLUS<br/>Cefotaxime 200-300mg/kg/day IV in 4 divided doses (max. 2gm/dose)<br/>OR<br/>Ceftriaxone 100mg/kg/day IV in 1-2 divided doses (max. 2gm/dose; 4 gm/day)</p> | <p>Surgical drainage may be indicated if appropriate.<br/><br/>Duration: 6-8 weeks, depending on response based on neuroimaging and clinical presentations.</p> |

#### References:

1. American Academy of Paediatrics. Committee on Infectious Diseases. Red Book: Report of the Committee on Infectious Diseases (2018).
2. National Antimicrobial Guideline, Third Edition. Petaling Jaya: Ministry of Health, Malaysia; 2019.
3. Sanford Guide to antimicrobial therapy 2018.



# OCULAR INFECTIONS

| Infection/Condition and Likely Organism                                                                                                                                                | Suggested Treatment                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                     | Comments                                                                                                                                                                                                                                                                                                           |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                        | Preferred Treatment                                                                                                                                                                                                                                                                                                                                               | Alternative Treatment                                                                                                                                               |                                                                                                                                                                                                                                                                                                                    |
| <p>Preseptal cellulitis</p> <p><i>Streptococcus pneumoniae</i></p> <p><i>Staphylococcus aureus</i></p> <p><i>Streptococcus pyogenes</i></p> <p><i>Haemophilus influenzae</i></p>       | <p>Mild:</p> <p><b>Amoxicillin-clavulanate</b> 45mg/kg/day PO in 2 divided doses</p> <p>Systemically unwell:</p> <p><b>Cloxacillin</b> 200mg/kg/day (max. 2g/dose) IV in 4 divided doses</p> <p>PLUS</p> <p><b>Cefotaxime</b> 150-200mg/kg/day (max. 2gm/dose) IV in 3 divided doses</p> <p>OR</p> <p><b>Ceftriaxone</b> 50mg/kg/dose (max. 2gm/dose) IV q12h</p> | <p><b>Cephalexin</b> 25-50mg/kg/day PO in 2 divided doses for 10 days</p>                                                                                           | <p>Failure to respond within 24-48 hours may indicate orbital cellulitis or underlying sinus disease.</p> <p>When improving and no organism identified, change to <b>Amoxicillin-clavulanate</b> and complete for 7 days.</p>                                                                                      |
| <p>Orbital cellulitis/abscess</p> <p><i>Streptococcus pyogenes</i></p> <p><i>Streptococcus pneumoniae</i></p> <p><i>Staphylococcus aureus</i></p> <p><i>Haemophilus influenzae</i></p> | <p><b>Ceftriaxone</b> 50mg/kg/dose (max. 2gm) IV q12h for 7-14 days</p> <p>PLUS</p> <p><b>Cloxacillin</b> 200mg/kg/day (max. 12gm) IV in 4 divided doses for 7-14 days</p> <p>Inpatient:<br/>48-72 hours IV antibiotic, then oral to complete 14 days following good response or positive culture)</p>                                                            | <p><u>Penicillin allergy:</u></p> <p><b>Clindamycin</b> 30-40mg/kg/day PO in 3 or 4 divided doses</p> <p>Also for CA-MRSA (adjust accordingly with antiviogram)</p> | <p>It is a surgical emergency and requires immediate consultation with ENT surgeon and ophthalmologist. Urgent CT scan needed to exclude associated abscess and intracranial extension. Urgent surgical drainage of the ethmoid sinuses or of an orbital, subperiosteal or intracranial abscess may be needed.</p> |

## References:

1. American Academy of Paediatrics. Committee on Infectious Diseases. Red Book: Report of the committee on Infectious Diseases (2018).
2. Clinical Practice Guideline: Periorbital and orbital cellulitis; The Royal Children's Hospital, Melbourne. Last updated 25 August 2013.
3. National Antimicrobial Guideline, Third Edition. Petaling Jaya: Ministry of Health, Malaysia; 2019.
4. Periorbital and Orbital Cellulitis: Emergency Management in Children; Queensland Health Hospital, 2017.
5. The Sanford Guide to Antimicrobial therapy 2018.

# OTORHINOLARYNGOLOGICAL INFECTIONS

| Infection/Condition and Likely Organism                                                                                                            | Suggested Treatment                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                    | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|----------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                    | Preferred Treatment                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Alternative Treatment                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Tonsillitis/Pharyngitis<br>Group A <i>Streptococcus</i>                                                                                            | <p><b>Phenoxymethylpenicillin (penicillin V)</b> 25-50mg/kg/day PO in 4 divided doses (max. 2g/day) for 10 days</p> <p>OR</p> <p><b>Amoxicillin</b> 50mg/kg/day PO in 3 divided doses (max. 1000-1200mg) for 10 days</p>                                                                                                                                                                                                                                                            | <p><u>Penicillin allergy</u> (non-anaphylaxis): <b>Cephalexin</b> 25-50mg/kg/day PO in 2 divided doses for 10 days</p> <p>OR</p> <p><b>Erythromycin ethylsuccinate</b> 40- 50mg/kg/day PO in 3 to 4 divided doses for 10 days</p>                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Rhinosinusitis<br><i>Streptococcus pneumoniae</i><br><i>Haemophilus influenzae</i><br><i>Moraxella catarrhalis</i><br>Group A <i>Streptococcus</i> | <p><b>Amoxicillin</b> 45-90mg/kg/day in 2 divided doses PO for 10 days*</p> <p>Second line:<br/><b>Amoxicillin-clavulanate</b> 45mg/kg/day PO in 2 divided doses</p> <p>Failing Amoxicillin-clavulanate:<br/><b>Clindamycin</b> 30-40mg/kg/day PO in 3 divided doses</p> <p>AND<br/><b>Cefuroxime</b> 30mg/kg/day PO in 2 divided doses</p> <p>Inpatient (severe):<br/><b>Ampicillin-sulbactam</b> 100-200mg/kg/day of Ampicillin component IV in 4 divided doses (max. 8g/day)</p> | <p><u>Penicillin allergy</u>:<br/><b>Clindamycin</b> 30-40mg/kg/day PO in 3 or 4 divided doses.</p> <p>Inpatient:<br/><b>Ceftriaxone</b> 50mg/kg/dose IV daily</p>                                                                                                                                                                                                                 | <p>The most common causes are viral infections. Acute bacterial sinusitis is suspected when child with URI presents with:</p> <ul style="list-style-type: none"> <li>■ Persistent illness (nasal discharge or daytime cough or both for ≥10 days without improvement)</li> <li>Worsening course</li> <li>Severe onset (concurrent fever and purulent discharge for 3 days)</li> </ul> <p>For rhinosinusitis, most experts recommend using high dose <b>Amoxicillin</b> (90mg/kg/day).</p> |
| Acute otitis media<br><i>Streptococcus pneumoniae</i><br><i>Haemophilus influenzae</i><br><i>Moraxella catarrhalis</i>                             | <p><b>Amoxicillin</b> 80-90mg/kg/day in 2 divided doses</p> <p>&lt;2 years old: 10 days<br/>2-5 years old: 7 days<br/>&gt;5 years old: 5 days.</p> <p>For clinical failure, history of using <b>Amoxicillin</b> in the last 30 days and has concurrent purulent conjunctivitis:<br/><b>Amoxicillin-clavulanate</b> 45mg/kg/day PO in 2 divided doses</p>                                                                                                                            | <p><u>Penicillin allergy</u>:<br/><b>Erythromycin ethylsuccinate</b> 15-20mg/kg/dose PO q12h</p> <p>OR</p> <p><b>Clarithromycin</b> 7.5mg/kg/dose PO q12h</p> <p>OR</p> <p><b>Azithromycin</b> 10mg/kg/dose PO on Day 1 (max. 500mg/day), followed by 5mg/kg/dose PO q24h on Day 2-Day 5 (max. 250mg/day)</p> <p>OR</p> <p><b>Azithromycin</b> 10mg/kg/dose PO q24h for 3 days</p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |

| Infection/Condition and Likely Organism                                               | Suggested Treatment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                        | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|---------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                       | Preferred Treatment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Alternative Treatment                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Acute otitis externa<br><i>Pseudomonas aeruginosa</i><br><i>Staphylococcus aureus</i> | <p>Mild to moderate:<br/>Topical antibiotic with/<br/>without topical steroids.<br/>E.g.<br/><b>Gentamicin</b> 0.3% ear<br/>drops: 3-4 drops 3 times/<br/>day for 7 days</p> <p>Polymyxin B sulphate<br/>10,000 U,<br/><b>Neomycin</b> sulphate 5mg<br/>and<br/>hydrocortisone 10 g ear<br/>drops:<br/>4 drops 3 or 4 times/day<br/>for 7 days</p> <p><b>Ofloxacin</b> 0.3% otic<br/>solution<br/>Instill 5 drops into affected<br/>ear(s) once daily for 7 days<br/>Indication: for 1-12 years<br/>old</p> | <p>In Severe Cases:<br/><br/>As for Moderate<br/>PLUS<br/><b>Flucloxacillin</b> 25 to 50mg/<br/>kg/day in 3 to 4 divided<br/>doses</p> | <p>Ototoxic agents like<br/><b>Gentamicin</b> or <b>Neomycin</b><br/>should not be used<br/>in the presence of<br/>tympanostomy tubes<br/>or perforated tympanic<br/>membrane.</p> <p>Clinical response should<br/>be seen within 48 to 72<br/>hours but full response<br/>may take upto 6 days.</p> <p>Non-response should<br/>prompt an evaluation for<br/>obstruction, presence<br/>of foreign body, non-<br/>adherence or an<br/>alternative diagnosis.</p> |

#### References:

1. American Academy of Paediatrics. Committee on Infectious Diseases. Red Book: Report of the committee on Infectious Diseases (2018).
2. Charles PS Hui: Canadian Paediatric Society. Paediatr Child Health 2013;18(2):96-98.
3. Chow AW, Benninger MS, Brook I, et al. IDSA clinical practice guideline for acute bacterial rhinosinusitis in children and adults. Clin Infect Dis 2012; 54: e72.
4. National Antimicrobial Guideline, Third Edition. Petaling Jaya: Ministry of Health, Malaysia; 2019.
5. The Sanford Guide to Antimicrobial therapy 2018.
6. Wald ER, Applegate KE, Bordley C, et al. Clinical practice guideline for the diagnosis and management of acute bacterial sinusitis in children aged 1 to 18 years. Pediatrics 2013; 132: e262.

# GASTROINTESTINAL TRACT INFECTIONS

| Infection/Condition and Likely Organism                                                         | Suggested Treatment                                                              |                                                                                                                                                                     | Comments                                                                                                                                                |
|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                 | Preferred Treatment                                                              | Alternative Treatment                                                                                                                                               |                                                                                                                                                         |
| Acute gastroenteritis<br>Usually viruses e.g. rotavirus                                         | Antibiotics not recommended                                                      |                                                                                                                                                                     | Oral rehydration is the cornerstone of treatment. Antibiotic therapy may prolong carriage state of salmonellosis.                                       |
| <b>Dysentery</b>                                                                                |                                                                                  |                                                                                                                                                                     |                                                                                                                                                         |
| Dysentery<br><i>Shigella</i> spp., <i>Escherichia coli</i> , <i>Campylobacter</i>               | Most are mild infections which resolve spontaneously without antibiotics         |                                                                                                                                                                     |                                                                                                                                                         |
| Mild or uncomplicated                                                                           | No treatment required                                                            | <b>Ampicillin</b> 100mg/kg/day PO in 4 divided doses for 5-7 days for hospitalized children                                                                         | <b>Amoxicillin</b> , <b>Trimethoprim-sulfamethoxazole</b> , <b>Ciprofloxacin</b> and <b>Azithromycin</b> resistance are in the rise. Duration : 3 days. |
| Severe illness (hospitalisation, invasive or other complications) or immunocompromised patients | Empiric:<br><b>Ceftriaxone</b> 50-75mg/kg/day IV q24h for 5 days                 | <b>Ciprofloxacin</b> 20-30mg/kg/day IV in 2 divided doses for 3 days<br>OR<br><b>Azithromycin</b> 10mg/kg/dose IV q24h (max. 500mg/dose)                            | For immunocompromised : 7- 10 days.<br>Reserve fluoroquinolone only for isolate where there is no other antibiotic option.                              |
| Dysentery<br>Amoebiasis                                                                         | <b>Metronidazole</b> 30-50mg/kg/day PO in 3 divided doses for 7-10 days          |                                                                                                                                                                     | Similar dosage for extraintestinal disease.                                                                                                             |
| Giardiasis                                                                                      | <b>Metronidazole</b> 15mg/kg/day PO (max. 250mg) in 3 divided doses for 5-7 days |                                                                                                                                                                     |                                                                                                                                                         |
| Hospital acquired diarrhea<br><i>Clostridium difficile</i>                                      | <b>Metronidazole</b> 30mg/kg/day PO in 4 divided doses for 10 days               | In severe diseases<br><b>Vancomycin</b> 40mg/kg/day PO in 4 divided doses for 10 days<br>PLUS<br><b>Metronidazole</b> 30mg/kg/day PO in 4 divided doses for 10 days |                                                                                                                                                         |

| Infection/Condition and Likely Organism                                         | Suggested Treatment                                                                                                                                                                                                                            |                                                                                                                                                                                                                  | Comments                                                                                                                                                                                                                           |
|---------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                 | Preferred Treatment                                                                                                                                                                                                                            | Alternative Treatment                                                                                                                                                                                            |                                                                                                                                                                                                                                    |
| <b>Typhoid Fever</b>                                                            |                                                                                                                                                                                                                                                |                                                                                                                                                                                                                  |                                                                                                                                                                                                                                    |
| Typhoid fever<br><i>Salmonella</i> Typhi<br><i>Salmonella</i> Paratyphi A and B | Empirical treatment:<br><b>Ceftriaxone</b> 50-75mg/kg/day IV q24h (max. 2gm) for 7-14 days<br>OR<br><b>Azithromycin</b> 20mg/kg/day (1g/day) for 7 days                                                                                        |                                                                                                                                                                                                                  | Adjust antibiotic once C&S results are known.<br><br>Duration of antibiotics: 7 days (uncomplicated) to 14 days (severe disease or if using <b>Ampicillin</b> or <b>Trimethoprim-sulfamethoxazole</b> ).                           |
| Mild or uncomplicated                                                           | <b>Azithromycin</b> 20mg/kg/day (1g/day) for 7 days<br>OR<br><b>Ciprofloxacin</b> 20-40mg/kg/day (max. 1.5gm per day) PO in 2 divided doses for 5-7 days<br>OR<br><b>Cefixime</b> 20mg/kg/day in 2 divided doses for 7 days                    | <b>Chloramphenicol</b> 50-100mg/kg/day PO in 4 divided doses for minimum 14 days                                                                                                                                 |                                                                                                                                                                                                                                    |
| Severe infection or suspected resistant organism                                | <b>Ceftriaxone</b> 60-80mg/kg/day IV q24h for 7-14 days                                                                                                                                                                                        | <b>Ciprofloxacin</b> 20-30mg/kg/day IV (max. 0.8-1.2gm/day) in 2 divided doses for 7-10 days                                                                                                                     | Choice of antibiotics and duration depends on disease, C&S results and whether oral route is preferred.                                                                                                                            |
| Chronic carrier state (> 1 year)                                                | <b>Ampicillin</b> 100mg/kg/day PO in 4 divided doses for 6 weeks<br>OR<br><b>Amoxicillin</b> 100mg/kg/day PO in 2 divided doses for 6 weeks<br>OR<br><b>Trimethoprim-sulfamethoxazole</b> 8mg (TMP)/kg/day PO in two divided doses for 6 weeks | <b>Ciprofloxacin</b> 20-30mg/kg/day PO in 2 divided doses for 4 weeks.<br>OR<br><b>Ampicillin</b> 200-300mg/kg/day IV maximum in 4-6 divided doses.<br>(If oral therapy not tolerated and strain is susceptible) | Fluoroquinolones need to be used with caution in children due to possible arthropathy and rapid development of resistance.<br><b>Ampicillin</b> and <b>Trimethoprim-sulfamethoxazole</b> may be considered for susceptible strain. |

| Infection/Condition and Likely Organism                                                                                                                                                       | Suggested Treatment                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                       | Comments                                                                                                                                                                                                                                                                                                                                                                                                       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                               | Preferred Treatment                                                                                                                                                                                                                                              | Alternative Treatment                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                |
| Cholera<br><i>Vibrio cholerae</i>                                                                                                                                                             | <p><b>Azithromycin</b> 20mg/kg/day PO in a single dose (max. 1gm)<br/>OR<br/><b>Erythromycin ethylsuccinate</b> 12.5mg/kg/dose PO q6h for 3 days (max. 250mg/dose)</p> <p>(Watch group preferred due to lesser adverse effects)</p>                              | <p><b>Doxycycline</b> 4.4mg/kg/day (max. 200mg/day) PO daily (children &gt; 8 years old)<br/>OR<br/><b>Tetracycline</b> 12.5mg/kg/dose PO in q6h (max. 500mg/dose) for 3 days (children &gt; 8 years old)</p>                                         | <p>Oral or IV rehydration is the cornerstone of treatment. Antimicrobials should be considered for moderately to severely ill.</p> <p>Avoid using <b>Tetracycline</b> or <b>Doxycycline</b> for young children.</p> <p>Use of <b>Doxycycline</b> should be considered in an epidemic caused by susceptible isolate.</p> <p>Fluoroquinolones - not approved for children &lt; 18 years for this indication.</p> |
| Liver abscess (amoebic)<br><i>Entamoeba histolytica</i>                                                                                                                                       | <p><b>Metronidazole</b> 35-50mg/kg/day PO in 3 divided doses for 7-10 days</p>                                                                                                                                                                                   |                                                                                                                                                                                                                                                       | <p>Amoebic abscess tends to be solitary lesion. Consider surgical drainage if needed.</p>                                                                                                                                                                                                                                                                                                                      |
| Liver abscess (pyogenic).<br><i>Klebsiella</i> spp., <i>Escherichia coli</i> , <i>Streptococcus</i> , anginosus group, other Gram-negative organisms, anaerobes, <i>Staphylococcus aureus</i> | <p><b>Cefotaxime</b> 200mg-300mg/kg/day IV in 4 divided doses (max. 2gm/dose)<br/>OR<br/><b>Ceftriaxone</b> 100mg/kg/day IV in 1-2 divided doses (max. 2gm/dose; 4gm/day) PLUS<br/><b>Metronidazole</b> 22.5-40mg/kg/day IV in 3 divided doses max. 4 mg/day</p> | <p><b>Piperacillin-tazobactam</b> 300mg/kg/day (of piperacillin component) IV in 3-4 divided doses (max. 16gm/day)</p> <p>ESBL-<i>Klebsiella</i> spp.<br/><b>Ertapenem</b> 30mg/kg/day in 2 divided doses (max. 1gm/day) (above 3 months of age)*</p> | <p>Surgical drainage is needed in most cases. Duration: 4-6 weeks</p> <p>*If available</p>                                                                                                                                                                                                                                                                                                                     |

| Infection/Condition and Likely Organism                                   | Suggested Treatment                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                           | Comments                                                                                                                                                                                            |
|---------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                           | Preferred Treatment                                                                                                                                                                                                                                | Alternative Treatment                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                     |
| Acute cholangitis<br>Gram-positive and Gram-negative organisms, anaerobes | <b>Ampicillin-sulbactam</b> 200-300mg/kg/day (of <b>Ampicillin</b> component) IV in 4-6 equally-divided doses                                                                                                                                      | <b>Cefotaxime</b> 200mg-300mg/kg IV in 4 divided doses (max. 2gm/dose)<br>OR<br><b>Ceftriaxone</b> 100mg/kg/day IV in 1-2 divided doses (max. 2gm/dose; 4gm/day) PLUS <b>Metronidazole</b> 22.5-40mg/kg/day IV in 3 divided doses (max. 4gm/day)<br>OR<br><b>Piperacillin-tazobactam</b> 300mg/kg/day (of piperacillin component) in 3-4 divided doses IV (max. 16gm/day) | Duration - 7 days. Outcome is similar with less than 7 days to those with longer duration >7 days in patients treated with percutaneous cholecystectomy. In treatment failure, need source control. |
| Peritonitis<br>Gram-positive and Gram-negative organisms, anaerobes       | Primary/spontaneous bacterial peritonitis<br><b>Cefotaxime</b> 200mg-300mg/kg IV in 4 divided doses (max. 2gm/dose)<br><br>Secondary (nosocomial) peritonitis <b>Piperacillin-tazobactam</b> IV 300mg/kg/day in 3- 4 divided doses (max. 16gm/day) | <b>Ampicillin</b> 100mg/kg/day PO in 4 divided doses PLUS <b>Gentamicin</b> 5mg/kg/day IV q24h PLUS <b>Metronidazole</b> 7.5mg/kg/dose IV 8h for 7-14 days                                                                                                                                                                                                                | May omit <b>Metronidazole</b> in primary peritonitis.<br><br>In immunocompetent patient with mild to moderate peritonitis and source control, suggest 5 days of therapy.                            |
|                                                                           | If culture proven ESBL:<br><b>Imipenem-cilastatin</b> 60-100mg/kg/day IV in 4 divided doses<br><b>Meropenem</b> 60-100mg/kg/day IV in 3 divided doses                                                                                              |                                                                                                                                                                                                                                                                                                                                                                           | De-escalate treatment to <b>Ertapenem</b> 30mg/kg/day IV in 2 divided doses (max. 1gm/day) once patient is stable.                                                                                  |

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# SURGICAL INFECTIONS IN CHILDREN

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                                                                                                                                               | Suggested Treatment                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                                                                                                                       | Preferred Treatment                                                                                                                                                    | Alternative Treatment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>A. General Surgery</b>                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <p>Empyema thoracis (lung empyema) <i>Staphylococcus aureus</i><br/><i>Streptococcus pneumoniae</i></p> <p>Empirical treatment needs to cover organisms mentioned above.</p> <p>Other bacteria implicated: <i>Streptococcus pyogenes</i>, <i>Haemophilus influenzae</i> and other Gram-negative organisms in immunocompromised individuals</p> <p>If patient is not responding to treatment, need to rule out TB.</p> | <p><b>Cefuroxime</b> 100-200mg/kg/day IV in 3 divided doses<br/>PLUS<br/><b>Cloxacillin</b> 200-300mg/kg/day IV in 4-6 divided doses</p> <p>Duration: 4-6 weeks</p>    | <p><i>Staphylococcus aureus</i> methicillin-susceptible):<br/><b>Cloxacillin</b> 200-300mg/kg/day IV in 4-6 divided doses for 4-6 weeks</p> <p><i>Streptococcus pneumoniae</i> (penicillin-susceptible):<br/><b>Benzylpenicillin</b> 200,000-300,000units/kg/day IV in 4-6 divided doses</p> <p><i>Streptococcus pneumoniae</i> (penicillin-resistant, use result of C&amp;S):<br/><b>Cefotaxime</b> 200-300mg/kg/day IV in 4 divided doses<br/>OR<br/><b>Ceftriaxone</b> 100mg/kg/day IV in 1-2 divided doses (max. 2gm/dose; 4gm/day)</p> | <p>Based on C&amp;S of pleural fluid/tissue or blood culture.</p> <p>Pneumatocoele on chest X-ray indicate <i>Staphylococcus aureus</i> BUT they can also be seen in pneumococcal disease.</p> <p>There is NO need for routinely use a macrolide antibiotic but its use should be considered in children whom <i>Mycoplasma pneumoniae</i> is thought to be the cause (<i>Mycoplasma</i> usually causes effusion, not empyema).</p> <p>Duration: 4-6 weeks total.</p> |
| <p>Enterocolitis<br/>Enterobacteriaceae,<br/>Enterococci, Bacteroides</p>                                                                                                                                                                                                                                                                                                                                             | <p><b>Ampicillin</b> 200mg/kg/day IV in 4-6 divided doses (max. 12gm/day)<br/>PLUS<br/><b>Metronidazole</b> 15mg/kg loading dose, followed by 7.5mg/kg/dose IV q8h</p> | <p><b>Cefotaxime</b> 200mg/kg/day IV in 4 divided doses<br/>PLUS<br/><b>Metronidazole</b> 15mg/kg loading dose, followed by 7.5mg/kg/dose IV q8h</p>                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |



| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Suggested Treatment                                                                                                                        |                                                                                                                                                                                                                                                           | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |  |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Preferred Treatment                                                                                                                        | Alternative Treatment                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |  |
| <b>B. Bone And Joint Infections</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                            |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |  |
| Septic arthritis (SA) and Osteomyelitis (OM)<br><br><u>Common organisms:</u><br><br>0-2 months old:<br><i>Staphylococcus aureus</i><br><i>Streptococcus agalactiae</i><br>Gram-negative enteric organism<br><br><u>Less than 5 years old:</u><br><i>Staphylococcus aureus</i><br><i>Streptococcus pyogenes</i><br><i>Streptococcus pneumoniae</i><br>Non-typeable <i>Haemophilus</i> spp.<br><i>Kingella kingae</i><br><br><u>Older than 5 years:</u><br><i>Staphylococcus aureus</i><br><i>Streptococcus pyogenes</i> | 0-2 months old:<br><b>Cloxacillin</b> 200mg/kg/day IV in 4-6 divided doses<br>PLUS<br><b>Cefotaxime</b> 200mg/kg/day IV in 4 divided doses |                                                                                                                                                                                                                                                           | Empiric antibiotics should be started based on clinical diagnosis of SA or OM.<br><br>Surgical debridement often not required in OM.<br><br>Urgent wash out and drainage is needed in SA in hip and other joints to reduce pressure on growth plate.<br><br>*IV antibiotics can be switched to oral if no concurrent bacteremia when: Child afebrile and pain-free for at least 24 hours and CRP <20mg/L or CRP decreased by ≥2/3 of the highest value.<br><br>Duration of antibiotics:<br>SA: total of 3-4 weeks<br>OM: 4-6 weeks<br>In complex disease (multifocal, significant bone destruction, immunocompromised host and resistant/unusual pathogens), prolonged intravenous antibiotics are needed and duration might exceed 6 weeks. |  |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Less than 5 years old:<br><b>Cefuroxime</b> 100-200mg/kg/day IV in 3 divided doses (monotherapy)                                           | <b>Cefazolin</b> 100-150mg/kg/day IV in 3 divided doses (Can be used in children with suspected <i>Staphylococcus aureus</i> or <i>Streptococcus pyogenes</i> . Less hypersensitivity reaction compared to <b>Cloxacillin</b> and more convenient dosing) |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |  |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | More than 5 years old:<br><b>Cloxacillin</b> 200mg/kg/day IV in 4-6 divided doses                                                          | * <i>Kingella kingae</i> : Uncommon organism causing infection in <5 years old; susceptible to β-lactam antibiotics e.g. <b>Cefuroxime</b> or <b>Amoxicillin-clavulanate</b> .                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |  |

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2. Guideline for the management of community acquired pneumonia in children; update 2011. Thorax October 2011: vol 66 (supplement 2).
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# URINARY TRACT INFECTIONS

| Infection/Condition and Likely Organism                                                                                                                     | Suggested Treatment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                          | Comments                                                                                                                                                                                              |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                             | Preferred                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Alternative                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                       |
| <p><u>Urinary Tract Infection (UTI)</u><br/> <i>Escherichia coli</i><br/> <i>Proteus</i> spp.<br/> <i>Klebsiella</i> spp.<br/> <i>Enterobacter</i> spp.</p> | <p>0-2 months old:<br/> <b>Ampicillin</b> 50mg/kg/dose IV<br/>                     &lt;1 week of age: q12h<br/>                     &gt;1 week of age: q8h<br/>                     PLUS<br/> <b>Gentamicin</b><br/>                     5mg/kg/dose IV<br/>                     &lt; 30 weeks of CGA: q48h<br/>                     &gt; 30-34 week of CGA:<br/>                     q36h<br/>                     ≥ 35 week CGA: q24h</p> <p>&gt;2 months old:<br/>                     Uncomplicated UTI<br/> <b>Cefixime</b> 8-10mg/kg/day<br/>                     in 2 divided doses<br/>                     OR<br/> <b>Cotrimoxazole</b><br/>                     (Trimethoprim 8mg/kg)<br/>                     In 2 divided doses</p> | <p>0-2 months old:<br/> <b>Cefotaxime</b> 50mg/kg/dose q8h</p> <p>&gt;2 months old:<br/>                     Complicated UTI<br/> <b>Cefotaxime</b> 100-150mg/kg/day IV in 3 divided doses<br/>                     (max. 8gm/day)<br/>                     OR<br/> <b>Ceftriaxone</b> 100mg/kg<br/>                     AND/OR<br/> <b>Gentamicin</b> 5mg/kg/dose<br/>                     IV daily</p> | <p>Duration: 10-14 days.</p> <p>&gt;2 months old:<br/>                     Duration: 7-14 days.<br/>                     Switch to oral therapy when improving and able to tolerate oral therapy.</p> |
| <p>Prophylaxis for UTI for infants and children with recurrent UTI</p>                                                                                      | <p><b>Trimethoprim</b> 1-2mg/kg<br/>                     PO at night</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <p><b>Nitrofurantoin</b> 1-2mg/kg<br/>                     at night<br/>                     OR<br/> <b>Cephalexin</b> 10mg/kg/dose<br/>                     at night</p>                                                                                                                                                                                                                                |                                                                                                                                                                                                       |

## References:

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# NEONATAL INFECTIONS

| Infection/Condition and Likely Organism                                                                                                                                                            | Suggested Treatment                                                                                                                                                                                                                                                                                                                                                                   |                       | Comments                                                                                                                             |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|--------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                    | Preferred Treatment                                                                                                                                                                                                                                                                                                                                                                   | Alternative Treatment |                                                                                                                                      |
| <b>Congenital and Perinatal Infections</b>                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                       |                       |                                                                                                                                      |
| Meningitis<br>GBS<br><i>Escherichia coli</i><br><i>Listeria</i> spp.<br>Other Gram-negative bacilli/rod (GNR)                                                                                      | Empirical therapy.<br><br>< 1 week of age:<br><b>Ampicillin</b> 200-300mg/kg/day IV in 3 divided doses<br><br>>1 week of age:<br><b>Ampicillin</b> 300mg/kg/day IV in 4 divided doses<br><br>PLUS<br><b>Cefotaxime</b> 50mg/kg/dose IV<br>< 1 week of age: q12h<br>>1 week of age: q8h                                                                                                |                       |                                                                                                                                      |
| Necrotising enterocolitis (NEC)<br><i>Klebsiella</i> spp.,<br><i>Escherichia coli</i> ,<br><i>Clostridia</i> ,<br>Coagulase-negative<br><i>Staphylococci</i> , <i>Enterococci</i> ,<br>Bacteroides | <b>Ampicillin</b> 50mg/kg/dose IV<br><1 week of age: q12h<br>>1 week of age: q8h<br>PLUS<br><b>Gentamicin</b> 5mg/kg/dose IV<br>< 30 weeks of CGA: q48h<br>30-34 weeks of CGA: q36h<br>≥35 weeks CGA: q24h<br>PLUS<br><b>Metronidazole</b> IV dose:<br><34 weeks of age: 7.5mg/kg/dose IV q12h<br>35-40 weeks of age:<br>7.5mg/kg/dose IV q8h<br>>40 weeks of age:10mg/kg/dose IV q8h |                       | Use <b>Vancomycin</b> if CoNS/MRSA is suspected (substitute <b>Ampicillin</b> with <b>Vancomycin</b> ).<br><br>Duration: 10-14 days. |

| Infection/Condition and Likely Organism                                                                                                                                                                                             | Suggested Treatment                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                     | Preferred Treatment                                                                                                                                                                                                                                                                                                                                               | Alternative Treatment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <p>Early onset sepsis (&lt;48 hrs) Group B <i>Streptococcus</i> (GBS),<br/><i>Listeria</i> spp.,<br/><i>Streptococcus</i> spp.,<br/><i>Escherichia coli</i>,<br/><i>Haemophilus influenzae</i>,<br/><i>Klebsiella</i> spp. etc.</p> | <p>&lt; 1 week of age:<br/><b>Ampicillin</b> 200-300mg/kg/day IV in 3 divided doses</p> <p>&gt;1 week of age:<br/><b>Ampicillin</b> 200-300mg/kg/day IV in 4 divided doses</p> <p>PLUS<br/><b>Gentamicin</b> 5mg/kg/dose IV<br/>&lt;30 weeks of CGA: q48h<br/>30-34 weeks of CGA: q36h<br/>≥35 weeks CGA: q24h</p>                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <p>If negative blood culture, initial clinical suspicion not strong and reassuring baby's condition with low CRP, consider stopping antibiotics at 48 hours.</p> <p>If positive blood culture or strong clinical suspicion of sepsis but negative culture, may give 5-7 days of antibiotics.</p> <p>Consider antibiotics for more than 5-7 days if baby not fully recovered and based on pathogen identified on blood culture.</p> <p>In this empiric therapy - meningitis is not a consideration.</p> |
| <p>Late onset sepsis &gt;48 hours</p> <p>MSSA/MRSA, Coagulase-negative Staphylococci (CoNS),<br/>Gram-negative rods</p>                                                                                                             | <p>First line:<br/><b>(Flu)cloxacillin</b> 50mg/kg/dose IV<br/>&lt;1 week of age: q12h<br/>&gt;1 week of age: q8h<br/>OR<br/><b>Cefotaxime</b> 50mg/kg/dose IV<br/>&lt;1 week of age: q12h<br/>&gt;1 week of age: q8h</p> <p>PLUS<br/><b>Gentamicin</b> 5mg/kg/dose IV<br/>&lt; 30 weeks of CGA: q48h<br/>30-34 weeks of CGA: q36h<br/>≥35 weeks of CGA: q24h</p> | <p>Second line:<br/><b>Piperacillin-tazobactam</b> IV<br/>PMA &lt; 30 weeks: 100mg/kg/dose q8h<br/>PMA &gt; 30 weeks: 80mg/kg/dose q6h</p> <p>Other options:<br/><b>Cefepime</b><br/>GA &lt; 36 weeks: 30mg/kg/dose q12h<br/>GA ≥ 36 weeks: 50mg/kg/dose q12h<br/>OR<br/><b>Meropenem</b><br/>GA &lt;32 weeks: 20mg/kg/dose IV<br/>PNA &lt; 14 days: q12h<br/>PNA ≥ 14 days: q8h</p> <p>GA ≥ 32 weeks:<br/>PNA &lt; 14 days: 20mg/kg/dose IV q8h<br/>PNA ≥ 14 days: 30mg/kg/dose IV q8h<br/>OR<br/><b>Imipenem-cilastatin</b><br/>25mg/kg/dose IV<br/>PNA &lt; 1 week: q12h<br/>PNA ≥ 1 week q8h</p> | <p><b>Piperacillin-tazobactam</b> is a good second line option in pneumonia and intraabdominal sepsis (non-CONS sepsis with good coverage against Gram positive, Gram-negative and anaerobes)</p>                                                                                                                                                                                                                                                                                                      |

| Infection/Condition and Likely Organism                                                                                                                                           | Suggested Treatment                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                           | Comments                                                                                                                                                                                                                                      |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                   | Preferred Treatment                                                                                                                                                                                                                                                                                                                               | Alternative Treatment                                                                                                                                                                                                                     |                                                                                                                                                                                                                                               |
| <p><u>Congenital syphilis</u><br/><i>Treponema pallidum</i></p>                                                                                                                   | <p><b>Benzylpenicillin (Penicillin G)</b><br/>50,000 units/kg/dose IV for first 7 days of life: q12h thereafter: q8h</p> <p>Duration: 10 days</p> <p><u>If diagnosed with congenital syphilis after one month of age:</u><br/><b>Benzylpenicillin (Penicillin G):</b><br/>200,000-300,000units/kg/day IV in 4-6 divided doses for 10-14 days.</p> | <p><b>Benzathine penicillin G</b> 50,000 Unit/kg/dose single dose IM</p>                                                                                                                                                                  | <p>In infants considered less likely to have syphilis and normal CSF examination including normal physical examination and long bone radiograph:<br/><b>Benzathine penicillin G</b> 50,000units/kg/dose IM in a single dose can be given.</p> |
| <p>Congenital toxoplasmosis<br/><i>Toxoplasma gondii</i></p>                                                                                                                      | <p>Pyrimethamine-sulfadoxine<br/>Pyrimethamine (1.25mg/kg/dose PO every 10 days)<br/>PLUS<br/>Sulfadoxine (25mg/kg/dose PO every 10 days)<br/>PLUS<br/>Folinic acid 50mg PO every 7 days for 12 months</p>                                                                                                                                        | <p>Pyrimethamine 1mg/kg/day PO for 2 months, followed by 0.5mg/kg/day PO for 10 months<br/>PLUS<br/><b>Sulfadiazine</b> 100mg/kg/day PO in 2 divided doses for 12 months<br/>PLUS<br/>Folinic Acid 50mg PO every 7 days for 12 months</p> | <p>Prednisolone 0.5mg/kg (max. 20mg/dose) q12h can be added if CSF protein <math>\geq</math> 1g/dL or active severe chorioretinitis. Steroids given till CSF protein &lt;1g/dL or resolution of severe chorioretinitis.</p>                   |
| <p>Herpes simplex Neonatal</p> <p>Localised skin, eye and mouth (SEM)<br/>Central nervous system (CNS) with or without SEM<br/>Disseminated disease involving multiple organs</p> | <p>Acyclovir 60mg/kg/day IV in 3 divided doses</p> <p>All infants surviving neonatal HSV infection of any classification should receive oral acyclovir suppression at 300mg/m<sup>2</sup>/dose administered 3 times daily for 6 months after completion of parenteral therapy.</p>                                                                |                                                                                                                                                                                                                                           | <p>Duration:<br/>SEM: 14 days<br/>CNS/disseminated: <math>\geq</math> 21 days<br/>For CNS disease:<br/>Repeat lumbar puncture at end of therapy for HSV PCR. If PCR remains positive, continue IV acyclovir for another one week.</p>         |

| Infection/Condition and Likely Organism            | Suggested Treatment                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                            | Comments                                                                                                                                                                                                                                                                         |
|----------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                    | Preferred Treatment                                                                                                                                                                                                                                                                                                                        | Alternative Treatment                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                  |
| Tetanus neonatorum<br><i>Clostridium tetani</i>    | <b>Metronidazole</b><br>PMA ≤ 34 weeks: 7.5mg/kg/dose IV q12h<br>PMA 35-40 weeks: 7.5mg/kg/dose IV q8h<br>PMA >40 weeks: 10mg/kg/dose IV q8h                                                                                                                                                                                               | <b>Benzylpenicillin (Penicillin G)</b><br><br>GA <34 weeks:<br>100,000units/kg/dose IV<br>postnatal age <7 days:<br>q12h<br>postnatal age > 7 days:<br>q8h<br><br>GA >34 weeks:<br>100,000units/kg/dose IV<br>postnatal age <7 days:<br>q8h<br>postnatal age > 7 days:<br>q6h              | Duration : 10 days.                                                                                                                                                                                                                                                              |
| Congenital gonococcal ophthalmitis /conjunctivitis | Immediate and frequent saline eye irrigation.<br><br>Non-disseminated disease:<br><b>Cefotaxime</b> 1 00mg/kg/dose IV in a single dose.<br>May need to continue for 48-72 hours until systemic infection has been ruled out<br>Disseminated disease:<br><b>Cefotaxime</b> 50mg/kg/dose IV<br>< 1 week of age: q12h<br>> 1 week of age: q8h | If penicillin-susceptible:<br><b>Benzylpenicillin</b><br><br>GA <34 weeks:<br>100,000units/kg/dose IV<br>postnatal age <7 days:<br>q12h<br>postnatal age >7 days:<br>q8h<br><br>GA >34 weeks:<br>100,000units/kg/dose IV<br>postnatal age <7 days:<br>q8h<br>postnatal age >7 days:<br>q6h | For 7 days, with a duration of 10-14 days, if meningitis is documented.<br>Evaluate for signs of disseminated infection (e.g. sepsis, arthritis and meningitis).<br>Screen mother and baby for chlamydial infection.<br>Screen for other STDs.<br>Investigate and treat parents. |
| Chlamydia trachomatis conjunctivitis               | <b>Erythromycin ethylsuccinate</b><br>10mg/kg/dose PO<br><1 week of age: q12h<br>>1 week of age: q8h                                                                                                                                                                                                                                       | <b>Azithromycin</b> 20mg/kg/day PO, once daily for 3 days.                                                                                                                                                                                                                                 | Duration: 14 days.<br>Local eye toilet until discharge stops<br>Re-swab after treatment;<br>20-30% will need a second course to clear infection.                                                                                                                                 |

| Infection/Condition and Likely Organism       | Suggested Treatment                                                                                                                                                                                                                                                                                                                                                                                                                  |                       | Comments                                                                                                                                                                                                             |
|-----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                               | Preferred Treatment                                                                                                                                                                                                                                                                                                                                                                                                                  | Alternative Treatment |                                                                                                                                                                                                                      |
| <b>GBS</b><br><i>Streptococcus agalactiae</i> |                                                                                                                                                                                                                                                                                                                                                                                                                                      |                       |                                                                                                                                                                                                                      |
| Sepsis                                        | <p>&lt; 1 week of age:<br/><b>Ampicillin</b> 200-300mg/kg/day IV in 3 divided doses</p> <p>&gt;1 week of age:<br/><b>Ampicillin</b> 300mg/kg/day IV in 4 divided doses</p> <p>PLUS<br/><b>Gentamicin</b> 5mg/kg/dose IV</p> <p>&lt; 30 weeks of CGA: q48h<br/>&gt; 30-34 weeks of CGA: q36h<br/>≥35 weeks of CGA: q24h</p>                                                                                                           |                       | <p>Duration of treatment for GBS:<br/>Uncomplicated: 14 days (Bacteremia without a defined focus).</p> <p>Meningitis: 21 days.</p> <p><b>Gentamicin</b> can be discontinued once the infection is under control.</p> |
| Meningitis                                    | <p><b>Ampicillin</b></p> <p>&lt;1 week of age:<br/>200-300mg/kg/day IV in 3 divided doses</p> <p>&gt;1 week of age:<br/>300mg/kg/day IV in 4 divided doses</p> <p>PLUS<br/><b>Gentamicin</b> 5mg/kg/dose IV</p> <p>&lt; 30 weeks of CGA: q48h<br/>&gt;30-34 weeks of CGA: q36h<br/>≥ 35 weeks CGA: q24h</p>                                                                                                                          |                       | <p>Duration for treatment.</p> <p>Meningitis: 21 days.</p> <p>Doses of penicillin for meningitis is higher as recommended by experts (as high as 500,000 unit/kg/day (&gt; 7 days of age).</p>                       |
| <i>Escherichia coli</i><br>Sepsis/Meningitis  | <p><b>Cefotaxime</b> 50mg/kg/dose IV</p> <p>&lt; 1 week of age: q12h<br/>&gt; 1 week of age: q8h</p> <p><b>Cefotaxime</b> 50mg/kg/dose IV</p> <p>GA&lt;32weeks<br/>PNA &lt; 14 days: q12h<br/>PNA ≥ 14 days: q8h</p> <p>GA ≥32 weeks<br/>PNA ≤7 days: q12h<br/>PNA &gt;7 days: q8h</p> <p>PLUS<br/><b>Gentamicin</b> 5mg/kg/dose IV</p> <p>&lt; 30 weeks of CGA: q48h<br/>&gt; 30-34 weeks of CGA: q36h<br/>≥ 35 weeks CGA: q24h</p> |                       | <p>Duration in bacteremia: 14 days.</p> <p>Duration for meningitis: 21 days.</p> <p>All cases of bacteremia need lumbar puncture to exclude meningitis.</p>                                                          |

**References:**

1. American Academy of Paediatrics. Committee on Infectious Diseases. Red Book: Report of the Committee on Infectious Diseases (2018).
2. Christina W. Obiero, Anna C. Seale, James E. Berkley. The Pediatric Infectious Disease Journal • Volume 34, Number 6, June 2015.
3. Congenital syphilis. 2015 Treatment Guidelines. Available at <https://www.cdc.gov/std/tg2015/congenital.htm>.
4. Maldonado YA, Read JS; Committee On Infectious Diseases. Diagnosis, Treatment, and Prevention of Congenital Toxoplasmosis in the United States. Pediatrics. 2017 Feb;139(2):e20163860
5. National Antimicrobial Guideline, Third Edition. Petaling Jaya: Ministry of Health, Malaysia; 2019
6. Swetha G. Pinninti, David W. Kimberlin. Neonatal Herpes Simplex Virus Infections. Seminars in Perinatology 42(2018) 168-175.
7. The Sanford Guide to Antimicrobial therapy 2018.



# CHEMOPROPHYLAXIS: SURGICAL

## Timing:

Administration of antimicrobial agent is recommended within 60 minutes before surgical incision to ensure adequate tissue concentration at the start of the procedure. Agents that require longer administration time such as **Vancomycin** should be given within 120 minutes before surgery begins.

Adequate antimicrobial concentration should be maintained throughout the surgical procedures and in most instances, single dose of antimicrobial agent is sufficient and the duration of prophylaxis after any procedure should not exceed 24 hours.

- Intra-operative dosing is required if the duration of the procedure is greater than two times the half-life of the antimicrobial agent or if there is excessive blood loss.
- Re-dosing timings are calculated from the initiation of pre-operative dose.

| Antimicrobial           | Recommended Re-dosing Interval in Adults with Normal Renal Function (From Initiation of Preoperative Dose in hours) |
|-------------------------|---------------------------------------------------------------------------------------------------------------------|
| Cefazolin               | 4                                                                                                                   |
| Cefuroxime              | 4                                                                                                                   |
| Ampicillin-sulbactam    | 2                                                                                                                   |
| Flucloxacillin          | 4                                                                                                                   |
| Clindamycin             | 6                                                                                                                   |
| Cefotaxime              | 3                                                                                                                   |
| Gentamicin              | NA                                                                                                                  |
| Amoxicillin-clavulanate | 4                                                                                                                   |

| Infection/Condition and Likely Organism                                                                                                | Suggested Treatment                      |                                                                                                                                                                                       | Comments                                                                         |
|----------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
|                                                                                                                                        | Preferred Treatment                      | Alternative Treatment                                                                                                                                                                 |                                                                                  |
| <b>Cardiac Surgery</b>                                                                                                                 |                                          |                                                                                                                                                                                       |                                                                                  |
| <i>Staphylococcus epidermidis</i> ,<br><i>Staphylococcus aureus</i> ,<br><i>Corynebacterium</i> spp.,<br>Enteric Gram-negative bacilli | <b>Cefazolin</b> 30mg/kg IV;<br>max. 2gm | $\beta$ -lactam Allergy:<br><b>Clindamycin</b> 10mg/kg IV;<br>max 900mg                                                                                                               | If known to have MRSA/<br>MRSE colonization, use<br><b>Vancomycin</b> 15mg/kg IV |
| <b>Thoracic surgery</b>                                                                                                                |                                          |                                                                                                                                                                                       |                                                                                  |
| Non-cardiac including lobectomy, pneumonectomy, lung resection and thoracotomy                                                         | <b>Cefazolin</b> 30mg/kg IV;<br>max. 2gm | <b>Ampicillin-sulbactam</b><br>50mg/kg (of <b>Ampicillin</b><br>component) IV<br>Re-dosing : every 2 hours<br>$\beta$ -lactam Allergy:<br><b>Clindamycin</b> 10mg/kg IV;<br>max 900mg |                                                                                  |

| Infection/Condition and Likely Organism                                                                                                                                                                       | Suggested Treatment                                                                                        |                                                                                                                                                                                                                                                                                       | Comments |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|
|                                                                                                                                                                                                               | Preferred Treatment                                                                                        | Alternative Treatment                                                                                                                                                                                                                                                                 |          |
| <b>Abdominal Surgery</b>                                                                                                                                                                                      |                                                                                                            |                                                                                                                                                                                                                                                                                       |          |
| Gastroduodenal                                                                                                                                                                                                | Cefazolin 30mg/kg IV;<br>max. 2gm                                                                          | Ampicillin-sulbactam<br>50mg/kg (of Ampicillin<br>component) IV<br><u>β-lactam Allergy:</u><br>Clindamycin 10mg/kg IV;<br>max 900mg<br>AND<br>Gentamicin 2.5mg/kg IV                                                                                                                  |          |
| Biliary tract<br>(Open procedure/<br>Laparoscopic procedure/<br>Appendectomy/Small<br>intestine/Hernia repair<br>(hernioplasty and<br>herniorrhaphy) / Colorectal)                                            | Cefazolin 30mg/kg IV;<br>max. 2gm<br>OR<br>Ampicillin-sulbactam<br>50mg/kg (of Ampicillin<br>component) IV | Ceftriaxone 50-75mg/kg<br>IV; max. 2gm<br>OR<br>Cefotaxime 50mg/kg;<br>max. 1gm<br>PLUS<br>Metronidazole 15mg/kg IV<br>(For neonates less than<br>1200gm, to give 7.5mg/<br>kg)<br><u>β-lactam Allergy:</u><br>Clindamycin 10mg/kg IV;<br>max 900mg<br>PLUS<br>Gentamicin 2.5mg/kg IV |          |
| <b>Head and neck</b>                                                                                                                                                                                          |                                                                                                            |                                                                                                                                                                                                                                                                                       |          |
| Clean (tonsillectomy,<br>adenoidectomy,<br>tracheostomy, thyroglossal<br>cyst excision, preauricular<br>sinus, dermoid cyst, brachial<br>anomaly, thyroidectomy,<br>parotidectomy, lymph node<br>biopsy etc.) | No antibiotic routinely                                                                                    |                                                                                                                                                                                                                                                                                       |          |
| Clean with placement of<br>prosthesis<br>(excludes tympanostomy<br>tubes)                                                                                                                                     | Cefazolin 30mg/kg IV;<br>max. 2gm                                                                          | Ampicillin-sulbactam<br>50mg/kg (of Ampicillin<br>component) IV<br>OR<br>Cefuroxime 50mg/kg IV;<br>max. 1.5gm<br><u>β-lactam Allergy:</u><br>Clindamycin 10mg/kg IV;<br>max 900mg                                                                                                     |          |

| Infection/Condition and Likely Organism                                                                                                        | Suggested Treatment                                                |                                                                                                                                                                                                           | Comments                                                            |
|------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|
|                                                                                                                                                | Preferred Treatment                                                | Alternative Treatment                                                                                                                                                                                     |                                                                     |
| Clean-contaminated procedures with the exception of tonsillectomy and functional endoscopic sinus procedure                                    | Cefazolin 30mg/kg IV; max. 2gm<br>PLUS<br>Metronidazole 15mg/kg IV | Ampicillin-sulbactam 50mg/kg (of Ampicillin component) IV<br>OR<br>Cefuroxime 50mg/kg IV; max. 1.5gm<br>PLUS<br>Metronidazole 15mg/kg IV<br><u>β-lactam Allergy:</u><br>Clindamycin 10mg/kg IV; max 900mg |                                                                     |
| Clean-contaminated cancer surgery                                                                                                              | Cefazolin 30mg/kg IV; max. 2gm<br>PLUS<br>Metronidazole 15mg/kg IV | Ampicillin-sulbactam 50mg/kg (of Ampicillin component) IV<br>OR<br>Cefuroxime 50mg/kg IV; max. 1.5gm<br>PLUS<br>Metronidazole 15mg/kg IV<br><u>β-lactam Allergy:</u><br>Clindamycin 10mg/kg IV; max 900mg |                                                                     |
| <b>Neurosurgery</b>                                                                                                                            |                                                                    |                                                                                                                                                                                                           |                                                                     |
| Elective craniotomy and cerebrospinal fluid-shunting procedures                                                                                | Cefazolin 30mg/kg IV; max. 2gm                                     | <u>β-lactam Allergy:</u><br>Clindamycin 10mg/kg IV; max 900mg                                                                                                                                             | If known to have MRSA/MRSE colonization, use Vancomycin 15mg/kg IV. |
| <b>Orthopaedics</b>                                                                                                                            |                                                                    |                                                                                                                                                                                                           |                                                                     |
| Clean operations involving hand, knee, or foot and not involving implantation of foreign materials                                             | None                                                               |                                                                                                                                                                                                           |                                                                     |
| Spinal procedure with or without instrumentation / hip surgery / Implantation of internal fixation devices (e.g. nails, screws, plates, wires) | Cefazolin 30mg/kg IV; max. 2gm                                     | <u>β-lactam Allergy:</u><br>Clindamycin 10mg/kg IV; max 900mg                                                                                                                                             |                                                                     |
| <b>Urology</b>                                                                                                                                 |                                                                    |                                                                                                                                                                                                           |                                                                     |
| Low tract instrumentation with risk factors for infections                                                                                     | Trimethoprim 2mg/kg PO; max. 150mg                                 | Cefazolin 30mg/kg IV; max. 2gm<br><u>β-lactam Allergy:</u><br>Gentamicin 2.5mg/kg IV                                                                                                                      |                                                                     |

| Infection/Condition and Likely Organism                                                               | Suggested Treatment                                                                                                                                                             |                                                                                                     | Comments                                              |
|-------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------|
|                                                                                                       | Preferred Treatment                                                                                                                                                             | Alternative Treatment                                                                               |                                                       |
| Clean without entry into urinary tract/clean with entry into urinary tract (e.g. hypospadias surgery) | Cefazolin 30mg/kg IV; max. 2gm                                                                                                                                                  | Amoxicillin-clavulanate 30mg/kg IV; max 1.2gm                                                       | UTI should be treated before procedure when possible. |
| Clean-contaminated (entering gastrointestinal tract)                                                  | Cefazolin 30mg/kg IV; max. 2gm<br>PLUS<br>Metronidazole 15mg/kg IV                                                                                                              | Amoxicillin-clavulanate 30mg/kg IV; max 1.2gm<br><u>β-lactam Allergy:</u><br>Gentamicin 2.5mg/kg IV |                                                       |
| <b>Plastic Surgery</b>                                                                                |                                                                                                                                                                                 |                                                                                                     |                                                       |
| Elective soft tissue surgery                                                                          | No prophylaxis unless complete prolonged procedure<br>If complex, Flucloxacillin 25mg/kg IV; max 1gm                                                                            |                                                                                                     |                                                       |
| Elective hand or foot surgery involving bone                                                          | Flucloxacillin 25mg/kg IV; max 1gm                                                                                                                                              | <u>β-lactam Allergy:</u><br>Clindamycin 10mg/kg IV; max 900mg                                       |                                                       |
| Cleft lip and palate surgery                                                                          | Amoxicillin-clavulanate 30mg/kg; max. 1.2gm                                                                                                                                     |                                                                                                     |                                                       |
| Excision and grafting surgery                                                                         | Amoxicillin-clavulanate 30mg/kg; max. 1.2gm                                                                                                                                     |                                                                                                     |                                                       |
| <b>Interventional radiology</b>                                                                       |                                                                                                                                                                                 |                                                                                                     |                                                       |
| Percutaneous endoscopic gastrostomy (PEG) or jejunostomy (PEJ) or nephrostomy tube placement          | Cefazolin 30mg/kg IV; max. 2gm                                                                                                                                                  | Amoxicillin-clavulanate 30mg/kg; max. 1.2gm                                                         |                                                       |
| Micturating cystourethrogram (MCUG)                                                                   | Trimethoprim 2mg/kg PO; max. 150mg<br>(if patient is already on existing antibiotic UTI prophylaxis, increase antibiotic to therapeutic dose for a single dose prior procedure) |                                                                                                     |                                                       |
| Tenkhoff peritoneal dialysis catheter insertion                                                       | Cefazolin 30mg/kg IV; max. 2gm                                                                                                                                                  | Amoxicillin-clavulanate 30mg/kg; max. 1.2gm                                                         |                                                       |
| Burns                                                                                                 | No prophylaxis required                                                                                                                                                         |                                                                                                     |                                                       |

### References:

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2. Clinical Practical Guideline for Antimicrobial Prophylaxis for Surgery 2013. American Society of Hospital Pharmacists (ASHP) guideline, IDSA, Surgical Infection Society (SIS) and Society of Healthcare Epidemiology of America (SHEA). Bratzler DW, Dellinger EP, Olsen KM, Perl TM, Auwaerter PG, Bolon MK, Fish DN, Napolitano LM, Sawyer RG, Slain D, Steinberg JP, Weinstern RA. American Journal of Health-system Pharmacy 2013. 70(3): 195-283.
3. National Antimicrobial Guideline, Third Edition. Petaling Jaya: Ministry of Health, Malaysia; 2019.

# CHEMOPROPHYLAXIS: NON-SURGICAL

| Infection/Condition and Likely Organism | Suggested Treatment                                                                                                                     |                                                                                                                                                                                                                                                 | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|-----------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                         | Preferred Treatment                                                                                                                     | Alternative Treatment                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Rheumatic fever (Secondary Prevention)  | <b>Benzathine penicillin G</b><br>1.2MU (>27kg);<br>0.6MU (≤27kg)<br>IM every 3-4 weeks                                                 | <b>Phenoxyethylpenicillin (penicillin V)</b> 250mg PO q12h<br><br><u>Penicillin allergy:</u><br><b>Erythromycin ethylsuccinate</b><br>15-20mg/kg/dose<br>PO q12h                                                                                | Duration:<br>1. With carditis and residual heart disease (persistent valvular disease): 10 years since the last episode of ARF or 40 years of age whichever is longer. Consider lifelong prophylaxis.<br>2. With carditis but no residual heart disease (no valvular disease): 10 years since the last episode of ARF or 21 years of age whichever is longer.<br>3. Without carditis: 5 years since last ARF or until 21 years of age whichever is longer.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Infective Endocarditis (IE)             | <b>Amoxicillin</b> 50mg/kg PO<br>30-60 minutes before procedure<br>OR<br><b>Ampicillin</b> 50mg/kg IV<br>30-60 minutes before procedure | <u>Penicillin allergy:</u><br><b>Clindamycin</b> 20mg/kg IV/PO 30-60 minutes before procedure<br><br>Other alternative:<br><b>Cefazolin</b> 50mg/kg IV (cephalosporin should not be used in children with anaphylaxis, angioedema or urticaria) | IE prophylaxis is recommended for patients with the highest risk cardiac conditions undergoing procedures likely to result in bacteremia with microorganism that has the potential ability to cause bacterial endocarditis. Prophylaxis always required for:<br>1. Dental procedures that involve <ul style="list-style-type: none"> <li>• Extraction.</li> <li>• Periodontal procedure including surgery.</li> <li>• Sub-gingival scaling.</li> <li>• Root planning.</li> <li>• Re-planting avulsed teeth.</li> <li>• Other surgical procedure e.g. implant placement and apicectomy.</li> </ul> 2. Incision and drainage of local abscess in the brain, skin, subcutaneous tissue (boils and carbuncle, eye (dacryocystitis), epidural, lung, orbital area, per rectal area, liver (pyogenic liver), tooth and surgical procedure through infected skin).<br>3. Percutaneous endoscopic gastrostomy. <ul style="list-style-type: none"> <li>• Prophylaxis is required in some circumstances.</li> <li>• Maintenance of optimal oral hygiene may reduce the incidence of bacteremia from daily activities and is more important than prophylactic antibiotics for a dental procedure to reduce the risk of IE.</li> </ul> |

| Infection/Condition and Likely Organism                                                       | Suggested Treatment                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                             | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|-----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                               | Preferred Treatment                                                                                                                                                                                                                                                                                                                                                                                                                                         | Alternative Treatment                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Post splenectomy<br>At risk for<br>Pneumococcus,<br>Meningococcus,<br><i>Haemophilus</i> spp. | <p><b>Phenoxymethylpenicillin (Penicillin V)</b><br/>           125mg PO q12h for ≤5 years old<br/>           250mg PO q12h for &gt;5 years old</p> <p>Duration of chemoprophylaxis:</p> <ul style="list-style-type: none"> <li>Minimum 3 years post splenectomy or until 18 years of age OR at least 1 year post splenectomy</li> </ul> <p>Asplenia attributable to other causes unknown most expert recommend throughout childhood and into adulthood</p> | <p><b>Amoxicillin</b> 20mg/kg/day (250-500mg PO q12h; 500mg daily if poor compliance i.e. adult dose)</p> <p><u>Penicillin allergy:</u><br/> <b>Erythromycin ethylsuccinate</b> 15-20mg/kg/dose PO q12h</p> | <p>Risk of sepsis is lifelong but especially high in the first 2 years after splenectomy.</p> <p>Important adjunct: Immunization against <i>Pneumococcus</i>, <i>Haemophilus</i>, <i>Meningococcus</i> at least 14 days prior to splenectomy (if not possible then as soon as possible, 14 days or more after surgery).<br/>           Yearly influenza vaccine is also recommended.</p> <p>Not all pneumococcal isolates are susceptible to these antibiotics. Limitation stressed to parents so that all febrile illness in this group of children are taken seriously since initial signs and symptoms of fulminant septicaemia can be subtle.</p>                   |
| <i>Haemophilus influenzae</i> type b exposure                                                 | <p><b>Rifampicin</b></p> <p>&lt; 1 month of age:<br/>           10mg/kg/dose PO q24h for 4 days</p> <p><u>Children:</u><br/>           20mg/kg/dose PO q24h for 4 days</p>                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                             | <p>Chemoprophylaxis is indicated for:</p> <ol style="list-style-type: none"> <li><u>ALL household</u> contacts in the following circumstances (household contact is defined as a person who resides with the index patient or who spent ≥4 hours with the index patient for at least five of the seven days before the day of hospital admission of the index case):           <ul style="list-style-type: none"> <li>Household with at least one contact &lt;4 years old who is unimmunized or incompletely immunized.</li> <li>Household with a contact who is an immunocompromised child, regardless of that child's Hib immunization status.</li> </ul> </li> </ol> |

| Infection/Condition and Likely Organism | Suggested Treatment                                                                                                                                          |                                                                                                               | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|-----------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                         | Preferred Treatment                                                                                                                                          | Alternative Treatment                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|                                         |                                                                                                                                                              |                                                                                                               | <ul style="list-style-type: none"> <li>Household with a child younger than 12 months who has not completed the primary Hib series.</li> </ul> <p>2. <u>Nursery Contact</u><br/>For ALL attendees in childcare and preschool (regardless of age or vaccination status) when unimmunized or incompletely immunized children attend the facility and two or more cases of Hib invasive disease have occurred within 60 days.</p> <p>3. <u>Index case</u><br/>Prior to discharge if did not receive at least ONE dose of <b>Cefotaxime/Ceftriaxone</b> and infants younger than 2 years.</p> <p>For contacts &lt;2 years old who are not immunized: complete immunization.</p> |
| Meningococcal exposure                  | <p><b>Rifampicin</b></p> <p>&lt;1 month old:<br/>5mg/kg/dose PO q12h for 2 days</p> <p>≥1 month old:<br/>15-20mg/kg/dose (max. 600mg) PO q12h for 2 days</p> | <p><b>Ceftriaxone IM</b></p> <p>&lt;15 years old:<br/>125mg stat</p> <p>&gt; 15 years old:<br/>250mg stat</p> | <p>Chemoprophylaxis is provided to close contact at HIGH RISK which include:</p> <ul style="list-style-type: none"> <li>All household especially children younger than 2years old.</li> <li>Childcare or preschool contact at any time during 7 days before onset of illness.</li> <li>Direct exposure to index patient's secretion through kissing or through sharing toothbrushes or eating utensils at any time during 7 days before onset of illness.</li> <li>Frequently slept in same place as index patient during 7 days before onset of illness.</li> </ul>                                                                                                       |

| Infection/Condition and Likely Organism         | Suggested Treatment                                                                                                  |                                                                                                                                                                                                   | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|-------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                 | Preferred Treatment                                                                                                  | Alternative Treatment                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|                                                 |                                                                                                                      |                                                                                                                                                                                                   | <p><u>Healthcare staff</u><br/>Routine prophylaxis is not recommended unless there is intimate exposure to respiratory secretion during mouth-to-mouth resuscitation, unprotected contact during intubation/suctioning at any time 7 days before onset of illness or within 24 hours of initiation of effective antimicrobial therapy.</p> <p>Give chemoprophylaxis to index case prior to discharge if treated with regimens other than <b>Cefotaxime</b> or <b>Ceftriaxone</b>. Chemoprophylaxis is ideally initiated within 24 hours after index patient is identified; prophylaxis is not indicated more than 2 weeks after exposure.</p> |
| Neonatal Group B <i>Streptococcus</i> infection | Intrapartum maternal prophylaxis:<br><br><b>Benzylpenicillin</b> 5MU IV loading, then 2.5-3.0MU IV q6h till delivery | <b>Ampicillin</b> 2gm IV loading, then 1gm q6h till delivery<br><br><u>Penicillin allergy:</u><br><b>*Clindamycin</b> 2gm IV loading, then 1gm IV q8h till delivery (according to susceptibility) | Treat during labour if previously delivered infant with invasive GBS, GBS bacteriuria or antenatal screening swabs positive OR if GBS status is not known AND any of the following: <ul style="list-style-type: none"> <li>- Preterm &lt;37 weeks</li> <li>- PROM &gt;18 hours</li> <li>- Intrapartum temperature &gt;38°C</li> </ul> <p>*For high risk of anaphylaxis from β-lactam antibiotics.</p>                                                                                                                                                                                                                                         |
| Malaria prophylaxis                             | *Mefloquine 5mg/kg once a week to maximum 250mg.                                                                     | **Atovaquone/Proguanil (Malarone) comes in pediatric preparation of 62.5/25mg once a day.                                                                                                         | . *To start 2-3 weeks before arrival and continue for 4 weeks after leaving malaria-risk area.<br>**To start 1-2 days prior to travel and continue for 1 week after visit to malaria-risk area.                                                                                                                                                                                                                                                                                                                                                                                                                                               |



| Infection/Condition and Likely Organism       | Suggested Treatment                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                 | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|-----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                               | Preferred Treatment                                                                                                                                                                                                                                                                                                                                                                                          | Alternative Treatment                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Pertussis<br>(Post-exposure prophylaxis, PEP) | <p>&lt;1 month old:<br/> <b>Azithromycin</b> 10mg/kg/day in a single dose q24h for 5 days</p> <p>1-5 months old:<br/> <b>Azithromycin</b> 10mg/kg/day as single dose q24h for 5 days.</p> <p>6 months and older:<br/> <b>Erythromycin ethylsuccinate</b> 15-20mg/kg/dose PO q12h for 14 days.<br/> OR<br/> <b>Azithromycin</b> 10mg/kg/day in a single dose on Day 1, then 5mg/kg/dose on Day 2 - Day 5.</p> | <p><b>Erythromycin</b> is not preferred in young infants. *Use only if <b>Azithromycin</b> is not available</p> <p><b>Erythromycin ethylsuccinate</b>: 15-20mg/kg/dose PO q12h for 14 days.</p> <p>2 months and older:<br/> <b>Trimethoprim-sulfamethoxazole</b> 8mg/kg/day in 2 divided doses for 14 days.</p> | <p>Drug of choice for PEP and treatment is a macrolide. <b>Azithromycin</b> is the preferred macrolide. *Association between orally administered <b>Azithromycin</b> and <b>Erythromycin</b> with infantile hypertrophic pyloric stenosis (especially in infant &lt;6 weeks) has been reported but <b>Azithromycin</b> remains the drug of choice in very young infants because the risk of developing severe disease outweighs the potential risk.</p> <p>Antimicrobial prophylaxis is recommended for:</p> <ol style="list-style-type: none"> <li>1. ALL household contacts of the index cases and other close contacts, including children in childcare, regardless of immunisation status. When considering borderline degree of exposure for a non-household contact, PEP should be administered if contact personally is at high risk or lives in a household with person at high risk of severe disease (e.g. young infant, pregnant women, person who has contact with infants). Close contacts who are unimmunised or underimmunised should have pertussis immunisation initiated or continued using age-appropriate products according to the recommended schedule as soon as possible (this include off-label TaP in children 7-9 years old who did not complete TaP series.)</li> <li>2. High risk: Infant, women at third trimester of pregnancy and people with pre-existing health conditions that may be exacerbated by pertussis infection (not limited to immunocompromised individuals and those with moderate to severe asthma).</li> </ol> |

| Infection/Condition and Likely Organism                                  | Suggested Treatment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                 | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|--------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                          | Preferred Treatment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Alternative Treatment                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Chicken pox (Post-exposure prophylaxis)                                  | <p>Potential interventions for people without evidence of immunity exposed to varicella (chicken pox) following significant exposure.</p> <p>Exposure is significant if:</p> <ol style="list-style-type: none"> <li>1. Household: Residing in the same household</li> <li>2. Playmate: Face-to-face indoor play <math>\geq</math> 1 hour</li> <li>3. Hospital: In same 2 to 4-bed room or adjacent beds in large ward, face-to-face contact with an infectious staff member or patients, or visit by a person deemed contagious</li> <li>4. Newborn infant</li> </ol> |                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| 1. Vaccine                                                               | <p>Varicella vaccine:<br/>Within 3-5 days of exposure for susceptible healthy adult/child 12 months old or older (followed by a second dose at age-appropriate interval)</p>                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                 | <p><b>Susceptible hosts include:</b></p> <ol style="list-style-type: none"> <li>1. Immunocompromised children.</li> <li>2. Pregnant women.</li> <li>3. Newborns of mothers with Varicella shortly before or after delivery (i.e. 5 days before or within 2 days after delivery).</li> <li>4. Premature infants born at <math>\geq</math>28 weeks of gestation who are exposed during their hospitalization and whose mothers do not have evidence of immunity.</li> <li>5. Premature infants born at <math>&lt;</math>28 weeks of gestation or birth weight <math>\leq</math>1000 g regardless of their mothers' immunity.</li> </ol> |
| 2. When indicated and available, Varicella zoster immune globulin (VZIG) | <p>For patients who are at high risk for severe infection and complications and significant exposure (and have contraindications to vaccine):</p> <p>VZIG dose as per product information;<br/>weight-based as soon as possible after exposure up to 10 days after</p> <p>OR</p> <p>IVIG (400mg/kg) IV once if VZIG not available</p>                                                                                                                                                                                                                                 | <p>Patients receiving monthly high dose IVIG (<math>\geq</math>400mg/kg) are likely to be protected and probably do not require VZIG if most recent dose of IVIG was administered <math>\leq</math>3 weeks before exposure.</p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| 3. When VZIG not available                                               | <p>OR</p> <p>Acyclovir 20mg/kg/dose PO q6h (max.3200mg of daily dose) beginning 7-10 days after exposure and continue for 7 days.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |

## References:

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# SKIN AND SOFT TISSUE INFECTIONS

| Infection/Condition and Likely Organism                                                                                                                 | Suggested Treatment                                                                                                                                                                          |                                                                                                                                  | Comments                                                                                                                                                                                                                                                                                                                                                                                       |
|---------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                         | Preferred Treatment                                                                                                                                                                          | Alternative Treatment                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                |
| Abscess<br><i>Staphylococcus aureus</i>                                                                                                                 | Mild:<br>*Cloxacillin 25-50mg/kg/day PO in 4 divided doses (max. 1gm/day) for 5-7 days                                                                                                       | Cephalexin 25-50mg/kg/day PO in 2 divided doses for 5-7days                                                                      | Incision and drainage (landD) is the MAINSTAY of therapy. Needle aspiration is inadequate, can sent pus obtained during landD for C&S.<br><br>Use parenteral route for severe infections. Consider CA-MRSA if poorly resolving.<br><br>*Doses recommended in previous columns are for children weighing less than 25kg. For children weighing more than 25kg, use adult dosage (500mg PO q6h). |
|                                                                                                                                                         | Severe:<br>Cloxacillin 200mg/kg/day IV in 4 divided doses (max. 12gm/day) for 5-7 days                                                                                                       |                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                |
|                                                                                                                                                         | CA-MRSA:<br>Clindamycin 30-40mg/kg/day PO in 3-4 divided doses for 5-7 days<br>OR<br>Trimethoprim-sulfamethoxazole 8-10mg/kg/day (TMP dose) PO in 2 divided doses for 5-7 days               |                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                |
| Animal bites<br><i>Pasteurella multocida</i> ,<br><i>Staphylococcus</i> spp.,<br><i>Streptococcus</i> spp.,<br><i>Capnocytophaga</i> spp.,<br>anaerobes | Amoxicillin-clavulanate 45mg/kg/day PO in 2 divided doses for 5- 7 days                                                                                                                      | Amoxicillin-clavulanate 30mg/kg/dose IV q8h (max. 1.2gm)                                                                         | Consider rabies prophylaxis.                                                                                                                                                                                                                                                                                                                                                                   |
| Cellulitis<br><i>Staphylococcus aureus</i><br><i>Streptococcus pyogenes</i>                                                                             | Cloxacillin 200mg/kg/day IV in 4 divided doses (max. 12gm/day) for 5-7 days                                                                                                                  | Amoxicillin 25-50mg/kg/day PO in 3 divided doses for 7 days<br>OR<br>Cephalexin 25-50mg/kg/day PO in 2 divided doses for 5-7days | Administer using parenteral route for extensive lesions.<br><br>Total treatment until 3 days after acute inflammation disappears.                                                                                                                                                                                                                                                              |
| Hansen's Disease (leprosy) in children                                                                                                                  | Paucibacillary:<br>10-14 years old:<br>Rifampicin 450mg PO monthly<br>PLUS<br>Dapsone 50mg PO daily<br><br><10 years old:<br>Rifampicin 10mg/kg PO monthly<br>PLUS<br>Dapsone 2mg/kg PO q24h |                                                                                                                                  | Duration of treatment: 6 months<br><br>Surveillance: 5 years                                                                                                                                                                                                                                                                                                                                   |

| Infection/Condition and Likely Organism                                                     | Suggested Treatment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                           | Comments                             |
|---------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|--------------------------------------|
|                                                                                             | Preferred Treatment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Alternative Treatment                                                                                     |                                      |
|                                                                                             | <p>Multibacillary:<br/>           10-14 years old:<br/> <b>Rifampicin</b> 450mg PO<br/>           monthly<br/>           PLUS<br/>           Dapsone 50mg PO q24h<br/>           PLUS<br/>           Clofazimine 150mg PO<br/>           monthly and 50mg q48h</p> <p>&lt;10 years old:<br/> <b>Rifampicin</b> 10mg/kg PO<br/>           monthly<br/>           PLUS<br/>           Dapsone 2mg/kg PO q24h<br/>           PLUS<br/>           Clofazimine 6mg/kg PO<br/>           monthly and<br/>           1mg/kg PO q48h</p> |                                                                                                           | Duration of treatment:<br>1-2 years. |
| <p><u>Impetigo</u><br/> <i>Staphylococcus aureus</i><br/> <i>Streptococcus pyogenes</i></p> | <p>Localised:<br/>           Topical 2% <b>Fusidic acid</b><br/>           2-3 times daily for 7 days<br/>           outpatient</p> <p>Generalised:<br/> <b>Cloxacillin</b> 25-50mg/kg/<br/>           day PO (max. 1gm/day)<br/>           in 4 divided doses for 5-7<br/>           days</p>                                                                                                                                                                                                                                   | <p><b>Cephalexin</b> 25-50mg/<br/>           kg/day PO in 2 divided<br/>           doses for 5-7 days</p> |                                      |

| Infection/Condition and Likely Organism                                                                                                                                                                     | Suggested Treatment                                                                                                                                                                                                              |                                                                                               | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                             | Preferred Treatment                                                                                                                                                                                                              | Alternative Treatment                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Necrotising fasciitis<br><br><i>Streptococcus</i> spp.:<br>Group A <i>Streptococcus</i> (GABHS) Other<br><i>Streptococcus</i> spp.<br><br>Staphylococcal:<br><i>Staphylococcal aureus</i> (MSSA and CAMRSA) | Streptococcal necrotising fasciitis: <b>Benzylpenicillin</b> 200,000-300,000units/kg/day IV in 4-6 divided doses PLUS <b>Clindamycin</b> 20-40mg/kg/day IV in 3-4 divided doses max. 2.7gm/day)                                  |                                                                                               | 50% of patients have associated streptococcal toxic shock syndrome (STSS).<br><br>Aggressive surgical debridement of the deep-seated infection is the mainstay of therapy.<br><br>Combination therapy is needed with <b>Clindamycin</b> to block toxin production whether or not patient manifests toxic shock syndrome. Tissues should be sent for Gram staining and C&S.<br><br>IVIG can be used as an adjunct, typically at 1 gm/kg on Day 1, followed by 0.5mg/kg on 1-2 subsequent days. |
|                                                                                                                                                                                                             | Staphylococcal necrotising fasciitis: <b>Cloxacillin</b> 200mg/kg/day IV in 4-6 divided doses PLUS <b>Clindamycin</b> 20-40mg/kg/day IV (max. 2.7gm/day) in 3-4 divided doses                                                    | If CA-MRSA is suspected: <b>Vancomycin</b> 60mg/kg/day IV in 3-4 divided doses (max. 2gm/day) |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Staphylococcal Scalded skin syndrome (SSSS)<br><i>Staphylococcus aureus</i>                                                                                                                                 | For children < 25kg<br><b>Cloxacillin</b> 200mg/kg/day IV in 4-6 divided doses<br><br><u>Step down</u><br><b>Cloxacillin</b> 25-50mg/kg/day PO in 4 divided doses (max. 1gm/day)<br><br>For children > 25 kg<br>Use adult dosage |                                                                                               | Duration: 7-10 days<br>If no positive blood culture associated with SSSS, then IV therapy can be stopped following clinical improvement and switch to oral.                                                                                                                                                                                                                                                                                                                                   |

#### References:

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# TROPICAL AND OTHER INFECTIONS

| Infection/Condition and Likely Organism                                                                  | Suggested Treatment                                                                                                                                                         |                                                                                                                                 | Comments                                                                |
|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|
|                                                                                                          | Preferred Treatment                                                                                                                                                         | Alternative Treatment                                                                                                           |                                                                         |
| <b>Scrub Typhus</b><br><b><i>Orientia tsutsugamushi</i></b>                                              |                                                                                                                                                                             |                                                                                                                                 |                                                                         |
| Uncomplicated                                                                                            | <b>Doxycycline</b><br>Child <45kg 2-4 mg/kg/day<br>PO q12h for 7 days<br>Child > 45 kg use adult dose.                                                                      | * <b>Azithromycin</b> 20mg/kg PO stat                                                                                           |                                                                         |
| Complicated<br>(ARDS, septic shock, myocarditis, meningoencephalitis, hepatitis, renal failure)          | * <b>Azithromycin</b><br>10-15mg/kg/day q24h for 5 days                                                                                                                     | If not responding to <b>Azithromycin:</b><br><b>Rifampicin</b><br>10-15mg/kg q24h for 5 days                                    | *Recommend for early IV to Oral switch once symptoms improve or stable. |
| <b>Brucellosis</b><br><b><i>Brucella melitensis, Brucella abortus, Brucella suis, Brucella canis</i></b> |                                                                                                                                                                             |                                                                                                                                 |                                                                         |
| Non focal disease                                                                                        | <b>Doxycycline</b> 2-4mg/kg/day<br>PO q12h for 6 weeks<br>PLUS<br><b>Gentamicin</b> 5mg/kg/24h IV for 7 days                                                                | <b>Doxycycline</b> 2-4mg/kg/day<br>PO q12h for 6 weeks<br>PLUS<br><b>Rifampicin</b> 600-900mg max (15mg/kg) PO q24h for 6 weeks |                                                                         |
| Spondylitis/Sacroiliitis                                                                                 | <b>Doxycycline</b> 2-4mg/kg/day<br>PO q12h for ≥ 12 weeks<br>PLUS<br><b>Gentamicin</b> 5mg/kg/24h IV for 7 days<br>PLUS<br><b>Rifampicin</b> 15mg/kg PO q24h for ≥ 12 weeks |                                                                                                                                 |                                                                         |
| Neurobrucellosis                                                                                         | <b>Doxycycline</b> 2-4mg/kg/day<br>PO q12h*<br>PLUS<br><b>Rifampicin</b> 15mg/kg PO q24h*<br>PLUS<br><b>Ceftriaxone</b> 100mg/kg/day IV q12h**                              |                                                                                                                                 | *At least 6 weeks<br>** Until CSF returns to normal.                    |

| Infection/Condition and Likely Organism                                                    | Suggested Treatment                                                                                                                                                                                                                                               |                                                                                                                                                                                  | Comments                                                                                                                                                                             |
|--------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                            | Preferred Treatment                                                                                                                                                                                                                                               | Alternative Treatment                                                                                                                                                            |                                                                                                                                                                                      |
| Endocarditis                                                                               | <p><b>Rifampicin</b> 15mg/kg q24h for 5 days<br/>PLUS<br/><b>Doxycycline</b> 2-4mg/kg/day q12h (for child &gt;8yr old)<br/>PLUS<br/><b>Trimethoprim-sulfamethoxazole</b> 8mg/kg/day of TMP PO q12h<br/>PLUS<br/><b>Gentamicin</b> 5mg/kg/24h IV for 2-4 weeks</p> |                                                                                                                                                                                  | <p>Duration: 45 days to 6 months.</p> <p>Surgery Needed.</p>                                                                                                                         |
| Pregnancy*                                                                                 | <p><b>Rifampicin</b> 600-900mg (15 mg/kg) PO q24h for 6 weeks</p>                                                                                                                                                                                                 | <p><b>Rifampicin</b> 600-900mg (15 mg/kg) PO q24h for 4 weeks<br/>PLUS<br/><b>Trimethoprim-sulfamethoxazole</b> 8-10mg/kg (of trimethoprim) in 2-4 divided doses for 4 weeks</p> | *Not much data.                                                                                                                                                                      |
| <b>LEPTOSPIROSIS</b>                                                                       |                                                                                                                                                                                                                                                                   |                                                                                                                                                                                  |                                                                                                                                                                                      |
| <b><i>Leptospira</i> spp.</b>                                                              |                                                                                                                                                                                                                                                                   |                                                                                                                                                                                  |                                                                                                                                                                                      |
| Mild to Moderate disease                                                                   | <p><b>Doxycycline</b> 100mg PO q12h for 5-7 days</p>                                                                                                                                                                                                              | <p><b>Azithromycin</b> 10mg/kg/day stat on D1 followed by 5mg/kg/day for total of 5 days</p>                                                                                     |                                                                                                                                                                                      |
| Severe disease<br>( <i>Leptospiral</i> pulmonary syndrome, multiorgan involvement, sepsis) | <p><b>Ceftriaxone</b> 75-100 mg/kg/day q24h for 7 days (to deescalate to <b>Benzylpenicillin</b> once symptoms improve/stable)<br/>OR<br/><b>Benzylpenicillin</b> 25-50 mg/kg/dose q6h for 7 days</p>                                                             |                                                                                                                                                                                  | <p>May consider Methylprednisolone 500-1000 mg IV for 3 days if pulmonary hemorrhage present. However, there is insufficient evidence to support the routine use corticosteroid.</p> |



| Infection/Condition and Likely Organism                                         | Suggested Treatment                                                                                                                                                                                                                       |                                                                                                                                                                                                                                     | Comments                                                                                                                                                                                                                                                                                                                                                                                                                   |
|---------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                 | Preferred Treatment                                                                                                                                                                                                                       | Alternative Treatment                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>TETANUS</b>                                                                  |                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <u>Causative organism</u><br><i>Clostridium tetani</i>                          | <b>Metronidazole</b><br>10mg/kg/dose q6-8h for 7-10 days<br><br>PLUS<br>Human Tetanus Immunoglobulin 3000-6000IU IM stat<br><br>PLUS<br>Anti-tetanus toxoid vaccine IM (initiate age appropriate active immunization at a different site) | <b>Benzylpenicillin</b><br>25-50 mg/kg/dose q6h for 7 days<br><br>PLUS<br>Human Tetanus Immunoglobulin 3000-6000IU IM stat<br><br>PLUS<br>Anti-toxoid vaccine IM (initiate age appropriate active immunization at a different site) | Human Tetanus Immunoglobulin 500IU might be as effective as higher doses of 3,000 to 6,000IU and causes less discomfort.<br><br>All patients with tetanus should undergo wound debridement to eradicate spores and necrotic tissue.                                                                                                                                                                                        |
| <b>Melioidosis</b>                                                              |                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b><i>Bukholderia pseudomallei</i></b>                                          |                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Intensive Therapy (Uncomplicated)                                               | <b>Ceftazidime</b> 100-120mg/kg/24h IV q6-8h (in children)<br>Adults: 2gm IV q6h for 10-14 days<br>PLUS<br><b>*Trimethoprim-sulfamethoxazole</b> (Dose as per eradication therapy below)                                                  |                                                                                                                                                                                                                                     | <b>*Add on Trimethoprim-sulfamethoxazole</b> in eye, neurologic, testicular, prostatic, pericardium, bone and joint melioidosis.<br><br>Drainage of abscesses should be attempted wherever appropriate such as pericardial and prostatic abscess, and empyema.                                                                                                                                                             |
| Intensive Therapy (Complicated)<br><br>(Severe melioidosis or neuromelioidosis) | <b>Meropenem</b> 75mg/kg/24h IV q8h if neurologic, 120mg/kg/day q8h<br>OR<br><b>Imipenem</b> 50mg/kg/24h IV q6h<br>PLUS<br><b>*Trimethoprim-sulfamethoxazole</b> (Dose as per eradication therapy below)                                  |                                                                                                                                                                                                                                     | Duration of intensive therapy:<br><ul style="list-style-type: none"> <li>■ Skin, bacteraemia with no foci, mild pneumonia: 2 weeks</li> <li>■ Complicated pneumonia, prostatic, deep-seated foci, septic arthritis: 4 weeks</li> <li>■ Osteomyelitis: 6 weeks</li> <li>Neurologic/CNS: 8 weeks</li> </ul> To use clinical judgement to guide prolongation of intensive phase if improvement is slow/persistent bacteraemia |
| Eradication/Maintenance Therapy                                                 | <b>Trimethoprim-sulfamethoxazole</b> 8-10mg/kg (of trimethoprim) in 2-4 divided doses for 4 weeks                                                                                                                                         | <b>Amoxicillin-clavulanate</b> 35-50mg/kg/day in 2-3 divided doses                                                                                                                                                                  | Duration of eradication therapy:<br><ul style="list-style-type: none"> <li>■ Osteomyelitis, Neurologic/CNS: 24 weeks</li> <li>■ Others: minimum 12 weeks</li> </ul>                                                                                                                                                                                                                                                        |
| <b>MALARIA : Refer to National Guidelines</b>                                   |                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                            |

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Treatment         |                     | Comments |
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| <b>OPPORTUNISTIC INFECTIONS IN HIV PATIENTS</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                   |                     |          |
| <p>Various co-infections, comorbidities and other health conditions are common among PLHIV. Opportunistic infections (OI) are defined as infections that are more frequent or more severe because of immunosuppression in HIV-infected patients. These are the most important cause of morbidity and mortality in this population.</p> <p><b>Cotrimoxazole</b> Prevention Therapy (CPT):</p> <ul style="list-style-type: none"> <li>■ CPT is a cost-effective intervention effective against following infections in HIV positive patients:</li> <li>■ Common bacterial infections, including bacterial pneumonia, septicaemia.</li> <li>■ Diarrhoea, including that caused by <i>Cystoisospora belli</i>.</li> <li>■ Malaria.</li> <li>■ Toxoplasmosis.</li> <li>■ Pneumocystis pneumonia (PCP, primary or recurrent).</li> </ul> <p>CPT for children should be started for:</p> <ul style="list-style-type: none"> <li>■ age 6wk -1 year with any CD4 count</li> <li>■ 1-2 year &lt;750 CD4 count</li> <li>■ 2-5yr &lt;500 CD4 count</li> <li>■ &gt;5yr &lt;200 CD4 count</li> <li>■ All with severe and advanced HIV disease (WHO stage 3 or 4)</li> <li>■ All aged 6 weeks and born to HIV infected mothers till HIV is ruled out.</li> </ul> <p>The regimen is:<br/>150 mg TMP/m2/day PO divided q12hr for 3 days a week or alternate days or daily.</p> <p>Continuation of CPT should be as follow:<br/>Lifelong (irrespective of CD4 count) if client is not in ART</p> <p>CPT must be discontinued in the following situation<br/>Severe cutaneous reaction, such as Steven-Johnson syndrome, renal and /or hepatic failure and severe hematological toxicity.</p> <p>Timing of CPT:<br/><b>Cotrimoxazole</b> and ART should not be started at the same time.<br/><b>Cotrimoxazole</b> should be started and after 2 weeks ART should be initiated if the individual is stable on Cotrimoxazole and has no rash.</p> <p>Alternative to <b>Cotrimoxazole</b><br/>In patients intolerant to <b>Cotrimoxazole</b>, Dapsone 100 mg once daily is the first alternative medicine.</p> |                   |                     |          |

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Treatment         |                     | Comments |
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| <b>Tuberculosis</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                   |                     |          |
| <p>Among PLHIV, TB is the most frequent life-threatening OIs and a leading cause of death accounting for about a third of all mortality. ART should be provided to all PLHIV with active TB disease.</p> <p>HIV care setting should implement WHO Three I's strategy:<br/> Intensified TB case-finding.<br/> Isoniazid Preventive Therapy (IPT).<br/> Infection control at all clinical encounters.</p> <p>Isoniazid Preventive Therapy (IPT)<br/> Preventive therapy against TB is the use of anti-TB drugs in individuals with latent <i>Mycobacterium tuberculosis</i> infection regardless of CD4 cell count or ART status in order to prevent progression to active tuberculosis. IPT should only be used in patients whom active tuberculosis has been excluded, active patient follow-up is possible and high-level adherence can be attained and should be provided for 6 months. <b>Cotrimoxazole</b> and ART should not be started at the same time as IPT.</p> <p>Regimen:<br/> Isoniazid 300 mg daily for 6 months. Vitamin B6 25 mg/day (pyridoxine) should be given together with IPT for 6 months.</p> <p>TB management among PLHIV:<br/> All HIV-infected patients with diagnosis of active TB should be put on TB treatment immediately.<br/> ATT regimen is same for PLHIV as for non-HIV patients.<br/> ART should be started in all TB patients, including those with drug resistant TB, irrespective of CD4 count.<br/> Anti-tubercular treatment should be initiated first, followed by ART as soon as possible within the first 8 weeks of treatment (2 weeks, if CD4 &lt;50 cells).<br/> In all HIV-infected pregnant women with active TB, ART should be started as early as feasible, both for maternal health and for elimination of vertical transmission of HIV.</p> <p>(For ART drug choice in TB co-infection refer to National HIV Testing and Treatment guideline 2020)</p> |                   |                     |          |
| <b>Cryptococcal infection</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                   |                     |          |
| Causative organism<br><i>Cryptococcus neoformans</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                   |                     |          |
| <p>The incidence of cryptococcal meningitis increases as the CD4 count falls below 100 cells/ml and most cases occur when CD4 count falls below 50 cells/ml. Mostly they present as sub-acute meningitis or meningoencephalitis with the following symptoms:</p> <ul style="list-style-type: none"> <li>■ Fever.</li> <li>■ Malaise.</li> <li>■ Headache.</li> <li>■ Neck stiffness and photophobia (i.e. meningeal symptoms in 25-30%).</li> <li>■ Altered mental status/confusion, personality changes, memory loss.</li> <li>■ Impaired consciousness and coma.</li> <li>■ Focal signs, including cranial nerve palsy.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                   |                     |          |

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                            | Treatment                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                  | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
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|                                                                                                                                                                                                                                                                                    | Preferred therapy                                                                                                                                                                                                                                                                                                                          | Alternative therapy                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Induction phase                                                                                                                                                                                                                                                                    | <p>Cryptococcal meningitis, non CNS extrapulmonary cryptococcosis and diffuse pulmonary disease</p> <p>Amphotericin B IV (0.7-1 mg/kg/day)</p> <p>PLUS</p> <p>Flucytosine PO 25 mg/kg q6h</p> <p>Non CNS cryptococcosis with mild to moderate symptoms or focal pulmonary cryptococcosis:</p> <p>Fluconazole: 6-12 mg/kg q24h IV or PO</p> | <p><u>In decreasing order of efficacy</u></p> <p><u>Preferred alternative:</u></p> <p>Amphotericin B IV 0.7-1 mg/kg/day</p> <p>PLUS</p> <p>Fluconazole 6-12 mg/kg q24h IV or PO</p> <p><u>Option 2 (less efficient)</u></p> <p>5FC (Flucytosine)25 mg/kg q6h</p> <p>PLUS</p> <p>Fluconazole 6-12 mg/kg q24h IV or PO</p> <p><u>Option 3 (Least efficient)</u></p> <p>Fluconazole 1200 mg/day</p> | <p>Amphotericin B therapy should be administered in qualified health facilities capable of close clinical and Laboratory monitoring. Dosage of Amphotericin B and Flucytosine should be adjusted to creatinine clearance rate.</p> <p>Opening CSF pressure should always be measured at initiation of treatment and when lumbar puncture is performed. Repeat LPs are essential to effectively manage raised intracranial pressure.</p> <p>Corticosteroids and mannitol are ineffective to decrease intracranial pressure in Cryptococcus meningitis.</p> |
| <p>Consolidation phase</p> <p>8 week</p> <p>Followed by maintenance phase</p>                                                                                                                                                                                                      | <p>Fluconazole 6-12 mg/kg q24h IV or PO</p>                                                                                                                                                                                                                                                                                                | <p>If induction phase with Fluconazole 1200 mg/day:</p> <p>Consolidation with Fluconazole 800 mg/day</p>                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <p>Maintenance Phase</p> <p>At least 12 months:</p> <p>Fluconazole can be stopped in patients who have been on ART and have CD4 consistently above 100 cells/mm<sup>3</sup> for at least 6 months.</p> <p>If there is fall in CD4 count, Fluconazole should be restarted again</p> | <p>Fluconazole 6-12mg/kg/day</p>                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |

| Infection/Condition and Likely Organism                                  | Treatment                                                                               |                                                                                                                                                                                                                                                                                                               | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
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|                                                                          | Preferred therapy                                                                       | Alternative therapy                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Pneumocystis jiroveci (carinii*) interstitial pneumonia (PJP/PCP)</b> |                                                                                         |                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Treatment                                                                | Trimethoprim-sulfamethoxazole 15-20mg/kg/day [TMP component] IV/PO in 304 divided doses | <p><u>For mild to moderate cases:</u><br/>(PO<sub>2</sub> 70-80mmHg)</p> <p><b>Clindamycin</b><br/>10-40mg/kg/day in 3 divided doses<br/>PLUS<br/>Primaquine<br/>0.25mg/kg/day q24h</p> <p>OR</p> <p>Dapsone<br/>1-2 mg/kg/day q24h<br/>PLUS<br/><b>Trimethoprim</b> 15 mg/kg/day PO in 3-4 divided doses</p> | <p>Duration 21 days</p> <p>Patients with severe disease should receive corticosteroids as soon as possible (within 72 hours of starting PCP treatment):</p> <p><u>Prednisolone dose:</u><br/>40 mg PO q12h for 5 days, then<br/>40mg PO q24h for 5 days, then<br/>20 mg PO q24h for 11 days (Total duration is 21 days)</p> <p><b>Trimethoprim-sulfamethoxazole</b> and <b>Clindamycin</b> has excellent bioavailability, and may switch to PO after clinical improvement.</p> <p>Patients given dapsone or primaquine should be tested for G6PD deficiency.</p> |
|                                                                          |                                                                                         | <p><u>For severe cases:</u><br/>(PO<sub>2</sub> &lt; 70mmHg)</p> <p>Pentamidine 4 mg/kg/day IV<br/>(in 1 pint D5% or NS run over 1-2 hours)</p> <p>OR</p> <p><b>Clindamycin</b> 10-40mg/kg/day in 3 divided doses<br/>PLUS<br/>Primaquine 0.25mg/kg/day q24h</p>                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

| Infection/Condition and Likely Organism                                                                                                              | Treatment                                                                                           |                                                                                                                                                                                                                                                                                           | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
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|                                                                                                                                                      | Preferred therapy                                                                                   | Alternative therapy                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Prophylaxis<br>(Primary and secondary)<br><br>Indications:<br>CD4 count <200 cells/μl<br>CD4 count 200-250<br>Cells/μl if ART cannot be<br>initiated | <b>Trimethoprim-sulfamethoxazole</b><br>20-50mg/kg/day in 2 or 3<br>divided doses for 7-14 days     | Dapsone 1-2 mg/kg/day<br>q24h<br>OR<br>Aerosolized Pentamidine<br>4mg/kg/dose monthly via<br>ultrasonic nebulizer                                                                                                                                                                         | Discontinuation:<br>Can consider when CD4<br>100-200 cells/μL if HIV<br>RNA is suppressed for 3-6<br>months with ART.<br><br>Restarting prophylaxis:<br>CD4 count falls to <200<br>cells/μL or<br>PCP occurs at a CD4 ><br>200 cells/μL (lifelong<br>prophylaxis should be<br>considered).<br><br>Patients receiving<br><b>Sulfadiazine-</b><br><b>Pyrimethamine</b><br>or <b>Sulfadoxine-</b><br><b>Pyrimethamine</b> for<br>treatment or suppression<br>of toxoplasmosis do<br>not require additional<br>prophylaxis for PCP. |
| <b>Toxoplasma gondii Encephalitis</b>                                                                                                                |                                                                                                     |                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Acute Infection<br><br>(up to 97% patients are Toxo<br>IgG +ve)                                                                                      | <b>Trimethoprim-sulfamethoxazole</b> 10mg/<br>kg/day<br>(TMP component) IV/PO in<br>2 divided doses | Pyrimethamine:<br>2 mg/kg loading dose for 2<br>days followed by 1mg/kg/<br>day for 4 weeks<br>PLUS<br>Folinic acid 10-25 mg IV/PO<br>q24h<br>PLUS<br><br><b>Clindamycin</b> 10-40mg/kg/<br>day in 3 divided doses<br>OR<br>* <b>Sulfadiazine</b> 100-200mg/<br>kg/day in 4 divided doses | Duration: At least 6 weeks<br><br>Adjunctive corticosteroids<br>(E.g. dexamethasone)<br>should be administered<br>when clinically indicated<br>to treat mass effect<br>associated with focal<br>lesions or associated<br>oedema but should be<br>discontinued as soon as<br>clinically feasible.<br><br>*Pyrimethamine and<br>(Sulfadoxine-<br>Pyrimethamine) can be<br>used interchangeably<br>depending on availability;                                                                                                      |

| Infection/Condition and Likely Organism                                                      | Suggested Treatment                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                 | Comments                                                                                                                                    |
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|                                                                                              | Preferred                                                                                                     | Alternative                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                             |
| Suppressive/Maintenance                                                                      | <p><b>Trimethoprim-sulfamethoxazole</b><br/>8-10 mg/kg (of trimethoprim) in 2-4 divided doses for 4 weeks</p> | <p>Dapsone 1-2 mg/kg/day q24h</p> <p>OR</p> <p><b>Clindamycin</b> 10-40mg/kg/day in 4 divided doses</p> <p>PLUS</p> <p>Pyrimethamine 2 mg/kg loading dose for 2 days followed by 1 mg/kg daily for 4 weeks</p> <p>PLUS</p> <p>Folinic acid 10-25 mg PO twice-weekly</p> <p>OR</p> <p><b>Sulfadiazine</b> 0.5-1 gm PO q6h</p> <p>PLUS</p> <p>Pyrimethamine 25-50 mg PO q24h</p> <p>PLUS</p> <p>Folinic acid 10-25 mg PO q24h</p> | <p>Discontinuation:<br/>Consider when CD4&gt;200 cells/μL if HIV RNA is suppressed for 6 months with ART.</p>                               |
| <p>Primary Prophylaxis</p> <p><u>Indications:</u><br/>Toxoplasma IgG +ve with CD4&lt;100</p> | <p><b>Trimethoprim-sulfamethoxazole</b><br/>8-10 mg/kg (of trimethoprim) in 2-4 divided doses for 4 weeks</p> | <p>Dapsone 1-2mg/kg/day PLUS Pyrimethamine 50 mg PO once weekly PLUS Folinic acid 25 mg PO once weekly</p> <p>OR</p> <p>Dapsone 200 mg PO once weekly PLUS Pyrimethamine 75 mg PO once weekly PLUS Folinic Acid 25 mg PO once weekly</p>                                                                                                                                                                                        | <p>Discontinuation:<br/>CD4&gt;200 cells/μL for &gt; 3 months.<br/>CD4&gt;100 cells/μL, if HIV viral load suppressed for 3 to 6 months.</p> |

| Infection/Condition and Likely Organism                    | Suggested Treatment                                                                                                                                                                                                         |                                                                                                                               | Comments                                                                                                                                                                                                                                                                                                                                                             |
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|                                                            | Preferred                                                                                                                                                                                                                   | Alternative                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Mucocutaneous Candidiasis</b>                           |                                                                                                                                                                                                                             |                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                      |
| Oropharyngeal (oral thrush)                                | Nystatin suspension 500,000units PO 4-5 times daily<br>OR<br>*Itraconazole<br>Oral Clotrimazole mouth paint locally twice daily for 5-7 days                                                                                | Fluconazole 6 mg/kg loading dose followed by 3 mg/kg q24h for 7-10 days                                                       | Duration: 7-14 days.<br><br>Chronic suppressive therapy is usually not recommended.<br><br>*Itraconazole: Absorption depends on gut acidity. Take a capsule with food and acidic beverages (e.g.: Cola drinks). Avoid PPIs and H2 blockers.<br><br>Significant drug-drug interaction with p450 enzyme inducers (e.g.: Rifampicin). Consider fluconazole if in doubt. |
| Oesophageal                                                | Itraconazole 3-5 mg/kg q24h                                                                                                                                                                                                 | Fluconazole 6 mg/kg loading dose followed by 3 mg/kg q24h for 7-10 days<br>OR<br>Amphotericin B deoxycholate 0.6mg/kg IV q24h | Duration: 14-21 days.<br><br>Candidiasis is the most common cause of oesophagitis with HIV infection, but CMV, HSV and aphthous ulcerations can present with similar complaints.<br><br>Endoscopy required with unusual presentations or lack of response to azole within several days.                                                                              |
| <b>Histoplasmosis (Histoplasma capsulatum)</b>             |                                                                                                                                                                                                                             |                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                      |
| Moderate to severe disseminated disease or CNS involvement | Induction therapy<br>*Amphotericin B deoxycholate 0.7-1.0mg/kg IV q24h for at least 2 weeks<br><br>Followed by<br><br>Maintenance therapy<br>Itraconazole 200 mg PO q8h for 3 days, then 200 mg q12h for at least 12 months |                                                                                                                               | *The lipid formulations of amphotericin B may be used instead if available.<br><br>All the triazole antifungals have the potential to interact with certain ARV agents and other anti-infective agents.                                                                                                                                                              |



| Infection/Condition and Likely Organism                                                                                                                                                                                   | Suggested Treatment                                                                                                            |                                                                                                                                                                                        | Comments                                                                                                                                                                                                                                                                                                                                                                 |
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|                                                                                                                                                                                                                           | Preferred                                                                                                                      | Alternative                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                          |
| Mild disseminated disease (Blood culture positive but patient is asymptomatic)                                                                                                                                            | Induction and maintenance therapy<br>*Itraconazole 3-5 mg/kg q24h                                                              | For patients intolerant to Itraconazole:<br>Fluconazole 6 mg/kg loading dose followed by 3 mg/kg q24h for 7-10 days<br>OR<br>Voriconazole 400 mg PO q12h on day 1, then 200 mg PO q12h | Duration: At least 12 months<br><br>*Itraconazole: Absorption depends on gut acidity. Take a capsule with food and acidic beverages (e.g.: Cola drinks). Avoid PPIs and H2 blockers.                                                                                                                                                                                     |
| Chronic Suppressive therapy (Secondary prophylaxis)<br><br><u>Indication:</u><br>Severe disseminated or CNS infection after completion of at least 12 months of treatment<br>Relapsed despite appropriate initial therapy | *Itraconazole 3-5 mg/kg q24h                                                                                                   | Fluconazole 6 mg/kg loading dose followed by 3 mg/kg q24h for 7-10 days                                                                                                                | Discontinuation:<br>Received azole for > 1 year, AND<br>Negative fungal blood cultures, AND<br>CD4 count > 150 cells/μL for ≥6 months on ART<br><br>Restarting secondary prophylaxis:<br>CD4 count < 150 cells/μL<br><br>*Itraconazole: Absorption depends on gut acidity. Take a capsule with food and acidic beverages (e.g. Cola drinks). Avoid PPIs and H2 blockers. |
| <b>Penicilliosis (<i>Penicillium/Talaromyces marneffei</i>)</b>                                                                                                                                                           |                                                                                                                                |                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                          |
| Acute infection (Severely-ill patients)                                                                                                                                                                                   | Induction therapy<br>*Amphotericin B deoxycholate 0.6-0.7mg/kg IV for 2 weeks<br><br>Must be followed by consolidation therapy | Voriconazole 6 mg/kg IV q12h on day 1, then 200 mg PO q12h for at least 3 days<br><br>Must be followed by consolidation therapy.                                                       | *The lipid formulations of amphotericin B may be used instead if available.<br><br>All the triazole antifungals have the potential to interact with certain ARV agents and other anti-infective agents.<br><br>**Itraconazole: Absorption depends on gut acidity:<br>Capsule: Take with food and acidic beverage (e.g.: cola drinks).                                    |
|                                                                                                                                                                                                                           | Consolidation therapy<br>**Itraconazole 3-5mg/kg/day PO q12h for 10 weeks<br><br>Must be followed by maintenance therapy       | Fluconazole 6 mg/kg loading dose followed by 3 mg/kg q24h for 10 weeks<br><br>Must be followed by maintenance therapy                                                                  |                                                                                                                                                                                                                                                                                                                                                                          |

| Infection/Condition and Likely Organism                                                                                                                                                                                  | Suggested Treatment                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                          | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
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|                                                                                                                                                                                                                          | Preferred                                                                                                                                                                                                                                                                                                                                               | Alternative                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Acute infection (Mild disease)                                                                                                                                                                                           | **Itraconazole 3-5mg/kd/day for at least 8-12 weeks<br><br>Must be followed by maintenance therapy                                                                                                                                                                                                                                                      | Fluconazole 6 mg/kg loading dose followed by 3 mg/kg q24h for at least 8-12 weeks<br><br>Must be followed by maintenance therapy                                                                                                                                                                                                         | Liquid preparation: Take on empty stomach.<br>Avoid PPIs and H2 blockers.                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Maintenance therapy/ Secondary prophylaxis                                                                                                                                                                               | **Itraconazole 3-5mg/kd/day                                                                                                                                                                                                                                                                                                                             | Fluconazole 6 mg/kg loading dose followed by 3 mg/kg q24h                                                                                                                                                                                                                                                                                | Discontinuation: CD4 count >100 cells/μL for ≥6 months on ART.                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Mycobacterium Avium Complex (MAC) Disease</b>                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Treatment                                                                                                                                                                                                                | <b>Clarithromycin</b><br>15mg/kg/day in 2 divided doses<br>PLUS<br>Ethambutol 15 mg/kg PO q24h<br><br>**PLUS<br><br><u>3<sup>rd</sup>/4<sup>th</sup> drug:</u><br><b>Amikacin</b> 10-15gm/kg IV q24h<br>OR<br><b>Streptomycin</b> 15 mg/kg IM q24h<br><br>OR<br><br><b>Levofloxacin</b> 500 mg PO q24h<br>OR<br><b>Ciprofloxacin</b> 500-750 mg PO q12h | * <b>Azithromycin</b> 20mg/kg q24hr<br>PLUS<br>Ethambutol 15 mg/kg PO q24h<br><br>**PLUS<br><br><u>3<sup>rd</sup>/4<sup>th</sup> drug:</u><br><b>Amikacin</b> 10-15gm/kg IV q24h<br>OR<br><b>Streptomycin</b> 15 mg/kg IM q24h<br><br>OR<br><br><b>Levofloxacin</b> 500 mg PO q24h<br>OR<br><b>Ciprofloxacin</b> 20 mg/kg/day for 7 days | Duration: At least 12 months.<br><br>* <b>Azithromycin</b> : use if drug interaction or intolerance precludes the use of <b>Clarithromycin</b> .<br><br>**Addition of 3 <sup>rd</sup> /4 <sup>th</sup> drug should be considered for patients with disseminated disease, CD4 count <50 cells/μL or in the absence of effective ART.<br><br>Discontinuation: Consider if the patient is on ART and viral load is suppressed, CD4 > 100 cells/μL >6 months, asymptomatic or MAC, and has completed > 12 months of therapy. |
| Maintenance/ Secondary Prophylaxis                                                                                                                                                                                       | Same as the treatment regimen                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                          | Restarting secondary prophylaxis: CD4 < 100 cells/μL again.                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Primary Prophylaxis<br><br><u>Indications:</u><br>CD4 < 750 cells/μL in <1yr<br>CD4 < 500 cells/μL 1-2yr<br>CD4 < 75 cells/μL 2-6 yr<br>CD4 < 50 cells/μL > 6yr<br>or previous infection.<br>Ruled out active MAC and TB | <b>Azithromycin</b> 20 mg/kg PO once weekly                                                                                                                                                                                                                                                                                                             | <b>Clarithromycin</b> 15mg/kd/day PO q12h                                                                                                                                                                                                                                                                                                | Discontinuation: Consider if patient is on ART AND Viral load is suppressed, CD4 > 100 cells/μL ≥ 3 months                                                                                                                                                                                                                                                                                                                                                                                                               |

| Infection/Condition and Likely Organism                                                                              | Suggested Treatment                                                                                                                                                                                     |                                                                                                                                                                                                          | Comments                                                                                                                                                                                                                                                                  |
|----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                      | Preferred                                                                                                                                                                                               | Alternative                                                                                                                                                                                              |                                                                                                                                                                                                                                                                           |
| <b>Cytomegalovirus (CMV) Disease</b>                                                                                 |                                                                                                                                                                                                         |                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                           |
| Treatment (CMV Retinitis) (Immediate Sight Threatening Lesions (Adjacent to the Optic Nerve or Fovea)                | Intravitreal injections of Ganciclovir (2mg/injection) biweekly until scarring PLUS<br><br>Ganciclovir 5 mg/kg IV q12h for<br>OR<br>Valganciclovir 14-16 mg/kg/dose q12h<br><br>Followed by maintenance | Intravitreal injections of Foscarnet (2mg/injection) biweekly until scarring PLUS<br><br>Ganciclovir 5 mg/kg IV q12h for<br>OR<br>Valganciclovir 14-16 mg/kg/dose PO q12h<br><br>Followed by maintenance | Duration: 14-21 days<br><br>Immune recovery is essential for successful treatment. Start ART within 2 weeks if possible                                                                                                                                                   |
| Treatment (CMV Retinitis) (For Small Peripheral Lesions)                                                             | Ganciclovir 5mg/kg IV q12h<br><br>Followed by maintenance                                                                                                                                               | Valganciclovir 14-16 mg/kg/dose PO q12h<br><br>Followed by maintenance                                                                                                                                   |                                                                                                                                                                                                                                                                           |
| Treatment (Extraocular CMV disease) (Oesophagitis, colitis, interstitial pneumonitis, neurological disease)          | Ganciclovir 5mg/kg IV q12h<br><br>Followed by maintenance                                                                                                                                               | May consider switch to Valganciclovir 14-16mg/kg/dose PO q12h once patient tolerate orally (in CMV oesophagitis and colitis only)<br><br>Followed by maintenance                                         | Duration: 21-42 days or until signs and symptoms have been resolved.<br><br>Immune recovery is essential for successful treatment. Start ART within 2 weeks if possible.                                                                                                  |
| Maintenance/ Secondary prophylaxis (CD3 <100 cells/ $\mu$ L)                                                         | Ganciclovir 5mg/kg IV q24h 5-7 times weekly                                                                                                                                                             | Valganciclovir 14-16 mg/kg/dose PO q12h                                                                                                                                                                  | Discontinuation:<br>Consider if the patient is on ART and viral load well suppressed, CD4 > 100 cells/ $\mu$ L $\geq$ 3 months after 3-6 months of CMV treatment.<br><br>Maintenance therapy is generally not necessary; ART offers best hope for prevention of relapses. |
| <b>Herpes Simplex Virus (HSV) Infections</b>                                                                         |                                                                                                                                                                                                         |                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                           |
| Refer to other sections - <a href="#">Oral infection</a> , <a href="#">CNS infection</a> and National STI guidelines |                                                                                                                                                                                                         |                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                           |
| <b>Varicella-Zoster Virus (VZV Diseases)</b>                                                                         |                                                                                                                                                                                                         |                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                           |
| Refer to <a href="#">Skin and Soft Tissue Infection</a>                                                              |                                                                                                                                                                                                         |                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                           |

| Infection/Condition and Likely Organism                 | Suggested Treatment                                                                                                              |                                                                                                                            | Comments                                                                                                                                                                                                                                                       |
|---------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                         | Preferred                                                                                                                        | Alternative                                                                                                                |                                                                                                                                                                                                                                                                |
| <b>Bacterial Enteric Infections</b>                     |                                                                                                                                  |                                                                                                                            |                                                                                                                                                                                                                                                                |
| Salmonellosis<br>Salmonella non-typhi                   | Ampicillin 100-200mg/kg/day IV q4-6h<br>OR<br>Trimethoprim-sulfamethoxazole 20-50mg/kg/day in 2 or 3 divided doses for 7-14 days | Ciprofloxacin 20 mg/kg/day for 7 days OR<br>Ceftriaxone 75 mg/kg/day q24h for 7 days                                       | Susceptibility profile may help guide final choice.<br><br>Duration:<br>IF CD4 $\geq$ 200: 7-14 days.<br>If CD4<200 and with bacteraemia: 6 weeks.<br><br>Longer course with debridement and drainage needed for persistent bacteraemia or metastatic disease. |
| <b>PML (Progressive Multifocal Leukoencephalopathy)</b> |                                                                                                                                  |                                                                                                                            |                                                                                                                                                                                                                                                                |
| Polyomavirus JC virus (JCV)                             | No effective therapy exists                                                                                                      |                                                                                                                            | With ART, some patients improve and others stabilize. Few may deteriorate due to immune reconstitution.                                                                                                                                                        |
| <b>Isospora belli Infection</b>                         |                                                                                                                                  |                                                                                                                            |                                                                                                                                                                                                                                                                |
| Initial Therapy                                         | Trimethoprim-sulfamethoxazole 15-20mg/kg/day of TMP in 2 or 3 divided doses for 7-14 days                                        | Pyrimethamine 50-75 mg PO q24h<br>PLUS<br>Folinic acid 10-25 mg PO q24h<br><br>OR<br>Ciprofloxacin 20 mg/kg/day for 7 days | Duration: 10 Days.                                                                                                                                                                                                                                             |
| <b>Cryptosporidiosis</b>                                |                                                                                                                                  |                                                                                                                            |                                                                                                                                                                                                                                                                |
| <i>Cryptosporidium</i> spp.                             | Symptomatic treatment of diarrhea                                                                                                |                                                                                                                            | Effective ART (to increase CD4 > 100 cells/ $\mu$ L) can result in complete, sustained clinical, microbiological and histologic resolution.                                                                                                                    |

| Infection/Condition and Likely Organism                                      | Suggested Treatment                                                                                                                                                                             |                                                                                                                                                         | Comments                                                                                                                                                                                                     |
|------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                              | Preferred                                                                                                                                                                                       | Alternative                                                                                                                                             |                                                                                                                                                                                                              |
| <b>Microsporidiosis</b>                                                      |                                                                                                                                                                                                 |                                                                                                                                                         |                                                                                                                                                                                                              |
| <i>Microsporidium</i> spp.                                                   | Albendazole 10-15mg/kg/day PO q12h for 2-4 weeks<br>PLUS<br>Symptomatic treatment of diarrhea (The best treatment option is ART and fluid support)                                              |                                                                                                                                                         | Effective ART (to increase CD4 > 100 cells/μL) can result in complete, sustained clinical, microbiological and histologic resolution.                                                                        |
| <b>Syphilis (<i>Treponema pallidum</i> Infection)</b>                        |                                                                                                                                                                                                 |                                                                                                                                                         |                                                                                                                                                                                                              |
| Refer to National STI guidelines                                             |                                                                                                                                                                                                 |                                                                                                                                                         |                                                                                                                                                                                                              |
| <b>Bartonellosis</b>                                                         |                                                                                                                                                                                                 |                                                                                                                                                         |                                                                                                                                                                                                              |
| For Bacillary Angiomatosis, Peliosis hepatis, Bacteraemia, and Osteomyelitis | <b>Doxycycline</b> 4 mg/kg stat<br>OR<br><b>Erythromycin</b> 30-50mg/kg/day PO/IV q6h<br>30-50mg/kg/day in 3-4 divided doses                                                                    | <b>Azithromycin</b> 10mg/kg/day stat on D1 followed by 5mg/kg/day for total of 5 days<br><br>OR<br><b>Clarithromycin</b> 15mg/kg/day in 2 divided doses | Duration: At least 3 months.<br><br>If relapse occurs after initial (>3 month) Course of therapy, long-term suppression with <b>Doxycycline</b> or a macrolide is recommended as long as CD4 < 200 cells/μL. |
| Other Severe Infection (or CNS involvement)                                  | <b>Doxycycline</b> 4mg/kg stat<br>PLUS*<br>Rifampicin 10-15mg/kg q24h for 5 days<br>OR<br><b>Erythromycin</b> 60-100mg/kg/day PO/IV q6h<br>PLUS<br><b>Rifampicin</b> 10-15mg/kg q24h for 5 days |                                                                                                                                                         |                                                                                                                                                                                                              |

# INFECTIONS IN IMMUNOCOMPROMISED PATIENTS

| Infection/Condition and Likely Organism                                                                                                                                                                                                                                                                                                                           | Suggested Treatment                                                                                                                                          |                                                                                                                                      | Comments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                                                                   | Preferred                                                                                                                                                    | Alternative                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <p>First line:<br/>Febrile neutropenia<br/>Fever 38°C,<br/>neutrophil &lt; 500/mm<sup>3</sup></p> <p>Enterobacteriaceae<br/>(<i>Klebsiella</i> spp., <i>Escherichia coli</i> etc.), <i>Pseudomonas</i> spp., aerobic Gram positive<br/>(<i>Staphylococci</i>, <i>Streptococci</i>)</p>                                                                            | <p><b>Cefepime</b> 50mg/kg/dose<br/>IV in q8h</p>                                                                                                            | <p><b>Piperacillin-tazobactam</b><br/>300mg/kg/day IV in 3-4<br/>divided doses (max.<br/>16gm/day of piperacillin<br/>component)</p> | <p>Use monotherapy with an anti-pseudomonal β-lactam agents.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <p>Second line:<br/>Persistent fever &gt; 72 hours*<br/>Enterobacteriaceae<br/>(<i>Klebsiella</i> spp., <i>Escherichia coli</i> etc.), <i>Pseudomonas</i>, aerobic Gram positive<br/>(<i>Staphylococci</i>, <i>Streptococci</i>), <i>Enterococci</i> or other resistant organisms</p> <p>*DO NOT MODIFY INITIAL COVERAGE BASED SOLELY ON PERSISTENCE OF FEVER</p> | <p><b>Meropenem</b> 60-120mg/kg/day IV in 3 divided doses (max. 6gm/day)<br/>PLUS*<br/><b>Vancomycin</b> 60mg/kg/day in 3-4 divided doses (max. 2gm/day)</p> |                                                                                                                                      | <p>Escalate to second line if patient unstable to cover resistant Gram-negative, Gram-positive and anaerobes.<br/>Consider adding <b>Vancomycin</b> in suspected catheter-related infections, positive blood culture for Gram-positive cocci, hypotensive patients and patients who are known to be colonised with MRSA.<br/>In patients responding to initial empiric antibiotic therapy, discontinue double coverage (empirical <b>Vancomycin</b>, if initiated) or double gram negative after 24-72 hours if there is no specific microbiologic indication to continue combination therapy.</p> |

| Infection/Condition and Likely Organism                                                                                                                                                            | Suggested Treatment                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                         | Comments                                                                                                                                                                                                                                                                                                                                                                                                      |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                    | Preferred                                                                                                                                                                                                                                                                              | Alternative                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                               |
| <p>Third line:<br/>Fever &gt; 4-7 days with no identified source of fever</p> <p>Candida spp., Aspergillus spp., Fusarium spp.</p> <p>Viral: Respiratory viruses are the most common, HSV, VZV</p> | <p><b>Imipenem-cilastatin</b><br/>60-100mg/kg/day IV in 4 divided doses (max. 4gm/day)<br/>PLUS<br/><br/>Amphotericin B 0.5mg/kg/dose IV q24h and gradually escalate by (0.25- 1mg/kg/dose q24h (max. 1.5mg/kg/day)</p> <p>OR<br/>Lipid formulation of amphotericin B 3-5mg/kg/day</p> | <p><b>Imipenem-cilastatin</b><br/>60-100mg/kg/day IV in 4 divided doses (max. 4gm/day)<br/>PLUS<br/><br/>Caspofungin 70mg/m<sup>2</sup>/dose IV q24h at Day 1, then 50mg/m<sup>2</sup>/dose IV q24h</p> | <p>1/3 of febrile neutropenic patients with persistent fever &gt;1 week have systemic fungal infections.</p> <p>In patients at high risk of invasive fungal disease with prolonged (≥96 hours) febrile neutropenia unresponsive to broad spectrum antibacterial agents, initiate antifungal.</p> <p>Amphotericin based anti-fungal is considered more broad spectrum than echinocandin (e.g. Caspofungin)</p> |

#### References:

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2. Beta (β) lactam monotherapy versus β lactam-aminoglycoside combination therapy for fever with neutropenia: systematic review and meta-analysis. *BMJ* 2003; 326:1111.
3. Clinical practice guideline for the use of antimicrobial agents in neutropenic patients with cancer: 2010 update by the Infectious Diseases Society of America. Freifeld AG, Bow EJ, Sepkowitz KA, Boeckh MJ, Ito JI, Mullen CA, Raad II, Rolston KV, Young JA, Wingard JR, *Clin Infect Dis.* 2011; 52(4): e56.
4. Empiric treatment against invasive fungal diseases in febrile neutropenic patients: a systematic review and network meta-analysis. Ken Chen, Qi Wang, Roy A. Pleasants, Long Ge. Wei Liu, Kangning Peng and Suodi Zhai. *BMC Infectious Diseases.* 2017; 17:159.
5. Guideline for the management of fever and neutropenia in children with cancer and/or undergoing hematopoietic stem-cell transplantation recipients. Lehrbecher T, Robinsn P, Fisher B, Alexander S, Ammann RA, Beauchemin M, Carlesse F, Groll AH, Haeusler GM, Santolaya M, Steinbach WJ, Castagnola E, Davis BL, Dupuis LL, Gaur AH, Tissing WJE, Zaotis T, Phillips R, Sung L, *J Clin Oncol.* 2017;35 (18): 2082-2094.
6. Lehrbecher et al. Guideline for Management of fever and neutropenia in children with cancer and hemapoietic stem cell transplantation recipients-2017 update. *J Clin Oncology* 2017 35:18, 2082-2094.
7. National Antimicrobial Guideline, Third Edition. Petaling Jaya: Ministry of Health, Malaysia; 2019

# Appendix- 1

## AWaRe Classification- WHO (updated on 2021)

### Access Group

This group includes antibiotics that have activity against a wide range of commonly encountered susceptible pathogens while also showing lower resistance potential than antibiotics in the other groups. Selected Access group antibiotics are recommended as essential first or second choice empiric treatment options for infectious syndromes reviewed by the EML Expert Committee and are listed as individual medicines on the Model Lists of Essential Medicines to improve access and promote appropriate use.

| Antibiotic              | Class                                | Adverse reactions                                                                                                                                                                                                                                                               |
|-------------------------|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Amikacin                | Aminoglycosides                      | Ototoxicity (Neurotoxicity – vestibular and permanent bilateral auditory ototoxicity), Nephrotoxicity, Neuromuscular blockade                                                                                                                                                   |
| Amoxicillin             | Penicillins                          | Antibiotic-associated diarrhea (Non-Clostridioides difficile) diarrhea, nausea, vomiting, Clostridioides difficile infection (CDI) – CDAD and colitis, hypersensitivity reactions (immediate and delayed)- skin rash/anaphylaxis, SJS, TEN, DRESS                               |
| Amoxicillin-clavulanate | Beta-lactam/beta-lactamase-inhibitor | Antibiotic-associated diarrhea (Non-Clostridioides difficile) diarrhea, nausea, vomiting, Clostridioides difficile infection (CDI) – CDAD and colitis, hypersensitivity reactions (immediate and delayed)- skin rash/anaphylaxis, SJS, TEN, DRESS, DILI (Cholestatic hepatitis) |
| Ampicillin              | Penicillins                          | Hypersensitivity, brain disease (penicillin induced), GI side effects, agranulocytosis                                                                                                                                                                                          |
| Ampicillin-sulbactam    | Beta-lactam/beta-lactamase-inhibitor | Pain at injection site, phlebitis, skin rash, diarrhea                                                                                                                                                                                                                          |
| Benzathine penicillin G | Penicillins                          | NOT FOR IV or DO NOT mix with other IV solutions, Allergy, CDAD, increased risk of seizures, Nicolau syndrome (tissue necrosis at injection site)                                                                                                                               |
| Benzylpenicillin        | Penicillins                          | Thrombophlebitis, hypersensitivity, CDAD, neutropenia, Jarisch-Herxheimer reaction, increased risk of seizure in renal impairment, electrolyte imbalance in high doses                                                                                                          |
| Cefadroxil              | First-generation-cephalosporins      | Diarrhea, hypersensitivity, CDAD                                                                                                                                                                                                                                                |
| Cephalexin              | First-generation-cephalosporins      | CDI, hemolytic anemia, hypersensitivity reactions, dose adjustment in severe renal impairment                                                                                                                                                                                   |
| Cefazolin               | First-generation-cephalosporins      | Hypersensitivity reactions, CDI, hypotension, GI side effects, vulvovaginal pruritus, oral candidiasis                                                                                                                                                                          |
| Cefradine               | First-generation-cephalosporins      | Diarrhea, flu like symptoms, hypersensitivity reactions                                                                                                                                                                                                                         |



|                           |                         |                                                                                                                                                                                                                                                                                                                                                                 |
|---------------------------|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Chloramphenicol           | Amphenicols             | Blood dyscrasias, Gray baby syndrome, confusion, delirium, rash, diarrhea, hypersensitivity reactions, optic neuritis, caution in G6PD deficient                                                                                                                                                                                                                |
| Clindamycin               | Lincosamides            | CDAD, colitis, AAD, hypersensitivity reactions, hypotension, renal impairment, thrombophlebitis (IV)                                                                                                                                                                                                                                                            |
| Cloxacillin               | Penicillins             | GI side effects, hypersensitivity reactions, hypotension, thrombophlebitis, melanoglossia, agranulocytosis                                                                                                                                                                                                                                                      |
| Doxycycline               | Tetracyclines           | Bone growth suppression, esophageal injury (PO), skin photosensitivity, skin hyperpigmentation, dental discoloration, diarrhea, hypersensitivity                                                                                                                                                                                                                |
| Flucloxacillin            | Penicillins             | Nausea, diarrhea, hypersensitivity reaction, thrombophlebitis                                                                                                                                                                                                                                                                                                   |
| Gentamicin                | Aminoglycosides         | Nephrotoxic, neurotoxicity/ototoxicity, phlebitis, neuromuscular blockade, edema, CDAD, dyselectrolytemia                                                                                                                                                                                                                                                       |
| Metronidazole             | Imidazoles              | Carcinogenic in mice and rats, CNS (peripheral neuropathy, aseptic meningitis, ataxia), disulfiram like reaction, nausea, vaginitis, headache, genital pruritus, metallic taste                                                                                                                                                                                 |
| Nitrofurantoin            | Nitrofurans-derivatives | Nausea, vomiting, CDI, DILI, peripheral neuropathy, pulmonary toxicity, headache, dizziness, loss of appetite                                                                                                                                                                                                                                                   |
| Ornidazole                | Imidazoles              | Headache, nausea, vomiting, dizziness, poor coordination, taste disturbances, skin reactions                                                                                                                                                                                                                                                                    |
| Phenoxymethylpenicillin   | Penicillins             | Melanoglossia, diarrhea, nausea, oral candidiasis, vomiting, hypersensitivity                                                                                                                                                                                                                                                                                   |
| Procaine-Benzylpenicillin | Penicillins             | Hypersensitivity, CNS toxicity, fibrosis/atrophy at injection site, methemoglobinemia, procaine neuropsychiatric reactions                                                                                                                                                                                                                                      |
| Secnidazole               | Imidazoles              | Carcinogenicity in mice, nausea, dysgeusia, vulvovaginal candidiasis                                                                                                                                                                                                                                                                                            |
| Sulfadiazine              | Sulfonamides            | Blood dyscrasias, dermatologic reactions, hepatic necrosis, 'sulfa' allergy, superinfection                                                                                                                                                                                                                                                                     |
| Tetracycline              | Tetracyclines           | Increased BUN, intracranial hypertension, photosensitivity, superinfection, rash, epigastric discomfort, pericarditis, HSP, anogenital lesion, hepatotoxicity, exacerbation of SLE, nail discoloration, enamel hypoplasia and discoloration of permanent tooth in infants and young children, aplastic anemia, abnormal bone growth, conjunctival discoloration |
| Tinidazole                | Imidazoles              | Carcinogenicity likely, seizures and peripheral neuropathy, menorrhagia, GI side effects, dysuria, pelvic pain, vulvovaginal disease, dysgeusia, fatigue, hairy tongue, thrombocytopenia, bronchospasm                                                                                                                                                          |

|                               |                                       |                                                                                                                                                                                                               |
|-------------------------------|---------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Trimethoprim                  | Trimethoprim-derivatives              | Rash, diarrhea, vomiting, photo toxicity, pruritus, hyperkalemia, hyponatremia, transaminitis, methemoglobinemia, cytopenia, eosinophilia, megaloblastic anemia, glossitis, fever, hypersensitivity reactions |
| Trimethoprim-sulfamethoxazole | Sulfonamide-Trimethoprim-combinations | CDI, DILI, blood dyscrasias, hyperkalemia, hypoglycemia, hyponatremia, hypersensitivity reactions, kernicterus, GI side effects, toxic nephrosis (oliguria/anuria), tinnitus, fever, pulmonary injury         |

### Watch Group

| Antibiotic     | Class                            | Adverse reactions                                                                                                                                                                                                                                                                                                                                                                                          |
|----------------|----------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Azithromycin   | Macrolides                       | QT prolongation, CDI, DILI, hypersensitivity reactions, ototoxicity, diarrhea, nausea, abdominal pain, vaginitis, pain at injection site (in IV), caution in Myasthenia gravis                                                                                                                                                                                                                             |
| Cefepime       | Fourth-generation-cephalosporins | CDI, hypersensitivity, neurotoxicity, positive DCT (without hemolysis), GI side effects, hypophosphatemia, phlebitis, eosinophilia, transaminitis                                                                                                                                                                                                                                                          |
| Cefixime       | Third-generation-cephalosporins  | Diarrhea, dyspepsia, Immune-mediated hemolytic anemia, dermatologic reactions, hypersensitivity, superinfection                                                                                                                                                                                                                                                                                            |
| Cefoperazone   | Third-generation-cephalosporins  | GI side effects, hypersensitivity, neutropenia, transaminitis, transient rise in creatinine, seizure in renal impairment, superinfection                                                                                                                                                                                                                                                                   |
| Cefotaxime     | Third-generation-cephalosporins  | Arrhythmia, granulocytopenia, allergy, superinfection, GI side effects, eosinophilia, phlebitis, fever                                                                                                                                                                                                                                                                                                     |
| Cefpodoxime    | Third-generation-cephalosporins  | Diaper rash, diarrhea, nausea, abdominal pain, vaginitis, allergy, headache                                                                                                                                                                                                                                                                                                                                |
| Ceftazidime    | Third-generation-cephalosporins  | Elevated INR, hemolytic anemia, hypersensitivity, superinfection, increased LDH/GGT, eosinophilia, positive DCT, transaminitis, phlebitis, blood dyscrasias, seizure, increased serum creatinine                                                                                                                                                                                                           |
| Ceftriaxone    | Third-generation-cephalosporins  | Ceftriaxone-calcium precipitation, CDI, hemolytic anemia, hypersensitivity reactions, kernicterus (displaces bilirubin from albumin- Do not use in hyperbilirubinemic neonates), local skin tightness in IM, flushing, diaphoresis, pruritus, GI side effects, vaginitis, casts in urine, blood dyscrasias, transaminitis, candidiasis, phlebitis, chills, headache, dizziness, increased serum creatinine |
| Cefuroxime     | Second-generation-cephalosporins | Elevated INR, hypersensitivity, superinfection, diarrhea (duration dependent), phlebitis, diaper rash, nausea, vomiting, unpleasant taste, vaginitis, decreased hemoglobin, eosinophilia, transaminitis, Jarisch-Herxheimer reaction                                                                                                                                                                       |
| Ciprofloxacin  | Fluoroquinolones                 | Tendinopathy and tendon rupture, peripheral neuropathy, CNS effects, exacerbation of myasthenia gravis, aortic aneurysm/aortic dissection, arthropathy/arthralgia, CDI, dysglycemia, hepatotoxicity, hypersensitivity reactions, skin photosensitivity, QT prolongation, GI side effects, fever                                                                                                            |
| Clarithromycin | Macrolides                       | Arrhythmia, QT prolongation, hepatitis, hypersensitivity, superinfection, headache, insomnia, dysgeusia, GI side effects, increased BUN                                                                                                                                                                                                                                                                    |

|                                |                                      |                                                                                                                                                                                                                                                                                                     |
|--------------------------------|--------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Ertapenem</b>               | Carbapenems                          | Hypersensitivity reactions, CNS effects, superinfection, diarrhea, arrhythmias, phlebitis, dermatitis, dyselectrolytemia, GI side effects, hematuria, proteinuria, blood dyscrasias, transaminitis, arthralgia, bronchoconstriction, fever                                                          |
| <b>Erythromycin</b>            | Macrolides                           | Arrhythmia, QT prolongation, superinfection, seizure, skin rash, hypersensitivity, GI side effects, hearing loss, interstitial nephritis                                                                                                                                                            |
| <b>Imipenem-cilastatin</b>     | Carbapenems                          | Hematological abnormalities, transaminitis, proteinuria and seizures in children, phlebitis, GI side effects, CNS effects, hypersensitivity                                                                                                                                                         |
| <b>Levofloxacin</b>            | Fluoroquinolones                     | Tendinopathy and tendon rupture, peripheral neuropathy, CNS effects, exacerbation of myasthenia gravis, aortic aneurysm/aortic dissection, arthropathy/arthralgia, CDI, dysglycemia, hepatotoxicity, hypersensitivity reactions, skin photosensitivity, QT prolongation, GI side effects, cytopenia |
| <b>Meropenem</b>               | Carbapenems                          | CNS toxicity, CDI, hypersensitivity reactions, peripheral vascular disease, pruritus, hypoglycemia, GI side effects, anemia, hypervolemia, jaundice, asthenia, backache, pharyngitis, phlebitis                                                                                                     |
| <b>Moxifloxacin</b>            | Fluoroquinolones                     | Tendinopathy and tendon rupture, peripheral neuropathy, CNS effects, exacerbation of myasthenia gravis, aortic aneurysm/aortic dissection, arthropathy/arthralgia, CDI, dysglycemia, hepatotoxicity, hypersensitivity reactions, skin photosensitivity, QT prolongation, GI side effects, fever     |
| <b>Ofloxacin</b>               | Fluoroquinolones                     | Tendinopathy and tendon rupture, peripheral neuropathy, CNS effects, exacerbation of myasthenia gravis, aortic aneurysm/aortic dissection, arthropathy/arthralgia, CDI, dysglycemia, hepatotoxicity, hypersensitivity reactions, skin photosensitivity, QT prolongation, GI side effects, fever     |
| <b>Piperacillin-tazobactam</b> | Beta-lactam/beta-lactamase-inhibitor | CDI, DITP, myelosuppression, hypersensitivity reactions, nephrotoxicity (more if used with vancomycin), neurotoxicity, diarrhea, phlebitis, pruritus, rash, GI side effects, headache, insomnia, myalgia, fever, positive DCT, consider sodium content in patients requiring sodium restriction     |
| <b>Rifampicin</b>              | Rifamycins                           | Hepatotoxicity, CDI, blood dyscrasias, disorder of hemostasis, hypersensitivity reactions, pulmonary toxicity, facial edema, flushing, adrenocortical insufficiency, GI side effects, hematuria, ataxia, psychosis, myasthenia, myopathy, paradoxical reaction, fever, staining of tooth            |
| <b>Rifaximin</b>               | Rifamycins                           | Peripheral edema, nausea, ascites, dizziness, fatigue, pruritus, skin rash, abdominal pain, anemia, depression, headache, arthralgia, muscle spasm, myalgia, dyspnea, nasopharyngitis, fever                                                                                                        |
| <b>Roxithromycin</b>           | Macrolides                           | GI side effects, hypersensitivity reactions, abdominal pain, vaginitis, headache, anorexia                                                                                                                                                                                                          |
| <b>Spiramycin</b>              | Macrolides                           | Arrhythmias, paresthesia, pruritus, rash, urticarial, GI side effects, hepatotoxicity, hypersensitivity, HSP                                                                                                                                                                                        |
| <b>Streptomycin</b>            | Aminoglycosides                      | Neuromuscular blockade and respiratory paralysis, neurotoxicity, nephrotoxicity, hypotension, fever, dermatitis, eosinophilia, cytopenia, arthralgia, amblyopia, hypersensitivity reactions                                                                                                         |
| <b>Teicoplanin</b>             | Glycopeptides                        | Phlebitis, fever, hypersensitivity reactions, dizziness, headache, diarrhea, vomiting, nausea, ototoxicity                                                                                                                                                                                          |

|                        |               |                                                                                                                                                         |
|------------------------|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Vancomycin (IV)</b> | Glycopeptides | Hypersensitivity (Anaphylaxis, delayed), CDI, Drug induced ITP (DITP), Nephrotoxicity, cytopenia, otoxicity, Vancomycin infusion reaction, myalgia, HSP |
|------------------------|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|

### Reserve Group

This group includes antibiotics and antibiotic classes that should be reserved for treatment of confirmed or suspected infections due to multi-drug-resistant organisms. Reserve group antibiotics should be treated as “last resort” options.

| Antibiotic              | Class          | Adverse reactions                                                                                                                                                                                                                                 |
|-------------------------|----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Colistin (IV)</b>    | Polymyxins     | Nephrotoxicity, neurotoxicity, hypersensitivity, paresthesia, seizures, respiratory distress, fever, superinfection                                                                                                                               |
| <b>Daptomycin</b>       | Lipopeptides   | CDI, Eosinophilic pneumonia, hypersensitivity reactions, myopathy, rhabdomyolysis, peripheral neuropathy, vomiting, chest pain, edema, hypertension, diaphoresis, pruritus, vomiting, diarrhea, pharyngolaryngeal pain, fever, headache, insomnia |
| <b>Linezolid</b>        | Oxazolidinones | CDI, lactic acidosis, myelosuppression, neuropathy (peripheral and optic), serotonin syndrome, diarrhea, leukopenia, increase lipase, GI side effects, transaminitis, dizziness, DO NOT USE within 2 weeks of MAO inhibitors use                  |
| <b>Minocycline (IV)</b> | Tetracyclines  | Pruritus, dizziness, fatigue, skin photosensitivity, rash, tooth discoloration, enamel hypoplasia, autoimmune syndromes, benign intracranial hypertension, hepatotoxicity                                                                         |
| <b>Polymyxin-B</b>      | Polymyxins     | Use only in hospitalized, nephrotoxicity, neurotoxicity, Neuromuscular blockade, Safety not established in pregnancy, thrombophlebitis, CDAD, facial flushing, hypocalcemia, hypochloremia, hypokalemia, hyponatremia                             |
| <b>Tigecycline</b>      | Glycylcyclines | Increased risk of mortality, Use with caution, Diarrhea, Nausea, vomiting, phlebitis, anemia, transaminitis, hypersensitivity reaction, headache, dizziness                                                                                       |

# Appendix- 2

## Antibiotics not recommended (WHO List- 2021)

The use of the fixed-dose combinations of multiple broad-spectrum antibiotics listed here is not evidence-based, nor recommended in high-quality international guidelines. WHO does not recommend their use in clinical practice.

### Antibiotic Combination

acetylspiramycin/metronidazole  
amikacin/cefepime  
amoxicillin/bacillus coagulans/cloxacillin  
amoxicillin/bacillus coagulans/dicloxacillin  
amoxicillin/clavulanic acid/lactic ferments  
amoxicillin/clavulanic acid/lactobacillus acidophilus  
amoxicillin/clavulanic acid/nimesulide  
amoxicillin/cloxacillin  
amoxicillin/cloxacillin/lactic acid  
amoxicillin/cloxacillin/lactobacillus acidophilus/serrapeptase  
amoxicillin/cloxacillin/lactobacillus lactis  
amoxicillin/cloxacillin/serrapeptase  
amoxicillin/dicloxacillin  
amoxicillin/dicloxacillin/saccharomyces boulardii  
amoxicillin/flucloxacillin  
amoxicillin/flucloxacillin/lactobacillus acidophilus  
amoxicillin/metronidazole  
amoxicillin/pivsulbactam  
amoxicillin/sulbactam  
ampicillin/bacillus coagulans/cloxacillin  
ampicillin/cloxacillin  
ampicillin/cloxacillin/lactobacillus acidophilus  
ampicillin/cloxacillin/saccharomyces boulardii  
ampicillin/dicloxacillin  
ampicillin/dicloxacillin/lactobacillus acidophilus  
ampicillin/flucloxacillin  
ampicillin/lidocaine/sulbactam  
ampicillin/oxacillin  
ampicillin/sultamicillin  
ascorbic acid/metamizole sodium/penicillin g /streptomycin  
azithromycin/cefixime  
azithromycin/cefixime/lactobacillus acidophilus  
azithromycin/cefpodoxime proxetil  
azithromycin/fluconazole/secnidazole

azithromycin/levofloxacin  
azithromycin/ofloxacin  
benzyl penicillin/streptomycin  
bromelains/doxycycline/lactobacillus reuteri/lactobacillus rhamnosus/ornidazole  
bromhexine/sulfamethoxazole/trimethoprim  
cefaclor/clavulanic acid  
cefadroxil/clavulanic acid  
cefadroxil/trimethoprim  
cefalexin/trimethoprim  
cefdinir/clavulanic acid  
cefepime/sulbactam  
cefepime/tazobactam  
cefixime/cefpodoxime proxetil  
cefixime/clavulanic acid  
cefixime/clavulanic acid/lactobacillus acidophilus  
cefixime/cloxacillin  
cefixime/cloxacillin/lactobacillus acidophilus  
cefixime/dicloxacillin  
cefixime/lactobacillus acidophilus/ofloxacin  
cefixime/levofloxacin  
cefixime/linezolid  
cefixime/moxifloxacin  
cefixime/ofloxacin  
cefixime/ornidazole  
cefoperazone/sulbactam  
cefoperazone/tazobactam  
cefotaxime/sulbactam  
cefpodoxime proxetil/clavulanic acid  
cefpodoxime proxetil/cloxacillin/lactobacillus acidophilus  
cefpodoxime proxetil/dicloxacillin  
cefpodoxime proxetil/dicloxacillin/lactobacillus acidophilus  
cefpodoxime proxetil/levofloxacin  
cefpodoxime proxetil/ofloxacin  
cefpodoxime proxetil/sulbactam  
ceftazidime/sulbactam  
ceftazidime/tazobactam  
ceftazidime/tobramicin  
ceftibuten/clavulanic acid  
ceftriaxone/sulbactam  
ceftriaxone/tazobactam

ceftriaxone/vancomycin  
cefuroxime axetil/clavulanic acid  
cefuroxime axetil/linezolid  
cefuroxime axetil/sulbactam  
cefuroxime/clavulanic acid  
cefuroxime/sulbactam  
chloramphenicol/tetracycline  
ciprofloxacin/metronidazole  
ciprofloxacin/ornidazole  
ciprofloxacin/tinidazole  
doxycycline/tinidazole  
erythromycin/sulfamethoxazole/trimethoprim  
erythromycin/trimethoprim  
fosfomicin/trimethoprim  
gatifloxacin/ornidazole  
kanamycin/penicillin g  
levofloxacin/metronidazole  
levofloxacin/ornidazole  
meropenem/sodium/sulbactam  
meropenem/sulbactam  
metronidazole/norfloxacin  
metronidazole/spiramycin  
metronidazole/tetracycline  
mezlocillin/sulbactam  
ofloxacin/ornidazole  
oleandomycin/tetracycline  
piperacillin/sulbactam  
rifampicin/trimethoprim  
sulfadiazine/sulfamethoxazole/trimethoprim

# Appendix- 3

## Adverse Drug Reactions Reporting Form



Government of Nepal  
Ministry of Health and Population  
**Department of Drug Administration**

### *Adverse Drug Reactions Reporting Form*

Hospital record No. or chart No. or patient ID No.....

Patient's Name:..... Sex: F/ M Age .....

Description of the adverse reaction/s: Onset date of reaction: .....

.....

.....

.....

.....

| Information on Suspected Medicine                                        |              |              |              |                |
|--------------------------------------------------------------------------|--------------|--------------|--------------|----------------|
| Medicines (Brand and Generic Name, Manufacturer, Batch No., Dosage Form) | Daily dosage | Date started | Date stopped | Reason for use |
|                                                                          |              |              |              |                |
|                                                                          |              |              |              |                |
|                                                                          |              |              |              |                |
|                                                                          |              |              |              |                |
|                                                                          |              |              |              |                |
|                                                                          |              |              |              |                |

Additional relevant information (eg. medical history, test result, known allergies, drug interactions)

.....

.....

.....

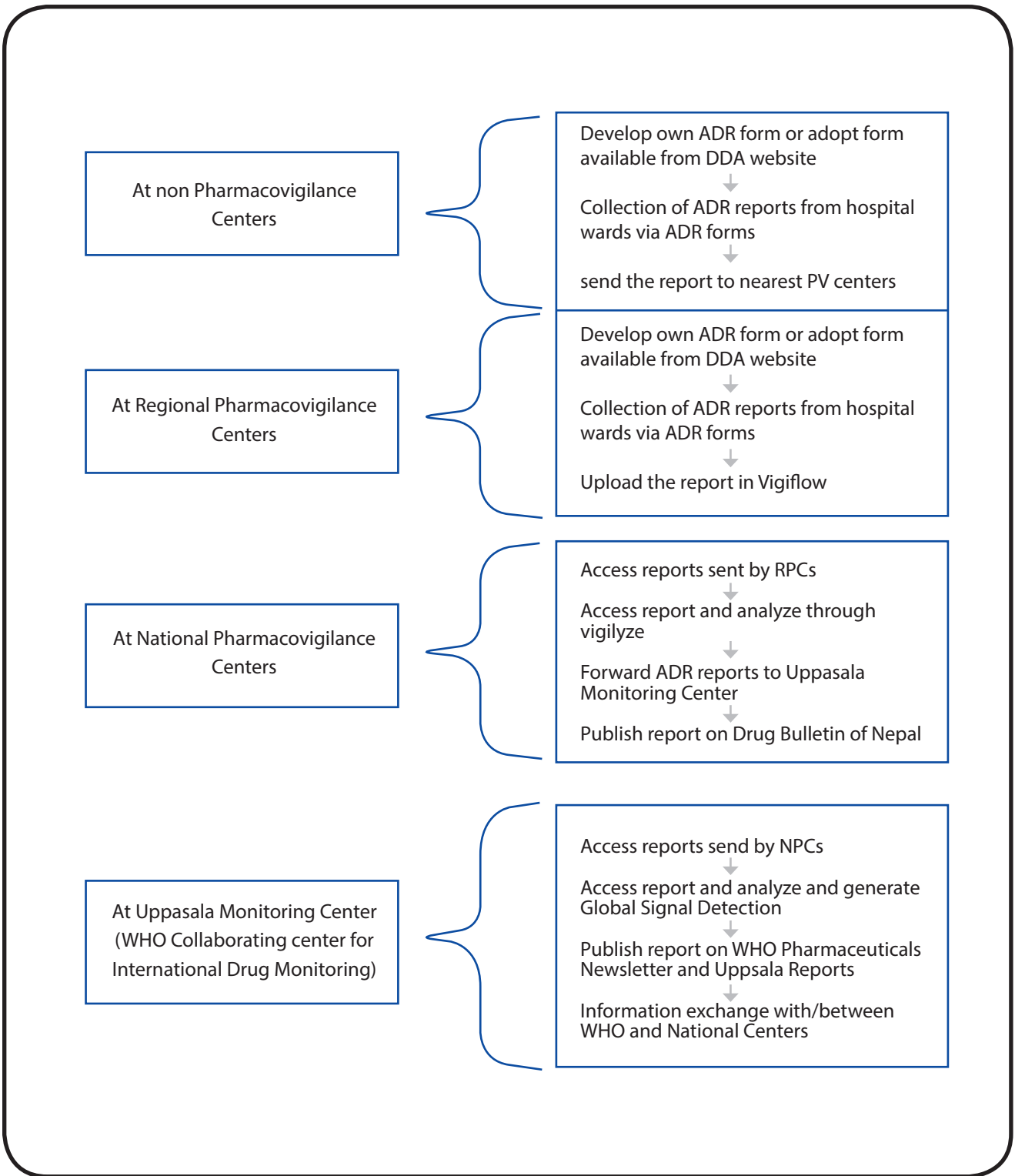
.....

Reported by: Name: ..... Hospital / Department:.....

Date:..... Signature:.....

Please return this form to your local Drug Information Unit or Hospital Pharmacy. Thank you for taking the time to fill in this report!





# Appendix- 4

## Useful links of national and international guidelines

(As these guidelines are updated regularly, please check if these have been updated)

National HIV Testing and Treatment Guidelines, August 2022 <https://www.ncasc.gov.np/publications/254>

National Tuberculosis Management Guidelines 2019 [https://nepalntp.gov.np/wp-content/uploads/2019/10/National-Tuberculosis-Management-Guidelines-2019\\_Nepal.pdf](https://nepalntp.gov.np/wp-content/uploads/2019/10/National-Tuberculosis-Management-Guidelines-2019_Nepal.pdf)

National Guideline on Kala-azar Elimination Program (Updated) 2019 <http://www.edcd.gov.np/resources/download/national-guideline-on-kala-azar-elimination-program-2019>

Leprosy Operational Guideline 2075 <http://www.edcd.gov.np/resource-detail/leprosy-operational-guideline-2075>

National Malaria Treatment Protocol 2019 <http://www.edcd.gov.np/resources/download/national-malaria-treatment-protocol-2019>

Guidelines for the management of symptomatic sexually transmitted infections, 2021, WHO <https://www.who.int/publications/i/item/9789240024168>

National Guidelines on Case Management of STI, December 2014 [https://www.ncasc.gov.np//uploaded/publication/National\\_Guidelines\\_on\\_Case\\_Management\\_of\\_STI\\_Final\\_December\\_2014.pdf](https://www.ncasc.gov.np//uploaded/publication/National_Guidelines_on_Case_Management_of_STI_Final_December_2014.pdf)

National Guidelines for Screening, Care and Treatment of Hepatitis C Infection in Nepal <https://www.aidsdatahub.org/sites/default/files/resource/nepal-guidelines-hepatitis-2020.pdf>

Infectious Disease Control Guideline, 2016 <http://www.edcd.gov.np/resources/download/infectious-disease-control-guideline>

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11. Nepal Association of TB and Chest Physicians
12. Nepal Dental Association
13. Nepal Medical Association
14. Nepal Medical Council
15. Nepal Orthopedic Association
16. Nepal Pediatric Society
17. Nepal Society Of Obstetricians and Gynecologists
18. Nepal Society of Critical Care Medicine
19. Nepalese Respiratory Society
20. Nepalese Society of Emergency Physicians
21. Nepalese Society of Neurosurgeons
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